

NURSES ADVISE

Zam-Buk, because they have proved that it does what is claimed for it. Miss E. L. Dorey, graduate nurse, of 3220 Michigan Ave., Chicago, says: "I have a patient who suffered terribly with piles. Zam-Buk is the only remedy that gave her relief."

"I have used Zam-Buk myself for the same ailment, also for sores and burns, and have the greatest confidence in it."

Zam-Buk

AWFUL STORY

Of Wife Slavery in British Chinatown.

(London Tit-Bits).

Recent revelations as to the immensity of the secret drug traffic have shown that much of the "dope" which is being used so indiscreetly by promising young actresses, faded society women, and others finds its way into this country via the Chinatowns of Great Britain. And this is but one of the many underground ways by which the yellow man grows wealthy by catering for the vice of the foolish.

Scores of Chinamen have made big fortunes out of the secret sale of such harmful drugs as opium, cocaine, heroine, trionel, bang, veronal, and betel-nut. Despite the public attention which has been focused on the traffic and the increased activity of the authorities, the game is still proceeding.

The profits are enormous. And the business, all the more dangerous because it is generally carried on under the cloak of a seemingly innocent trade, flourishes not only in the Limehouse district of London, but in Liverpool, Cardiff, and Glasgow, and, in a lesser degree, Birmingham and Manchester as well.

DELPORABLE MARRIAGE.

All the Chinese colonies in these cities are connected by strange mysterious links. The inhabitants of one known perfectly well, in an incredibly short space of time, what is going on

as a decoy and bring rich visitors to his opium-den or fan-tan room. If he dared to venture into crowded night resorts himself he would be subject to suspicion. Every movement would be shadowed by plain-clothes police and prospective victims prevented from falling into his clutches. Accordingly to send his white wife as his representative, and although the task may be repugnant to her she has to perform it or suffer the penalty.

When she is at home the wife has to work like a slave. The idea of disobedience never enters her head. In the Chinese lodging-houses of Liverpool and Cardiff it is not an uncommon thing for the English wife of the proprietor to have to wait upon twenty or thirty lodgers by day and when night falls sally forth well dressed to dispose secretly of drugs or decoy the curious to the den her husband runs—a den which can never be found by the stranger on a second visit after he has been robbed, because it is so cunningly camouflaged.

THE LAUNDRY CLOAK.

Wealth is the only god the Chinaman really worships. His methods of making it are most thorough. He lives on next to nothing. No matter how much money he derives from the secret sale of drugs—and in London the profits of some Chinamen from this source alone range between £30

We have been using MINARD'S LINIMENT in our home for a number of years and we can recommend it highly for sprains, bruises, pains or tightness of the chest, soreness of the throat, headache or anything of that sort. We will not be without it one single day, for we get a new bottle before the other is all used. I can recommend it highly to anyone.

JOHN WALKFIELD.

'La Have Island, Lunenburg Co., N.S.

and £30 a night—he will still wash a garment most beautifully for sixpence and show genuine distress at a customer's threat to find a new laundry.

If any unpleasant official inquiries are made as to the extent of a Chinaman's wealth he can generally produce well-kept books of account to show that his laundry business—which is often a cloak for many sinister transactions—is in a flourishing condition, that he has made several profitable deals in curios, or that he has disposed of some rare Chinese jewel at a good profit. Clever, indeed, is the detective who can trap a Chinaman on a matter of account.

The methods by which a "chink" lures a British girl into marriage are ingenious in the extreme—well worthy, indeed, of a race whose chief characteristic is cunning. I have discovered these methods at first hand, and an exposure of them may serve the useful purpose of causing any girl to think very carefully before she allows even the idea of life-long alliance with a Chinaman to enter her head.

CHORUS-GIRL DANGERS.

With the sole object of finding a wife, he can turn eventually into a slave—not one whom he can love and cherish—the yellow man haunts the theatres and takes stock of the chorus girls. Perhaps a poor struggling girl is dazzled by the visions John paints of his wealth.

When thousands of girls were engaged on millions, he carried out this plan at various factories, and in the Birmingham district in particular several girls fell into the net so cunningly spread. Now that the munitioners are disbanded and have to find some other means of livelihood, John Chinaman is dividing his time between them and the theatre girls. He has no object in contracting an irregular alliance; what he desires is a proper legal marriage so that he may have legal control over the girl he has chosen.

In the courtship stages he is an ideal lover—generous, solicitous, and ardent. He lavishes presents on the

You cannot begin to measure its goodness alongside of others, the quality being INCOMPARABLE.

"SALADA"

Black, Green } Sealed Packets Only
or Mixed...

DIED OF FRIGHT.

Man Who Declined to Save Zeppelin Crew.

Pathetic circumstances attended the fate of Skipper Martin, of the Grimsby, Eng., trawler King Stephen, who declined to rescue the crew of a Zeppelin in the North Sea. The adventure preyed on his mind, and he died after a nervous collapse caused by the mistaken belief that he had been poisoned. He had received a number of anonymous letters containing threats, apparently from Germans in England, and when he became ill after smoking a cigarette from a packet which had been sent to him by post, he was convinced that the cigarettes had contained poison. Analysis proved that his fears were unfounded, but he never recovered from the shock. "He died from sheer fright," was the verdict of his medical attendant.

The Zeppelin incident occurred on Feb. 1, 1916, and public opinion held that Martin acted rightly. The trawler discovered the disabled airship in the sea with its huge envelope rising about 50 feet out of the water. The commander offered to handsomely reward Martin and his crew if they would save them, but Martin declined on the ground that he would not trust the Germans. "I had," said Martin, "talked it over with Denny (the mate), as we were drawing near, and after considering all the pros and cons, both of us agreed that if we lowered a boat and sent some of the crew to the Zeppelin they would at once be secured and kept as prisoners until we did as the Germans wished, which would probably be that in the end we should have them take charge of the ship if they came on board, or if we refused

when compared with the size of the earth itself.

The operation of atmospheric and oceanic and other similar causes is continually bringing about changes in the shape of the earth's crust. One of the most interesting of the agencies whereby such alterations are affected is the carrying power of rivers.

Wherever a great quantity of sand and gravel is being brought down from the interior of a continent and poured into the sea, as for instance, along the northwestern coast of Europe, or the Gulf coast of the United States, the weight of the earth's crust is slowly increased, and the consequence is seen in the gradual subsidence of the shore.

Such a sinking has been going on for thousands of years along the North Sea coast and on the continental side of the British Channel. A similar depression is occurring on the eastern edge of our own country and along the Gulf of Mexico. It has been estimated that the Gulf coast is sinking at the rate of nearly two feet in a century.

Corresponding elevations must of course occur elsewhere. And to these slow changes in the level of the earth's crust earthquakes are due, as well as to the more violent local disturbances created by volcanic action.

Minard's Liniment Cures Dandruff.

GAS-MASK MAKING.

U. S. Government Has Over 3,000 Women at It.

Three thousand and ninety women carry on the thirty processes concerned the production of gas masks at the Long Island Defense

plant the same, in which women do not participate, and that is rubber cementing. Rubber cementing with the fingers requires long experience and men from the railroad and other trades have been utilized for this work. Women, however, do the cementing, or "doping," as it is called whenever a brush can be used.

After the different parts have been assembled, combined and inspected, the complete mask comes to the hands of 259 women who are the final inspectors. These women are chosen because of special skill in the detection of flaws. After careful searching into all possible crevices the mask is subjected to the light test which shows any imperfection which might otherwise escape the eye of these 259 women, and from their hands are registered, packed and shipped to the waiting armies in Europe.

Killed by Blood Poisoning.

Used an old razor for paring his corns. Foolish, because a 25c bottle of Putnam's Corn Extractor will cure all the corns in a family for a year. Safe, because purely vegetable. Use only Putnam's Extractor, 25c. at all druggists.

Building the City.

The new and better world after the war, of which we dream these days, will not build itself any more than the rubble which marks the site of Ypres and Louvain will come together of itself into beautiful and splendid buildings, observes a writer. It will take time and struggle and infinite patience, and if men and women are not willing to pay the price of a new and better world, such will not come merely because they have airy visions of it. Much of our talk about better things to come is too cheap and easy and has not enough of grip and purpose to make it worth much. What God is giving us, and will give us in these great after-the-war days, is a wonderful opportunity, but we shall have to meet that opportunity with heroic endeavor and self-sacrificing effort before it can possibly become fruitful. Talk is cheap and dreams are sweet and inspiring, but it is not with these alone that the Kingdom of God is builded in the earth and mankind is won for righteousness and brotherhood.

Minard's Liniment Relieves Neuralgia

Worth Remembering.

To freshen salt fish quickly, soak it in sour milk.

Save used paraffin, melt it up and use on linoleum. It will retain colors in the linoleum and make it wear longer.

A pleasant home deodorizer is made by pouring spirits of lavender over a lump of bicarbonate of ammonia.

If whipped cream is to be flavored, it should always be done before the cream is whipped.

Stale macaroons, ground up and added to any pudding will improve the flavor.

A good shoe polisher is an outing flannel bag about five inches by eight inches. This slips over the hand and enables you to polish your shoes without soiling your hands.

To remove old wallpaper, place a boiler full of boiling hot water in the room and close all doors and windows tight. The steam will soften the paper so that you can pull it off easily.

SAVED BABY'S LIFE

Mrs. Alfred Tranchemontagne, St. Michel des Saints, Que., writes: "Baby's Own Tablets are an excellent medicine. They saved my baby's life and I can highly recommend them to all mothers." Mrs. Tranchemontagne's experience is that of thousands of other mothers who have tested the worth of Baby's Own Tablets. The Tablets are a sure and safe medicine for little ones and never fail to regulate the bowels and stomach thus relieving all the minor ills from which children suffer. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

COLUMBUS' WIVES.

His First a Portuguese, the Second a Spaniard.

According to smug standards, Columbus was not an ideal husband, and a woman who required a man to be at the head of the table on time three times a day, 365 days in the year, would surely have been most unhappy with him—or without him; discovering new worlds is not compatible with domestic routine.

However, the romance of a sailor was his halo. Moreover, one has it on the best authority that he "was a well-made man; strong of limb, of a fresh and ruddy complexion, spotted here and there with freckles."

Along the time he arrived in Portugal the Italian colony attached to the country by the protection of Don Henrique suffered a great loss—Barthelemy Mognis de Perestrelo, a celebrated naval commander in the service of the Infant, died. He had been named Governor of Porto Santo, one of the Madeira Islands, and empowered to colonize it, with a grant of great island possession. But he had not the necessary capital, and the rabbits he took devoured every green sprig.

In the reduced condition of the family, an offer of marriage from a poor man of noble birth (like himself) was accepted, and Columbus wedded Donna Felippa de Perestrelo. Now a tablet marks the site of their house in ever-charming Funchal.

Speaking of their prospects, the Marquis de Belloy says: "The bride had vast possessions in a desert island; the bridegroom had a world yet to be discovered."

In Madeira their son, Diego, was born. He, in good time, married Donna

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HELP WANTED—MALE

WANTED—FIRST CLASS DAIRY MAN who register of performance work is carried on; good, permanent position for right man; comfortable home; electric light, 2½ miles from city, on trolley line. Write giving full particulars as to age, experience, salary expected, and references. Apply Martindale Farms, St. Catharines, Ont.

MISCELLANEOUS.

THE SAFE WAY TO SEND MONEY by mail is by Dominion Express Money Order.

SEED CORN AND OATS. PRIZE winning seed corn and oats. George R. West & Sons, R. R. 2, Northwood, Ont.

LADIES WANTED TO DO PLAIN and light sewing at home, whole or spare time; good pay, work sent away; distance charges paid; send stamp for particulars. National Manufacturing Company, Montreal.

BRED TO SHOW LAYING BARRED Rocks, Tobacco and Garden Plants. Write for Catalogue Chas. Barnard, Leamington, Ont.

SEED CORN Address: IRA L. GRAHAM, Windsor, Ont., Essex County.

FARMS FOR SALE.

FARMS AND RANCHES FOR SALE. In Alberta. Write for our New Catalogue. J. C. Leslie & Co., 301 Beveridge Block, Calgary, Alta.

FARM SALE—DESIRABLE HOME—stead—three hundred acres; good rich clay loam; thriving district; near railway; country town; large basement barns, stabling, water-piped; good brick house, house furnace, investigate quickly; possession April, Frank Quantz, owner, Barrie, Ont.

TWELVE HALF ACRES—FRUIT AND vegetable farm; three miles from St. Catharines, one from Port Dalhousie; good shipping facilities; Hydro electric, R. F. D. passing door; frame buildings seven-room house; plenty water; greenhouse, telephone, near school; immediate possession. John J. Morris, St. Catharines, R. F. D. N. 2, Ont., Lake road.

BUSINESS CHANCES

BRICK BUILDING FULLY EQUIPPED with machinery, completed in 1918. What is required to make it a success is a man who understands fully the manufacture of children's wooden toys and other woodenware. As this town is close to the bush there is abundant quantity of suitable wood. The property will be sold if suitable purchaser comes along with capital say \$10,000 and invite an inspection of the plant and building. Wm. Martin & Son, Box 325, North Bay, Ontario.

PROPERTIES FOR SALE.

EXCELLENT DRY GOODS STORE. Barrie, Ontario. Property of the late George Plaxton. Apply Charles W. Plaxton, Barrister, Kent Building, Toronto.

FOR SALE.

LARGE MAPLE SYRUP EVAPORATOR—nearly new; cheap. Apply Norman H. Kern, 132 Eastbourne Avenue, Hamilton.

CEMENT TILE PLANT. UP TO DATE. The plant, five acres of gravel 3 feet deep. Four dry kilns and all machinery. Value now \$15,000. Will take half price on account of health. This is a double money maker. Also see our lists of farms and real properties. Apply to John McCormick, Real Estate, R. R. No. 3, Scotland, Ont.

María de Toledo, and had five children, the eldest of whom was in 1537, created Duke of Veragua and Marquis of Jamaica. The legitimate male line expired in 1578.

Those of us who love Madeira find ourselves wondering how they got about in those days. Did they travel in hammocks or ox-sledges, as they do now?

Before coming to Madeira they lived under the same roof with the Perestrellos, Columbus helping in the common support by his map drawing and bookkeeping.

How his first romance ended, history saith not.

Later, in Spain, he had made his way to Cordova, to Juan Perez de Marchena, prior of the Convent of Rabida, a Franciscan, who had the ear of the Queen. Here, in the garb of a Franciscan (he had often worn it from motives of piety and poverty) he took up map drawing again. His merit obtained for him powerful friends—also the hand of a girl of noble birth, Beatriz Henriquez. They had a son, named Fernando.

Poor Donna Beatriz!

Before one year had passed Columbus had embarked on his "great adventure," and Donna Beatriz had resigned herself to her loneliness with a self-abnegation proving her worthy of her mate.

Broad of Brim.

The aeroplane model. Is the latest in sailor hats. Needless to say, it is large.

Wives and Mothers

Need Not Have

Sore Backaches

Constantly on their feet, attending to the wants of a large and exacting family, women often break down with nervous exhaustion.

In the stores, factories and on a farm are weak, ailing women, dragged down with torturing backache and bearing down pains.

Such suffering isn't natural, but it's dangerous, because due to diseased kidneys.

The dizziness, insomnia and other symptoms of kidney complaint can't cure themselves; they require the assistance of Dr. Hamilton's Pills, which go direct to the seat of the trouble.

To give vitality and power to the kidneys, to lead aid to the bladder and liver, to free the blood of poisons, probably there is no remedy so successful as Dr. Hamilton's Pills. For all womanly irregularities their merit is well known.

Because of their mild, soothing and healing effect, Dr. Hamilton's Pills are safe, and are recommended for girls and women of all ages. 25c. per box at all dealers. Refuse any substitute for Dr. Hamilton's Pills of Mandrake and Butternut.

Wood's Phosphorine.
The Great English Remedy.
Tones and invigorates the whole nervous system, makes new blood in old veins. Cures Nervous Debility, Mental and Brain Worry, Dependence, Loss of Energy, Fatigue of the Heart, Failing Memory. Price \$1 per box, six for \$6. One will please, six will cure. Sold by all druggists or mailed in plain wrapper for \$1.00. Price, New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Family Physician).

in the other. They stand or fall together in any financial enterprise. A wrong done to one is a wrong done to the whole race domiciled in this country. And, if necessary, they will band themselves together and spend any amount of money to avenge an injury to the most insignificant member of their community. There is no more "clannish" race on earth.

The "Yellow Peril" is far from being merely a figure speech. It is a real menace.

Perhaps the most deadly form is taken in the marriage of Chinamen to white girls. Recent investigations I have made in the Chinatown of Great Britain—London and Liverpool in particular—reveal an astonishing and deplorable state of things. First of all the fact stands out clear and distinct that any white girl who marries a "chink" sells herself into the worst form of slavery.

For the Chinaman seldom marries for love. He weds so that he can utilize his white wife in various crooked money-making schemes, such as, for example, sending her into the night resorts of great cities to dispose secretly of harmful and costly drugs to depraved devotees who are willing to pay practically any price to satisfy their craving.

If she is caught by the police she goes silently to prison. Terror prevents her from knowingly or willingly implicating her husband, for the "chink" has ways of dealing with a white wife who endangers his liberty beside which the horrors of ordinary prison life pale into insignificance.

TERRORIZED DECOYS.

Another way John Chinaman utilizes his white wife is to force her to act

FREE TO GIRLS

DOLL AND DOLL CARRIAGE

This Big Doll is 15 inches tall, has jointed legs and arms and a natural head, hands and feet. The Doll Carriage has steel frame and wheels, and the seat, back and hood are made of leatherette. It is 24 inches high and is just the right size for the Big Doll. Just send us your name and address and we will send you 30 packages of our lovely embossed Easter Post-cards to sell at 10 cents a packet (6 lovely cards in each packet). When they are sold send us our money and we will send you the Big Doll and Doll Carriage with out any charge if you will show your Doll to your friends and get just three of them to sell our Cards and earn prizes, or send us your name and address to-day so you can get your Doll and Doll Carriage quickly.

Address: HOMER WARREN Company, Dept. 80, Toronto.

SAVE A DOLLAR BY USING A REAL BROOM

Will outwear three corn brooms. Will not curl up. Makes sweeping a pleasure. Order yours to-day. \$1.50 delivered.

JOHN B. OUELLETTE WINDSOR, ONT.

girl (which he takes back forcibly after marriage!) paints glowing pictures of the future life of ease and happiness, and only reveals his true character on the return from an expensive honeymoon. That is usually the last piece of happiness the British wife of a Chinaman experiences.

THE ONLY RELEASE.

No sooner has she settled down than she is gradually initiated into the mysteries of drugs, the preparation of opium pipe, the playing of fan-tan, the luring of the victims to her husband's resort, the secret sale of "dope," and the way to dodge the police. She has been married as a speculation or investment. And she earns every penny of her keep and a great deal more.

Too late she realizes that the life John Chinatown had, in his wooing days, sworn to her would be a garden of roses is, instead, a garden of thorns—from which there is no escape except death.

Minard's Liniment for sale everywhere

A WISE CHOICE.

(St. Louis Post-Dispatch.) "If you were obliged to swallow a man, what one would you prefer?" "Oh, Cordell, what a silly question. Really, I don't know." "A little London porter."

COMMON HORSE SENSE SAYS
SPOHN'S DISTEMPER COMPOUND
is the best answer for all questions concerning Distemper among horses and mules. During the winter and spring months, when there is so much change of weather and exposure to disease, a dose of SPOHN'S each day will keep your stable free from disease. Give SPOHN'S before your horse is knocked out. Equally good as preventive or cure.
SPOHN MEDICAL CO., Goshen, Ind. U. S. A.

to fetch them off they would carry our boat and the crew of it down with them. I had all my own men safe and sound, and I was determined to take no risks. I knew what the Germans had done to my class in the North Sea, and, besides, Zeppelin crews dropping bombs on houses and killing women and children didn't appeal to me. Even if the Huns hadn't proved barbarous, there would still have been a big risk, because there were eighteen Germans and only ten of us, and you could scarcely imagine their allowing us to take them to Grimsby as prisoners. Nothing we could have done would have prevented their taking charge of the trawler, seeing they were two to one."

Minard's Liniment Cures Burns, Etc.

SENSITIVE PLANET.

Trifling Causes Create Big Changes in Earth's Surface.

One naturally thinks of the earth's crust as being exceedingly solid and stable, except perhaps in volcanic regions where earthquakes are of frequent occurrence. As a matter of fact, however, the shell of our planet is extremely sensitive and delicately balanced, so that under the influence of causes that seem altogether insignificant in comparison with the gigantic bulk and weight of the earth it yields and fluctuates in a most amazing manner.

To an eye so placed as to be capable of taking in at one comprehensive glance the whole round outline of the globe it would not appear of precisely the same shape during an entire day or even an hour. Most of the changes referred to are, of course, very slight

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By cleaning or dyeing—restore any articles to their former appearance and return them to you, good as new.

Send anything from household draperies down to the finest of delicate fabrics. We pay postage or express charges one way.

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