

Sunday School

INTERNATIONAL LESSON NO. VIII AUGUST 23, 1908.

David and Jonathan.—1 Sam. 20: 12-27

Commentary.—I. David's consultation with Jonathan (vs. 1-11). To save his life David had escaped to the aged prophet Samuel in Ramah. Here David was placed in the school of the prophets at Nob, a part of Ramah. But Saul learned of his retreat and David was obliged to leave. It was then that David appealed to Jonathan for assistance. On the day following the festival of the new moon was to be celebrated (Num. x. 10; xviii. 15), and David would be expected to be present. But he felt that it would not be safe for him to go; accordingly, he asked Jonathan to make excuses to Saul for his absence and thus learn how Saul felt toward him. David then said to Jonathan, "Who shall tell me? or what if thy father answer thee roughly?"

II. The covenant renewed (vs. 12-23). Jonathan said—Jonathan calls God to witness that he would assist David by letting him know exactly what Saul's purpose was concerning him. Sounded my father—that is, when he had questioned his father. If there be good, etc.—The private discourse which is here detailed at full length presents a most beautiful exhibition of these two amiable and noble-minded friends.

13.—The Lord be with thee, etc.—These words show that Jonathan expected David to occupy the throne of Israel.

14, 15. That I die not, etc.—Convinced that David will succeed to the kingdom, Jonathan exacts a promise from him to show kindness to his posterity after his death as well as to himself during his lifetime.

16, 17. Made a covenant—Namely, by obtaining from David a promise to show kindness to himself and to his family forever. Shall I be as thou?—There is much difference of opinion as to the meaning of the second part of this verse. Benson explains it as follows: "If either Jonathan or any of his house shall prove enemies to David or to his house, let the Lord, the witness of the covenant, severely punish the violators of the oath." Jonathan entered into a solemn covenant. Because he loved him—His great love to David made him anxious to maintain friendly relations between their posterity.

18, 19. Sent—empty.—It seems that there was one table for Saul, Jonathan, David and Abner, Saul having the chief seat, and next to the wall—Clarke. Stayed three days—Either with your family in Bethlehem or wherever you find it convenient.—Jamieson. Go down quickly—a quick movement would be necessary in order to avoid being detected. The business, etc.—Literally, "On the day of the business," referring either to the incident recorded in chapter xix. 1-7, or to some unknown matter.—Cam. Bib. Ex. (the name of a stone near Gibeon, well-known to Jonathan and David, but unknown to us).

20, 21. And I will shoot, etc.—Jonathan thus provides for informing David of Saul's designs without making a personal interview between them necessary, as it might be hazardous to attempt to meet again. As touching the matter—This refers to the covenant just made, and the sign agreed upon.

III. Saul's intention tested.—vs. 24-34. Jonathan soon discovered that his father was very angry against David and had determined upon his death.

IV. The parting (vs. 35-42). In the morning, which would be the third day since Jonathan left David, Jonathan took a lad and went into the field to carry out the message exchanged between them. After the warning signal had been given David, the lad was sent back to Gibeon, and finding no one near Jonathan seized the opportunity to take a more intimate interview with the one he loved as his own

life. "And they kissed one another, and wept one with another, until David exceeded." At last Jonathan said to David, "Go in peace." Thoughts.—Saul could see plainly David's growing success, and he was rising in the estimation of the people. He was also convinced of his own evil conduct in public affairs. But this did not humble him before God, and he therefore became filled with envy, pride, jealousy and cruelty. These elements within his heart led to every evil way. When controlled by those he was pushed on by Satan into the most terrible excesses, without respect even to character or the most sacred obligations. He could not tell one moment what he should do the next. Saul began to reign as king in Israel with special, divine favors, both providential and spiritual.

Teachings.—Those who are thoroughly honest and upright in all their doings are glad to call God as a witness. True love is self-denying and self-sacrificing; it stands by in the midst of adversity and trial as well as in times of prosperity and blessing.

PRACTICAL SURVEY.

The moral character of the persons spoken of in the lesson is of the first importance, and that will be gained better by reading their history as presented in the Bible than by studying so short a portion as the lesson. It is evident that a person may be good in the Bible sense at one time, and may then backslide and become a very different man at another time. This was true of Saul, the father of Jonathan. At times the spirit of the Lord was with him, and at other times he would give way to a jealous disposition, even seeking the life of David, who was likely to succeed him on the throne, and whom the people began to think more of than of Saul himself. David felt grievously at one time, so that he was obliged to retire as it were into a cave, and he was likely to die in dust and ashes before the Lord, as all who sin against God must do in order to be restored to the divine favor. Afterward he became a man after God's own heart, and is often called the sweet singer of Israel. Some men change so often as to cause the remark that God would have to take them quick, after they are reclaimed, if He wanted to save them in heaven.

This affection is paralleled at least in the love which every Christian has for Christ and His cause. As Christ laid down His life for them so they would if necessary, lay theirs down for Him. This is not natural, but is the result of grace in the heart, and is the same as was manifested by their Saviour, when He came to make atonement for men. He laid it in the fall, and only obtained it again when it is shed abroad in the heart by the Holy Ghost (Rom. v. 5). It produces a stronger love than can be found among those joined by natural ties, for the ties of grace are stronger than those of nature, and the children of God are closer to each other than those of an earthly family. To be a member of God's family is to occupy a position that is more exalted than that of a natural family, and it is to be held apparent to any earthly throne.

No one will say that the love that Jonathan bore to David was too great, however it was caused, for it led him to do no dishonorable thing; it was proper for him to withhold from his evil disposed father facts that might have jeopardized David's life. Thus we should love the truth, and the principles of righteousness, so that we would sooner lay down our reputation or life than swerve from the path of rectitude. Our affinity for the truth must grow out of our relation to God, and not simply because "honesty is the best policy." George W. Coleman.

We should, however, avoid the snare into which so many seem to fall, of loving the church more than the Lord. It is so natural to suppose that the one involves the other, but it is not always the case. It is all right to love a church when a majority of the members of that church love the Lord, but it is a fact that a church may have started right and may have drifted far away from God; it is not right to take it for granted that there has been no drifting, either in doctrine, experience or practice, merely because a church was right once. The question should be, Does the church now adhere in these respects to the Bible? If not, we should do as the Bible commands: "Those who have the form of godliness, and deny the power, from such turn away." We must break away from everything that is not of God, however prosperous or honorable or lucrative it may seem to be, if we would enjoy His smiles.

A Lawless Age.

Lawlessness breeds lawlessness. Lynching does not lessen even the most revolting of crimes; it doubtless tends to increase it, for it tends to the destruction of all restraint. When society is disorganized, the most brutal criminality excuses itself. Murder by a mob is certainly no remedy for murder by an invalid. No limits can be set to the measure of demoralization wrought by a single instance of mob violence. No matter how great the provocation, the leaders of a mob are the enemies of society, and the leaders of a lynching mob are murderers. The best of causes can only be injured by any lawless violence on the part of its followers.

Lawlessness cannot be cured without the adequate assertion and maintenance of the supremacy of law. The sheriff, policeman or soldier who dies defending the supremacy of law is also the heroic martyr of liberty, for without law there can be no liberty. Lawlessness is not sectional. Most communities are law-abiding, but the elements of violence are present in the most conservative of them. Some of the most shocking of the recent manifestations of lawlessness have been in intelligent and hitherto respectable communities, and their moral inertia has not been confined to the idle, ignorant, vicious, or dangerous classes of the population. The complexity of prominent people is the most shameful part of the mob violence at Wilmington and Evansville. The growth of a furious mob is like the spread of a great contagion. It needs more principle and sometimes heroic courage.—Leslie's Weekly.

You Don't Care, Eh?

Well, most folks do, and this is why

"SALUDA"

Ceylon GREEN Tea is making Japan Tea take a back seat. The people recognize "Pure" Tea. Sold in the same form as the celebrated "SALUDA" black tea, in lead packets only. 25c and 40c per lb. By all grocers.

One of Toole's Jokes.

"What I want is a bright, short play," said Toole to the amateur, who had brought him a six-act drama, with loud intervals. "How do you mean—a bright, short drama?" said the author. "Well, something with what the Americans call snap—a thing with point to it; I don't care whether it is farce, comedy or tragedy, if it has effective situations and good, telling climaxes."

"Can you give me an idea of the sort of thing you mean?" asked the budding author. "Oh, yes," said Toole. "I remember one of the shortest and certainly the best play of its kind imaginable; it was so great, you know, and yet left so much to the imagination."

"When the curtain went up two persons were discovered on a sofa; one was a pretty young woman, the other a man-looking young fellow. They embraced each other silently; neither of them, you understand, said a word."

"Then a door opened at the back and a traveler entered. "He wore an overcoat and carried an umbrella. "You could tell at once by his manner, and without looking at the program, that he was the husband of the young woman; at least, that would be the inference of every intelligent playgoer present."

"The husband took off his coat, laid aside his umbrella, and drew from his breast pocket a heavy Colt's revolver. "In the midst of a silent embrace of the hero and heroine, he fired. The young woman fell dead."

"He fired again, and the young man was similarly disposed of. "Then the traveler came forward, put on a pair of eyeglasses, and contemplated his anguished work. "Great Heavens! he exclaimed, "I am on the wrong floor!"—Liverpool Post.

A THING WORTH KNOWING is the fact that Painkiller finds more use in a household than any other remedy. For all bowel complaints, colds and coughs, a few drops of Painkiller will do the trick. There is but one Painkiller—Ferry's.

In the Country. Eugene Field. It seems to me I'd like to go Where bells don't ring, nor whistles blow, Nor clocks don't strike, nor gongs sound, And I'd have stillness all around, Not real stillness, but just the trees' Low whisperings, or the hum of bees; Or brooks' faint babbling over stones In strangely, softly tangled tones.

Or maybe a cricket or katydid, Or the songs of birds in the hedges hid, Or just some such sweet sounds as these To fill a tired heart with ease. If 'twere't for sight and sound and smell, I'd like the city pretty well; But when it comes to getting rest, I like the country lots the best.

Sometimes it seems to me I must Just quit the city's din and dust, And get out where the sky is blue; And say, now, how does it seem to you?

Brilliant. We often fall by searching far and wide For what lies close at hand.—Aldrich. I slept, and dreamed that life was Beauty, I woke, and found that life was Duty.—Ellen Hooper. Ask thy lone soul what laws are plain to thee, and what are they? Thee and no other! Stand or fall by them! That is the part for thee.—Browning. By all means use sometimes to be alone. Salute thyself; see what thy soul doth wear.—George Herbert. That pride. How'er disguised in its own majesty, Is littleness; and he who feels contempt For any living thing hath faculties That he has never used, that thought Is in its infancy.

Have you had a kindness shown? Pass it on! 'Twas not given for you alone, Pass it on! Let it travel down the years, Let it wipe another's tears, Till in heaven the dead appears, Pass it on.—John Boyle O'Reilly.

Knew His Business Pearson's Weekly. "Now, here is a showcase," said the commercial traveller, pointing to a peculiar looking specimen of his wares, "that is bound to become popular. It marries everything put in it to double its natural size. 'Can't use it in my business,' replied the prospective customer. "What I want is a case that will seemingly reduce the actual size of its contents."

"What is 'your line'?" asked the dealer. "My specialty is 'ladies' shoes," replied the other, with a half-suppressed grin.

Good Advice. N.Y. Herald. "Don't you and Bella speak any more?" Jack—No. She started in to tell me all about her new bathing suit, and I said to get it short.

The Markets.

Toronto Farmers' Markets Receipts continue light at St. Lawrence market, and trade is quiet. Only 100 bushels of grain were on the market.

Wheat—One hundred bushels of red sold at 77 1/2c per bushel. Dressed Hogs—The movement is light. Quotations are unchanged at \$8.17 to \$8.75 per cwt. for choice light-weights.

Hay—About 15 loads were on the market. New sold at \$8 to \$9.50 per ton, and three loads of old sold at \$12.00.

Straw—One load sold at \$10 per ton. Wheat, white, 76c; red, 77 1/2c; spring, 72 1/2c; oats, 54 to 56c; barley, 44 1/2c; rye, 54c; peas, 70c; buckwheat, 53c; hay, timothy, old, \$12; new, \$8 to \$9.50; straw, sheaf, \$10; loose, \$8; dressed hogs, cwt., light, \$8 to \$8.75; but-ter, pound rolls, 17 to 21c; eggs, new, 17 to 20c; tows, per lb., 10c; spring chickens, per lb., 15 to 16c; ducks, per lb., 10c; potatoes, new, per bushel, 50 to 55c.

Toronto Fruit Markets. Receipts of peaches, apples and plums were again heavy at the fruit market, while in other varieties the run was not so large. Prices generally show very little change from yesterday. A few raspberries sold at 6c, and blackberries, which were in heavy supply, sold at 4 to 4 1/2c. The early peaches offering are mostly poor varieties, and sell from 20 to 30c per basket. Canners are beginning to buy plums. To-day's receipts were 20 to 30c per basket. Currants and huckleberries have practically gone out. The quality of the fruit in some portions of Ontario and Nova Scotia is extremely fine.

The first shipment of Dutch for the season netted \$3.94 in New York. Woodall & Co. cable from Liverpool that the first arrivals from New York were selling at 17 to 18c, with prospects favorable.

Leading Wheat Markets. Following are the closing quotations at important wheat centres to-day: New York Cash Sept. 83 1/4 Chicago " " " 82 1/2 Toledo " " " 81 1/4 Duluth, No. 1 north " 82 1/2

The Cheese Markets. Facton, Aug. 15.—At our cheese board to-day 47,476 factories boarded 1,075 boxes, all colored; 10c bid; 915 sold; buyers, Benson, Sexsmith, Morgan, Miller, Bailey, Cook, Sprague and McKinnon.

Stirling, Aug. 15.—At Stirling Cheese Board to-day 895 cheese were boarded. Sales, Hodgson 405 at 9 7/8c, Kerr 425 at 9 7/8c; balance unsold.

Woodstock, Aug. 15.—At the cheese board here to-day 2,263 colored and 1,300 white were offered; 9 5/8 to 9 3/4c bid on each; salesmen asking 10c; twelve buyers present.

With reference to the cheese board to-night 865 boxes offered; all sold at 9 3/4c.

LIVE WISELY, ALWAYS. A Lesson in Leo's Life for Those Who Would Tarry Here Below. Frail in body and a semi-invalid all his life, Pope Leo XIII. supported the heavy labors and anxieties of the Vatican for 25 years, and lived to be more than 93 years of age. What is the explanation of this paradox of strength in weakness? It is written in the Scotsman says it is contained in two words—regularity, diet.

Six years ago, in a Latin poem, says the New York World, the Pope gave his own formula for longevity. The substance of it was regular and abstemious living. He recommended the sparing use of meat, and a reliance mainly upon a moderate allowance of eggs, milk, honey, fresh vegetables and ripe fruits. For a beverage he recommended pure, light wine, much diluted with water, and a little coffee. His precept is better understood in reference to his practice. He ate so little that the average man would call it fasting. His rule was to eat only what he needed, not what he desired. He ruled his appetite and overruled his palate.

Many instances of delicate men who have lived long by similar abstemiousness in eating and drinking are familiar history. Cornaro, broken by gout by dissipation at 40, observed a rigid regimen thereafter, eating little meat and lightly of all food, and lived to the age of 101. Isaac Pitman, the inventor of shorthand, was another man who never was robust. He ate no meat, drank no fermented liquors and lived to be considerably over 90. Cardinal Newman, who also achieved nonagenarian longevity, was not a strict vegetarian, but his dietary rules closely paralleled those of Pope Leo, to whom he bore also a strong resemblance in physique.

The strength of will which enables a man to sternly overrule his own appetite fully accounts for his ability to face death with resolution and to almost seem, as in the Pope's case, to defy its summons.

The famous Governor Bradbury, of Maine, who lived to be nearly 100, was asked how long life was best sought, and replied: "Got an incurable ailment, and a young man, and nurse it till you die." He had left college as a young man with a malady pronounced incurable. An old English proverb applied to always ailing but never dying persons says: "The creaking farm gate never fails."

The reason is that the farmer's strong gate is opened and shut carefully, while the creaking one is always handled gently. Nevertheless, more robust and less careful people may learn wisdom from the many half-invalids, who, by eating and drinking little and wisely, live to great ages. "Men dig their graves with their teeth," says the octogenarian, Dr. D. K. Pearson, of Chicago, who opines that centenarians would be more plentiful if men consumed "less gross food and more fresh air."

The Outlook. Her Papa—Yo' asplah ter marry mah daughter, sah? H'm! Whad am yo' p'p'ose? The Sittor' (a widower)—Ebery single one ob de pussions fo' whom mah late lamented ter liberly pat-ernize his successful—Judge.

In Hymen's Court. In Hymen's Court two Cupids sat. And one was false, the other true. No difference between the two could be discerned, excepting that One Cupid dully kissed the lady. Shekels of every shape and sort He gathered in. The other's dart Flow out and struck home to each heart. He thought our sufferings such good sport. That thus distinctively we knew Measured by love's cruel sting He was alone the real thing. We knew it by the golden hue The other wore in Hayman's Court.—Tom Mason.

Germany has now secured a large portion of the important late traffic to Boulogne, which for many years has been carried in British ships.

GETS MUSIC FROM HIS LEG. (Chicago Chronicle.) Although it is said that a whistle has been made out of a pig's tail, Alexander Allen, 256 Clark street, goria, is probably the first person who ever made a musical instrument out of his leg.

Put your hand anywhere on his left thigh, from the hip to the knee, and you feel vibrations just as if you were touching a cabinet organ. Connect his leg with your ear with a stethoscope and you hear the same musical murmur that you may hear by that means in the human heart. Indeed, when everything is quiet at night Mr. Allen can hear his musical leg without using the stethoscope. Many physicians, some of whom live in Chicago, have examined the case, and after all Mr. Allen can tell them about it, unite in saying that the case is an exceedingly singular one.

"I am 88 years old," said Mr. Allen, "and fifteen years ago I was a clerk in a store in Old City, Ont. One day in the store I had an open pack in my hand and engaged in a friendly scuffle with another man. In jerking my arm away from him I ran the small blade of the knife into my thigh a distance of perhaps an inch and a half, and I suppose severed the femoral artery. "When my trousers were removed the blood spouted ten feet every time my heart beat and in a few seconds I became unconscious. There was no physician convenient and the people about me resorted to a number of primitive methods of stopping the hemorrhage, one of which was the application of a mass of cowbats. The man who got the credit of doing the job, however, was a sort of oculist, who claimed that he stopped the bleeding with a charlatan's remedy. "At any rate, the flow of blood was stopped, the leg was bandaged in the plainest manner and the artery healed. For a long time after I got about in some way that obstructs the flow of the blood. But how a lacerated artery could ever heal under such treatment none of them can understand. I discovered the cause of my sound as soon as I was able to stand on my feet."

The Late Pope Paraphrased. Pittsburgh Dispatch. He never tolerated gossip. His palace has 10,000 rooms. He countenanced labor unions. He was an expert chess player. He called himself "the little old man." He was a reverential admirer of nature. He was a diligent reader of newspapers. Dante and Virgil were his favorite poets. His favorite relaxation was writing poetry. He kept his private account with the Bank of England. His brother, Cardinal Joseph, lived to the age of 84. He was the owner and landlord of a dwelling in Paris. His table expenses did not exceed twenty cents a day. He wrote better Latin than any other living writer in the Church of Rome. He never recognized the Italian King as anything more than the King of Sardinia. His private safe was in his own apartment. He carried the key himself. So regular were his habits that his servants could tell by glancing at the clock what he was doing at that moment. He never forgot a face, and remembered every Catholic who ever did the church a service. He was a habitual snuff user, the tobacco being prepared in Baltimore especially for him. It is said that the attendants used to pick him up and carry him about the Vatican as if he were a child. In the Vatican he had a fixed rule for the dress of all inmates to be worn at every hour of the day. He required park laborers and gardeners to be at their post as early as 4.30 in the morning. His voice, while neither deep nor full, was clear and ringing, with a wonderful carrying power. It is estimated that during his pontificate he amassed a fortune of \$80,000,000, half of which was in gifts of gold, silver, and precious stones. Patiently and without apparent prejudice, he examined the doctrines of the Socialists. His handwriting was as beautiful and as legible as print, which it resembled more nearly than script. He was economical, almost parsimonious, in his personal expenditure, but prodigal in founding schools and missions. Paul Kruger is said to have presented the Pope with the largest diamond in the world, valued at \$4,000,000. Throughout his career he cordially welcomed every improvement and invention from the railroad to the automobile. In his youth he acquired a practical knowledge of vine culture and put it to good use in the Vatican vineyard. On fine summer days he spent nearly all his time in the Vatican garden, transacting business and granting audiences in the pavilion.

Dangerous Either Way. Washington Star. "Don't you think we had better tell the public that you are opposed to the trusts?" "What for?" answered Senator Burghum. "The trusts that had the trusts."



Young women may avoid much sickness and pain, says Miss Alma Pratt, if they will only have faith in Lydia E. Pinkham's Vegetable Compound. "I feel it my duty to tell all young women how much Lydia E. Pinkham's wonderful Vegetable Compound has done for me. I was completely run down, unable to attend school, and now feel like a new person, and have gained seven pounds of flesh in three months. "I recommend it to all young women who suffer from female weakness."—Miss ALMA PRATT, Holly, Mich.—\$3.00 (For full list of original of above letter proving genuineness cannot be produced.)

FREE MEDICAL ADVICE TO WOMEN. All young girls at this period of life are earnestly invited to write to Mrs. Pinkham for advice; she has guided in a motherly way hundreds of young women; her advice is freely and cheerfully given; her address is Lynn, Mass. Judging from the letters she is receiving from so many young girls Mrs. Pinkham is inclined to the belief that our girls are pushed altogether too far; the limit of their endurance now-days is not nearly so high as it was some years ago; less warning and more health is needed.