

THE QUESTION OF FLOORS

BY JULIA W. WOLFE.

The time is almost here when a carpet securely fastened around the edges of a room will be a rarity. If you have floors which are stained and soiled with paint the first thing to be done is to apply caustic potash to the paint stains, and leave it on until they are dissolved.

It may take a couple of days to do this if the paint is hard, and afterwards the floor should be well scoured and dried.

If the boards do not fit perfectly, have the spaces filled with putty or with a mixture which has often been recommended, old newspapers soaked in a paste made of water and flour. The proportions of this are one pound of flour, three quarts of water, and one tablespoonful of powdered alum. The newspapers must be torn to bits, and the whole thoroughly boiled, and mixed until of the consistency of putty. It may be colored with a little of the staining mixture, and should be forced into the cracks with a knife, when it will soon become hard and dry like papier mache.

The labor of staining a floor is not very great, and, as no particular skill is required, the boys of the family might be allowed to use their superfluous energy in this way. By sitting on a low stool and painting one board at a time, lengthwise on the board, and using a large brush, a good-sized room may soon be covered. Allow it to dry well before putting on the second coat, and this in turn before

shellacing, and let twenty-four hours elapse before using the room after the final coat.

Perhaps it would be best for the novice to buy the stain already mixed, but a little experimenting will give excellent results, and the expense will, of course, be less. If a soft yellow color of pine is desired, use raw sienna, diluted very thin with turpentine. This does not show dust or footmarks like the darker stains, and is very desirable in rooms which are much used.

Raw umber greatly diluted is a good color for a living-room, and thin Van Dyke brown on Georgia pine is very pleasing. For a fancy border you may use a contrasting shade.

A good way is to experiment with the different stains on bits of wood of the same quality as the floor until the desired tint is obtained.

The chief objection to a stained floor proceeds, undoubtedly from the fact that the dust remains on the surface, instead of being absorbed as it is in a carpeted room. To get rid of this it is only necessary to tie a piece of soft flannel around a broom and go over the boards every day or two. This is really but the work of a few minutes, and the frequent polishing gives a fine gloss not to be gained in any other way.

Water should never be used on a stained or parquetry floor, as it has the effect of making it dull at once, besides being quite unnecessary where the flannel cloth is used as suggested.



ALL FROM ONE PATTERN.

The little one has a mode all her own, which is almost as varying as her little whims and fancies are changeable. Simplicity in design and cut, however, should always be the keynote of the mode of the juvenile. The illustration shows how three very attractive-looking frocks can be made from a single pattern, by using material of a different design. The first little frock, of all white, has tiny tucks at the neck, on both the back and the front, and is trimmed with narrow lace and ribbon bows. A plainer version, in printed material, has the tucks, but the neck and armholes are plainly bound. The wee one at the top wears dotted swiss and orchid color ribbon outlining the neck and armholes. Sizes 1, 2, 4 and 6 years. Size 2 years requires 1 1/2 yds. of 27-inch or 32-inch material. Price 20 cents.

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Some Summer Helps.

Plantain leaves washed clean, then bruised by clapping them between the hands and applied to an insect sting will immediately allay the burning and throbbing, and if repeated several times the inflammation will soon subside.

Mosquitoes seem to be fastidious about smells. They don't like the odor of hickory leaves and will keep away if you fasten some about you; this is worth knowing when you are picking berries or working in the garden. An entomologist recommends the following to keep mosquitoes from one's whiff: Oil of citronella, one ounce, spirits of camphor, one ounce, oil of cedar, one-half ounce. Mix and apply a few drops on the pillow or on a towel near the head of

the bed. A still better proceeding is to keep the house and sleeping rooms thoroughly screened and not allow mosquitoes in the house at all. Buy some good screen—galvanized copper or brass—with fine mesh, say 16 or even 18 to the inch; or linen mosquito-netting, which is strong and serviceable and not affected by dampness, can be used.

During the hot weather the farmer should eat his meals and drink his milk very slowly, for the hasty mastication of food is a potent cause of indigestion. His wife must not entertain beyond her strength, which is lessened by the stress of summer work. She will never find time to rest if her roomy house is filled with guests. Let her bathe daily, save her steps, keep her temper even by the arrangement of plain meals and comfortable clothes.

Many persons are afflicted with perspiration of a most unpleasant odor, which affects mostly the feet and arm-pits. Bathing daily or oftener with good soap, or else a little borax in the water, is necessary, after which the feet and arm-pits should be rubbed with a powder composed of five grams of salicylic acid and 100 grams each of pulverized alum and "ycopodium." The stockings must be changed every day and the shoes should be thoroughly ventilated every night. A second pair of shoes should be kept to change with frequent use, if one would not be unpleasant to one's associates.

Villian Kitchen Vassalage.

"Generous" thinking is indeed worth while, but illiberal consideration often confines us within four walls and constructs about us our own prison.

During these times of high-priced food, when every home cook is planning her meals on the closest margin possible for the greatest health of the family she serves, and continually searching in a cook's bag of tricks to make left-overs more appetizing, she may be led to give illiberal consideration to the working equipment in her kitchen. With the thought constantly in mind of cutting the food bill, she neglects to add to her kitchen equipment as it becomes worn out, or new devices are placed on the market. Of course, one can overstock their kitchen with labor-saving devices, and it requires the wisdom of an experienced cook to select those which will aid her in doing her work most efficiently.

Seldom is it a saving for the housewife to do with poor equipment in her workshop. More than half of her time is spent in the kitchen, but those hours are lengthened if she attempts to do efficient work with inefficient equipment. Immediately she places herself into bondage of villian kitchen vassalage. The more time she spends in the kitchen, the more time she will need to spend, and to no satisfying result.

Then, too, the home cook, on her daily bout of peeling potatoes, washing dishes, baking bread, and on, is likely to live so much within her own kitchen that she cannot see opportunities to alter the arrangement of her own kitchen to save many weary steps.

To-morrow morning just try this little trick. When you step into your workshop to start the pot of breakfast coffee, survey it critically, just as though you were in your neighbor's kitchen. Try to see just how many flaws you can detect in the arrangement of its furnishing and work-out equipment. Then get busy and change them in order to free yourself from villian kitchen vassalage.

Marksmanship Supreme.

The new night watchman at the observatory was watching someone using the big telescope. Just then a star fell. "Gosh!" soliloquized the watchman, "but that fellow's a crack shot."

Apple Storage Troubles.

As we store most of our commercial apple crop in our own underground cellars and sell them to grocers in competition with cold-storage apples, we have had more or less difficulty in putting a juicy, snappy apple on the market in its proper season.

Various causes contribute to this difficulty, one being insufficient moisture in our cellars, especially during the first thirty to fifty days of storage. We have helped this somewhat by ventilating during spells of weather when the air was very humid, and also by sprinkling the alleyways and even the containers.

Picking before complete ripeness also contributes to keeping quality.

In our efforts to delay evaporation of the fruits, as it amounts to just that, we have used tight standard barrels, paper-lined crates and boxes and various other containers with varying results.

Those containers which were nearest air-tight gave us poorest results, for in these invariably developed scald with accompanying poor keeping qualities.

We have learned by government experiments as well as our own that in ordinary dry storage, as we usually term it, apples must go through a sweat period for four to six weeks after picking and must have opportunity to evaporate some of the moisture which appears poison to their long-keeping ability, after which they may be kept in more or less air-tight containers.

Practically all apples, except russet-skinned ones, contain a moisture-proofing all their own on the outside of their skin. At certain periods on certain varieties this gets very oily. Scraping the peeling of an apple with a knife blade will show this peeling appearing substance that retards evaporation and holds in the flavor.

But for all this and all these precautions, we still have a certain percentage of tough, rubbery apples. So we set about to determine the cause of the evaporation, for such it is. We have found that with this coating process gives us more or less tough wrinkly apples, though good specimens otherwise.

We have found that apple scab gives wrinkled apples in proportion to the scab-infected area. We have found blotch causes tough apples in proportion to the number of blotch cracks on the skin of those apples. We have found another injury not so nearly under our control which also causes tough wrinkled apples, and this is spring-frost injury during blossoming time or soon afterward.

This causes wrinkling of the apple in about the proportion to the frost; it also makes misshapen apples, and we find that evaporation is un-

usually rapid through these russeted areas.

We have a suspicion, in fact we are quite sure, that this evaporation also takes place on apples that are russeted by incorrect spraying. Therefore, to avoid these wrinkly apples, which mean loss, we have to use good care from the start of the crop until its normal keeping season is past—a much greater period than we ever thought was necessary heretofore.

A Party for August.

The hot, listless days of August, sometimes spoken of as "dog days," made us wish for something interesting but not strenuous to do. So we were glad when one hostess chose this time for a most delightful nonsense party. It was a "dog party," and never did we laugh so hard in all our lives.

The name of the dog or the breed we were supposed to represent was written across our invitations. In the left hand corner was a picture of a dog's head cut from a magazine, and underneath this verse:

Every dog has his day,
Whether we stay or run away,
Come to my kennel on Saturday at eight.

A thrilling dog story here to relate.

The story-tellers were introduced as Mr. Newfoundland, Miss Spitz or Miss Chow, each impersonating by some characteristic antic the dog given him or her and telling the story in the first person. Prizes had been announced for the most thrilling story, the funniest, and the longest. The prizes were dog collars.

Those for the boys were made of crepe paper with a large bow and the girls' were clover chains with other blossoms woven in. The prize for the longest story went to the boy who would not finish but kept repeating, "And I went to the next house in search of a bone, then on to the next house in search of a bone."

Next came the "Laplander's" contest. Ice cream cones were passed and collars promised those who first reduced the cream to the level of the cone's rim, lapping it with the tongue and not using the teeth. A collar was also given to the one who made the most noise in this contest—won, needless to say, by a young man.

Those who had not yet won collars were paired against one another in deep growling, loud barking and graceful dog-trotting contests.

For refreshments we had "Dog biscuits, Scraps and Mud-puddle liquid." Under these names masqueraded beaten biscuit, fruit salad and coffee.

Talk Is Too Cheap.

Members of the Swedish Authors' Union are asking for compensation from the radio service for the broadcasting of their works.

TEACHING BY THE ASSOCIATION OF IDEAS

BY GEORGE F. LUMB.

At the time when my son was about three years old, I happened to read a book on psychology which gave me a new interest in my boy's development. In the evening I would take him on my knee and tell him a story purposefully designed to impart to his child mind some facts that would interest and at the same time instruct him.

For example I would start off like this: "Once upon a time there was a kind farmer. He had two little boys, Jackie and Tommie. One day the farmer took his little boys out to the apple tree that grew near the barn and he said, 'Now you have both been good boys and I am going to give you the apples that are on this tree.' There were five apples on the tree and the farmer picked them all. He gave three apples to Jackie and he gave—let me see, three and two are five—he gave the other two apples to Tommie."

After a few weeks of telling often the same story, I would be more deliberate in making my calculation, and the response would come from my little boy.

I remember the thrill I felt one evening when I was telling him about a farmer who had three mules and four horses—we had used the same combination in a squirrel story. This farmer wanted to build a new stable. I said, "Now let me see, how many

stalls did he need to have for three mules and four horses?" and in a moment a little voice piped up, "Seven, Daddy." He had applied his knowledge!

So I proceeded from one story to another. I told him about the oceans, about the millions of yellow people who live in China, about Wellington, Queen Elizabeth and Franklin and it was a delight and satisfaction to see the hungry little mind drink in the facts of life and of nature. Unconsciously he learned Arithmetic, History and Geography.

He is fourteen now, a senior in High School, has just been elected Class Historian and for two years past has not brought home a mark below 80. I wish I could tell every young parent of the joy and satisfaction that come from this practice of which I have spoken. The daily confidential intercourse establishes a bond between parent and child which is invaluable, and the mind of the child is greatly enriched, making the school lessons easier to grasp because of the breadth of vision acquired.

One of my son's teachers told me the other day that she had never seen a pupil who could absorb knowledge so easily. I feel quite sure his progress has been due to our stories and talks rather than to any special native ability.

EVOLUTION OF A FROG

BY M. B. WALDRON.

"A froggie would a-wooloo go, whether his mother would let him or no;

So off he sat, in his opera hat; On the road he met with a rat!"

Gaily sang Daisy, sitting on a rug on the porch, arranging the drapery of her doll's overskirt.

A voice coming through the curtains of the long window at her back interrupted her.

"What do you know about frogs, Daisy?"

"What do I know about frogs, Nell? Oh, ever so many things! I know a frog begins with a pollywog and grows into a tadpole, and by and by his tail drops off, and he's a frog."

And sometimes frogs and toads get into the middle of great rocks and trees and live hundreds of years without anything to eat or drink."

And Daisy returned to her doll-dressing with an air of wisdom.

"Come with me, Daisy, and I'll show you something."

Daisy laid her doll carefully upon a cushion, and followed her sister.

Presently Nell stopped beside a bench in the back yard, and said:

"What do you see, Daisy?"

"I see an old pail with some water, and grass and weeds in it."

"Do you see nothing else?"

"Nothing except some scum floating around on the top of the water."

"Well, look closely at the scum, as you call it. That is a gluey substance, and the black specks you see in it are frogs' eggs. I was out with Jack this morning, looking for beetles, and we brought this home. If you will watch those eggs every day, you will learn how frogs grow. Each female deposits about 1,200 eggs in the water; then the sun shines on them and keeps them warm."

"Don't the mother frog have any more bother about them, Nell?"

"No. You will see that each one of these eggs will turn into a tiny lump of jelly, and it will cling to the grass by means of a small sucker; then it will develop a tail, and it will breathe called gills, so that really a baby frog is a fish."

"Oh, I know what a fish's gills are! They are made to draw oxygen from the water, so the fish can breathe, Dad said; but I don't know what oxygen is," interrupted Daisy.

Nell continued her lesson, well pleased that Daisy was interested.

"After awhile you will discover a pair of hind legs forming, then a pair of front ones. The creature will soon cease to be a tadpole. You won't see the long tail drop off, but it will absorb it—grow less and less as it is absorbed into the animal's system. The mouth will grow wider, until it reaches the size you see in a fully developed frog."

"But, as you know, gills are an apparatus for obtaining oxygen from water, and as our frog intends to spend the greater part of his time

upon land, he will need a pair of lungs. Accordingly, lungs are gradually formed, and then our froggie can 'a-wooloo go,' if he chooses."

"How queer! I didn't know there were so many funny things about a frog," observed Daisy.

"Yes, a frog is a wonderful little fellow, and I like to study him. Come, and I will show you a splendid green croaker we captured this morning. I put him in this glass jar and supplied him with food, so I could watch him."

"I will let him out by and by."

"Oh, Nell, he is ch'ing! See how he opens his mouth and gasps!"

"He is only swallowing air. See how firmly he shuts his mouth now. That is to keep the air from escaping and force it into his lungs. He has no ribs, as we have, to keep his lungs distended, and so has to work very hard in keeping them filled with air. Should anything hold his mouth open very long, he would suffocate."

"A frog absorbs some air through his skin, however, and he had the faculty of imbibing a quantity of water through his skin, equal in amount to his whole weight. Sometimes, if suddenly frightened, he will eject a large quantity of water from his body. It is clear and pure, though people used to think it poisonous."

"I saw him catch an ant and then, Nell. He darted out his tongue quick as a flash!"

"Yes; his tongue is a wonderful instrument. He sits perfectly quiet, and the poor ants never suspect anything until they are struggling on the tip of his tongue. When he is through his meal, his tongue is doubled over so the tip is at the back."

"You would never guess, Daisy, that a frog has teeth, but he has eighty of them; but no one knows what they are for, as the frog does not chew his food, and the teeth are in an undeveloped state."

"You are mistaken Daisy, in thinking that frogs and toads can live for a long period without food or air. It has been proven by very thorough experiments, that when all supplies were cut off they would die."

"Toads and frogs also, have been found in very curious places, but there must have been some small way for air and moisture, and tiny insects to reach them, or they could not possibly have existed for the length of time they are said to have done."

"Under favorable circumstances, frogs have been known to reach the comfortable age of 50 years, which I think is quite long enough for a frog to live. I must tell you what a funny thing used to be done in some parts of Great Britain."

"The people in those places had great faith in the healing properties of the frog, and when a baby had a sore mouth, its mother would procure a live frog, and holding it by its hind legs, thrust it, struggling and squirming, into the baby's mouth."

Then come the cup cakes, each wrapped in oil paper, and above these the sandwiches—two meat or nut sandwiches, two with salad or lettuce filling and two sweet sandwiches. These are also wrapped separately. Sometimes olives or pickles are added. And, of course, the round metal or paper drinking cups and paper napkins finish off the top.

Boiling a couple of eggs at breakfast-time and saving a bit of meat and salad from the Saturday dinner has become a habit, the girls declare.

Things are taken from the bag as used. Nothing is spread out to attract flies and the bags as well as the refuse are burned.

Very often they take balls, horse-shoes and other means of staging games and contests. Supper partners are chosen by lot. Once the matron secretly numbered the girls, including herself among them, and tossed a ball into the air. The man who caught the ball the first time had supper with the girl who was number one, and so on.

At another time partners were chosen by matching strings of different lengths. Some were short, some long, and the rest in between, but two lengths in each case matched.

Try the picnic bag for small or large groups, for the club picnic or the Sunday school class party.—M. J. T.

Protect Your Screen. Generally during the fruit preserving and canning season we are troubled most with flies and at this time our screen door at the rear of the house (usually called the kitchen door) receives its hardest knocks. The busy housewife must pass in and out quite frequently and is nearly always carrying something through this door. At least it is that way at our home, so we have installed in the screen door a screen protector which also aids in opening the door when one is carrying a pail or some other article. This little device is simply a piece of three-eighths inch board about three inches wide and fits upon the door frame at just the proper height where the arm naturally strikes the screen when pushing the door open.

Of course you understand that this device will not aid you when coming into the house. It only helps as you are passing out.—S. H.

The Grand waterfall in Labrador is 200 feet high.



Do you envy them? The open-air swimming pool at Jasper Park Lodge, Alberta, looks inviting on a warm day.