TOBACCO.

Sometimes he loses the power to distinguish colors, a disease hardly known in women.

c. In the Home.

Here money is wasted which should be used for other purposes. The air is poisoned and the health of the other members of the family is affected. A certain lady whose husband was a heavy smoker, was constantly delicate. On the doctor's advice, the husband ceased to smoke in the home, and his wife began to improve and was soon quite well. Many, however, do not see the necessity of such nonsense as giving up their "pleasure" for the "whim" of another, and so they continue to poison the little children who play about their knee, and render them less clear in intellect and weaker in body than they would otherwise be.

Many of them boast of being able to give up the habit when they wish to. In fact this boast is a part of the smoking habit. They assume great wisdom and say that when they see it does any harm they will quit smoking at once; but they little know their weakness ; they little know the power of habit. A certain Irishman wrote to his uncle advising him to give up a certain habit, and expressed the belief that it would lengthen his days. The uncle took the advice kindly, and at the end of the first day, wrote to his nephew thanking him for the interest he had shown, and stating he was quite correct in thinking it would lengthen his days, as the one he had just spent had been the longest day of his life. That is when the weakness of the will and the power of the tobacco appetite are shown.