

Gesundheit!

by Uncle Walt

It is a strange kind of self-deception that enables a person to stand among the high-powered automobiles, chemical insecticides, thermonuclear bombs, napalm, and nerve gas and look to science for salvation.

—David W. Ehrenfield, "Biological Conservation"

Along with cigarette smoking, the motor car is a major public health hazard of our age. Automobiles are responsible for numerous injuries, illnesses, and deaths, often in conjunction with alcohol use.

The passenger car is a very inefficient transportation device, moving some 3000 pounds of steel in order to carry a few hundred pounds of passengers and baggage. For example, Uncle Walt's uncle wrote to a friend in Australia about a new 250-horsepower sedan he had purchased and received the reply, "Congratulations on your new truck."

Almost all drivers are amateur drivers in terms of their training and ability. Yet an automobile can kill as many people as a small airplane which requires a pilot's license to operate, entailing very extensive training and rigorous testing.

Air pollution from automobiles, added to the self-pollution of smoking, has greatly increased the incidence of lung cancer, emphysema, and other diseases. Electric transportation cannot be developed because the oil companies and gasoline-engine manufacturers have bought up the patents for such electrical devices in order to keep them off the market.

Motorcycles, increasingly popular with students, are notorious for serious injury. Nova Scotia doesn't even require helmets, as do other provinces, such as B. C.

Finally, the strain of driving contributes to nervousness, headache, eyestrain, and other modern ailments, while lack of physical activity brings on varicose veins and general poor health.

Get rid of your "wheels", and when the snow comes, remember: Those boots are made for walkin'.

Reachout needs tutors

Reachout Tutoring needs tutors.

Reachout Tutoring is a community service organized, financed and operated by university students. This service provides tutors free of charge to children in the North End and Armdale areas of Halifax who have asked for help.

The tutors' task is not only to help the child academically but to be a friend who can provide understanding as well as knowledge. It is up to the tutor to build a relationship with the child, discover the child's needs and then try to fulfill them. For some, it may be just a question of helping with schoolwork. For others, it may be a task of enlarging the child's experiences, being a listener or interpreter of problems facing

the child in his or her environment.

The community contacts for Reachout Tutoring are Veith House and the Armdale drop-in centre. There are the agencies contacted by children when they want a tutor.

Last year the program had 70 students working with children in the area surrounding Veith House. Although at this time 40 children have asked for assistance, only 15 Dalhousie students have applied as tutors. The usual student-tutor ratio is one to one, so tutors are desperately required.

The program continues from October to March. Students are needed who are willing to give a helping hand to children of low socio-economic status to overcome their problems.

The university student who

applies to work with a child may state what age group and subject they are willing to teach. These are then matched with the child and his needs. It is left to the individual to make contact with the child and arrange a meeting. The child is usually tutored in his or her home, but other arrangements may be made. The usual time involved is once a week for one or two hours.

The Dalhousie Student Union has given the program an \$800 grant to be used for equipment and transportation.

Those willing to assist in the Reachout Tutoring program may obtain application forms at the Enquiry Desk in the Student Union Building or call Christine Ghase (422-3502) or Patrick Mabey (477-6003).

Cohn stage inadequate

Contemporary dancers entertaining

by Alison Manzer

The next time you hear someone putting down ballet, saying "dull, drab, uninteresting," refer them to the Winnipeg Contemporary Dancers. Theirs is a performance likely to entertain even the most hardened cynic. Dal's Rebecca Cohn auditorium was the scene for the Dancer's performance on October 21 and 22.

If you can ignore the squeaking of shoes and bare feet on the totally inadequate Cohn auditorium stage, then even the music was enjoyable. Long, "classical" passages were absent for the background music is Bach on a Moog synthesizer and refreshing material from Prokofiev and Debussy.

The skillful use of color and costume also added much to the performance. The opening number, "Strolling Dancers" offered a variety of brilliant

colors in every conceivable combination. For those who like the dark and somber, there was "Rhyming" or "Visions Fugitives" in which black, brown, and purple predominate. Then it was back to pinks and greens in the closing number "Turn In, Turn Out, Turn On".

For those more interested in entertainment than art, most of the program could be appreciated on this level. "Strolling Players" and "Turn In, Turn Out, Turn On" were bright, colorful, and amusing. However the artistic merit of the troupe was highly evident in "Danses Sacre et Profane" and, particularly, "Visions Fugitives".

The choreography was usually excellent and all dances were technically well executed. The dancers were able to create moods and emotions ranging from exuberant joy to somber depression. "Rhyming" was the only piece which was not aesthetically pleasing. This was largely due to the somewhat abrupt stops and starts in the music, while the dancing continued through the pauses.

In all, the performance was highly professional and appealed to a wide variety of interests.



(art mckay/dal)

Bear Down on Those Books



With Better Vision

Glasses properly prepared to your prescription mean better vision, with less eye strain, so that you can concentrate without distraction.

Have your prescription filled by the people who care!

Atlantic Optical

5980 Spring Garden Road
H. T. Billard,
Guild Optician
Bus. Phone 423-7700
Res. Phone 455-1494

PIZZERIA TOMASO

THE BEST PIZZAS IN TOWN
FRESHLY MADE TO YOUR ORDER
SPECIAL PRICES FOR YOUR PIZZA PARTY
5541 Young St., Halifax
455-4282



INTERESTED IN WORKING OVERSEAS FOR A DEVELOPING NATION?

WHY NOT CONTACT THE DALHOUSIE C.U.S.O. COMMITTEE:

ROOM 218 STUDENT UNION BUILDING
12:30 TO 1:45 P.M. MONDAY TO FRIDAY

FACULTY CHAIRMAN
(DR. JOHN FARLEY)

424-6587

429-4009

STUDENT CHAIRMAN
(PATTI PEARCE)

422-7717

ABORTION

pregnancies up to 12 weeks terminated from

\$175.00

Medication, Lab Tests, Doctors' fees included.

Hospital & Hospital affiliated clinics.

(201) 461-4225

24 hours - 7 days

LENOX MEDICAL

NO REFERRAL FEE

BUELL
TYPEWRITER
AGENCY
STUDENT RENTALS
103 PURCELL'S COVE RD.
477-4618

SPECIALISTS IN DIETETIC AND HEALTH FOODS.



house of health

1712 Granville St.

Phone: 422-8331