

Sticks All-star Team

Four University of New Brunswick Red Sticks were named to the western all-star team of the Atlantic Universities Field Hockey Conference, giving UNB more than half of the seven selections.

On defence, the Red Sticks have all-stars at all three positions, with Kathryn MacDougall, Carol Cooper and Janice Morrison getting recognition from the AUA. Up front, Sue Grady of UNB is joined by Laurie Stephenson of Mount Allison and Denielle Audet of University de Moncton. The goaltender is Tracey MacEachern of University of

Prince Edward Island Lady Panthers.

Dalhousie placed three players on the eastern division all-stars; Sharon Andrews and Heather MacLean on defence and Mary McGlone at forward.

Annalie Vandenburg of St. Mary's Belles is the other player named to defence,

with SMU's Lisa Desilva and Memorial's Rose Foley joining McGlone at forward. The goaltending award is shared by Debbie Allen of Acadia and Brenda Leaman of St. Francis Xavier X-ettes.

The AUA nomination for CIAU coach-of-the-year is Joyce Slipp, coach of the Red Sticks.

Athletes of the Week

In field hockey, Carol Cooper turned in a stellar job defensively as the Red Sticks garnered the AUA championship in Halifax. In victories over Saint Mary's

Belles (2-1) and Dalhousie Tigerettes (2-0), Cooper was assigned the job of guarding the opponent's top player and did exactly the job Coach Joyce Slipp was hoping for. This weekend, Cooper and her team-mates host the CIAU championship. Cooper is a second-year physical education student and a fulltime resident of Fredericton.

For the hockey Red Devils, Scott Clements turned in a strong effort despite the club's two losses, finishing weekend play with a plus five-the difference between goals scored by your team while on the ice minus goals allowed while at equal strength. Clements, 20, is a second-year education student and is a native of Sudbury, Ontario.

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on Saturday, Nov. 5, 1983
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THE

ARMCHAIR QUARTER BACK



It's mid-term time this week (yes, even the Armchair Quarterback is burdened with those mundane trivialities!), so I'm going to be succinct in this column. Next week - if I've caught up on my sleep by then - I'll be back at my bombasticbest. Hee-rrr-ee we go.... (Home team in CAPS):

Atlanta over NEW ORLEANS by 3 - the Falcons are hot, the Saints are not.

NY JETS over Baltimore by 6 - it's sill do-or-die for Todd & Co.

NEW ENGLAND over Buffalo by 4 - they whopped 'em in Buffalo - why not in Foxboro?

LA RAMS over Chicago by 7 - the Rams will declaw the growl-less Bears, unless Papa Bear's death, Monday night, inspires them to do miracles.

Cincinnati over HOUSTON by 5 - Loss No. 10 for the Oilers GREEN BAY over Cleveland by 6 - one more loss and the Pack WON'T be back.

SEATTLE over Denver by 6 - a tough battle in the AFC West.

LA Raiders over KANSAS CITY by 3 - ditto, above, only these two teams really dislike each other.

SAN FRANCISCO over Miami by 2 - look for the 49ers to rebound.

PHILADELPHIA over Dallas by 2 - upset of the year - the Cowboys have to lose again some time, so it might as well be to their arch-rivals from Philly.

MINNESOTA over Tampa Bay by 4 - Bud Grant teams rarely lose two in a row.

PITTSBURGH over San Diego by 7 - the Fout-less Chargers won't put a crease in the Steel Curtain.

WASHINGTON over St. Louis by 8 - the Cards surprised Minnesota last week, but this Sunday they'll get the crunch from the Fun Bunch.

DETROIT over N.Y. Giants by 5 - the Lions have been winning lately, while the poor Giants are still finding new ways to lose (or tie).

RECORD:

Last Week: 8-6 (.571); vs. the spread: 6-2 (.750)

Overall: 66-59-1 (.528); vs. the spread: 31-24 (.689)

WHO ME?

Yup, the reasonable healthy specimen with two good legs, a healthy heart and that severely suppressed sense of motivation. How many of you plan to do something and then decide not to bother at the last minute? The literature suggests that approximately 40% of all people who start an exercise program will drop out soon after its commencement. Why? The main reasons cited are: lack of interest, lack of motivation, lack of time and inaccessibility of nearby facilities. Well, which excuse is yours? My guess is "lack of motivation". Our gym is right on campus, students can usually manage to schedule some free time if they want to, and as University students are supposed to be more inquisitive than the average individual - it couldn't be lack of interest - sports of-

fers a large variety of intellectual, psychological and physical challenges.

Well, here's a chance to test yourself - our next FUN RUN will be held on SUNDAY, NOVEMBER 6th. at 2:00 p.m. and we'd like you to join us. This is an opportunity time to start running, to improve your style, to learn tips about running from experienced runners or just to make friends.

Even though it's easier to sleep in late on Sunday after a rough Saturday night, I challenge you to get off your butt and slip into those unused sneakers which are screaming for a bit of action. Hope to see you there. Don't just think about it! DO IT!

FUN RUN - (We want you!)
SUNDAY, NOVEMBER
6th/83,
2:00 p.m. - Starts at the L.B.
Gym