### Doctor Tells How to Detect Harmful Effects of Tobacco Try These SIMPLE TESTS

### FIRE PREVENTION!

#### Royal Proclamation

Whereas there is also every year in Canada a deplorable loss of human life as a result of fire;

And Whereas it is desirable for the well-being of the nation that a greater regard for the sanctity of human life be inculcated; that the material wealth of the nation be so far as possible conserved, and that every agency which tends to needlessly dissipate or destroy human life or property be vigorously opposed;

And Whereas it is desirable.

And Whereas it is desirable, in order that the attention of the public may be directed to the extent of the preventable loss of life and property from fire and the best means of controlling it, that one day of the year be set apart and properly designated for the dissemination of such information and the giving of such instruction on fire loss and fire prevention as may be practicable;

Now Know Ye, that We, by and with the advice of Our Privy Council of Canada, have thought fit to appoint, and do appoint, Thurday, the Ninth day of October in this present year, as "FIRE PREVENTION DAY," and We do recommend to all Our loving subjects that, on that day,—

es in all large stores and factories. Special instructions on the subject of fire prevention be given se teacher and by municipal officials in the schools and that appropriate literature as may be made available be distributed

The Proclamation should be read in all Schools and at Public

### CLEAN UP!

ONTARIO FIRE PREVENTION LEAGUE, INC.

Fire Marshal's Office, Department of Attorney-General, Parliament Buildings, Toronto. GEORGE F. LEWIS, Sec.-Tress.



# Liberal Meetings

Public meetings in the interests of WALTER G. SNYDER, the Liberal Candidate in North Waterloo, will be held as follows:—

WEST MONTROSE, Jupp's Hall, Tuesday 7th

CENTREVILLE Township Hall, Wednesday 8th

WATERLOO Town Hall, Wednesday 8th October. WELLESLEY Opera House, Thursday 9th October. LINWOOD, Schnurr's Hall, Friday 10th of October. NEW GERMANY, Halter's Hall, Saturday 11th

All meetings will begin at 8 o'clock.

Mr. Snyder and other speakers will be present at the meetings.

MR. C. M. BOWMAN, EX-M. P.P. of Southampton, will also address the Waterloo meeting. Everybody welcome. Ladies specially invited.

Josiah Stauffer, Pres. N.W.R.A.

Sec. N.W.R.A.

J. C. Haight,

#### MONTHLY MEETING OF ORPHANAGE BD.

Numerous Donations Received
By Institution
The monthly meeting of the Orphanage Board was held at the home on Monday evening. There was a good attendance of members.
The matron reported 33 children in the home, with no sickness for the

Donations received valued at \$37.20. Accounts passed amounting to \$272.74. The Board wish tooconvey their thanks to Chas. Ahrens & Co. Wm. Wright Mrs. Simon Yost Estate, The Natches sohool, Pine Grove school and the Margaret ave. school Garden Club for their generous contributions.

Following her marriage, Mrs. Jos. Volan, jr., was honored recently by riends from the Merchants Rubber

GOOD EVERY HOUR STANDS OF MILES OF FOREST IN GOOD EVERY HOUR STANDS OF MILES OF FOREST IN GOOD EVERY HOUR STANDS OF MILES OF FOREST IN GOOD EVERY HOUR STANDS OF MILES OF FOREST IN GOOD EVERY HOUR STANDS OF MILES OF FOREST IN GOOD EVERY HOUR STANDS OF MILES OF FOREST AND STREAM ARE CALLED THE FOREST OF STANDS TO THE OWING AND STREAM ARE CALLED THE FOREST OF STANDS TO THE OWING AND STREAM ARE CALLED THE FOREST OF STANDS TO THE OWING AND STREAM ARE CALLED THE FOREST OF STANDS TO THE OWING AND STREAM ARE CALLED THE FOREST OF STANDS TO THE OWING AND STREAM ARE CALLED THE FOREST OF STANDS TO THE OWING AND STREAM ARE CALLED THE FOREST OF THE OWING AND STREAM ARE CALLED THE FOREST OF THE OWING AND STREAM ARE CALLED THE FOREST OF THE OWING AND STREAM ARE CALLED THE FOREST AND STREAM ARE CALLED THE FOREST OWING AND STREAM ARE CALLED THE FOREST AND STREAM ARE CALLED THE FOREST OWING AND STREAM AND STREAM AND STRE HALFA DOGEN WHILE YOU WAIT

Her name is "Biddy" and her birthplaceisin LaCrosse, Wis. "Biddy" is a normal hen in every wat except for her egg laying propensities. She has puzzled experts by her record of laying an average of 23 eggs a week for the past two months. The professor has been "Observing her actions" and saw her lay nine eggs in forty-five minutes and the next day she laid seven eggs in half an hour.

Well, why not try Ontario, Quebec, Manitoba or some other of the sister want to dood of Canadian provinces of such a choice you would probably be successful, beyond your expectations, as many others have been. The great province of Ontario and Quebec still tool their own as the homes of vacuantities of deer. The giapt bull all the professor has been "Observing her actions" and saw her lay nine eggs in forty-five minutes and the next day she laid seven eggs in half an hour.

hour. This of it, nearly a dozen eggs while you wait. What the ordinary hen takes two weeks to produce handed out in less than one hour But how she must lose weight. A dozen ordinary sized eggs will tip the scales at 25 ounces. That is a little better than two ounces an egg Nine eggs would mean eighteen ounces. It has been been been eat too much and all our food is rich. Our blood is filled at least—a pound and a half of eggs with urle acid which the kidneys strive

AhDITIONAL SUBURBAN ROADS FOR WENTWORTH COUNTY
At a meeting of the Suburbzan Area Commission and the Special Committee appointed by the Weutworth County Council for the purpose of adjusting road matters between the commission and the county, held in Hamilton Tuesday afternoon, a number of important roads were tzaken over by the Commission. These included:

cluded:

Road No. 1, the Duhdas and Water
loo—From the westerly limits of
Dundas to town line between Beverly
and West Flamboto.

Road No. 7, Pert Flamboro—From
Toronto-Hamilton highway to water

Road No. 8. Waterdown road— Continuing from the present termin-is to Carlisle.

Read No. 11. Mt. Albi

#### DEWS OF EVE

No More Gentle Than "Cascarets" for the Liver, Bowels

Nature provides no shock-absorbers for your liver and bowels against calomel, harsh pills, sickening oil and salts. Cascarets give quick relief without indigestion, Gases and Sick Headache. Cascarets work while you sleep, removing the toxins, poisons and sour, indigestible waste without griping or inconvenience. Cascarets regulate by strengthening the bowel muscles. They cost so little too.

The new Jarge bâr for Thursday only, 25c and, 3, 25c an

HONORED BY FRIENDS Nolan, ir., was honored recently by friends from the Metchants Rubber staff who surprised her at the home of Mrs. Nolan, er., 92 Hilds Place. Accompanying the congratulations and good wishes in an address was a presentation of a silver bread tray and cut glass berry bowl. An address was a presentation of a silver bread tray and cut glass berry bowl. An address was a presentation of a silver bread tray and cut glass berry bowl. An address was a presentation of a silver bread tray and cut glass berry bowl. An address was a presentation of a silver bread tray and cut glass berry bowl. An address was a presentation of a silver bread tray and cut glass berry bowl. An address was a presentation of a silver bread tray and cut glass berry bowl. An address was a presentation of a silver bread tray and cut glass berry bowl. An address was a presentation of a silver bread tray and cut glass berry bowl. An address was a presentation of a companion who have been in daily tauch with ylu for some time past, have paid you this social visit, in order to convey to you out apprecial time of your friendship, and to assume you that whatever may happen, however, we may be separated in the future, we will always entertain pleasant memorices of yol. Of our greads, and the was a presentation and the dome.

GOSTLY OUTCOME of AUTOMOBILE THEFTS.

Paris, cot. 5. Two young fellow who have been of Paris, and down. Alter Carter of Paris, and down. Alter Carter of Paris, and two structures of the domes.

GOSTLY OUTCOME of AUTOMOBILE THEFTS.

Paris, cot. 5. Two young fellow who have been in daily tauch with ylu for some time pleasant memorices of you. Of output present the present memorices of you. Of output present present the present present present present present present present present

Young Baker

GALLAGHER

Hamilton.

HARLOW Rochester

MAY

Buffalo.

## KING STREET BUSINESS BLOCK FOR SALE

5 KING STREET EAST

One of the best blocks, for sale at \$33,000. 120 W. King St. C. G. PRITSCHAU Phone 1278.

Two Phones

THURSDAY AT

# 1447, 1448

All Stap

**BOXING** 

BOUT

Auspices K. & W. branch G. W. V. A.

Auditorium, Kitchener,

Wednesday, Oct. 8.

8.15 o'clock.

vs. ELMER JAMES

vs. DUNDEE

KID HARMON

**Preliminaries** 

30g 1-lb. tins.

Salmon, full 1-lb tin/s, reg. 35c...

Red cross salmon, reg. 25c tins...

Pure red salmon, large 50c tins...

Broken sweet cakes, 2 lbs...

Golden syrup, 65c pails.

Medium syrup, per ql...

Sardines in olive oil, reg. 25cfor.

Good sardines, 3 tins.

Shaker salt, large 15c pkg...

Wash boards, worth 45c for.

Yanilla, lemon, etc., extracts, large

Table salt, 7 lbs fer.....est matches, per pkg .....est matches, 15c pkg, 2 for.....

Thursday at F. Solomon

RAISINS AND FIGS

EXTRA BARGAINS Best peanut butter, reg 35d for ... Best bread flour ... Best bread flour, 98 lbs ... Our oatmeal 9c lb or 3% lbs for ... Shredded wheat, per pkg ... Good health food, 2 for ... Dominion cornflakes 2 for ...

Hack! Hack! Sneez Cough!!! (

Yes, you feel miserable all right a one near you feel miserable to NADRU Syrupof with Cod Liver O.

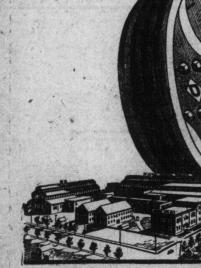
NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIM

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The name "Bayer" identifies the contains prescribed by physicians for over nineteen years and now made in Canada. tis, Joint Always buy an unbroken package of "Bayer Tablets of Aspirin" which a few cents There is only one Aspirin "Bayer"—Yo



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WOOD-SPLIT PULLI M. Weichel & Son, Limi

Stockers for Waterlee and Dis

"MASTER MASON" is t smoke—the tobacco made to suit a of a pleasant and satisfying smoke fresh from the plug, with all the na and fragrance of the choicest tol

MASTER MA Plug Smoking Toba