

July 18

McDiarmid's White Liniment

For external use cannot be excelled. A perfect pain-killer.

Price 25 cents per Bottle.

In order that people may find out the sterling qualities of this liniment, we have decided to refund the price of every bottle that is not satisfied with the refund. Return your empty bottle and I'll refund your money. This is a genuine offer.

S. McDiarmid,
Wholesale and Retail Druggist,
471 & 49 King St.,
ST. JOHN, N. B.

Printing

BECAUSE you are not located in St. John is no reason why you should not do your printing. We are doing work for people all over the Maritime Provinces. Everybody is pleased with our work. We honestly believe that no other printer can do better for you than we can. We want an order from you—no matter how small—just to get acquainted and let you see what we can do.

ADDRESSES

PATERSON & CO.,
Masonic Temple,
ST. JOHN, N. B.

CANADIAN PACIFIC RY.

Excursion to B. Y. P. U. MILWAUKEE.

Round Trip Tickets at One Way Fare will be on sale JULY 13 and 14, good for return until July 26, '06.

Purchase your tickets via the "official route."

For further particulars write District Passenger Agent, St. John, N. B.

D. McNICOLL, A. E. NORTMAN,
Pass. Traffic Man. Dist. Pass. Agent,
Montreal, St. John, N. B.

thinness

The diseases of thinness are scrofula in children, consumption in grown people, poverty of blood in either. They thrive on leanness. Fat is the best means of overcoming them. Everybody knows cod-liver oil makes the healthiest fat.

In **Scott's Emulsion** of cod-liver oil the taste is hidden, the oil is digested, it is ready to make fat.

When you ask for Scott's Emulsion and see the picture of the man with the picture of the fish on it—you can trust that man!

30 cents and \$1.00
Solely & Bross, Chemists, Belleville, Ont.

Prove it by Mother.

While driving along the street one day last winter in my sleigh, a little boy six or seven years old asked me the usual question:

"Please may I ride?"

"I answered him,

"Yes, if you are a good boy."

He climbed into the sleigh, and when I again asked,

"Are you a good boy?" he looked up pleasantly and said, "Yes, sir."

"Can you prove it?" "Yes, sir."

"By whom?"

"Why, my mamma," he said, promptly. "I thought to myself, here is a lesson for boys and girls.—When a child feels and knows that mother not only loves, but confides in him, and can prove his obedience, truthfulness, and honesty by mother, he is pretty safe. That boy will be a joy to his mother while she lives. She can trust him out of her sight, feeling that he will not run into evil. Children who have praying mothers, and mothers who have children they can trust, are blessed indeed. Boys and girls, can you "prove by mother" that you are good? Try to deserve the confidence of your parents and every one else.—Selected.

A REMEDY FOR THAT MOST DISTRESSING MALADY.

Rev. J. M. McLeod,

Since Church, Westchester, N. C.—"It is nearly three months since I finished the package of Dr. D. C. and through I have had more than twenty years suffering from indigestion that one package seems to have wrought a perfect cure. Since taking your remedy I have not had the slightest symptom of a return of my old ailment. I would most heartily recommend Dr. D. C. to the numerous family of dyspeptics as the best known remedy for this distressing ailment. Sold by all Druggists at 25c, and \$1 per bottle."

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The matter which this page contains is carefully selected from various sources; and we guarantee that, to any intelligent farmer or housewife, the contents of this single page from week to week during the year, will be worth several times the subscription price of the paper.

THE HOME.

THE OLD TUNE.

From out a windless realm it flowed,
Fragrant and sweet as balm of rose;
Upon its breast soft sunlight glowed,
And still it glides where the jasmine blows.

An old, sweet tune of other days!
Full of the hints of autumn tinge;
Scents of russets and August haze
Gathered and fell like thoughts in rhyme.

May never again that once-loved tune
Fall in my heart as a stream that flows!
Let it run as it will like a vine in June
Fragrant and sweet as a summer rose.

—Eugene Field.

EVERYDAY HAPPINESS.

Before the days when the Hebrew preacher exclaimed in the passionate fervor of inspiration, "Give me neither poverty nor riches!" it is probable that wise people had begun to recognize the loveliness of everyday happiness and the sorrow that waits on kings. As one journeys over the villages of the country one's heart turns with special tenderness to myriads of happy cottages where families group up in thrift and comfort. Here people of moderate means are bringing up their families in honor and respect, their income just enough to stimulate the wife to household industry, the husband to the constant industry. Occasionally a slight increase of the father's salary or a fortunate "windfall" makes a margin for indulgence in some small coveted luxury, which is doubly appreciated because of the difficulty of obtaining it. No home brings more genuine pleasure than that which has been acquired by long and patient effort, where every chair and every volume in the library is landmark the struggle from humble fortune to moderate affluence.

There is something exceedingly touching in the affection that old people sometimes feel for their household gods and chattels, and in the sorrow they show in parting with them when the old home, through death or mischance, is finally broken up. Each article is possessed of a double value because of long association. The home has been built up, and all our happiest homes are, by degrees, and the owner can recall with affection when each piece of furniture was purchased, the pleasure of selecting it and bringing it home. For years, perhaps the little parlor was bare, containing only a stand and a few chairs, with a small amount of bric-a-brac and books. Everything was sacrificed in those days to keep the oldest son in college, and his mother recalls with pride the honors which won in those school contests which now seem so far away. It was a red-letter day in the family when a piano was finally purchased. The father had been laying aside small sums toward this purpose for months, and he finally had it conveyed surreptitiously to its corner in the parlor on one of those occasions when the family was away, so that it might be a complete surprise when the place at the evening table, paid for by the united earnings of all the children. It was over a twelvemonth since they began to hoard away mites for this purpose. Each month he counted the savings and estimated the probabilities of their having the chair in its place by the next birthday.

Everyday happiness is made up of small acts of kindness, petty sacrifices, the pressure of the shoulder, the opening of a hand to help over a hard place. It means neighborly thoughtfulness and neighborly kindness. These simple blessings of the long train are perennial joys on which the benediction of heaven rests.—N. Y. Tribune.

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THE FARM.

CARE OF FARM CELLARS.

Most cellars are everywhere the catchall of refuse that is unsightly and cannot well be disposed of otherwise. This is especially true in the country, where a liberal supply of vegetables, fruit, pork and other food products are stored in the fall for use during the season. Kept dark, as the cellar almost necessarily is to exclude frost, there goes on in every pile of vegetables or fruit the slow changes which result in decay. Many of the germs that always come from decaying animal or vegetable matter. It is evident to the senses as visits are made in winter to the cellar, which is usually kept warmer than need to be, and in which the combined assaults of a great variety of vegetables and fruits load the air with malaria, which insensibly rises and affects the health of the whole family.

It is worse for the women and very young children than for others, as the active outdoor life of the men and older children removes them from its influence. Farmers' wives are generally shorter lived than are farmers themselves. The pale, sickly look on the faces of many farmers' wives in spring is due to their living where every breath of air day and night is poisoned. For usually in winter not only is the cellar kept from outside air as much as possible but the air is excluded from the living rooms, in order to maintain the unhealthful heat. While the heating of the house was from an old-fashioned fireplace, that furnished ventilation to a large extent. But now there is only the coal stove in

of home-made yeast, or a quarter of a yeast cake. Set it at 6 o'clock in the morning for tea. At 4.30 o'clock pour the cakes into sheets about an inch thick. Brush the cake over thickly with butter, dredge it thickly with equal parts of fine flour and powdered sugar mixed together, and let it rise one hour. Bake it half an hour in a quick oven. A simple, delicious tea muffin is made of two cups of flour, sifted twice, with two teaspoonfuls of baking powder and a saltspoonful of salt. Rub a tablespoonful of butter thoroughly through the flour and add one beaten egg and a cup of milk. Beat the batter with a large-sized patent egg-beater very rapidly for several moments. Drop the cakes into greased muffin rings, resting on a biscuit tin, and into the more convenient batty tins, and bake the muffins rapidly about twenty minutes.—N. Y. Tribune.

MOTHER'S DELICIOUS POACHED EGGS.

Put a generous cup of cream in a milk—use at least half thin cream—into a spider. While cold break in six un-beaten eggs. Set over the fire and move a spoon carefully through the mixture. The whites and yolks should be broken in pieces, but not rendered smooth. Do not cook long enough to whiten—only let it simmer. Add a piece of butter the size of an egg and salt to taste. Serve in separate dishes with potatoes and meat.

EGG BATTER.—Beat one egg and one cupful of milk, (little salt and one and one-quarter cupfuls of flour. (The batter is better if one teaspoonful of baking powder is added with the flour). Beat well. Drop small spoonfuls into hot, pork fat and fry. Serve with potatoes and meat.

EGG BATTER WITH SOUR MILK.—This is good made like the above, omitting the baking powder and using some milk and soda. It should be very light and not soak fat.

BOILED EGGS (WHICH ARE NEVER BOILED).—Put the eggs into a saucepan and pour over an abundance of boiling water. Cover, but remove at once from the fire. Let them stand eleven minutes. Drain, and serve with a dressing for a lunch on the cars, or for a picnic, let them remain in the water longer. Take out, put into cold water for a few minutes to prevent their being dark next to the yolks, and you have a hard cooked but jelly-like pulp which is delicious.

EGG TOAST.—The fortunate house-keeper has an egg peacher in which the eggs can be steamed. If not, they will have to be dropped into hot water. Toast good bread. Dip the crust into hot-boiled water, butter and place a dropped egg on each slice. Season with salt, pepper and butter, or dip the toast-bread into hot salted milk and pour a good cream sauce over each slice, and then lay the nicely cooked egg upon it. Season the egg as before. Serve hot.

SWEDISH TOAST.—This forms an excellent substitute for fried cakes in summer. Warm one pint of milk, add one cupful of sugar, one tablespoonful of lard, one-half teaspoonful of salt, one egg yolk, or one-half of a cake of compressed yeast dissolved in a little warm water, two well beaten eggs, and flour enough to make a rather thin batter. If set at night add one-third teaspoonful of soda. When rising a loaf, add a little flour as for bread. Raise again. Knead and roll into sheets. Sugar the tops if desired. Let them rise and bake. When cold, cut into strips about the width of an inch thick and toast in a very slow oven. If toasted to a light brown and thoroughly dried it will keep a long time, but soaks very quickly when dipped into coffee. Use half the sugar if too sweet. The recipe can be doubled and only two or three eggs used.

COUSIN ANNA'S OMELET.—Beat four eggs separately. Add four tablespoonfuls of milk to the yolks, one teaspoonful of salt and pepper to taste. Pour on the whites and mix. Put one teaspoonful of butter into a saucepan, heat and pour in the mixture. As soon as set, and brown on the bottom, place in the oven and slightly brown the top. Fold and serve.

School Teacher,

You can take a very thorough and profitable course in business or shorthand and typewriting in 6 to 10 weeks—as many have. We have improved actual business and only require about half the usual time and expense. Write for primer, free!

SNELL'S BUSINESS COLLEGE,
Trento, N. S.

most houses, or still more unhealthful, though more cleanly, the furnace in the cellar, adding by its warmth to the unhealthfulness of the atmosphere there.

It is no wonder, then, that in the country especially the housewife includes a thorough overhauling of the cellar in her spring cleaning for the house. The cellar needs it more than any other part of the house, and it should be cleaned first, so that when the upper rooms are cleaned the walls may not be filled by the odors coming from the cellar housecleaning. All the vegetables that have lain in bins or heaps on the floor should be got out and brought up into the light while the cellar cleaning is going on. Cellar windows should be opened, and as much sunlight coaxed in as possible. After thorough sweeping out all loose stuff the walls and wood-work should be washed with water in which corrosive sublimate has been dissolved for the proportion of 1,000 to 2,000 of the water. There is no better germicide than corrosive sublimate, and in this proportion of water what can adhere to walls or woodwork will not be at all dangerous. The final object of the cellar is to thoroughly whitewash the walls and clean the windows as thoroughly as if they were to be used for some of the living rooms. The clean windows and the whitewash will secure more light in the cellar, making it much more attractive, and also more likely to be kept clean. It is the darkness of most cellars that makes the accumulation of dirt in them so common.

This prepared the farm cellar may be made a proper receptacle for milk, though wherever possible it is better to have a separate stone cellar, near the house, to keep milk in. There are always more or less odors in buildings where people live and cook and sleep, and as milk is very absorbent of odors, it is best if possible to keep the milk from them. Most of the poor butter made in summer is due to the cellar, if the housewife often taking milk into it before the cellar is cleaned, and offsetting this, as she thinks, by beginning cleaning at about that time. There is sure to be some poor butter, unless white housecleaning is going on, unless the milk and cream are kept in a building removed from the house.—American Cultivator.

ONE WOMAN'S PIG.

Now is the time when woman needs money as well as men. And why should she not raise swine? Six years ago I started in with one little pig three weeks old; each year since she had the first litter I have had plenty of meat in the barrel, which I must confess got empty before, when husband said I could buy cheaper than raise them. When the time came to buy, the pocketbook, like the meat barrel, was empty. But thanks to the friend that gave me the little pig, he has been the means of helping to keep our house on which there is a mortgage. Last year I sold over \$120 worth, which was applied on interest. I find in my experience in raising the best time to sell is from six to nine months when they weigh from 100 to 200 pounds if properly cared for. I allow my brood sows to have two litters a year, first about the middle of February, second about September 1. That allows time for spring pigs to be ready in the fall, and fall pigs in the spring. I never let my brood sows get fat when they are to be bred. If bred when fat, consequences will be three or four scrawny little pigs; but on the other hand, you can have from eight to thirteen big plump pigs, which will pay for their care. I find that brood sows six years old are better mothers than younger ones; but should be bred to a young boar. Last fall I had brood sows, number of all my hogs, had thirteen little pigs. As soon as they are bred I begin to feed them all they want of potatoes, turnips, beets and carrots, with wheat as the staple food, and plenty of pure water where they can drink freely. I change their feed from one kind of roots to another at each meal, give plenty of charcoal and wood shavings, allow range in green pastures, until about three weeks before farrowing, then I have each one separated to itself in a roomy pen. Begin gradually to feed her less with wheat until about a pint a day is allowed; care should be taken to have the pens free from dirt at farrowing time, as little pigs are easy to choke to death by the dust. As soon as the pigs are a week old begin to feed plenty of milk, mixed with middlings, wheat and change of roots same as before. Plenty of pure water. When pigs are six to eight weeks old wean, then begin to force them. Chop turnips, beets and carrots for developing bone and muscle. Wheat and plenty of milk; never allow range, but chop feed for four weeks. Have flat boxes fastened in the ground for salt, charcoal and ashes to keep from rooting over. To prevent disease, keep their sleeping apartment on ground floor, plenty of straw bedding, dry and warm; allow no filth to accumulate in pens or pools of stagnant water. Never feed on ground, but in a long trough fastened to the pens. Have the feeding pen floored, which is easily kept clean. Hog houses may be made of straw, and if it is warm it will answer just as well as a mansion. What a hog wants is warmth where he sleeps, not style, and plenty of whole-goods food. I never have any sickening my hogs. I will advise any lady who needs outdoor exercise to just get a pig and start in to take care of it herself. There is profit as well as pleasure in it; I love to watch them eat. I love to feed them; I love to pick up a chubby pig and caress it. The one who makes a financial success of raising hogs is the one who feeds so as to force a quick growth while young, so as to make quick returns.—Mrs. Charles L. Robinson in Practical Farmer.

Hale's Points on Peach Culture.

High, dry, sandy, or sandy-loam soil. Careful selection of varieties most hardy in fruit bud. Vigorous, healthy seedling stocks, budded from bearing trees of undoubted purity and health. Tree should own possession of the land from the start. Thorough culture from the opening of spring till the first or middle of August. Liberal annual manuring, broadcast with commercial manure rich in potash and phosphoric acid and lacking in nitrogen. Low heading and close annual pruning for the first five years.

Safe, Soothing, Satisfying

It positively cures croup, colds, coughs, colic, sore lungs, kidney troubles, lame back, chaps, chilblains, varicella, headache, toothache, cuts, bites, burns, bruises, strains, sprains, stiff joints, sore muscles, stings, cramps and pains. It is the best. It is the oldest. It is the original. It is unlike any other. It is superior to all others. It is the great vital and muscle nerve. It is for internal as much as external use. It is used and fully endorsed by all athletes. It is a soothing, healing, penetrating Anodyne. It is where every mother should have in the house. It is loved by suffering children when dropped on sugar. It is used and recommended by many physicians everywhere. It is the Universal Household Remedy from Hiffancy to old age. It is safe to trust that which has satisfied generation after generation. It is made from the favorite prescription of a good old family physician. It is marvellous how many ailments it will quickly relieve, heal and cure.

The Doctor's Signature and directions are on every bottle. If you can't get it send us. Price 25 cents, six \$2.50. Sent by Druggists. Pamphlet free. I. S. JOHNSON & CO., 22 Custom House St., Boston, Mass., Sole Proprietors.

JOHNSON'S ANODYNE LINIMENT

People of refined musical taste buy their Pianos and organs from the **W. H. JOHNSON** COMP'Y, Ltd., 157 Granville St. Cor. Buckingham, Halifax

Champion Liniment

CURES Coughs and Colds.

25 Cents a Bottle. See your Druggist.

Sea Foam

It Floats.

A Pure White Soap. Made from vegetable oils it possesses all the qualities of the finest white Castile Soap. The Best Soap for Toilet & Bath Purposes. It leaves the skin soft smooth and lustrous.

6 CTS. (TOILET SIZE)

RHEUMATISM'S VICTIMS.

After Spasmodic Efforts for a Cure Usually Give Up.

There is one Medicine that Has Cured Thousands After Other Medicines Had Failed.—A Released Sufferer Tells His Story.

What an innocent sounding name has rheumatism, and yet how terrible a reality to the thousands who suffer with it. Doctors agree that rheumatism results from poison of and deposits in the blood, but as to just how they can be reached and eradicated, it would seem that their knowledge fails. The usual treatment is a long sorry relief, but not cure, and then the patient usually gives up, thinking that there is no medicine that will cure him. This is a mistake. Rheumatism is not a necessary evil, and because one is growing old it is not imperative that one should accept rheumatism as a natural accessory to advancing years.

There is a remedy for rheumatism despite the general belief that it cannot be cured—a remedy that has cured thousands of the most severe cases. A noted instance of the truth of this assertion which has just come to the knowledge of the editor of the Courier, is the case of Robert Francis, Esq., formerly of Trenton, now retired from business in Rat Portage, Ont., and still residing there. He has been a victim of rheumatism for over three years. Last winter he visited his friends in Trenton and was then contemplating a visit to the south in search of relief from his constant foe. He had to use a staff in walking and went at a slow pace. This Christmas he was here again on a visit to his friends, smart and erect and without the stick or the sorrowful look of a year ago. His friends and acquaintances all accord him as a new man and congratulate him on his healthy, fresh and active appearance in contrast with a year ago. He has cheerfully and gratefully given the following statement of his efforts after a cure. "My home is at Rat Portage, Ont., where for years I was engaged in business and where I still reside. For three years I have been a great sufferer from rheumatism. I tried several highly recommended remedies to no purpose, as I continued to grow worse till it was difficult for me to walk. I was for thirteen weeks confined to my bed at home and in the Winnipeg hospital, I was then induced to try the Mount Cleopatra Springs. I took six courses of baths of twenty-one baths each without any seemingly beneficial result. I read of several cures in the Courier from Dr. Williams' Pink Pills for Pale People, and friends who used them with benefit to themselves urged me to try them. I did so and after a short time I felt an improvement in my condition. I have taken twelve boxes in all, and my improvement has been continuous and satisfactory, so that I need the case no longer and I have increased my weight from 140 pounds to 175 by the use of Pink Pills. I am not entirely free from rheumatism but I am a new man, one thousand per cent better than I was a year ago and I attribute my health entirely to Dr. Williams' Pink Pills."

Dr. Williams' Pink Pills strike at the root of the disease, driving it from the system and restoring the patient to health and strength. In cases of paralysis, spinal troubles, locomotor ataxia, sciatitis, rheumatism, erysipelas, scrofulous troubles, etc., these pills are superior to all other treatment. They are also a specific for the troubles which make the lives of so many women a burden, and speedily restore the rich glow of health to pale and sallow cheeks. Men broken down by overwork, worry or excess, will find in Pink Pills a certain cure. Sold by all dealers or sent by mail postpaid, at 50c a box, or six boxes for \$2.50, by address to the Dr. Williams' Medicine Company, Brockville, Ont., or Schenectady, N. Y. Beware of imitation and substitutes alleged to be "just as good."

Visitor.—Does your mamma give anything for being a good boy? Tommy.—None. She gives it to me when I ain't.

THE BEST MOUTH TONIC IN THE WORLD

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THE BEST PERFECT TOOTH POWDER DRUGGISTS 25c