

7th Month

JULY, 1853.

hath 31 days.

"In Jamaica I found myself obliged to become a total abstainer, that my conscience and hands might be clean in remonstrating with the negroes. They used to say to me, 'You take your wine; if we could get wine, we should give up the rum.' The great majority of the Jamaica missionaries are abstainers, and so also are those at Calabar. I think that the great degree of health enjoyed by the missionaries of Old Calabar is in no small measure owing to their total abstinence, and that the use of strong drink among Europeans residing in tropical climates is one cause of the great mortality among them."—*Rev. H. M. Waddell.*

New Moon, 6th day, at 6 hours 30 minutes, morning. E.
 First Quarter, 13th " at 5 " 51 " afternoon. S.
 Full Moon, 20th " at 9 " 30 " morning. W.
 Last Quarter, 27th " at 5 " 36 " afternoon. N.

D. M.	D. W.	Remarkable Events.	Sun Rises	Sun Sets	Moon South.	Moon Rises.	M's place	H. W. P. M.
			<i>h. m.</i>	<i>h. m.</i>	<i>h. m.</i>	<i>h. m.</i>		<i>h. m.</i>
1	Fri	Eastport captured 1814	4 22	7 46	8 18	1 15	neck	8 21
2	Sat	Pilgrim Fathers sailed 1620	4 23	7 45	9 2	1 39	neck	9 2
3	SU	6th Sunday after Trinity	4 23	7 45	9 47	2 7	arms	9 50
4	Mo	Am'can Independence 1776	4 24	7 45	10 36	2 43	arms	10 30
5	Tu		4 25	7 44	11 26	3 20	breast	11 18
6	W	Boston settled 1630	4 26	7 44	a. 17	sets.	breast	11 56
7	Th		4 26	7 44	1 9	9 4	breast	0 9
8	Fri		4 27	7 43	2 0	9 41	h'art	0 46
9	Sat	<i>Colebrook Division</i> ins. 1852	4 28	7 43	2 49	10 10	h'art	1 23
10	SU	7th Sunday after Trinity	4 29	7 42	3 37	10 36	belly	1 59
11	Mo		4 29	7 42	4 24	11 0	belly	2 38
12	Tu	<i>King's Circuit</i>	4 30	7 42	5 11	11 24	reins	3 23
13	W	Action in St John harbour	4 30	7 42	5 58	11 46	reins	4 15
14	Th	betw Fr and Am ships 1696	4 31	7 41	6 48	morn.	reins	5 30
15	Fri	Saint Swithin	4 32	7 40	7 40	0 13	seer.	6 49
16	Sat	Elec'n riots Miramichi 1843	4 33	7 39	8 37	0 40	seer.	8 13
17	SU	8th Sunday after Trinity	4 34	7 38	9 37	1 16	thigs	9 21
18	Mo	Hampden died 1643	4 35	7 37	10 41	2 2	thigs	10 19
19	Tu	<i>Albert Circuit</i> [1841	4 36	7 36	11 44	rises.	knee	11 10
20	W	Sir J Harvey ap. Gov of N'd	4 37	7 35	morn.	8 16	knee	11 55
21	Th	Cholera at St John 1831	4 38	7 34	0 46	8 55	legs	0 9
22	Fri	Liver'l tem soc formed 1830	4 39	7 33	1 42	9 26	legs	0 48
23	Sat		4 40	7 32	2 34	9 53	feet	1 24
24	SU	9th Sunday after Trinity	4 41	7 31	3 22	10 15	feet	1 59
25	Mo	Battle of Lundy's lane 1813	4 42	7 30	4 7	10 36	head	2 37
26	Tu	<i>Westmorland Circuit</i>	4 43	7 29	4 49	10 56	head	3 21
27	W		4 44	7 28	5 31	11 17	head	4 13
28	Th	Robespierre guillot'nd 1794	4 45	7 27	6 13	11 40	neck	5 15
29	Fri	Fire in St John 1845	4 46	7 26	6 56	morn.	neck	6 31
30	Sat		4 47	7 25	7 42	0 6	arms	7 37
31	SU	10th Sunday after Trinity	4 48	7 24	8 29	0 39	arms	8 37