

virility would scorn such pampered ease, for "the men of the North are stalwart" and well able to sustain the stress and strain of paddle and portage.

Check Lists.—To those intending to start off on a cruise it may be useful to suggest making a list of the various matters and things to be attended to and provided for. If each item is afterwards marked off as the article is purchased or packed, or as the case may be, the camping party will find that fewer things have been forgotten than otherwise would have been the case.

Canoe.—A sixteen foot "Peterborough canoe" will carry two campers and their "dunnage." A fifteen foot six inch or even a fifteen foot nine inch canoe is too small for safe travelling, especially where rapids have to be run in laden canoes. Some canoeists, however, consider a fifteen foot six inch canoe large enough when the crew average 140 pounds each. Although Peterborough is the home of the Canadian canoe, Toronto and other places also supply the ever increasing market. A basswood canoe, when new, has some commendable points, and is cheaper than a cedar canoe, but it so easily absorbs and retains water that before long it becomes almost waterlogged. Therefore, if you can afford it, get a