## CHÀPTER III.

VIRTUES PECULIAR TO THE CONSOLERS OF MARY.

To reach the end proposed, the consolers should strive to acquire the principal virtues characteristic of the Congregation, Sincere Piety, Purity, Charity, Obedience, Zeal. 1st. Sincere Piety, which consists in a relish for prayer and exercises of religion, in the frequent reception of the Sacraments, and in the practice of recollection. This piety is so essential for the associates, that should any one be wanting in it, this alone would suffice to render her unworthy of the title of "Consoler of Mary." The members animated with this spirit will place among their first duties that of prayer, it alone being the strength of a Christian. They should be careful never to