Web site:

http://www.ramq.gouv.qc.ca

Saskatchewan

Saskatchewan Health T.C. Douglas Building 3475 Albert Street Regina, SK S4S 6X6 Tel.: (306) 787-3251 or

1-800-667-7551

Web site:

http://www.health.gov.sk.ca

Yukon

Yukon Health Care Insurance Plan P.O. Box 2703 Whitehorse, YT Y1A 2C6 Tel.: (867) 667-5209

Passport Office

Web site: http://www.ppt.gc.ca

Application forms for Canadian passports are available on-line, at passport offices, Canadian government offices abroad, travel agencies and post office outlets. There are separate forms for adults and children, both available in English or French. You should allow at least three weeks for delivery of your passport. If you have any questions about passports, call 1-800-567-6368.

Locally you can call:

Montreal (514) 283-2152 Ottawa-Hull (819) 994-3500 Toronto (416) 973-3251 Vancouver (604) 586-2500

Mailed-in applications should be sent to: Passport Office Department of Foreign Affairs and International Trade Ottawa, ON, K1A 0G3

Radio Canada International

Web site: http://www.rcinet.ca

Tel.: (514) 597-7555 (Canadian Broadcasting Corporation)

Other Useful Web Sites

Canadian Snowbird Association http://www.snowbirds.org

Department of Foreign Affairs and International Trade Travel@Random — Seniors and Snowbirds http://www.lcnd.com/travel/ seniors.htm

List of Internet service providers around the world: http://thelist.internet.com