

**FEEDING IN TYPHOID FEVER.**

According to F. L. Keays (Medical Record) the routine diet in vogue at the New York Hospital throughout the active stage of typhoid fever is milk, fifty to seventy ounces being given in twenty-four hours. It is customary to keep a daily record of the amount of milk taken, so that it will not fall below what is necessary. When plain milk is not acceptable to the patient it is varied in different ways; a little brandy or a few spoonfuls of coffee or some malted milk is added; koumyss or matzoon is substituted for milk from time to time for variety. Patients who complain of hunger are given broth or beef juice. As soon as the temperature reaches normal, more active feeding is begun. The patient is given a lamb chop, or an egg boiled for twenty minutes, and finely chopped, or scraped-beef sandwiches. Proper mastication of the food is urged. Each day, as the food agrees, new articles of diet are added to the list, or those already given are increased in amount. Baked custard, bread, milk toast, and finally chicken, raw oysters, baked apple, baked potato, rice, hominy and green vegetables are allowed, the milk all the time being cut down. The patient is kept upon this food while in the hospital and is told to continue it for several weeks after leaving.--Ex.

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