

SUBSCRIPTIONS RECEIVED DURING JUNE.

Lady Van Horne, special.....	\$25 00
Samuel Bell	25 00
C. J. Patton	20 00
Mrs. Thos. Nichol.....	10 00
Mrs. H. Shorey.	10 00
Granville C. Cunningham.	10 00
Hugh B. Woodrow, Longueuil.	5 00
George S. Brush.....	5 00
Mrs. Dick, annual	5 00
Mrs. Jas. Aird, annual.....	1 00
Mrs. Ure, annual	1 00
Mrs. Warriner, special.....	1 00
Mrs. Moodie, special.....	1 00
Mrs. G. B. Smith, Boston.	1 00
J. B. Young	1 75

WOMAN'S AUXILIARY, MONTREAL HOMŒOPATHIC HOSPITAL.

TREASURER'S REPORT, for June, 1896.

Dr.	
To cash on hand, June 1st	\$219 68
“ from subscriptions and donations.	121 76
“ “ patients and nurse's fees.....	85 00
“ “ sale of dolls.....	1 00
Total	427 44
Cr.	
By amt. paid in wages.....	\$ 74 30
“ “ for med. and surg	12 25
“ “ “ laundry.....	33 04
“ “ “ house furnish	30 00
“ “ “ food supplies.....	91 14
“ “ “ postage.....	2 74
“ cash returned to patient.	3 00
	\$247 08
Balance on hand	\$180 39
	\$427 44

MARY E. BAYLIS,
Treas. pro tem.

INVALID COOKERY.

RESTORATIVE SOUP.

1 calve's foot, 3 lbs. shin of beef. 3 lbs. knuckle veal, 3 quarts cold water; blanch and cut up foot, cut up veal and beef, place with the water and little salt in saucepan and simmer four or five hours till reduced to three pints, strain through a sieve and set aside; when cold remove all fat and warm up the quantity required.

STEWED SWEETBREAD AND POTATO.

Soak the sweetbread 2 hours in cold water, trim and blanch by putting them into more cold water and just bring to a boil; drain and press them; then stew them in boiling milk three-quarters of an hour, flavor with salt, pepper and a blade of mace; remove and keep warm while the milk is thickened with a little flour for a sauce, if it is liked.

Take 1 pound boiled potato, rubbed through a sieve, put 1 tablespoon cream, some pepper and salt in saucepan, add the potato, warm thoroughly; place potato on a hot dish with sweetbreads in the middle, and pour over all the milk sauce.

"A LAST CHANCE."

"In 1826 he was attacked by what was pronounced by London doctors to be an abscess on the lungs, and after months of suffering his life seemed to be fast ebbing away when, as a last chance, he was recommended to go to Paris to consult Dr. Hahnemann, celebrated as the founder of homœopathy, whom he describes as a wizened old man of seventy, not more than five feet high, looking like a necromancer—who declared that his lungs were sound, that the mischief was with the liver, and he would cure it in three weeks. After just that period there was a ball at the Tuileries, where he received the congratulations of the old King on his recovery, which was so thorough that he survived for more than half a century.—*Autobiography and Journals of Admiral Lord Clarence Paget.*

The above extract from a review of Lord Paget's autobiography is another of the many tributes to Hahnemann's skill as a physician, and is a strong evidence of the truth and efficacy of homœopathy. Like Lord Paget, many are coming to homœopathy to-day "as a last chance," who might be saved the "months of suffering," did not the blindness and prejudice of their medical advisers and friends (?) prevent their getting relief sooner.

THE LAWS OF HEALTH.

The true secret of health and long life lies in very simple things.

Court the fresh air day and night. "Oh, if you knew what was in the air!" Sleep and rest abundantly. Sleep is nature's benediction. "Work like a man; but don't be worked to death."

Avoid passion and excitement. A moment's anger may be fatal.

Associate with healthy people. Health is contagious as well as disease.

Don't carry the whole world on your shoulders, far less the universe. Trust the Eternal.

Never despair. "Lost hope is a fatal disease.—*Chic. Med. Times.*

A REMEDY FOR BLACK EYE.

A writer in *Medical Progress* says in this trouble, as well as in rheumatism, sore or stiff neck, there is nothing to compare with a tincture or strong infusion of capsicum mixed with an equal bulk of mucilage of gum arabic, with the addition of a few drops of glycerine. The bruised surface is painted with this mixture and allowed to dry on; a second or third time, if necessary, speedily relieves.