#### Medical and Sanitary Gossip.

The St. Louis Republican tells a story about a dog that was frozen to death and then thawed out with warm applications and hot as it is necessary for any dog to be.

In winter almost everybody "catches cold," and then the weather has to bear the blame. But people should be honest enough to put a little of the blame where it properly belongs
—on their own shoulders. More care and attention to the proper ventilation and heating of houses would save considerable discomfort. Sudden changes of temperature are always injurious. Many people keep their rooms stifling hot in winter, and when they go out in the cold air it would be very surprising indeed if they did not suffer.

An able paper was read before the New England Psychological Society some mouths ago on the relations of insanity to modern civilization, in which the author, Mr. Stearns, deals with the question why insanity should increase in any nation as it becomes civilized. The causes, in his opinion, are imperfect and injudicious education; increased and the powder charge as large as those of facilities of gratifying physical appetites, and consequent excesses; the habits of daily life among the agricultural population, who too often slave themselves for the benefit of their children; too little sleep; and the unequal distribution of living.

Dr. Oldright, of Toronto, in a letter to one of the papers calls the attention to the care that should be exercised in the selection of ice for general consumption. Though the process of freezing removes a great deal of publication of which in Japan has been impurity from water, yet it is quite possible to have ice so impregnated with decayed in view of the great distaste which the authvegetable and animal matter as to be exceedingly dangerous. Organic and inorganic impurities held in suspension in water may be eliminated when the water is frozen, but if, instead of being held in suppression these impurities are all in solution, the ice will contain them as well as the water.

#### Wood v. Iron.

Norman Wiard, a prominent engineer and inventor, lately declared in a long interview with a New York Herald reporter that the extremes of temperature subjected an iron ship to strains that made her unsafe. He gave as his opinion that wooden ships are safer than iron ones, and recommended the following system:—I would recommend the building of composite ships. The frame should be of in prosperity iron, set upon a wooden keel. The frame should be made in sections, each section not more than ten or fifteen feet in length. The outer and inner skins, all the fore and aft strakes, the keelson, the waterway, the wales, the decks and the planking should all be of fishing business, which, increasing as it is year

#### Fire Alarms in New York.

New York claims to have a very complete fire alarm system. There are 550 street alarm bozes and 700 miles of wire divided into sixty all-metallic circuits, so that the earth is not used as a return circuit. Every piece of electrical machinery is duplicated, so that should anything fail in time of need, a switch will turn in the reserve instrument. Pens print in red ink the alarm as sent in. The electricity for this system is supplied by 1,250 cells. There are in New York 600 firemen, forty-three engines, with hose tenders, seventeen hook-and-ladder trucks, nine chemical engines, and yet New York lost some millions by fire during the last two weeks.

## Pedestrianism.

Interest among sporting men now centres in the match soon to come off for the world's championship between O'Leary, Rowell, Harriman and Ennis. O'Leary holds the belt which he won in London, and the others are to try to wrest it from him. The conditions will prisonment in the State prison for two years seat of Government has been located there be the same as in the other matches, the pedestrian covering the greatest distance in six days, either by walking or running, to be declared the victor. Harriman and Ennis are giving exhibitions of walking in the United States. Rowell sails soon from England to take part in the approaching struggle. Meanwhile, so powerfully has the pedestrain mania taken hold of its victims that in nearly every hamlet men, women, and boys are racing around town halls and skating rinks, straining every muscle to better some one clse's record.

## The Jury System in Illinois.

A measure is before the Illinois Legislature to incorporate into the Constitution the practice of having verdicts in Civil cases determined by the concurrence of three-fourths of members of the jury. This will leave the number of men on a jury at twelve, as now. righted protection be given to those books. The Chicago Tribune advocates that the change should go further and provide that country, the privilege being accorded of imthe number of persons on a jury may be reduced to nine, or six, or five; and the necessary proportion concurring in a verdict may be fixed at three-fourths, two-thirds, or a majority as may be deemed advisable, or as may be suggested by experience. Unanimity in juries is a serious source of corruption in the United States. The purchase or the corruption of one juror is all that is now needed to defeat a verdict and to defeat justice. The Pribune believes that whatever reason there may be, or may have been in the past, for unanimous verdicts, certainly does not exist at this time in civil cases.

## Aerial Telegraphy.

[From the Boston Advertiser.] Professor Loomis, of Washington, is experimenting in the mountains of West Virgina to demonstrate what he calls aerial telegraphy, which is based on the theory that at certain elevations there is a natural electric current by taking advantage of which wires may be wholly dispensed with. It is said that he has one of the kites was lowered. He has built towers on two hills about twenty miles apart, and from the tops of them run up steel rods current. In a recent letter to the editor of a Washington journal Professor Loomis announced that he had recently discovered that the telephone could be used for this method of communication as well as telegraphic instru-ments, and that of late he had done all his talking with his assistant, twenty miles away by telephone, the connection being aerial only. He claims that he can telegraph across the sen without other wires than those necessary to reach the elevation of the current. This claim of Professor Loomis belongs to the of science are working with great energy. successful.

### " Cold" Tea in Washington.

Notwithstanding the regulations to the contrary, whiskey is sold openly in the name, time, to all the examinations and degrees of of "cold tea" at the bar of the restaurant o the University of London, without exception, whiskey toddy, and is now just as much slive | the House of Representatives at Washington. | on precisely the same terms as men. At the At the Senate restaurant beer and champagne are sold.

#### The Electric Telegraph in War.

The French Minister of War, recognizing the importance of the part played by the electric telegraph in modern warfare, and the advantages to be derived from its still more extended employment, has determined that in future a certain number of men in every regiment of cavalry in the French army shall be taught the elements of telegraphy.

#### A New Steel Cannon.

The latest novelty in the way of gunnery is a steel cannon of seventy tons, which is to surpass all the doings of the monster ordnance hitherto tried, The seventy-ton steel gun is the work of Herr Krupp. It is a breechloader, of course, and its shot is to be as heavy the eighty-ton guns at Shoeburyness and Wool wich.

#### The Bible in Japan.

The Japanese Government has authorized the issue by a Japanese publisher of an edition of the Book of Genesis in Chinese, prepared for the Japanese by the insertion of the kunten, the work of the American Bible Society. This is the first portion of the Scriptures the authorized by the Government stamp; and orites have long entertained to the introduction of foreign religions, the fact is signifi-

A Change for the Better. On the site of the fortifications which, only a few years ago, held Vienna a prisoner, now runs the handsomest modern street in all Europe, lined on both sides with magnificent palaces and public edifices, and extending circularly around the old city; it is called the Ring strasse. Outside of this circular street have arisen a dozen new quarters in which two-thirds of the population dwell. From a vast depot of soldiers and cannon, Vienna has been converted into a free city, without forts, open to all comers and traders, curious in prosperity.

## Salmon in British Columbia.

-The past season has been one of the most successful in the British Columbia salmon by year with the most rapid strides, bids fair to become ere long at once one of the most im- | did an incalculable injury to crops, &c., rain portant, as it is now one of the most paying enterprises of the country. It is to be hoped that the Government will adopt some means of stopping the wanton waste and destruction of valuable fish, an evil to the existence of which can be traced to the general failing in both quality and quantity of the salmon in the Columbia and California rivers.

### Trainps in Connecticut.

Connecticut is aroused on the subject of tramps. Her chief cities are in the line of travel that these knights of the turnpike take in their migrations between Boston and the East and New York and the South. More than ever before have they bothered the inhabitants of the Nutmeg State in the last twelvemonth, and more than ever is there clamor for a tramp law that will afford relief. Two bills have been introduced in the Legislature; one proposes to establish the whiplature; one proposes to establish the whip-ping post for tramps exclusively, and treat should have an end of this going down upon every offender to fifty lashes, while the other or more.

## International Copyright.

The international copyright in books is a subject much discussed in the United States. At a conference of leading authors and publishing houses, held in New York the other day, a measure was recommended based upon the suggestion of the British Commission, coupled with one or two of the provisions that have been included in the several American schemes:-1. That the title of the foreign work be registered in the United States simultaneously with the publication abroad. 2. That the work be republished in the United States within six months abroad. 3. That for a limited term, say ten years, the stipulation shall be used, that the republishing be done by an American citizen.

4. That for the same term of years the copy porting foreign stereotypes and electrotypes of cuts. 5. That subject to these provisions the foreign author who assigns shall be accorded the same privileges now conceded to an American author.

## Aquatics.

SEBING HANLAN OFF.

(From the New York Herald.) As Edward Hanlan, the champion sculler of America, boarded the "City of Montreal" yesterday en route for Europe, he looked the picture of youthful health and vigour. Of medium height and not at all broad, he is around, deep chested, strong limbed, well built man, easy in his movements, and with nothing about him which would arrest the attention of the ordinary observer or cause him for a moment to be singled out as the fastest sculler among 50,000,000 of people. Close by him stood stout, middle aged man, keenly eveing all who approached the champion or sought to have anything to do with him, and listening to every word. This was James Heasley, his telegraphed as far as eleven miles by means trainer, and a man who is said to have his en-of kibes flown with copper wire. When the tire confidence, and to be well fitted for his by kites reached the same altitude or got into the | no means easy position. Standing all around same current communication by means of an were men all deeply interested in the little instrument similar to the Morse instrument sculler and every now and then having a instrument similar to the Morse instrument souler and every now and then having a was easy and perfect, but ceased as soon as friendly chat with him or introducing some new-comer. Here was Eph Morris, all the way from Pittsburg, a broad, stout, heavyjawed man, of great stay and pluck, who gave into the region of the electric current. The Hanlan so good a race all over the Hulton statement is made that in this way, without five-miles course. A taller man, almost any wire, he has been able to keep up telegra-slender, pleasant faced and frank, stepped up phic communication for months at a time. A and added his friendly word and hearty shake heavy storm, however, prevents cammunics- of the hand. This was Fred Plaisted, tremention for a time, probably by disarranging the dously fast for a mile, and the making of a good stayer, too, if he only had good coaching. He has given Hanlan many a race, but long ago concluded that he has no business with him. John Biglin, the hero of almost a hundred races of every class and kind, looking tough and well in his brown chin-piece and light moustache; Barney, his brother ex-oarsman; Colonel Bliss, Judge Elliott, of Green-boint, Hanlan's favourite boat-builder; Tom-Elliott, his brother; bluff and cheery Dave box so that it will bear constant usage for Ward, Hanlan's backer—all deeply interested months. Then if the cover gives out, pull it in the man who was bound out on such a off and put on another one. Again a doll's

## Women at the Universities:

Women are admitted this year, for the first winter matriculation, two weeks ago, there were nearly 600 candidates altogether, and eleven of them were young ladies. One lady presented herself at the examination for the degree of Bachelor of Laws. These are the first twelve ladies who have been admitted to the regular examination by any English uni-

#### Shortborn Cattle.

A correspondent of the Birmingham Post having asked for information about the highest prices paid for Shorthorns. Mr. J. Elwell, of Castle Bromwich, writes:-"In 1873 Lord Bective paid £7,000 for Tenth Duchess of Underley. In 1875, at Lord Dunmore's sale, 4,500 guineas were paid for Duke of Connaught. In 1877, at Mr. Cochrane's sale, Bowness, 4,300 guineas were paid for Third Duchess of Hillhurst. It was stated in the Elgin Courant a few months back that the Earl of Dunmore had been offered 10,000 guineas for his twoyear-old daughter of the celebrated Ninetyseventh Duchess, by Sixth Duke of Geneva."
We may add that Duke of Connaught was bought by Lord Fitzhardinge .- Qloucestershire Journal.

#### Snow-Roads.

[London (Ont.) Free Press.]

It was remarked during the late severe snow falls, that while some of the country roads were blockaded, and almost impassable for teams by reason of the drifts, others were nearly bare of snow, rendering the movement of heavy loads extremely difficult. Many suggestions have been made to remedy this state of things by controlling, so far as possible the distribution of the snow during its fall. The public authorities of Ontario County have been trying experiments in this matter, one of their methods being that of the wire fence. This prevented the snow being drifted on the roads, but did not prevent its being drifted off. A correspondent of a local paper proposes to have a law passed, making it compulsory for all living alongside of roads to plant, in each year, a certain number of evergreens, such as cedar, pine or balsam along such roads. By this means he contends that every road in the country would, in a few years, have a beautiful hedge on both sides. This would effectually prevent drifts for all time to come; it would also protect travellers from the piercing winds of winter, and be a beautiful shade in the sumilier, and would add immensely to the value of property. In some of the Western States, such a law has been enacted and carried into force, and it has been found that in certain localities where previously drought was abundant afterwards.

#### A City on its Knees. (Hamilton Times)

If for nothing else than for shame's sake, the authorities of the City of Ottawa should refrain from longer playing the humiliating role of begging at the doors of the Dominion Treasury. Their cry is that they must have Treasury. Their cry is that they must have meat and drink for the city poor. At one time they demand some drain shall be cut, at another they clamor for the improvement of the public grounds, at a third they want some public building constructed. It is the civic leech crying "give, give"—and is never satis-

We had hoped when the mantle of Mayor tell upon the shoulders of one who carries grandeur in his air and who possesses such a keen and discrimination between that which civic marrow-bones in Ottawa. The people at sent of Government has been located therewhich everybody outside of its limits regretsthey, forsooth, must be fed and clothed by a long suffering country. Hamilton has her poor, but, like a city which possesses self-respect, she takes care of them herself. She stands can in hand to nobody, nor assumes the attitude of the beggar that is doubtful whether he will be kicked or fed. Other cities are like her, excepting, of course, Ottawa, where there have been the nearest possible approach to bread riots, and where the Ministers have been ceaselessly importuned for money and work. Let the Capital, where many millions of public treasure have been expended, do as her sister cities do and preserve a more fitting attitude. Let her support her poor, and cease begging for that which it would be an imposition on the country at large to grant.

#### Home Reading, BEEF LOAF.

One and one-half pounds of beefsteak chopped very fine, and free from gristle; two cups of rolled crackers (fine), one cup of cold water, one-half cup of butter, salt and pepper to suit the taste, bake till done.

HICKORY NUT CAKE.

Two tea cups of sugar, one half cup of butter, one cup of thin cream, three and one half cups of flour, three teaspoonfuls of baking powder, sifted through flour, three teaspoon-fuls of baking powder, sifted through flour, eggs beaten separately and one pint of chopped hickory nuts.

APPLES AND BACON.

Cut some nice sweet bacon into thin slices and fry almost to crispness. Have prepared some greenings, pared, cored and sliced, and fry in the fat left in the pan from the bacon. The bacon should be kept hot until the apples are ready, when they should be taken and placed upon the slices of meat.

## BROWN FRICASSEE FOWLS

Boil as for pot-pie, then fry slowly in butter until brown; toast bread and lay it on the platter under the chicken. Pour a little of the broth in the spider with the browned butter; thicken with flour, season to suit, and pour it over the chicken; or it you want it very nice, add the butter for the gravy to the butter in which the chicken was browned; dredge with flour, add salt and pepper brown well; and lastly add the chicken broth

## EXCELLENT PASTE.

Dissolve a piece of alum the size of a walnut in a pint of boiling water; to this add a couple of tablespoonfuls of flour, and a few drops of oil of cloves, letting the whole come to a boil. This paste will keep for months. Put it in glass jars used for canning, or wellcleaned blacking bottles. Use a half-inch bristle brush, which costs a few pennies. This paste is handy, too, for domestic purposes. Children have many toys that come in wooden boxes, but these will break at the corners and come to pieces. When a box begins to give out take a piece of cambric or calico, and with the brush and paste cover the months. Then if the cover gives out, pull it class of remarkable discoveries not yet demonplucky undertaking, and one in the like of arm may come off, but a piece of muslin and strated a very large class—in which students which no predecessor of his has ever yet been a bit of paste restores the article, so that it is as good as it was before.

PROVINCE OF QUEBEC, (
District of Montreal SUPERIOR COURT, MONTREAL.

Rosanna Clovel, Plaintiff, versus Alphonse Derome, die Decarreau, Defendant. An action for separation as to property has been instituted in this cause to-day. F. L. SARBASIN, Attorney for Plaintiff. Montreal, 12th February, 1879.

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PROVINCE OF QUEBEC, SUPERIOR COURT, District of Montreal. District of Montreal.

Dame AGNES STRICKLAND WIGG, wife of William urns Morgan, of Mount Royal Vale, in the Userictof Montreal, and duly authorised, has this day instituted against her husband an action on separation de biens.

W. Doc. HARNETT, Attorney for Plaintiff.

GEORGE BURY,
Official Assignce.

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six would sell in any retail store for 59 cents.

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Montreal, Feburary, 1879.

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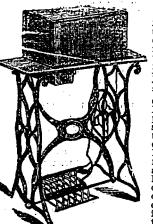
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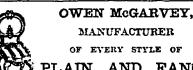
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