When Mr. Judson went to Burmah, he labored for six years without a convert. He was not laboring in vain. He was sowing the seed which has since brought forth a rich harvest, but he needed great patience and faith to help him labor, and

Pray for the missionaries, that God would cheer them when they get discouraged.

PUTTING ON THE LORD JESUS CHRIST.

"Put ye on the Lord Jesus Christ, and make no provision for the flesh, to fulfil the lusts thereof.' -Rom. xiii., 14.

Christ Jesus is here likened to a garment that is put upon the body. It covers the man up, hides him so that nothing of the man is seen. So Christ is to be seen in the man. If we put on Christ, we put on

HIS SPIRIT-(Rom. viii., 9, 10; Gal. iv., 6; v., 22-55). His Minu-(Phil. ii., 5-8; John xii... 13-15; l Pet. ii., 21-23). Hm WAYS-(1 Cor. iv., 17. Dout, viii, 6 : Prov. viii., 32-26). He was meek and lowly--(Matt. xi., 29; Luke xxii., 27; Phil. ii., 7). He was forgiving-(Luke xxiii., 34; vii., 37.50). He was gracious—(Mark v., 34; John xiv., 16). He was prayerful-Mark i., 35; Luke lx., 29; xi., 1; vi., 12). He was compassionate-(Mark i., 41; vi., 34; vifi., 2; Luke vii., 13).

He was sympathetic-(John xi., 25; Luke xix., 41; Heb. iv,, 15).

He relied upon the truth to overcome His Luke iv., 1-13) His enemies-

He delighted in God's law-Ps. xl., 7, 7; Heb. x., 7; John iv., 34).

He was grieved at sin-(Mark iii., 5; Matt. xxiii.) was obedient-(John

viii., 29; xv., 10).—Fres. Review.

AGAINST WIND AND WAVE.

There are times in the life of each one when everything seems to be in opposition to their. It is a strong pull against the t'de and in the very teeth of baffling bend- ainds. But those are the very

times which try our mettle and show what manner of stuff we are made of. It would not be well for us if we always had easy sailing, with a calm sea under us and an unclouded sky above us. is in battling against adverse forces that we ourselves grow stronger and win vietories. It is oftentimes when the winds and waves are at their worst that the voice of the Saviour is heard stilling and subduing their angry force. It is in such times that we draw nearer to the Source of All Strength by learning something of our own weakness and inefficiency. It is on the stormy sea, when the winds and waves are high and threaten to overwhelm us, that the Christ comes to our help. How precious He then seems to us. strong we grow from contact with Him. Let us rather welcome, then, the conflicts and the opposition that may come to us, being careful only to lay our course is life in the right direction. Then, having its right end constantly in view, let us manfully hold on cur way against wind and wave. We cannet fail, for God Himself is pledged to our success. -Good Words.

A SECOND MISSIONARY CONFER-ENCE AT NIAGARA FALLS.

Last year a conference of returned mis sionaries was held at Niagara Falls, and an association was formed called the International Missionary Union. Our former missionary at Formosa, Rev K. F. Junor was present and took part in its deliberations.

On the last week in July of the present year, the second conference was held which continued in session ten days. More than 50 missionaries were present. It was a remarkable gathering. The place of meeting was grand. A beautiful grove in sight of the roaring cataract. Men and women engaged in the same sweet labour of love met for the first time.

Some were present who bore marks of suffering in the cause of Christ. Think of a missionary in connection with the Methodist Church in Canada who labours among the Cree Indians 700 miles north of Lake Winnipeg, with his wife being drawn thousands of miles in sledges by dogs, and camping in the snow night after night. A Presbyterian missionary from Siam bore on his body scars inflict. ed by an elephant in the forests of that country, whilst another could show spear thrusts made by pirates. Such cases give us some idea of the trials toils and privations which some who labour