

Our Apple Markets.

LIVERPOOL.—Messrs. Simons, Shuttleworth and Co., cable to-day (Oct. 23rd) as follows: Prices to-day remain about the same, the market is stronger, but prices do not show any advance. Quality and conditions are being well paid for, but lower grades and conditions are very weak. The lower prices are inducing a larger consumption, and with smaller shipments we anticipate an advance. Only the finest fruit wanted.

(GLASGOW.—Messrs. Simons Jacobs & Co., cable to-day (Oct. 23rd) C. Reds, Baldwins, Greenings, Spitz., Seeks, Ribston Pippins, Gravensteins, 9s. to 11s.; G. Russets, R. Russets, Colverts, Jennettings, T. Sweets, 8s. to 10s.; Spies, Cranberry Pippins, 20 Oz.; Pippins, Snows, 10s. to 12s.; Kings, 11s. to 13s. The Market is booming.

LONDON.—Messrs. Garcia, Jacobs & Co., Cable: Prices to-day (Oct. 23rd) rule nearer our highest quotations. The market is showing decided improvement. Baldwins, 9s. to 11s. Greenings, 8s. to 10s.; Spies, 10s. to 12.; Kings, 12s. to 14s.; Cranberry Pippins, 11s. to 13s.; Ribston Pippins, 13s. to 15s.

The Export Apple Trade.

The Montreal Herald of October 22nd, says: "A good deal is heard these days of the wonderful success United States apples are meeting with in the British market. The New York and Boston papers are continually finding satisfaction in the fact that shipments so far are three times heavier than they were last year. And in all their talk Canadian apples are ignored. It may be remarked that the apples which we are weekly placing in the leading English markets are of good quality, and are quietly working their way into favor. Returns at present indicate that Montreal is sending out more apples than any one United States port, while in fact last week more were shipped from this port than Boston and New York combined. Here are the figures for the week ending October 17th:

New York.....	17,842	Barrels.
Boston.....	33,105	"
Montreal.....	66,283	"

Up to date the shipments from Montreal to European ports approximate 350,000 barrels. New York has sent out about 200,000 barrels, Boston 278,000 barrels and Halifax in the vicinity of 95,000. The total Canadian shipments are therefore about 440,000 barrels, and the outward movement gives no indication of abatement.

THE WHOLESOMENESS OF APPLES.

The season of apples is upon us, and their wholesomeness should be again emphasized. The Bulletin of Pharmacy is authority for the statement that apples are the very best thing to eat just before retiring for the night. The statement may be received with incredulity by some persons, but the authority goes on to state that "no harm can come even to a delicate system by the eating of ripe and juicy apples just before going to bed."

That the apple is rich in phosphoric acid is well known. What is not so well known, the Bulletin points out, is that it thoroughly disinfects the mouth excites action of the liver, promotes a sound healthful sleep, helps the kidney secretions, and prevents calculus growths, obviates indigestion, and is one of the known preventives of diseases of the throat. These are benefits enough to make us all apple eaters, surely.—N. Y. Times.