


The Acadian Scientist.

Published in the Interests of the Acadian Science Club.

VOL. I.

WOLFVILLE, N. S., MAY, 1883.

No. V.

 *The subscription price is only thirty-five cents a year. Canadian or United States Stamps taken; denominations of 1 cent or 3 cents preferred.*

It is not work that kills the brain-laborer but worry, and anxiety, and neglect of proper exercise and lack of pure air. From the worry and mental strain and impure air of the school-room the teacher too frequently hurries home to his books and preparation for the succeeding day's work; or, if he takes a walk of a mile it is taken in a listless manner and lacks the spirit and enjoyment that would make it of the greatest benefit. So it is no marvel that every year teachers are retreating from the ranks broken in health and spirit. If after the work of the school-room is over the teacher would spend the remainder of the day in some employment or recreation that would keep him out of doors and give him enjoyment as well as physical exercise, he would find that his professional work would be performed more successfully and yet with less effort. We can think of no better plan for the tired, over-worried teacher than the cultivation of an interest in the study of natural history. His after-school rambles through field or forest or by the sea-shore would then not be purposeless but full of absorbing pleasure, while at the same time he would be gaining a knowledge of facts and an acquaintance with nature that would not only minister to future enjoyment but also be of valuable service in the daily work of the school-room.

THE SOCIETY OF NATURALISTS OF THE EASTERN UNITED STATES is a new scientific society organized at Springfield, Mass., April 10 and 11. It is the intention to hold yearly meetings for the purpose of discussing questions of common interest bearing upon the actual work of the members. Such are: methods of museum and laboratory work, systems of instruction in various departments of Natural Science, and the true relation of this subject to the curricula of preparatory schools, and other questions connected with the theory and practice of Natural Science. Professor A. Hyatt, of the Massachusetts Institute of Technology, was chosen President. Professors H. N. Martin, of John Hopkins' University, and A. S. Packard, Jr., of Brown University, Vice-Presidents; and Professor S. F. Clarke, of Williams' College, Secretary. The Society has twenty-seven members representing the leading colleges of New England.

ON behalf of the ACADIAN SCIENCE CLUB we desire to call the attention of authors and publishers of scientific literature to the fact that we are endeavoring to build up a library of such a character. It is the intention to have bound, in as far as possible, all unbound papers and magazines donated to the Club, or obtained in any other way. The library will be for the exclusive use of members of the Club. Due credit will be given though our columns for all contributions.

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