

CORRESPONDENCE COLUMN.
HELPS FOR HOME-KEEPERS.
RECIPES AND STYLE NOTES.

A PAGE FOR WOMEN

BRIGHT ARTICLES DAILY ON
WOMEN'S INTERESTS AND
ACTIVITIES HERE AND THERE

Attracting Baby's Attention

DR. CLARK ADVISES MOTHERS TO INTEREST BABIES IN THE RIGHT THINGS AND THE RIGHT WAY TO ACT AND PLAY.

[By Dr. Margaret Vaupel Clark.]

I have already spoken of the importance of giving your baby a good example to imitate and I want to impress upon every mother the importance of attracting the baby's attention.

This is not done by dangling things up and down before its eyes until it gives a fretful glance at it, but by really arousing its interest.

A child can early be taught to show its tongue, to allow one to look in its throat, and to examine its eyes, its ears and all its body thoroughly. Every mother should make this a part of her everyday teaching, as often, when the baby is ill, it will not allow an examination, which is important. But mothers, however, must never frighten nor hurt a child when trying to teach them this.

I am glad that God made mothers patient.

When you ask your baby to open his mouth, to let you examine his eyes or ears, or rub his back, shoulders or limbs, you can make a little game of it until the habit is formed of obedience.

You should early get him interested in pictures and artistic things, for the love of art plays a great part in the joy of living, and if you can get your baby's attention attracted to a picture book you can be sure that it will live in your heart and in his hours when your household duties are imperative.

Be sure you make your baby pay attention to the right things. Don't let other children jump around in front of him in a boisterous manner to attract his attention. Rather teach them to play pretty games and make graceful gestures. You will find baby soon imitating them. Remember what I have said of imitation.

If a baby is normally healthy it will



"PICTURE BOOKS RELIEVE MOTHERS OF MUCH CARE."

not be fretful unless its attention is riveted upon things which will make it fretful and fiddle its nerves. To me there is nothing as interesting in the whole wide world as to

watch a young mother guiding her baby's intellect and attention in the right direction, and I regard nothing more important in the making of "better babies."

Daily Menu

SATURDAY.
BREAKFAST.
Cream of Wheat, Cream.
Fish Croquettes.
Marmalade. Toast. Coffee.

DINNER.
Fricassee of Chicken.
Browned Potatoes. Young Carrots.
Cherry Pie.

SUPPER.
Omelet.
Strawberry Shortcake.
Cheese. Tea.

ADDITIONAL RECIPES.

Berry Puddings.

Beat two egg yolks well, then add four tablespoons melted butter, one-quarter cupful sugar, one cup of milk, enough flour to make a batter that will drop easily from the spoon, sifting two rounding teaspoons of baking powder in it. After beating to a smooth batter, fold in the stiffly beaten whites of the eggs. Place in the bottom of buttered cups, then fill two-thirds full with the batter. Bake in a quick oven for about fifteen minutes. Run a hot knife about the hot batter and slip the pudding onto hot dishes. Serve with hard sauce into which has been whipped several large ripe berries.

Stuffed Steak.

Make a dressing of two cupfuls of stale bread crumbs, one large tablespoonful butter, one teaspoonful minced green parsley, one teaspoonful finely chopped onion, one teaspoonful salt and a generous dash of pepper. Spread this onto two pounds of beefsteak, roll it up and secure tightly. Dredge with flour and brown on all sides in hot butter or lard, then add to the pan just enough hot water to cover the bottom. Cover closely and cook in a moderate oven for an hour. Baste every fifteen minutes. When done remove the meat to a hot platter and make a brown gravy of the drippings, adding a tablespoonful of the strings and skewers from the meat pour over the gravy and serve.

Dainty Bridal Gifts

When one is called upon to choose a wedding present it is sometimes not the easiest matter to decide exactly what would prove the most acceptable. Presents should suit the income of the young couple as well as the tastes of the donor. Every young housewife is interested in new articles for her home. A half dozen casseroles would delight any woman. They are placed in little silver filigree baskets after the food is ready to serve. Another desirable article is an ice pitcher which contains a receptacle which holds ice and does not permit it to melt in with the drinking water. Usually such pitchers are sold with a half dozen goblets of similar pattern.

One clever girl made a unique kitchen picture for a prospective bride. On a sheet of heavy white paper she wrote with a typewriter the various weights and measurements, times for cooking foods and a few good kitchen maxims. This was finished with pictures of tin cups, plates, cups, saucers, teapots and a host of other kitchen articles. When attempting to find a unique, inexpensive wedding gift, have made up as a tray one of the beautiful kitchen necessities. Cover with glass and a soft brown tray frame.

An illustrated book is being made for one bride. Her friends are contributing the best of their tried recipes. They are cutting from vegetable and fruit catalogues, pictures to illustrate each, and pasting them in a handsome scrapbook.

Jane Addams on Woman's Awakening

Spontaneous awakening of women all over the world instead of a movement in any one quarter is Jane Addams's explanation of feminism. In a Paris interview she said: "The women's movement is the result of the efforts of any single group of emancipators but of the spontaneous awakening of women throughout the world."

"It is part of the general impulse of the humanity towards self-government, which is now affecting such widely separated countries as Portugal and China."

"I have been two months in the east, and I found that even the Egyptian women were bestirring themselves and demanding greater freedom. It was my first view of the scheduled life of the Moslem women, and it seemed so different from anything known to me that when I landed again in Italy it seemed like coming home."

"After the Paris congress of women I am going to a similar meeting in Vienna and then to the greater suffragist conferences in Budapest, where many other American delegates are expected."

"As for England leading the world, more American women voted for the president at the last election than the English franchise bill, if passed, would have given the vote."

Cross and Cruel.

Lady (in tears)—Will you poll my dear little Fido? He is in such agony.

Chemist (politely)—With pleasure, madame.

Lady—With pleasure? You nasty, unfeeling man! Then you shan't do it!

—London Opinion.

KATHERINE LESLIE'S HOME CHAT



To Freshen Up Verandah Furniture.

If your verandah and porch furniture is in need of cleaning and repainting here is a goodly method to follow. To begin with the cleaning, this can best be done out of doors, with a garden hose and plenty of hot water. For each chair have a pailful of hot suds softened with borax. Apply this to the seats of the chairs with a stiff whisk broom and scrub it about vigorously. Then scrub the back, sides, and under part of the chairs in the same manner. Dash whatever suds remain over the chair and then rinse with quantities of clean cold water from the hose. Clean the tables and all the other articles of verandah furniture in the same way and let them dry out of doors in the sunshine. The cleaned and well-dried furniture will be as good as new. If the furniture does need a fresh dressing apply this without scrubbing off the old paint. The result will not, of course, be perfect, but it will be sufficiently good to make the time saved seem worth while. Most verandah furniture is not valuable enough to

spend hours over with sandpaper and paint removers.

New furniture should be carefully stained and enamelled. It can, of course, be bought already colored, but the price of such articles of furniture is a dollar less when uncolored, and as the work is easy to do, and even pleasant and cheap, it can advantageously be done at home. Enough varnish, enamel or stain for a chair or moderately large table costs from 15 to 25 cents. If a shiny finish is desired, enamel paint may be applied. Care should be taken to make the brush marks even, and to apply the enamel thinly and evenly. Like stain, the first coat should be allowed to dry thoroughly before the second is applied. If a second is needed.

There are varying tastes as to the color of porch or verandah furniture. I have seen a verandah done with brown matting rugs and yellow enamelled furniture. The place was perfectly satisfactory to the eye and very charming. White enamelled furniture is good and lends itself to cushions, such as plain Turkey red, which is a most enduring color for out of doors. Verandah chairs done in deep crimson enamel are also attractive, especially when there is a great deal of green foliage about the verandah.

PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries, as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

Poor Violet.

Dear Miss Grey: Does stretching the neck in hopes of lengthening it tend to make it large?

I have such a short neck and the stretching seemingly is enlarging instead of lengthening. Tell me if you have any other idea, will you, please?

Very gratefully,
A—You dear, ridiculous child, I remember your former letter quite well, and honestly, I mentioned the "stretching" merely in a jocular way. I had no idea that you would really try it. Alas, to be perfectly candid with you, I have no better suggestion to make. It

The Poets' Corner

ON AN ORCHARD.

Good is an Orchard, the Saint said,
With a cool well, a hive of bees,
A hermit's grot below the trees.

Good is an Orchard: very good,
Though once it should wear no monkish hood;
Right good when Spring awakes her flute,
And good in yellowing time of fruit;

Very good in the grass to lie,
And see the network against the sky,
A living lace of blue and green,
And boughs that let the gold between.

The bees are types of souls that dwell
With honey in a quiet cell;
The ripe fruit figures goldenly
The soul's perfection in God's eye.

Prayer and praise in a country home,
Honey and fruit; a man, might come
Fed on such meats that walk abroad
And in his Orchard talk with God.

—Katherine Tynan Hinkson.

TIT-BITS

Three New York East Side weddings, held in one hall, with one band and one caterer, is the very latest idea of co-operation among ultimate consumers.

Lady Arthur Grosvenor, with her husband and children, spends the summer in a wagon travelling about the country districts of England in the fashion of gypsies.

Women constitute a third of the wage earners in Germany.

Queen Elena and Dowager Queen Margherita of Italy have used their influence in having repealed a law passed in 1906, which provided that telephone girls must not marry between the ages of 18 and 25.

In its campaign last year the National Union of Women's Suffrage Societies of England spent \$175,000.

The Spinster Association of Boston looks up eligible young businessmen in good moral character and effects introductions between them and the lonely business girls, under proper chaperonage, of course.

Missouri University students enrolled in dressmaking classes make garments in latest modes for personal wear and even take the wash tub course to learn the effect of water and soaps on fabrics.

Denmark "folk high schools" give men and women an opportunity to take up vocational studies eleven days in each month throughout the year.

"Tommy, when can I interview your Scout-captain?" "I'll make an engagement for you, dad. What do you want?" "Want to see if there is anything in the rules to prevent your putting in a ton of coal tomorrow afternoon." —Washington Herald.

REMOVAL SALE

Reducing Prices to Reduce Our Stock

Opportunity will present itself to you in the shape of many price reductions on needed goods at this store during the next few weeks. Our stocks must be greatly reduced before moving. Saturday will see many special values. A few of these are listed below:

Saturday Clearance of Silks at 50c a Yard.

A snap for Saturday shoppers. A final clearance of odds and ends of Paillettes, Shantung, Doullards and Fancy Silks, 26, 34 and 36 inches wide. Saturday morning, regardless of former prices, at yard.....50c

Ladies' Ready-to-Wear Dept. Saturday Specials.

6 DOZEN HOUSE WAISTS—Made of good quality printed percale, in good washable colors. Sizes up to 40. Saturday, Removal Sale.....48c

SATIN UNDERSKIRTS, in all the popular colors, paddy green, navy, plum and tan shades. Grand washing skirts. Sizes 36 to 40, for.....\$1.59

SILK POPLIN COATS—7 only Black Coats, tailored from beautiful quality silk poplin, lined to waist and prettily trimmed. Shawl collar with long revers, semi-fitting style. Just the coat for summer wear. Sizes 38 to 44. Removal Sale price.....\$10.50

SEPARATE SKIRTS—Carefully tailored from good quality French panama cloth in black and navy shades, high waist-line and panel back effect. Sizes 38 to 40. Saturday, Removal Sale price.....\$2.98

PLAIN TAILORED SHIRTWAISTS—10 dozen only, made of a fine quality cambric with pin stripe of black or navy, French collars and cuffs. Fasten in front. These are splendid washing waists. Sizes 34 to 42. Saturday at.....89c

MANY GOOD BARGAINS STILL ON SALE IN WHITEWEAR.

Remember the Suits clearing at \$5.00 and \$10.50. Get one.

Pongee Silk 39c

Just received several pieces of natural shade Pongee Silk, 34 inches wide, at per yard.....39c

MILLINERY—Many special prices Saturday in Millinery Department in Trimmed Hats, Shapes or Trimmings.

Dress Goods 19c Yard.

15 pieces of Dress Goods, including tartans, navy and white checks, wool cashmeres and lustres, to be cleared Saturday, yd.....19c

Two other lines previously advertised in our campaign of price reductions are:

Wool Voiles, clearing at, yard.....25c

Wool and Silk and Wool Crepes, yard.....49c

Wash Dress Goods.

A number of Cotton Foulards, regular 20c and 25c values, Saturday at, yard.....17c

CLEARANCE OF COLORED DRESS MUSLINS AND COTTON VOILES.

Regular up to 20c, for yard.....10c

Regular up to 25c, for yard.....15c

Regular up to 50c, for yard.....25c

ALL BLACK DRESS MUSLINS that sell regularly as high as 20c will be cleared out Saturday at yard.....12½c

REMEMBER THE MANY SPECIALS ON SALE IN HOSIERY AND EMBROIDERIES.

Lingerie Dresses \$4.85

Ladies' Handsome Lingerie Dresses, beautifully trimmed with Val. lace and lace insertion. The skirt is effectively trimmed with dainty lace. The waist is made with square neck and elbow-length sleeves. Very pretty and very serviceable Dresses for summer wear. Sizes 34 to 40. Special sale \$4.85

If you need Curtains or Curtain material we are clearing out our entire stock at very low prices.

GRAY'S LIMITED

150 Dundas St. Telephone 1182.

GRAY'S LIMITED

NEW STRAWBERRY DESSERTS

A warm weather dessert for exquisite delicacy is known as strawberry trifle, and it is so simple to make that one scarcely needs a recipe. Crushed strawberries, rubbed through a sieve, should be sweetened in the proportion of a cupful of pulp and juice to one of powdered sugar. To this amount add gradually the well beaten whites of two eggs. Pile it lightly into dessert glasses and serve immediately.

Velvet Cream.

Somewhat similar, though not quite so easy to make, is velvet cream. For this a quart of berries should be rubbed through a sieve, sweetened with a cupful of granulated sugar and flavored with the juice of a lemon. A package of gelatin, previously soaked and dissolved in as small a quantity of water as possible, should be added. Stand this aside to cool, but before it is set add a cupful of whipped cream. Have a mold ready, wet with cold water, turn the cream and strawberry mixture into it and chill for several hours before serving it.

Berry Custards.

One of the most wholesome ways of serving strawberries for children is in the shape of strawberry custard. For this make a boiled custard, fairly thick. Pour it into a serving dish and put a layer of crushed, sweetened strawberries on top. Over this put a sweetened meringue made of the whites of the eggs whose yolks were used in the custard. Place it in the oven till brown and puffy. Serve cold.

For strawberry charlotte a good custard is also needed. Put a layer of lady fingers or other small sponge cakes in a dish and moisten slightly with milk or cream. Cover with crushed

and sweetened strawberries and add boiled custard. Over this put a layer of whipped cream.

Fluff Pie.

There is perhaps nothing better in the domain of strawberry desserts than the old-fashioned strawberry pie dear to the heart of childhood—though for some reason it is seldom heard of nowadays. The foundation for this is a fluffy, crisp baked pie shell. This should be filled with crushed and sweetened strawberries, covered with meringue baked until brown. It should be eaten cold.

Another strawberry pie is made with two crusts not previously cooked. The lower crust should be filled with berries sprinkled plentifully with sugar. The upper crust should be added as for apple pie and baked as usual.

Batter Tiddits.

With what is known as border mold many interesting strawberry desserts

Daily Healthogram

What do you suppose makes so many persons drowsy in church? Lack of interest? Not necessarily. It may be lack of pure air in the building. Why not make it your business to see if the latter is not true? If it is, ask someone in authority to alter the condition.

can be devised. Cake or pudding batter of almost any kind can be baked in the mold and when ready to serve the centre can be filled with crushed strawberries which have been previously sweetened and allowed to mellow in the sugar for an hour. The cake is as pudding can be covered with whipped cream or warm strawberry syrup can be passed.

New Styles Come From Lands Where Fashions Never Change

This year's fashion "novelties" originated in lands where fashions never change. The paradox is unique in the annals of style.

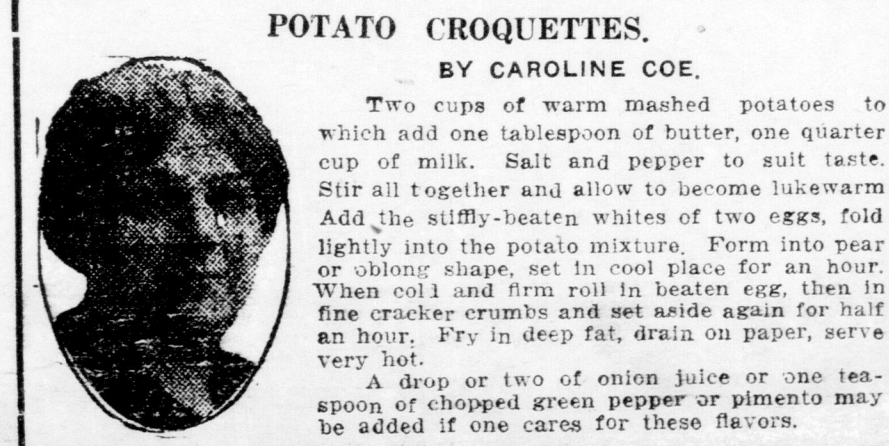
That women of fashion in Vienna, Paris and New York should clothe themselves in gowns whose chief claims to beauty are based on ideas taken from the dress of European peasants or the inmates of Oriental harems sounds unbelievable. But it is true, nevertheless, says the New York Evening Mail.

First take the new draped skirt. Its history is interesting as an example of skillful adaptation. It is simply an outgrowth of its two predecessors—the harem and the pannier. The harem, of course, was an adapted form of the trousers worn by Turkish women. The pannier, in cruder form, has been worn for centuries by the Breton peasants.

Bulgarian Embroidery. There is nothing new in the so-called Bulgarian embroidery. The same bewilderingly-colored needlework has been worn for centuries by the Bulgarian peasants. "Bulgarian" is simply a name given for the sake of the advertising value gained by anything supposed to come from the land that most conservative of lands, come a large number of the decorative schemes now being used with evening cloaks. Indeed, this year, as was the case last season, opera cloaks will be distinctly Chinese and Japanese.

FOR A KITCHEN SHOWER.

If you are going to give a kitchen shower, arrange a "Dinah." Stand a broom in a dishpan, fastening it by strong cords tied to the handles of the dishpan, then put a crossbar near the upper end of the handle. Hang kitchen aprons from the ends of the bar by strings. These will be the arms and the hands. Then dress Dinah with a kitchen apron, dressing sash, dustcloth kerchief, sunbonnet and a false face. Tea strainers could serve as earrings.



POTATO CROQUETTES.

BY CAROLINE COE.

Two cups of warm mashed potatoes to which add one tablespoon of butter, one quarter cup of milk. Salt and pepper to suit taste. Stir all together and allow to become lukewarm. Add the stiffly-beaten whites of two eggs, fold lightly into the potato mixture. Form into pear or oblong shape, set in cool place for an hour. When cold and firm roll in beaten egg, then in fine cracker crumbs and set aside again for half an hour. Fry in deep fat, drain on paper, serve very hot.

A drop or two of onion juice or one teaspoon of chopped green pepper or pimento may be added if one cares for these flavors.