LENTEN PASTORAL

Of His Grace Archbishop Roche.

EDWARD PATRICK.

By the Grace of God, and Favour of

John's, Newfoundland. diocese of St. John's.

REALTH AND BENEDICTION. Dearly Beloved Brethren: The approach of the Season of Lent once again recalls to our minds those essons of penance and prayer which portant period of the Church's year. Whilst these lessons form a prominduring Lent with more force and more insistence than at any other

"And in these days," says St. Matthew. with penitential works, His days being '13). spent in labour and His night in the SECONDARY OBJECT OF LENT. "Prayer of God." In His preaching he insisted upon the necessity of pen-

Church, having its beginnings in the rebels against extinction or first centuries of the Christian era. It ation, which insistently calls out for the Apostolic See, Archbishop of St. | was that portion of the liturgical year the immortality of that spiritual por of the Church which was intended to tion of our nature which informs and enshrine and to perpetuate the Sav- gives life to the body. That sentimen To the Clergy, Religious Com- jour's teaching on penance and mor-munities and Laity of the Arch- tification. In the early ages it was tification. In the early ages it was the Church which teaches the immor strictly and faithfully observed, and tality of the soul, not in vague and un the Lenten discipline was most rigor- certain terms but in clear and precise ous and exacting. Penance and fast- definition. The immortality of the soul ing had a meaning in those days for the life of the soul after death in an the Church which they have long other sphere where an accounting since ceased to have. Gradually, how- must be made for the deeds of this life ever, the ancient severity of Lent is the foundation of moral activity are always associated with this im- was modified, and the discipline of and of the responsibility for our ac the Church was changed and relaxed tions. We are not irresponsible agents to meet the changing condition of the but will be held to strict account by ent part of the Church's Gospel at all times. Just as canonical and other Higher Power for every action we pertimes, they are brought home to us public penances imposed by the form in this world. This is the great Church in the early ages have long fact which we cannot shirk nor evade since become obsolete so also much which gives to life all its meaning and time. The underlying idea of the Len- of the ancient Lenten fast has passed responsibility. The Church grasps that ten Season, namely, penance and away. By degrees dispensations and fact in all its seriousness and with no self-denial, strikes a strange and indults, general and special, were uncertain sound, with no vagueness of somewhat discordant note in these granted until at the present time only phraseology lays down the doctrine modern days of ease and self- the shadow of the old Lenten dis- of future reward and punishment. To indulgence in which we live. And yet cipline remains. Each year, it is true, the Catholic Church Heaven and Hell these are not merely great Christian the Lenten Regulations are published, are stern, uncompromising realities, virtues, but were practised even be- but few there are who for one reason, and not as they are widely viewed by fore the introduction of Christianity or another are not exempt from even the world superstitious survivals of the into the world. Before the foundation the modified Lenten observance of past. The dogma of eternal punishof the Christian Church with its high modern days. The fact that Lent ment for sin, of just retribution for and sublime ethical code the utility of comes at a most inclement and trying an evil living, is not a pleasant dogma, self-denial on purely natural grounds season of the year, especially in these or one that finds favour with the world was realized by the pagan peoples of climates, has rendered it necessary at large. In many creeds it finds no the world. This virtue was esteemed for the Church to interpret very place at all, in the formularies of and practised because it was recog- leniently the obligation of fast and others it is glossed over, it is seldom nized as an antidote to the lower abstinence. It is not the spirit of the insisted upon in moral exhortation. emotions and passions of human na- Church that her laws should bind The Church, however, lays down the ture, and as a stimulus and aid to the when they are detrimental to health doctrine of future punishment for sin cultivation of the higher spiritual or when they interfere with the ef- in terms that leave no room for missense of mankind. Even - pagan ficient discharge of our daily duties; understanding. The existence of hell philosophy recognized the dual ele- but though the law may be relaxed for the unending punishment of hument in human nature, the spiritual the obligation of the spirit of Lent man sin, the eternity of its pains of and the material, and the necessity of remains. Although the history of loss and sense are eternal portions of curbing and suppressing the one in Lent is one of gradual relaxation the Church's creed which must be acorder to properly develop the other, there is an unwritten law of strict; cepted by all her children. It is not a Amongst the Jews, the chosen people observance and self-denial which we mere theory of possible belief, but an of God and the custodians of primeval must all observe. The motive prin- essential portion of her system of morrevelation, it was only natural to find ciple underlying Lent has always ality. The words of Christ Our Lord that penance and self-abnegation been from the beginning a recognition himself in the Sacred Scripture, the were an important part of their an- of the perversity of human nature, of unbroken tradition of the Church, the cient discipline. The true Christian its proneness to evil, of its tendency teaching of her Fathers and Doctors, doctrine was foreshadowed by the to self-indulgence, and, consequently, the definitions of her Supreme Counancient belief that when man had of the necessity of bodily mortifica- cils, leave no doubt as to the doctrine sinned the wrath of God was appeased tion and self-restraint to suppress of eternal punishment of Hell with by bodily penance and humble the evil inclinations of our nature. It all the terrifying consequences it inprayer. "Prayer is good," said the is as true now as it was in the days volves. Angel to Tobias, "with fasting and of St. Paul that mortification and These are the great truths to which alms, more than to lay up treasures self-denial are necessary for the the Church directs our attention dur-

of gold."—(Tobias XII-8.) One of proper and harmonious ordering of ing the coming Season, and which she of my newspaper. the prominent features of the moral the various portions of our nature, will strive to impress deeply on our code of the new law which was to run St. Paul says: "When I have a will to minds with a view to influencing the new hat." I said. counter in so many ways to the an- do good, evil is present with me. For course of our lives, and of imbuing cient ethics of paganism was the doc- I am united with the law of God ac- them with a spirit of religion. There gela, not so sweetly. trine of self-suppression and self- cording to the inward man; but I see is more real religion needed in moddenial. The coming of the new law, another law in my members fighting ern life, not merely superficial relig- carpet seems alright, and I'm sare the the law of Christ, was announced by against the law of my mind and cap- ion, but religion translated into prac- dining-room has been papered twice the preaching of the Gospel of pen- tivating me in the law of sin which is tice and affecting our lives in all their this year." ance; it was the first clean note of in my members;" and again, "I chas- varied and manifold relations. True Christian teaching that was heard by tise my body and bring it into sub- religion does not consist merely in ex- wife. "I want you to take me to see the world. St. John the Baptist, the jection lest when I have preached to ternal observance, in attending the a hockey game." precursor of Christ, who came to pre- others I myself may become a cast- Church at certain prescribed times, in pare the way of the Lord was es- away;" and again, "So run that you compliance with the Church's law don't know the first thing about locksentially the Apostle of penance. In may obtain; and everyone that striv- about Confession and Communion and ey." the Gospel of St. Mark we read that eth for the mastery refraineth from the sanctification of the Lord's Day. "John was in the desert baptizing and all things; they, that they may re- These are all very necessary, but they much." preaching the baptism of penance unto ceive a corruptible crown, but we an are only means to an end, they are onthe remission of sins."—(Mark 1-4). incorruptible one."—(I Cor. IX,-22- ly the foundation upon which true re-25-27). Thus we are not released from ligion is built. Religion to be real must my trousers pocket and carefully in- calves, with their sticks. The refthe duty of self-denial and self- be an essential part of our daily lives. spected the family's finances. After eree stood apart, helpless, untille to To stop the fire at these places, the in the desert of Judea do penance for repression, from the duty of sup- It must enter into our work and busithe kingdom of God is at hand, and pressing our lower desires and ap- ness, it must regulate and influence ver twice, I informed Angela that she happered. The pack was discovered most; but, unfortunately, without the the same John had his garments of petites when they interfere with the our varied relations with our fellowcamel's hair and a leathern girdle well-being of our souls, from the duty men. True religion preserves the about his loins, and his meat was of practising virtue, of doing pen- sanctity of the home, it safeguards the in her request to be taken to a game. locusts and wild honey." (Matt III.- ance, of raising our minds to higher sacredness of married life, it tends Even this had no effect, and I strug-1-4). As if to emphasize the preaching ideals and lifting our lives to a higher ever to promote clean, sober, honest gled into my overcoat, and hurried to of the Baptist the first public lesson plane. The spirit of the age is one of living. It sanctifies the individual, and the ticket agency, where, after a dread keeper, was busily engaged in walchgiven to man by Christ Our Lord was unbridled self-indulgence, of love of through the individual its influences ful combat, I contrived to obtain two the lesson of Penance. After His bapease and luxury, of gratification of reaches out and affects the well-being tickets for the match between the tism by St. John in the Jordan He the passions in one word of a material of society and the community. All sowithdrew into the desert and there existence. Against this spirit the cial uplift, all moral reform, has its was scheduled for the next night. Anfor forty days and forty nights he struggle must be a continuous one, if root in the integrity of the lives of the gela, after we had taken our seats, barian goalie skated hack to the tasted neither food nor drink. "And we wish to live a spiritual life in the individuals of which the state or com- was, as I had expected, very curious. Jesus was led by the spirit into the midst of the materialism and sen- munity is composed. Religion is the As best I could, I explained to her Jesus was led by the spirit into the midst of the materialism and sen-munity is composed. Religion is the As best I could, I explained to her score was posted up, the gong rang, Robin Hood Tavern, and it is not u desert to be tempted by the devil, and suality of the world, and thus attain necessary and only basis of a real how hockey is played in the best circular to be tempted by the devil, and suality of the world, and thus attain necessary and only basis of a real how hockey is played in the best circular to be tempted by the devil, and suality of the world, and thus attain necessary and only basis of a real how hockey is played in the best circular to be tempted by the devil, and suality of the world, and thus attain necessary and only basis of a real how hockey is played in the best circular to be tempted by the devil, and suality of the world, and thus attain necessary and only basis of a real how hockey is played in the best circular to be tempted by the devil, and suality of the world, and thus attain necessary and only basis of a real how hockey is played in the best circular to be tempted by the devil, and suality of the world, and thus attain necessary and only basis of a real how hockey is played in the best circular to be tempted by the devil, and suality of the world, and thus attain necessary and only basis of a real how hockey is played in the best circular to be tempted by the devil, and the suality of the world, and thus attain necessary and only basis of a real how hockey is played in the best circular to be the most interesting likely that some of the most interesting likely that the most interesting likely the most interesting likely that the most interesting likely that the when he had fasted forty days and to eternal life. "If you live according and consistent moral life. Our duties cles, but when the game began, she forty nights afterwards he was to the flesh you shall die, but if by the to our Creator are first, and from was still very uncertain on many

Though mortification and self-denial vate lives are ordered in accordance astounded at the dreadful ferocity are the primary ends of Lent, it has a with the principles of virtue and which animated the players. They ance: the spirit of self-denial, selfance; the spirit of self-denial, self-secondary object as well. Lent is a time morality. Lent, therefore, with its went at one another much as knights of special devotion, prayer and inter-lessons makes a direct and personal of old must have fought with lance the essence of Christ's moral code. "If cession. It is for that reason that appeal to each and every individual and mace for the love of some en any man will come after Me, let him special exercises are arranged amongst us, to elevate the standard throughout the Church for the Lenten and follow me." (Matt. XVI.-22); and Season, that special Lenten sermons hortations that will be addressed to us hoards, with horribly sickening thinds. again, "Unless you do penance you wherever possible are preached, and shall all likewise perish." (Luke XIII. that there is in general an effort on have their message for every soul. I was fascinated, but thinking of An-3). Such was the example, such the that there is in general an effort on have their message for every soul. that there is in general an effort on have their message for every soul. They will aim at promoting personal gela, I tore my eyes from the mortal that there is in general an effort on have their message for every soul. They will aim at promoting personal struggle proceeding below me, fully holiness and individual sanctification. went forth to preach Christ's Gospel, Lent is meant by the Church to be May its lesson, then, come home to expecting to find her stretched out to regenerate the pagan world, and something in the nature of a spiritual each and everyone of us, and tend to in a faint. To my surprise, she was to renew the face of the earth, they preached salvation through penance.

Truths are recalled to our minds and uprooting of evil tendencies and the leaning over the gallery with an expression of the play. Even It was a new doctrine, directly opwhen the eternal issues that should cultivation of virtuous habits, and lowing every bit of the play. Even posed to the sensuality and the magovern our lives are placed before us thus redound to the welfare of our as I gazed, an excited cry of "Get terialism of the time, but they boldly in forcible perspective. The immort- own souls and the good of the comproclaimed as the basis of their ality of the soul, the certainty of a fuproclaimed as the crucified, anty of the soul, the certainty of the crucified, ture existence, our accountability for unto the Jews indeed a stumbling our actions to the Creator, reward and block, and to the Gentiles foolishness, but unto them that are called, both eternal verities, Heaven and Hell, Jew and Greek, Christ the power of these are the primary truths of the God and the wisdom of God."—(Cor. spiritual philosophy which the Church insists upon during the Season of Lent. broin the Old Testament, from the Simple and elementary truths they gesima Sunday, Feb. 11th, 1923.

M His Apostles for the Lenten Seaton of Lent. Simple and elementary truths they gesima Sunday, Feb. 11th, 1923.

M His Apostles for the Lenten Seaton of the Church invites in the word religion. They find little place in the creed or philosophy of the modern world. Belief in man's future to observance of the Lenten Seaton of the vaguest and most into observance of the Lenten Seaton of Lent. Simple and elementary truths they gesima Sunday, Feb. 11th, 1923.

If one is tired of plain creamed place in the creed or philosophy of the modern world. Belief in man's future to observance of the Lenten Seaton with the character. Spirituallytic theorem.

hungry." (Matthew IV.-1.2). The spirit you mortify the deeds of the these flow all the duties which we points. years of His public life were filled flesh you shall live."-(Rom. VIII. owe to society and to ourselves. It is I had seen both teams in action bealways true to say that we cannot be fore, and knew there was little love good members of the family or good lost between them; but hardened as citizens of the state, unless our pri- I was to such spectacles, even I was

munity at large.

all goodness, and justice, and truth." -(Eph. V .8-9.)

fE. P. ROCHE. Archbishop of St. John's.



When Cortez landed in Mexico with his band of Spanish warriors he found that not only was chocolate used as a staple food, but that cocoa beans were the recognized form of

currency in the country.

These native Mexicans were quite familiar with the nutritious value of chocolate. Yet it must have been a crude affair compared with the coating used to-day by Moir's on their chocolates. The Cocoa beans used by Moir's are imported from the West Indies, Ceylon, Java and South America; blended by their own secret process and ground for 78 hours between steel rollers. They are then sweetened with pure granulated sugar and flavored with the essence of real vanilla beans. This smooth, creamy mixture forms the coating for the luscious cream, nut, fruit and nougatine centres, which you can buy in Moir's handsome boxes at your favorite store.

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Nothing in Particular IMPRESSIONS OF A RECENT HOCK-EY GAME.

"Reginald, dear," said Angela sweet-I peered suspiciously over the edge

"Oh, don't be silly," retorted An-"Then, what is it?" I asked. "The

"Oh, please be serious," pleaded my "But, dear," I remonstrated, "You

lips, as a tiny Barbarian slid his stick "Walk, then, as children of the skilfully between the legs of a burly light; for the fruit of the light is in Shellback, bringing him down on the

wards the penalty box.
"Where is he going?" asked Angela.

was getting more thrilling every sec ond, and already there were several crimson patches on the ice. At last, the Barbarian forwards got going, and after getting away with several off-side passes, and helping the puck along with their skates a few times, they charged in a body through the Shellback goal, upsetting the not, themselves, and the goalkeeper, who had rushed out on them, wielding his stick in a manner of a Stone Age man defending his mate. An excited crowd of players gathered around the re-

tered the net. A goal was given. From then on, the battle was waged fiercely, and as the end of the third gines arrived, and the firemen w period drew near the Barbacians still had their one goal lead, I began to think that there would be murder forgotten. All over the ice, hig men standing, the work of devastation goal, he carefully went up the ice, taking the disc with him Everyhody else, including the opposing goalreferee, and informed him that a goal Red Crow" was performed, which te had been scored. Even as the second minated with the burning of

"Oh, Reginald. It was perfectly low an inspection to be made; bu lovely," she cried. "You really must take me again." And women have been likened to angels!

-TRINCULO.

QUIT TOBACCO

break the costly, nerveshattering tolonging for a smoke or chew, just Shortly the habit is completely brokphysically, financially. It's so easy, so simple. Get a box of No-To-Bac and if it doesn't release you from all ice with a crash. The whistle blew, craving for tobacco in any form, your and the young Barbarian skated to-

> NEARLY A POEM. Like some lest spirit's m to tempest howls. In weird, uncanny tones. est spirit's moans

Francis de Sales. CALLS FOR CELEBRATION OF HIS

Rome, Jan. 27.—Pope Pius toblished an encyclical on St. Fra

acter, says the encyclical, coup with his profound doctrine, enal gth rendered him invinc rding the rights of the church, and his evangelical liberty ed him to reveal the hypocrisy of the Among his writings the Pope re

calls "Introduction to Devout Life"

and "Treatise on Godly Love." The Pontiff says the first-mentioned work should be read by all Christians, as it is the most perfect book of it; kind, and proves that sanctity is reconcilable with any status in life. After this summary of the saint's life and works, the pontiff exhorts the episcopacy to celebrate his ter centenary this year in order to interest the faithful in his teachings. St. Francis de Sales was born al Sales, near Annecy, Savoy, in 1567 and died at Lyons Dec. 18, 1622. H was appointed bishop of Geneva

Burning of The Pavilion Theatre.

founders of the Order of the Visita-

tion. Among his writings the most

famous was "Traite de l'Amour de

Dieu." He is commemorated on Jan

On Wednesday, Feb. 14, 1856, at few minutes before eight in the mo ing, the Royal Pavilion Theatre in Whitechapel, was discovered to be on fire. Scarcely had the news been given, than smoke shot through small window over the stage, which at once convinced the inmates of the surrounding houses that, unless timely assistance arrived, their own habitations would be destroyed as well as the theatre. In the course a few minutes, the parish engine a tended, as well as that of the brigade from Wellclose-square; but by period the whole of the flies were in a blaze, and the burning drapery was falling thickly upon the stage. Two engines were set to work from an abundant supply of water furnished by the East London Water Company but before a drop could touch the fire owing to the many lengths of hose quired to be attached to the engin eree, gesticulating wildly, but there the flames had extended to the whole of the scenery and machinery upon was no denying that the puck had enand under the stage. Many other to work in an admirable manner, and by conveying the hose through the different entrances to the theatre done before the final gong sounded, and over the roofs of the surrounding As the end of the game approached, houses, were able to throw the water it became apparent that the puck was in the right direction; but, notwith "And I thought you were a pacifist," the boards, and small men were hit-

which fell in with a loud noise. The flames then mounted so high as to be visible for miles distant, although it was daylight, and by ten o'clock the establishment was reduced to a heap of smoking ruins. As to the origin the misfortune, nothing that could be hockey games it has ever been my lot have remained smouldering di witness. On our way home, I ask- the night. By six o'clock in the eve ed Angela how she had enjoyed the ing the firemen had succeeded in ting the ruins sufficiently cooled to extensively was all within the w burned, that it was impossible to

> Now is the time of the year, s Billie, when dad buys an extra \$ worth of coal to keep mother's \$ worth of scraggly house plants fr

how or even in what part of

theatre, the fire commenced.

STOP THAT COUGH.



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BAKEAPPLES_1-lb. Tins 25c. MUSSELS-1-lb. Tins HOLBROOK'S EGG POWDER-

1-lb. Jars GREENGAGE JAM-

C. P. EAGAN,

2 Stores:

Duckworth Street & Queen's Road

after a political election.

Paddy Dunn. "But not so sweet as

the silence that falls over a country

"I Had Bilious Attacks and Stomach Weakness"



Mrs. Wm. Robinson, Yoneer, Sask., writes:
"I suffered from stomach and liver trouble, and used to have s attacks so bad that I could nothing for weeks at a time.

y stomach would be so weak
at not even a drink of water would stay on it. On my sister's advice, I began to use Dr. Chase's Kidney-Liver Pills, and must say that they have made me teel like a naw women."

DR. CHASES (411) NA MAN () (A STATE E)

GERALD S. DOYLE DISTRIBUTOR

"Music may be sweet," muses Women Gamblers Not Want

GLASGOW.-Scottish mill have decided on drastic action check the gambling craze white said recently to have obtains great hold on female workers. after it will be a condition of en ment that no form of betting M dulged in. It is asserted that en are bad losers, and the be spirit is often responsible for tro among them.

Dome of St. Paul's Will be Repair

LONDON.—The sum of \$50 which was sought by the Churc England for the restoration decaying dome of St. Paul's, in don, has been subscribed and work will start at once. The chi was built by Sir Christopher in 1710, and has recently a clarming signs of decay.

WEEN

solutely PHONE 658

inding in cal friend

aking their p the contract? haven't would to he st to make

So much de They Were That's just ew plainly

hily. Then

TECTS RETA

nd are in th heir selling ne down to orn, and