

A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak and had such a hard time standing and had such a hard time doing anything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From the first day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss FLO KELLER, 476 So. 14th St., Newark, N. J.

Helping Him.
"I am always eager to get expert advice."
"Are you?"
"Indeed I am."
"Lend me a dollar, please."

Had Experience.
"What do you expect to enjoy the most about your vacation?"
"Getting home again."

YES! MAGICALLY! CORNS LIFT OUT WITH FINGERS

You simply say to the drug store man, "Give me a quarter of an ounce of frezzone." This will cost very little but is sufficient to remove every hard or soft corn from one's feet.

A few drops of this new ether compound applied directly upon a tender, aching corn should relieve the soreness instantly, and soon the entire corn, root and all, will rise up and can be lifted out with the fingers.

This new way to rid one's feet of corns was introduced by a Cincinnati man, who says that while frezzone is sticky, it dries in a moment, and simply shrinks up the corn without inflaming or even irritating the surrounding tissue or skin.

Don't let father die of infection on his feet from whitening at his corns, but clip this out and make him try it.

GIRLS! LEMON JUICE IS A SKIN WHITENER

How to make a creamy beauty lotion for a few cents.

The juice of two fresh lemons strained into a bottle containing three ounces of orchard white makes a whole quart of the most remarkable lemon skin beautifier at about the cost one must pay for a quart of the ordinary cold cream. Care should be taken to strain the lemon juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, whitener and beautifier.

Just try it! Get three ounces of orchard white at any drug store and two lemons from the grocer and make up a quart pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands.

The only way to break even with the overcharges is to manage to turn them loose upon themselves.

The grifter doesn't believe in stealing trash, but is on the lookout for something that will enrich him for the remainder of his days.

How can you expect a man to stand up for himself when you are constantly sitting on him?

No Theella.
"How is the new chauffeur?"
"Not any good."
"Can't he keep the machine going?"
"Oh, yes."
"And in repair?"
"He is all right there."
"Then what's the trouble?"
"He couldn't hit a post or a telegraph pole, let alone a person."



IF YOUR CHILDREN ARE DELICATE OR FRAIL under-size or under-weight remember—Scott's Emulsion is nature's grandest growing food; it strengthens their bones, makes healthy blood and promotes sturdy growth.

Scott's Emulsion, Toronto, Ontario.

SCRAPS of HUMOR



At the Post Office.
Sweet Little Maiden—Is there a letter for me?
Post Office Clerk—Who's me?
Sweet Little Maiden—I'm Gladys Cummin.
Post Office Clerk—Yes, I dare say you're glad he's coming; but what's your name?
Sweet Little Maiden—How dare you? My name is Gladys Cummin.
Post Office Clerk—Oh—oh—I beg your pardon.

Safe and Sane.
"How long have you had your car?"
"About one year."
"Have you ever broken the speed laws?"
"Never."
"What kind of a motorist are you, anyway?"
"The kind who is consistently ignored by joke writers and police court reporters."

A Success After All.
"What became of the Yacht girl who was ambitious for a stage career?"
"She turned out much better than her friends expected."
"You don't mean to tell me she's starring now?"
"No, indeed. She's the mother of six children and has a husband who doesn't run around at night."

Another Precinct to Come In.
"Poor Mrs. Brown. I hear she has had a lot of trouble about her husband."
"Yes, poor dear."
"I understand there is a scandal mixed up in it."
"But have you heard the worst?"
"No—no—I haven't heard what Mrs. Gedabout has to say about it yet."

THE REQUISIT.
Mother—Your father always insists upon sitting on the front row at musical comedy shows.
Son—Well, his bald head entitles him to it.

Profiteering.
Ten thousand for an airplane.
Or more than that is spent;
Which is a lot considering
They make them for ascent.

Brutally Frank.
"How would you look on me as a son-in-law?"
"Judge for yourself."
"Your eyes are fixed on the ceiling."
"Yes; I can't see you in that capacity."

Aid to the Tired.
Yeast—A German invention of which may be lowered with a rope.
Crimsonbeak—I can't see the good of that. Even if a man is short of stature he can lean against a tall post in time of need.—Yonkers Statesman.

Not That Feminine.
"She ought to make a good business woman."
"What makes you think so?"
"She doesn't insist on getting down to the depot an hour before it's time for her train to start."—Detroit Free Press.

In the Installment Age.
"When are you and Charley going to get married?"
"Not right away. He doesn't think we ought to begin buying the furniture until he gets the ring paid for."

Out of Commission.
"I see you have a cold?"
"Do you?"
"It is very evident."
"Wonderful! My eyes being swollen shut, you see I can't see it myself."

Keeping Up the Average.
"He's too lazy for anything."
"Oh, no?"
"What's he good for?"
"To counterbalance some of you hustlers."

BEDRIDDEN WITH RHEUMATISM

Felt That He Would Never Walk Again "FRUIT-A-LIVES" Brought Relief.



MR. LORENZO LEDUC

8 Ottawa St., Hull, P.Q.
"Fruit-a-lives" is certainly a wonder. For a year, I suffered with Rheumatism; being forced to stay in bed for five months. I tried all kinds of medicine but without getting better; and thought I would never be able to walk again.

"One day while lying in bed, I read about 'Fruit-a-lives' the great fruit medicine; and it seemed just what I needed, so I decided to try it.

The first box helped me, and I took the tablets regularly until every trace of the Rheumatism left me.

I have every confidence in 'Fruit-a-lives' and strongly recommend them to every sufferer from Rheumatism."

LORENZO LEDUC.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa, Ont.

MARTYRS TO GIRDOLES

A Native Protest Against Feminine Fashions in Japan.

A caustic Japanese critic, Saito Man, has this to say in the Tokyo Advertiser about women's fashions in Japan:

"Archaic costumes, especially those universally worn by ladies, demand reform. The indigent world can be clothed out of the materials wasted in gorgeous kimono sleeves. Nothing is so absurd as the long, heavy, pendulant sleeves attached to a girl's holiday kimono. They serve no purpose, impede locomotion and are a pitiful spectacle.

The girdle is more cumbersome and expensive, especially those worn in one piece of heaviest silk.

"Formerly the ladies were only worn at weddings and state affairs, now every girdle has one. Every wife must have one to sport at the theater. In price this marauder varies from 30 to 1,000 yen (\$15 to \$500) and upward. To girdle it requires all the strength of a well built husband or father. I do not know any Japanese woman who ever succeeded in putting on one herself.

"It is over three feet wide, folded into half that width when worn, and its length is three times the full height of its wearer. In weight it is terrific, thickly embroidered as it is with golden threads. It is chiefest attraction in the whole dress scheme of Japanese womanhood. One might as well ask a woman to discard her hair as it. Every well dressed Japanese lady is a martyr to her girdles. Her entire waist is covered with layers of belting. From the viewpoint of health the girdle (obi) is a most vile contrivance, as every doctor asserts."

Could Not Lift Stick of Wood

Would Almost Faint From Severe Pain in Back — Doctors Could Not Get the Kidneys Right.

A great many people suffer the results of damaged kidneys and do not understand the cause of trouble or the way to obtain cure. The writer's letter suffered excruciating pains in the back and in vain his physician tried to cure him. For some reason or other his medicines did not have the desired effect.

Mr. Otto's brother was a merchant selling, among other medicines, Dr. Chase's Kidney-Liver Pills and he heard his customers talking about how they were cured of kidney derangements by their use. This led to Mr. Otto putting them to the test, with the splendid results reported in this letter.

Mr. E. C. Otto, Benton, Carleton County, N. B., writes: "I am glad to let you know how much your medicine has done for me. I suffered from my kidneys, which at one time were so bad I could not lift a stick of wood without getting on my knees, and then would almost faint from the pain in my back. I consulted a doctor about it, and he gave me some medicine, but it did not help me. My brother, who is a merchant, and carries all your medicines, advised me to try Dr. Chase's Kidney-Liver Pills. I got one box, and they helped me, so I got another one, and kept on until I had taken five boxes, which cured me. I have had no trouble with my back since, and am never without Dr. Chase's Kidney-Liver Pills in the house. Last summer I also suffered from my kidneys. I used three boxes of your medicine, and it cured them. I can certainly recommend Dr. Chase's Pills and Ointment."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c a box, 5 for \$1.00, at all dealers, or Edmanston, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute or you will certainly be disappointed.

Humor and Philosophy

By DUNCAN M. SMITH

FROM THE UNDER DOG.

FOR him who isn't in the swim. The times are out of joint. To errors in the government his finger he can point. The wild accounts of graft and grab, Of plunder, crime and loot, Are food for him, and if they fail He makes up ones to suit.

Upon the skies political No stars of hope appear. Things jog along from bad to worse With each succeeding year. He knows that long it cannot last, To smash the thing must go. Then maybe he will shed a smile And say, "I told you so."

You bet it is not much he thinks Of what they do and say. In Washington, nor does he guess That congress earns its pay. In fact, if he possessed a dog No brighter than a lot Of senators of whom he knows He'd have the creature shot.

When he is down and in the dumps A bunch of things he sees That are not quite so plain to those Who live a life of ease. But let him only scent success, That stranger overdo, And things that pass before his eyes Don't look one-half so blue.

Willing.

Too many old codgers stand ready and willing— In fact, in its case would make bold— To take, several buckets of sympathy spilling, Alaska in out of the cold.

The Garden Variety.

A slim chicken who was so thin that she nicked the counter where she leaned against it, trickled up to the hosiery department of a Sixteenth street store and said:

"Cawn you give me a pair of hose that won't bag at the knees?"

Mame shifted her chieft against her back molars, oozed a few slant over the customer and replied listlessly: "Not unless yuh take garden hose?" —Judge.

SAVE WHEAT FOR OUR ALLIES

SUBSTITUTE

PURITY OATS

IN ALL YOUR BAKING

WHEAT-SAVING RECIPES MAILED FREE ON REQUEST

Western Canada Flour Mills Co. Limited
HEAD OFFICE: TORONTO

Shorthorn Calves

I have for sale two pure bred Shorthorn Bull Calves, eligible for registration. Ages 3½ months and two weeks. Apply to FRED NEVENS, Coldstream, Consolidated Tel. 23-15.

Colts For Sale

One two-years old and one three and a half months; full sisters, Percheron stock. J. K. PERRY, West Glasville.

Devonshire CANADA

PROCLAMATION

GEORGE the FIFTH, by the Grace of God of the United Kingdom of Great Britain and Ireland and of the British Dominions beyond the Seas, KING, Defender of the Faith, Emperor of India.

To all to whom these presents shall come or whom the same may in any wise concern,—GREETING:

A Proclamation of conditional amnesty respecting men belonging to Class 1 under the Military Service Act, 1917, who have disobeyed our Proclamation of 13th October, 1917, or their orders to report for duty, or are deserters or absent without leave from the Canadian Expeditionary Force.

E. L. NEWCOMBE, } WHEREAS considerable numbers of men belonging to Class 1 under our Military Service Act, 1917, called out on active service in our Canadian Expeditionary Force for the defence of Canada under our Proclamation of 13th October, 1917, although they have thus become by law soldiers enlisted in the Military Service of Canada,

AND WE DO HEREBY STRICTLY WARN AND SOLEMNLY IMPRESS UPON ALL SUCH MEN, and as well those who employ, harbour, conceal or assist them in their disobedience, that if they persist in their failure to report, absence or desertion until the expiry of the last mentioned day, they will be pursued and punished with all the rigour and severity of the law, SUBJECT TO THE JUDGMENT OF OUR COURTS MARTIAL WHICH WILL BE CONVENED TO TRY SUCH CASES or other competent tribunals; and also that those who employ, harbour, conceal or assist such men will be held strictly accountable as offenders and subject to the pains, penalties and forfeitures in that behalf by law provided for their said offence.

Provided however that nothing contained in this Our Proclamation is intended to release the men aforesaid from their obligation to report for duty as soon as possible or to grant them immunity from arrest or detention in the meantime for the purpose of compelling them to perform their military duty; Our intention being merely to forego or remit the penalties heretofore incurred for failure to report, absence without leave or desertion incurred by those men of the description aforesaid who shall be in the proper discharge of their military duties on or before the said twenty-fourth day of August, 1918.

Of all of which Our loving subjects and all others whom these presents may concern are hereby required to take notice and govern themselves accordingly.

IN TESTIMONY WHEREOF, We have caused these Our Letters to be made Patent, and the Great Seal of Canada to be hereunto affixed. Witness Our Right Trusty and Right Entirely Beloved Cousin and Counsellor, Victor Christian William, Duke of Devonshire, Marquess of Hartington, Duke of Devonshire, Earl of Burlington, Baron Cavendish of Hardwicke, Baron Cavendish of Keighley, Knight of Our Most Noble Order of the Garter: One of Our Most Honourable Privy Council: Knight Grand Cross of Our Most Distinguished Order of Saint Michael and Saint George; Knight Grand Cross of Our Royal Victorian Order; Governor General and Commander-in-Chief of Our Dominion of Canada.

At Our Government House, in Our City of OTTAWA, this FIRST day of AUGUST, in the year of Our Lord one thousand nine hundred and eighteen, and in the ninth year of Our Reign.

By Command, Thomas Mulvey
Under-Secretary of State.

NOW KNOW YE that we in the exercise of Our powers, and of Our good will and pleasure in that behalf, do hereby proclaim and declare and cause to be published and made known THAT THE PENALTIES OF THE LAW WILL NOT BE IMPOSED OR EXACTED as against the men who belong to Class 1 under Our Military Service Act, 1917, and who have disobeyed Our Proclamation aforesaid; or who have received notice from any of Our registrars or deputy registrars to report for duty on a day now past and have failed so to report; or who, having reported and obtained leave of absence, have failed to report at the expiry of their leave, or have become deserters from Our Expeditionary Force, PROVIDED THEY REPORT FOR DUTY ON OR BEFORE THE TWENTY FOURTH DAY OF AUGUST 1918.