

**W. C. T. U. Notes.**

Woman's Christian Temperance Union first organized in 1874.

**AIM.**—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

**Motto.**—For God and home and Native Land.

**Badge.**—A knot of White Ribbon.  
**Watchword.**—Agitate, educate, organize.

Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. RM. 14:31.

Business meeting of the W. C. T. U. the last Monday of every month.

**OFFICERS OF WOLFVILLE UNION.**

President—Mrs. B. O. Davidson.  
1st Vice President—Mrs. G. W. Miller  
2nd Vice President—Mrs. J. G. Elderkin  
Recording Sec'y—Mrs. Ernest Redden  
Cor. Secretary—Mrs. W. O. Taylor  
Treasurer—Mrs. H. Pineo.

**SUPERINTENDENTS.**

Evangelistic—Mrs. J. G. Elderkin  
Parlor Meetings—Mrs. D. G. Widden  
Labrador Work—Mrs. S. W. Vaughan  
Fisherman and Lumbermen—Mrs. W. E. Fielding

Loyal Temperance Legion—Mrs. W. O. Taylor

Flower, Fruit and Delicacies—Mrs. A. W. Bleakney

Press and Willard Hall—Mrs. M. P. Freeman

White Ribbon Bulletin—Mrs. Hutchinson

Temperance in Sabbath-schools—Mr. C. A. Patriquin.

**Temperance Legislation**

**DOMINION AND PROVINCIAL**

There was enacted at the last session of the Dominion Parliament legislation to prohibit all importation of liquor into provinces for beverage purposes.

In order that this legislation may become effective the House of Assembly must pass a resolution and forward it to Ottawa, requesting that a vote of the electors be taken on the question.

The Dominion Government will then within three months issue a proclamation announcing arrangements for the taking of the vote. If more than one-half of the votes cast are in favor of prohibition of importation, the Dominion Government will declare the law to be in force.

The Nova Scotia Social Service Council early in January requested the Provincial Government, through the Premier, to have the required resolution introduced during the first week the House is in session. This no doubt will be done, and, therefore, within a few months the electors—women and men—will have an opportunity of deciding for or against importation.

With regard to Provincial legislation we hope that at the ensuing session of the Legislature we shall obtain certain necessary amendments to the Temperance Act providing (1) for proper control of the sale of liquor for medicinal purposes, and (2) for effective enforcement.

In this year, 1920, if electors and legislators in this province exercise their powers in the interests of righteousness we shall secure legislation which will result in the practically complete suppression of the liquor traffic. The prospects are most encouraging. Let us make 1920 a banner year for the betterment of Nova Scotia.

H. R. GRANT,

Gen. Sec'y, Soc. Serv. Coun.

**IT'S UNWISE**

to put off to-day's duty until tomorrow. If your stomach is acid-disturbed take

**KI-MOIDS**

the new aid to digestion comfort speedy. A pleasant relief from the discomfort of acid-dyspepsia.

MADE BY SCOTT & BOWNE  
MAKERS OF SCOTT'S EMULSION

Minard's Liniment Cures Garget in Cows

**A Series of Talks on Music**



C. C. LAUGHER, MUS. BAC., BOW-  
MANVILLE, Ont.

**No. VI.**

**SINGING**

To "Sing" is to utter musical or melodious sounds. The singer uses the vocal organs or chords which are two thick strong muscles in the larynx. Vocal execution is the practice and art of singing in one or a series of notes which should result in purity of tone and quality of the voice. All cannot produce that desired purity of tone, for some produce a tone that suggests a throaty, tonguey, palatal, or veiled tone.

Agility is acquired by practicing series of notes on vowels, passing from one note to another, changing the quality of tone. Great care must be taken in diction, choice of words, etc. You must not upon any occasion take breath between the syllables of a word, or break up the phrases. How often we hear of such a person screeching out a solo at a reception. A man who apparently has no ear for music may say to you, "Surely she's a finished musician, don't you think?" If you are candid you may reply, "I hope so but I was afraid she was going to sing again." It is indeed hard to have to listen to a would-be singer, who prides herself upon never taking a singing lesson yet her singing may remind one of the following: "I hear you ca-a-aling me," warbled the daughter from the parlor. "Yes," sang the mother from the kitchen, "I want you to come he-e-re and help me with the di-i-ss-shes." Profound silence followed. The voice of girls of High School period are extremely delicate and require the utmost care and attention. Girl sopranos should be able to vocalize up to G. The voice that can vocalize well from middle C up to E, fourth space, should sing mezzo-soprano. Girls who can sing down to G, below middle C, and not above C—third space, should sing alto. The necessary qualifications that a pupil needs to make a singer are as follows: 1st, a good voice; 2nd, musical aptitude; 3rd, general intelligence; 4th, good health; 5th, character.

The instrument and the performer are combined in one person. The process of forming or training the voice includes both the development of technic and the adjustment of machinery, as it may be called. The tuning of the voice is that which includes the production, breathing ability to produce and recognize true pitch of tones, and enunciation of words, etc.

Of all subjects neglected by choir and chorus conductors, Diction is an easy first. The singer may have a voice like a saw or rasp, but the well patterned words make up for much vocal deficiencies. Every conductor should have as his motto 'Words,' 'Words,' 'Words.' The girl with a new dress and proud of compliments said that on entering the church, the choir were the first to notice her new dress, for they

sang out as with one voice "Hardly-kenw-you""Hardly-knew-you." She was afterwards told they were really singing, "Hal-le-lu-jah," "Hal-le-lu-jah."

Here is a good motto for church choirs, taken from the Tenth Degree of the Fourth Council of Carthage in the year 308 A. D.: "See that what thou singest with thy lips thou dost believe in thine heart, and that what thou believest in thine heart thou dost show forth in thy works."

Just a word about politeness in singing. The French have a proverb, "Politeness is an investment that costs nothing, but pays well." In no sphere is this truer than in the relation between the artist and the audience. If he comes before them prepared to respond to their good will by an inclination of the head and a smile, he will find them more ready to listen to his song and give him full appreciation. If he takes their welcome coldly, he must not be surprised if he meets with coolness in return. Do not be afraid to show appreciation of the courtesy of your hearers. It will make the artistic task easier and more successful.

Some women have wonderful voices, thousands of women may hold their audience for hours at a time—after which they lay it in a cradle and rock it to sleep, but let me tell you of a real singer. The most famous soprano of the 19th century.

**ADELINA PATTI**

A born singer was Adelina Patti, born in the year 1843 in Madrid. The family moved to New York when she was very young. Although Adelina had several teachers, she knew how to sing intuitively, and sang the shake perfectly, when but three years of age. One biographer says of her: Adelina Patti sang all the important roles of the great operas, that in England at the Covent Gardens, she completely conquered her audience; in Paris she sang the role of Amina and brought all Paris to her feet; the people of St. Petersburg went wild over her, and in Spain and Italy the enthusiasm was high.

Throughout the world she reigned "Queen of Singers". We will now peep behind the scenes, and see why and how this immense success. In childhood she lived carefully, kept constant watch over her voice, never forcing it, and never sang without being in perfect condition. Adelina Patti has

**DOCTOR URGED AN OPERATION**

Instead I took Lydia E. Pinkham's Vegetable Compound and Was Cured.

Baltimore, Md.—"Nearly four years I suffered from organic troubles, nervousness and headaches and every month would have to stay in bed most of the time. Treatments would relieve me for a time but my doctor was always urging me to have an operation. My sister asked me to try Lydia E. Pinkham's Vegetable Compound before consenting to an operation. I took five bottles of it and it has completely cured me and my work is a pleasure. I tell all my friends who have any trouble of this kind what Lydia E. Pinkham's Vegetable Compound has done for me."—MRS. B. BRANTZMAN, 609 Calverton Rd., Baltimore, Md.

It is only natural for any woman to dread the thought of an operation. So many women have been restored to health by this famous remedy, Lydia E. Pinkham's Vegetable Compound, after an operation has been advised that it will pay any woman who suffers from such ailments to consider trying it before submitting to such a trying ordeal.

Minard's Liniment Cures Diphtheria.

a wonderful memory, having memorized forty different operas, and sings them in four different languages. Her method is perfect, her style elegant, her tone rich and clear and her compass unusual.

Now a few words about the greatest song writer that ever lived—Franz Schubert. He was born in 1797 and died in 1828 thus living only 31 years. Beethoven said of him: "Truly he has a spark of the divine fire." Schubert was an Austrian, his father being a self-educated school-master and his mother a cook. When Schubert was 10 years of age he composed a few little songs and instrumental pieces. Franz had a beautiful soprano voice and had great skill in reading music. For singing in the Imperial Chapel Choir he was entitled to free musical education. Schubert was continually composing and music came from his brain as fast as he could write it. Schubert's 18th year was the most prolific, for during that year he wrote no less than 195 compositions, including 2 symphonies and 6 operas. Yet his struggles were many and severe. He had always suffered privations and often cold and hunger. He often had not the money to buy even the music paper on which to write his thoughts. He was in the habit of borrowing small sums of money and leaving a manuscript as security with his creditors, and in this way many of his greatest works were undoubtedly lost. He seemed to live for his art alone, for he spoke, thought, and lived in music. Though Schubert lived but 31 years he wrote more than eleven hundred compositions—mostly songs. His music is of the most wonderful beauty, tenderness, sweetness and purity, blended with strength, nobility and grandeur. Dvorak the great Bohemian composer of modern times declared that he had no hesitation in placing him next to Beethoven and far above Mendelssohn and Schumann.

**Children Cry FOR FLETCHER'S CASTORIA**

A long yarn is sometimes produced from the threads of a conversation.



A good many things make it pleasant to shop here; they're all included in our general principle of real service.

Its part of our service to only sell shoes of the finest quality—that's why we feature Hartt Footwear for Ladies and Gentlemen.

It's part of our service also to think more of pleasing you than of "selling" you; to see that you are properly and carefully fitted and get intelligent attention.

We always consider that any money you pay us for shoes is still your money until you've satisfied yourself that you like the shoes you've bought.

**G. D. Jefferson**  
Wolfville, N. S.

**How to Treat Stomach Trouble**

A TONIC MEDICINE IS NEEDED TO BUILD UP THE DIGESTIVE ORGANS

The old-fashioned methods of treating stomach diseases are being discarded. The trouble with the old-fashioned methods was that when treatment was stopped the trouble returned in an aggravated form.

The modern method of treating indigestion and other forms of stomach trouble is to tone up the stomach and glands to their normal work. Every step toward recovery is a step gained not to be lost again. The recovery of the appetite, the disappearance of pain after eating, the absence of gas, are steps on the road to health that those who have tried the tonic treatment remember distinctly. Dr. Williams' Pink Pills are a tonic every constituent of which is helpful in building up the digestive organs, and therefore the very best remedy for simple or chronic cases of stomach trouble. The success of the treatment is best shown by hundreds of cases like the following. Mrs. Chas. Comer, Picton, Ont., says:—"For upwards of two years I was a great sufferer from indigestion. Food would ferment in my stomach, and I would belch gas with a burning sensation. Often I would be troubled with nausea, sick headache and dizziness. Notwithstanding that I was under medical treatment the trouble grew so bad, that I would only eat when absolutely forced to, and I was in constant misery. I was finally advised to try Dr. Williams' Pink Pills and had only been using them a few weeks when I found they were helping me. I very gladly continued their use and the result is they have made me a well woman, every vestige of the trouble having disappeared. I am so grateful for what Dr. Williams' Pink Pills have done for me that I strongly advise any who may be suffering from stomach trouble to give them a fair trial, and I believe that like myself they will find a sure cure."

You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail, post paid, at 50 cents a box, or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

**The Population of Canada**

The Census Department has just completed an estimate of the population of Canada by Provinces for the year 1919. It is based on the known population increase as shown by the census of 1901 and 1911. While it makes no pretense of being absolutely correct, comparisons of estimates with actual figures in the past have shown that it is approximately so. The estimate shows a total population for Canada of 8,835,102. The estimates for the different Provinces are as follows:

- Alberta 587,770.
- British Columbia 718,660.
- Manitoba 618,903.
- New Brunswick 368,760.
- Nova Scotia 518,761.
- Ontario 2,820,909.
- Prince Edward Island 93,728.
- Quebec 2,326,528.
- Saskatchewan 754,090.
- North West Territories 18,481.
- Yukon 8,512.

**The Cause of Heart Trouble**

Faulty digestion causes the generation of gases in the stomach which inflate and press down on the heart and interfere with its regular action, causing faintness and pain. 15 to 30 drops of Mother Seigel's Curative Syrup after meals sets digestion right, which allows the heart to beat full and regular.