

A PARTY FROCK



No. 9743—Dress, Price, 35 cents.
Sleeves 16 to 20. Transfer Design—No. 969. Price, 25 cents.

This pattern may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond Street, Toronto, Dept. W.

CHILDHOOD CONSTIPATION

Constipation, that disordered state of the digestive tract which is nearly always caused by improper feeding—can be readily rectified by the use of Baby's Own Tablets. These Tablets are a mild but thoroughly laxative. They are easy to take and are absolutely free from injurious drugs. Concerning them Mrs. Joseph Dion, Ste. Perpetue, Que., writes:—"I have nothing but praise for Baby's Own Tablets. When my baby was three months old he was terribly constipated but the Tablets soon set him right and now at the age of fifteen months he is a big healthy boy and this good health I attribute entirely to the use of the Tablets." They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The island of Lundy, off the Bristol Channel, was for many years in the occupation of a man named Heaven, and the place was referred to by sailors as the "Kingdom of Heaven."

MONEY ORDERS.

Send a Dominion Express Money Order. Five Dollars costs three cents.

"Burke's Peerage," one of England's best known annual handbooks, was first published in 1826.

Minard's Liniment Relieves Distemper

Surnames and Their Origin

HOMER.

Racial Origin—Anglo-Norman.
Source—An occupation.

While the Normans spoke French they were really a Teutonic race. Indeed, a large part of the blood of modern France, particularly in the north, was originally Teutonic, the result of the great migrations westward of the Teutons into what had previously been the purely Gallic provinces of the Roman Empire. Thus not only the overwhelming majority of names, but a large percentage of the words in the medieval French speech were Teutonic.

One of these words was that for "helmet," a modern word which has come down to us both through the Anglo-Saxon and the Norman-French tongues, only for some reason we have perpetuated the diminutive rather than the original word itself. "Helmet" means "little helm." As the Normans originally spelled and pronounced it, it was "helme," but in accordance with that tendency which has scattered the diphthong "au" so profusely through modern French, namely, the tendency to drop the pronunciation of the "l" and substitute a long "o" sound for the former vowel, it became quite generally spelled "hoame" before the population of England finally swung back toward the old Anglo-Saxon speech.

The "hoamers" or "hoalmers" of medieval England were the makers of helmets. The name was, of course, first applied as descriptive of this occupation, with this meaning being ultimately lost in that of mere personal designation. With the original meaning forgotten or unstressed the tendency toward phonetic spelling in an age when spelling was little standard-

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A Strange Conversion.

How a woman was converted to Christianity by a Brahmin is told by a recent writer.
Cecilia Thaxter, a poetess, was an earnest student of strange and mystical teachings. At one time she was much dominated by the teachings of John Weiss, and she did not appreciate the beauty and power of the Bible. She saw a good deal of a Hindu theosophist.

One day she said to her friend, Mary Parkman, "Did I speak contemptuously of such a person? I ought not to, for one of the principles of theosophy is to feel no contempt for any human being."

Miss Parkman replied, "But did not Jesus teach that? Is it not all in the Sermon on the Mount?"
By and by Mohini himself happened to get hold of a copy of the New Testament, and was much surprised and impressed by the beauty of its contents. He spoke of it to Mrs. Thaxter, and found to his amazement that she knew nothing about the New Testament.

"What!" he said. "You do not read your own religious books? I never heard anything more beautiful than this."

Mrs. Thaxter forthwith began to read the New Testament and became so much interested in it that she went about with a copy in her pocket; whenever she had a chance she would read it. From that time she began to attend Phillips Brooks's church. She was converted to Christianity by a Brahmin theosophist!

Making Markets.

"To a very large degree, production is controlled by profits and the ease of marketing the products, but sometimes, as in the live stock industry, markets have to be created. Canada was producing the fat hog and for years had an outlet for the surplus product; but marketing conditions changed and the industry immediately faced rather a difficult situation. A new market was the solution. The Government was immediately seized of the situation and had careful surveys and investigations made; educational campaigns were carried on, the type of hog raised in

Eastern Canada was changed, and the bacon industry as we know it today came into being. Those who assisted in the transformation realized how great were the difficulties and how tremendous the possibilities. Time has proved to the satisfaction of Canadians that the exportable surplus of agricultural products must meet, in so far as is possible, the standards laid down by the importing nations. Moreover, we have learned that it is profitable to meet these demands wherever feasible. Canadian bacon is in Great Britain, and even in other countries, a standard product. The Government's part now is to keep clear all trade channels, thus providing the demand, while the reputation already achieved assures the producer a price comparable to that received in any other market."—Dr. S. F. Toimie, Minister of Agriculture.

THE TREASURE OF GOOD HEALTH

Easily Maintained Through the Use of Dr. Williams' Pink Pills.

There is not a nook or corner in Canada, in the cities, the towns, in villages, on the farms and in the mines and lumber camps, where Dr. Williams' Pink Pills have not been used, and from one end of the country to the other they have brought back to bread-winners, their wives and families the splendid treasure of new health and strength.

You have only to ask your neighbors, and they can tell you of some rheumatic or nerve-shattered man, some suffering woman, ailing youth or anemic girl who owes present health and strength to Dr. Williams' Pink Pills. For more than a quarter of a century these pills have been known not only in Canada, but throughout all the world, as a reliable tonic, blood-making medicine.

The wonderful success of Dr. Williams' Pink Pills is due to the fact that they go right to the root of the disease in the blood, and by making the vital fluid rich and red strengthen every organ and every nerve, thus driving out disease and pain, and making weak, despondent people bright, active and strong. Mr. W. T. Johnson, one of the best known and most highly esteemed men in Lunenburg county, N.S., says:—"I am a Provincial Land Surveyor, and am exposed for the greater part of the year to very hard work travelling through the forests by day and camping out by night, and I find the only thing that will keep me up to the mark is Dr. Williams' Pink Pills. When I leave home for a trip in the woods I am as interested in having my supply of pills as provisions, and on such occasions, I take them regularly. The result is I am always fit. I never take cold, and can digest all kinds of food such as we have to put up with hastily cooked in the woods. Having proved the value of Dr. Williams' Pink Pills, as a tonic and health builder, I am never without them, and I lose no opportunity in recommending them to weak people whom I meet."

Dr. Williams' Pink Pills should be kept in every home, and their occasional use will keep the blood pure and ward off illness. You can get these pills through any medicine dealer, or by mail at 50 cents a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

Perfect Hands.

A prominent British artist says that in the perfect hand of a woman the third finger is longer than the first, or index finger, while in a man the perfect proportions are a longer first finger than the third.

Minard's Liniment Co., Limited.
Gentlemen—Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of LaGrippe, and I have frequently proved it to be very effective in cases of inflammation.

Yours,
W. A. HUTCHINSON.

Vegetables That Are Benefited by Freezing.

It is known by most gardeners that cabbage, parsnips, turnips, salsify, and carrots are not injured by freezing, provided they thaw out while in contact with the earth or soil, but it is also a fact that certain winter vegetables are not at their best until they have been frozen hard at least once while in the ground. Parsnips and salsify especially, should stand in the ground until there has been several inches, then the roots may be dug and stored in an open pit and covered with dirt. The covering may be sufficiently heavy to prevent further freezing if it is desired to go into them during the winter, but it will do no harm if covered only a few inches so that they will freeze and thaw several times. They will be of better texture and flavor by having frozen. Turnips should not be allowed to freeze more than once, and cabbage also keeps best if covered well after the heads have frozen once or twice and thawed out under ground. The stalks should also be covered with soil when in storage, as the frost will come down then into the head if they protrude and are allowed to freeze and thaw a number of times.

Quick relief from RHEUMATIC pain
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has immediate effect.
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Agents for Dr. Jules Benoit
RELIEVES PAIN

The Mayflower's Flag.

During the preparations for celebrating the tercentenary of the sailing of the Pilgrims it has been discovered that the painting of the Mayflower in the Houses of Parliament depicts the ship flying the modern Union Jack. The present Union Jack did not come into existence until 1801, at the time of the union of Ireland with Great Britain, when the cross of St. Patrick was added to the British flag.

In many ways the sailing of the Mayflower was an event in England's history, but how different that history would have been had the example of the Pilgrims been followed by certain other men who had made up their minds to join William Brewster and his companions! Wearing by civil and religious strife in England, Oliver Cromwell and John Hampden were preparing to set out for America, when Archbishop Laud procured an order from Charles I. forbidding them to leave. That proclamation of May 1, 1638, declared that the king, being informed that many persons went yearly to New England to escape ecclesiastical authority, ordered that no one should henceforth pass without a license and a testimonial of conformity from the minister of his parish.

It was this same Charles I. who, in 1634, issued another proclamation forbidding any of his royal ships to fly the Union Jack—the old flag of the English and Scottish crosses. Queen Anne, in 1707, ordered merchant ships to fly a red flag with the Union Jack in a canton at the upper corner thereof. This is the British red ensign, well known in every port of the world.

Originally the name "jack" was given to the small upright spar in the ship's bows from which the flag was flown when going into action. Gradually the term came to be applied to any flag of noble size that had the cross of St. George next to its staff. The Union Jack with the crosses of St. George and St. Andrew supplanted the St. George's Jack on the ascension of James I. when the crown of Scotland was united with that of England.

Distinguished Personages.

When Professor Walter Raleigh was asked to lecture at Princeton College, Professor Root went down to the station to meet the distinguished visitor. Professor Root did not know Professor Raleigh, but walking up to a man whom he thought looked like him, he said:

"I beg your pardon, but am I addressing Walter Raleigh?"

The man looked at him for a moment, and, thinking he must be mad, replied:

"No, I am Christopher Columbus. Walter Raleigh is in the smoking-room with Queen Elizabeth."

The death rate for adults is at its lowest in June, under normal conditions.

CASCARETS

"They Work while you Sleep"



Do you feel all tangled up—bilious, constipated, headachy, nervous, full of cold? Take Cascarets to-night for your liver and bowels to straighten you out by morning. Wake up with head clear, stomach right, breath sweet and feeling fine. No griping, no inconvenience. Children love Cascarets, too. 10, 25, 50 cents.

OUCH! ANOTHER RHEUMATIC TWINGE

Get busy and relieve those pains with that handy bottle of Sloan's Liniment

WHAT Sloan's does, it does thoroughly—penetrates without rubbing to the afflicted part and promptly relieves most kinds of external pains and aches. You'll find it clean and non-staining. Keep it handy for sciatica, lumbago, neuralgia, over-exerted muscles, stiff joints, back-ache, pains, bruises, strains, sprains, bad weather after-effects.

For 39 years Sloan's Liniment has helped thousands the world over. You aren't likely to be an exception. It certainly does produce results.
All druggists—50c, 70c, \$1.40.
Sloan's Liniment (Patent) (Pain) (Enemy)

ISSUE No. 60-20.

BITS OF HUMOR FROM HERE & THERE

Declined With Thanks.
"I got even with the editor last night," said the budding author.
"How did you do it?" pushed the confidential friend.
"I declined his son, with thanks."

A Failure.
Orator's Wife: "Did the people applaud?"
"Applaud?" They made about as much noise as a rubber heel on a feather mattress!"

Easy Task!
"Well, doctor, do you think it is anything serious?"
"Oh, not at all. It is merely a boil on the back of your neck, but I would advise you to keep an eye on it."

Tommy Knew.
Teacher: "Who was the first electrician?"
Tommy: "Noah. He made the arc (k) light on Mount Ararat."

"DANDERINE"

Stops Hair Coming Out; Doubles Its Beauty.



A few cents buys "Danderine." After an application of "Danderine" you can not find a fallen hair or any dandruff besides every hair shows new life, vigor, brightness, more color and thickness.

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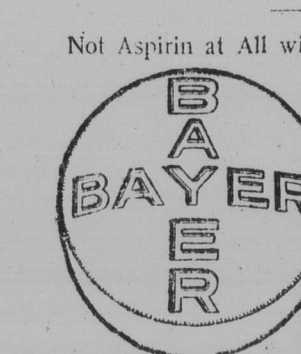
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Not Aspirin at All without the "Bayer Cross"



The name "Bayer" identifies the only genuine Aspirin—the Aspirin prescribed by physicians for over ninety years and now made in Canada. Always buy an unbroken package of "Bayer Tablets of Aspirin" which contains proper directions for Colic, Headache, Toothache, Earache, Neuralgia, Lumbago, Rheumatism, Neuritis, Joint Pains, and Pain generally. Tin boxes of 12 tablets cost but a few cents. Larger "Bayer" packages. There is only one Aspirin—"Bayer"—You must say "Bayer" Aspirin is the trade mark registered in Canada of Bayer Manufacture of Monach. Aspirin is the trade mark registered in Canada of Bayer Manufacture of Monach. Aspirin is the trade mark registered in Canada of Bayer Manufacture of Monach. Aspirin is the trade mark registered in Canada of Bayer Manufacture of Monach.

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If you want an interesting inexpensive Christmas Gift, send twenty-five cents and we will mail our unique Rain-bow Parole. Oliver Mfg. Co., 6 Alcona Ave., Toronto.

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AGENTS WANTED: BLISS NATIVE Herbs is a remedy for the relief of Constipation, Indigestion, Bloating, Rheumatism, Kidney Troubles. It is well-known, having been extensively advertised, since it was first manufactured in 1888, by distribution of large quantities of Almanacs, Cook Books, Health Books, etc., which are furnished to agents free of charge. The remedies are sold at a price that allows agents to double their money. Write Alonzo O. Bliss Medical Co., 124 St. Paul St. East, Montreal. Mention this paper.

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IMMORTALITY CERTAIN—Swedenborg's great work on Heaven and Hell, and a real world beyond. Over 400 pages, only 25c postpaid. H. B. Law, 466 Euclid Ave., Toronto.

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Minard's Liniment For Dandruff.
The American bale of cotton is 500 pounds, the Egyptian 700 pounds, and the West African 400 pounds.

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Bathe with Cuticura Soap and hot water to free the pores of impurities and follow with a gentle application of Cuticura Ointment to soothe and heal. They are ideal for the toilet, as is also Cuticura Talcum for perfuming. See 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion Canadian Depot: Toronto, 344 St. Paul St., W. Montreal. Cuticura Soap shaves without mes.

MOTHER!

"California Syrup of Figs" Child's Best Laxative



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California."

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It has helped many a coffee drinker out of trouble.
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