**JUNE** 12, 1915

### CHATS WITH YOUNG resort to save the precious moments from oblivion ? Drive the minutes or they will MEN

LEARN SELF. DISCIPLINE It is bitter medicine, but the one thing most needed in the human soul

ipline. It is well to have force, genuine vigor, enthusiasm, power; but you may have them and be a criminal, a maniac or a cad: you become great only when you add self control.

You may attain to the true aristoc-racy of the world. These are over-comere. These are they who have passed through the cleansing fires. These are they who rule their stormy passion, their own mighty ambitions and boundless longings with a will of tempered steel.

tempered steel. And these are the beloved. You know them; in every walk of life you have met them, soldiers of the light, the old guard of the best things of

How, then, can I learn the art of self mastery, you ask? Here are a few suggestions:

First, it comes only by practice. You must learn it as you would learn to play the violin. It is a matter of atience and persistence. And surely you are willing to exercise to elop your muscles, you ht to be willing to exerought cise to develop your character, your power to enjoy yourself and your bower to enjoy yourself and your ability to be a source of happiness to others. Don't make a resolution. Just begin doing it. Whenever you have a conviction, whenever your resson points out a certain thing to do, do it at once.

Then, when you see clearly what you ought to do, do it cheerfully. not pity yourself. Don't adver

tise your virtue. Don't wrestle, fight and pray. The essential element of a strong person ality is quiet power. Those who fight are weak

Do what you have to do, dismiss

the matter and go ahead. The first of all insurance policies, to insure oneself the maximum of happiness, efficiency, is to learn how to make oneself do v hat he knows ought todo, yet what he hates todo, and to learn to do smoothly, without struggle or self torture. Without that, there is positively no peace. Without that, life is sure to turn bitter.

The contented people are these who have themselves in hand. The gratification of desire is an endless task. It is like attempting to fill a bottomless pit with water from a tin

cup. But the control of desire is a sure road to a full and joyous life. The man who has disciplined himself can be happy whether poor or rich. He is the master of the world, not its

slave. Your vision must be clear. You must see plainly that to let your desires master you, means self con-tempt and degradation. And you must learn, whenever you have commanded the fierce waves of passion to be still, when you have resisted the storm of fierce and evil longings, and the waves and winds have sub sided, baffled by your strength, you must learn then to laugh in pride, to realize how good it is to be a man.

You know them, the real ladies of the world, a real gentleman not by heredity of endowment, not by display or cheap vanity, but by open, free, happy, strong life that comes self discipline constantly ex--Dr. Frank Crane, in the Cosfrom mopolitan.

"IF I ONLY HAD THE TIME" Some boys will pick up an educa-

### THE CATHOLIC RECORD

Viva chattered this speech out as she walked along the street beside

Miss Merton. "She has something far better than brilliancy," said Miss Merton. "What ?" said Viva, her cheeks flushing uncomfortably; for she felt drive you. Success in life is what Garfield called a question of "mar-Garbeid Called a question of mar-gins." Tell me how a young man uses the little ragged edges of time while waiting for meals or tardy ap-pointments after his day's work is that she had made a mistake, and she was very anxious to stand well in Miss Merton's opinion. done, or evenings-what opportunity -and I will tell what that man's "She has a courteous manner

success will be. One can usually tell by his manner, the direction of That is a grace that is very great, but far too rare. I know Ruth quite well, and her kindness and courtesy are unfalling in company or at home. the wrinkles in his forehead, or the expression of his eyes, whether it is his habit to use time to good advan-She is going to grow into a lovely tage. The most valuable of all posses vomanhood

"I am sorry I spoke so," said Viva. "I really don't know anything about her except that she stumbles so sions is time; life itself is measured by it. The man who loses no time dreadfully in her lessons."

Some squander time, some invest it "No doubt she is very sorry about it. It is a fine gift to be quick and bright in understanding things, but you know, my dear, that it is far some kill it. The precious half hour a day which many of us throw away rightly used, would save us from the ignorance which mortifies us, the more important to be kind-hearted and gentle. When you go out in the narrowness and pettiness which always attend exclusive application world no one will ever ask or know whether you got good grades in alge-bra and Latin. If you have done your best, it is wrought into you Four things come not back-the spoken word, the sped arrow, the past life, and the neglected opportun-

your best, it is wrought into you whether your best is very good or only medicore. But be sure of this : every one who meets you will know, without putting you through an ex-amination, whether you are a gentle-woman or not. It isn't practical to out of discuss another problem quote Greek or discuss psychology or read Shakespeare with every on It is hard to think that our Lord you meet, but you can always speak kindly and listen courteously, and

is really coming to us on our First Communion Day. Sometimes when we really understand that He will be quietly look out for the opportunity to do little deeds of kindness that with us then, we slip into the church make our lives so much more worth or the school chapel to tell Him we living."-Intermountain Catholic.

A GIRL SHOULD REMEMBER There are some things that a girl

But even when we are kneeling in the quiet place, it is hard for us to keep on remembering. We feel we must be a little ungrateful, especially when we think of all the saints whose is richer for remembering and the poorer for forgetting. Here they are, and it is possible for most of us to acquire them without much expense; greatest joy was Communicn. And so for the older ones of us. in some instances without any out-

who can read easily, I am putting lay at all. Every girl should know how to sew and make dresses. down this prayer written by a Jesuit especially for little children who are to make their First Communion. In To cook and clean.

To mend her own and the houseit they will ask all those saints who loved the Blessed Sacament to help hold things. To dress neatly and becomingly

"St Aloysius, pray that I may feel and daintily. To keep a secret and respect conat the altar some of the joyful love

that filled your heart when you re-ceived your First Communion from fidences. To be self-reliant and not helpthe hand of St. Charles. "St. Stanislaus, to whom, it is said, To keep a house tidy and have a

the angels brought Holy Communion because you desired it so, pray for me. place for everything. To respect old age. " Blessed Imelda, who died during To be above gossiping or listening

to slander. your First Communion, pray that

To control her temper. If she has these accomplishments then she need not trouble very much may feel some of your great love for the Blessed Sacrament. "Blessed Margaret Mary, pray that I may begin to atone to our Lord for the coldness which people show to if fate has denied her the chance of acquiring some others that may be a trifle more fashionable, but are certainly not so delightful and use-Him in this Sacrament-especially

for my own. "St. Thomas, obtain for me the ful.-N. Y. Freeman's Journal. grace to say with some share of your glowing faith : 'My Lord and my WHY DO PROTESTANTS God !' when I genuflect before the

NOT USE THE BIBLE St. John, who with St. Peter prepared the large supper room furnished MORE ? for the First Communion of the Church, pray that I too may be 'a dis-ciple whom Jesus loved'—I, to whom He vouchsafes a closer union than The Protestant who becomes a con-

vert to the Catholic faith soon notices the greater use made of the holy yours when you leaned upon His scriptures in the Catholic services than is the case in the Protestant "St. Peter, who made the first great public act of faith in the Blessed Churches. says a writer in The Mis-sionary. He is somewhat surprised Eucharist when others found the saying hard and would not hear it, at this, for he has believed that the Catholics laid aside the Bible, and in

Catholic services are practically

obtain for me an increase of faith. "To give thanks to God for reits place made use of a composite sort of volume that was partly Chrismaining on the altar for me, I will tian, partly a selection from religious unite my First Communion, this visit, this prayer, with the Communions, visits and prayers of all the faithful books and partly pagan. He is as tonished to find that the whole of the



tession and absolution, of which the poor as well as the ricb, the ignor same may be said. The same is also true of the pre-face ; and the "Sanctus " is a Biblical ant as well as the learned. This golden key is the Crucifix, for the Crucified is the fountain head of sal

uotation. The canon of the Mass, with the exception of a few passages containing proper names, consists of quotations from different parts of the Bible. The consecration, the Angus Dei, the Domine non sum diqnus, and post Communion are all direct from the Bible. Benediction consists chiefly of

hymns and prayers which, of course, are not to be found in the Bible any more than are Protestant hymns and prayers, though both are again composed mainly of Bible phrases, as is also the Litany of Our Lady.

vary and of your own.—Intermoun tain Catholic. Vesper service often contains four or five pealme of David. The rosary prayers with the exception of thirteen words, are taken entirely from the gospels.

The question really ought to be re versed : Why do the Protestant serv-ices makes so much less use of the Bible than the Catholic ones ? Bible than the Catholic ones ? And the answer is very obvious. The sacred book is displayed conspicuously, indeed, in Protestant churches, but in Catholic churches it inspires, even when it does not actually provide every word that is spoken.

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We are going to sell 500 gross of our flowers in 30 days. We did the same last year. They are largely used for bazaars, patriotic purposes, giving, and He likes us to do the same. It is only when we look back upon the years that have gone that etc. Carnations in 1,000 lots, 1 cent each ; Button hole roses, 1 cent each ; Violet bunches, 2 cents each ; large naturally, that we didn't notice it, and so, of course, forgot to thank tissue paper fans, 1 cent each ; Confetti, 1 cent a package. Act quick as the goods will not last long at these Him. prices. Write the Brantford Arti-ficial Flower Co., Brantford, Ontario.

THE VISION OF CALVARY

1912.2

On the height of Calvary we be

hold a pilgrim, who has just reached the Holy City and placed his foot for the first time on sacred ground. He is alone, and in the dim light of the flickering lamps he sees the figure of the dying Savior. With holy awe there rises before his spirit the terrible scene which was enacted on that very spot, and he is astonished that he never has given it fuller con sideration

Yes, the worldly man never stops The Australian visitor opened her purse and gave them what she had. to think of the terrific reality of that tragedy, which had such momentous importance for the world and for him The little faces were radiant. The Mother of God had heard the apnce for the world and for him end of our life. Close your he end

was Anglican. It is now a Catholic

religious order. Miss Lucy Eston Smith, in religion Mother Catherine di Ricci, O. S. D., was the founder and first superior of the American Congregation of St. Catherine di Ricci's Reform, of the Sisters of St. Dominic, New York. The late Mother General of the Protestant Episcopalian Sisterhood of

St. Mary's, Peeskill, N. Y., is now a member of the Sisterhood of the Blessed Sacrament, founded by Mother Catherine Drexel.

How many Americans are aware that among the few living bearers of the illustrious name of Washington is a cloistered Ursuline nun in the convent in Arcadia, Mo.? Or that a daughter each of Ethan

Allen, of Ticorderoga fame, of Presi-dent James Monroe, and of General Winfield Scott left home and kindred to serve God in the cloister ?

Or that three great great great-grandchildren of Thomas Jefferson are to day nuns? We also recall, continues Scannell O'Neill in the Catholic Citizen, a granddaughter each of Henry Ciay (who received from that grand old man a most beautiful letter on announcing her If, therefore, you dread the coming letermination to enter a convent)

judgment: if your sins fill you with terror and despair, look up to the Crucified of Calvary. There is your Judge, His arms stretched out to emof Francis Scott Key, and of Daniel Webster: a niece of Ralph Waldo Emerson and of President Tyler. Madame Tenney, of the Ladies of brace you, His heart opened to re-ceive you. Yet He is in your hands. the Sacred Heart, has in her veine the blood of the Channings, one of Appease His anger now, settle your accounts and crave the forgiveness whom founded the Unitarian sect of your sins. Love Him Who has loved you with exceeding great love. Make the vision of Calvary your daily practice, the vision of Christ's Cal--Boston Pilot.

## THE BOGUS OATH OF THE K. OF C.

The Supreme Board of Directors of

the Knights of Columbus has issued a pamphlet called "Knights of Col-HOW GOD ANSWERS Malicious Bigotry " dealing with the bogus oath and the legal actions Every prayer is answered if it is arising from its circulation. The prayer. Our Divine Lord teacher us how to pray in the "Our Father."

pamphlet says : Bigots have read this foul libel a He gives us the list of petitions, the kind of things to pray for. "Thus, therefore," He says, "shall you pray;" and when we pray thus we always receive. If we are foolish except to pray for a super the site gloated over its expected destructi of the Knights of Columbus; th have passed it to others, circula it, approved it. Some honest men have read it a

enough to pray for a serpent, He will not give us a serpent, but good and daily bread, but He will give us something. been sorely troubled in consequen It seemed unlike the Knights of C umbus they knew as bonest man yet would men dare publish such God, as it were, likes to hide His

thing it it was untrue; if untr would not the Knights of Column prosecute their defamers ! What, then, was the duty of t we see God really did give us what we prayed for, but so silently, so Society to itself, to its members, the host of men who were in doul Oral denial was necessarily limit

written denial was not received the public press ; submission of Some time ago a non Catholic ceremonial to non Catholic comm lady, on a visit to England, went to view Westminster Cathedral. She tees in several cities did not res

the multitude. seated herself near the beautiful statue of Our Lady in her chapel, and Criminal prosecutions were th instituted, but alas, the public pu presently saw two poor little ragged children, aged about eight and four gave but scant, if any, notice to su prosecutions although the libels w years, who came in, hand in hand. They knelt down at the shrine before against the Catholic Church and marily against the Knights of Colu the Pitiful Mother, and prayedus-330,000 men. We submit then the following

prayed earnestly, Doubtless they were asking her to "show herself a count of actions taken to expose t mother," for their hearts were in libel. and

their petitions. The Australian lady watched them go out together, and We urge our non Catho (a) friends to read it through and ask any questions that further enlight an inspiration came to her. She went after the children and asked then them if they were asking for some-thing special. "Yes," was the reply. "Mother sent us to ask the Blessed

(b) We ask our members to culate this pamphlet among n Catholics, public libraries, colleg Virgin to give us shoes. Father is out of work and can't buy us any." normal schools, and high school and especially send it to the lo public press and to bigoted public tions.—Sacred Heart Review.

impose upon us any new obligations, but simply show us how we may ful-fill the different precepts. Thus the Church acts toward us like a wise mother.-Catholic Union and Times.

Most of us get what we deserve but only the successful will admit it.



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3a-	see what they'll do for you. The scientific reasons underlying this un-
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	ment are fully ex-

SEVEN

ment, the Church prescribes, during the year, different days for fasts and abstinence. Hence, we see that the commandments of the Church do not

doubles his life.

to our callings.

are glad.

them love It too.

tabernacle.

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ity.-Canadian Freeman.

**OUR BOYS AND GIRLS** 

FOR FIRST COMMUNION

which others carelessly throw away all over the world, for my intentions as one man saves a fortune by small economies which others disdain to and theirs-particularly now for the practise. What young man is too busy to get an hour a day for self improvement? You will never "find" time for any--New World.

thing . It you want time, you must take it.

It a genius like Gladstone carried her brother again ! Do you know, through life a little book in his Miss Merton, she is just awfully dull pecket lest an unexpected moment in school, and we girls laugh at her should slip from his grasp, what so much. She hasn't a particle of should we, of common abilities, brilliancy."

end of wars. "Praised and loved forever be the adorable Sacrament of the Altar "!

WHAT RUTH HAD

the Bible, with the exception of the collect of the day, which, as readers " Ob, there's that Ruth Knolls and of the translated collects of the Pro-testant prayer book well know, is for the most part made up of phrases quoted from the Bible, and the con-

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eyes for a moment and consider your

taken from the scriptures. In th ownself on a bed of pain in the pange of death. Rapidly the world vanishes from your view, as does the Mass he listens to the reading first of an epistle from the New Testament. and then to a gospel containing the words of Christ, from the same holy scenery before a lightning train, and the failing eye sees only the flicker-ing of the blessed candle, and in its dim light you behold the Crucifix, volume. The whole of the service as far as the offertory comes direct from which your compassionate relatives

have placed in your hand. The scene is reversed. Christ has come to your Calvary, not indifferent to your salvation; as you have been

to His sufferings, but lovingly He opens His arms to embrace you with the consoling words: "This day thou shalt be with Me in Paradise," Will you be worthy of such a con-solation? Stop to reflect what would Maris. be your fate if Christ came to call you just now. And what you would then wish to have done, do it now to

obtain a happy death. A happy death is the seal of our

earthly career, and no event of our life can equal it. If you were to inherit a million, yes, untold millions; if you had the fulfilment of all your desires; if you could obtain a king-dom; if you could live to be as old as Methusalem and pass all these years in undisturbed happiness, in the en-joyment of perfect health, without the least of adversity of any kind, you would say that life were worth light and that would all living. And just what would all

this amount to if you would not die a happy death? A happy death is therefore the greatest event of your life, to which you must look forward with intense attention. It is the great prize you must obtain. "So run," says St. Paul, "that you may obtain it." (1. Cor. ix., 24.)

Who will guarantee this prize? Who will assure you a seat in the heavenly kingdom, a dwelling in the eternal mansions?

eternal mansions? If there were a place in the world where insurances for a happy death and tickets of admission into the kingdom of God were sold, people would hurry there from the extremities of the world and pay fabulous

The worldly might say, "Very THE PRECEPTS OF THE CHURCH

commended by the Lord, we shall render our act of religious worship by assisting at the boly sacrifice of the body and blood of Christ. God commands us to go

show ourselves to the priests whom

He has invested with the power to bind and forgive sins, in order that

retty, but, of course, quite natural." "There's where the worldly make a mistake. That is one of God's favorite ways of answering prayers. The commandments of the Church From all eternity He saw that those little mites would pray to Our Lady in Westminster Cathedral, and He are not new obligations; they are not additional burdens imposed upon us. They are rather helps to us, indicating how best we may be able saw the Australian lady, and this was all arranged quite naturally and to comply with the more serious commandments of God. They fix

quite supernaturally, one part fitting in with the other. We do not know whether this dear non Catholic lady for us the time and the manner of fulfilling the divine command whether this dear non-Catholic lady became a Catholic. We are quite sure, however, that the Blessed Virgin will give her shoes and better things than shoes for her beautiful charity. Blessed be God. — Stella ments, and without these helps per-haps the latter might not be fulfilled at all. God in Holy Scrip-ture commands us to remember His

gifts and to be grateful for the benefits which we have received in so signal a manner. The Church, in order to help us fulfill these divine

orders, determines the days on which during the year we shall give to God that special tribute of acknowledg-ment and gratitude, which is His due

Protestantism have become nuns in from us. God commands us to sanc tify by the works of religion and wor ship the days that are sacred to Him; and the Church, by her command-ments, prescribes that on the days

a convert from Episcopalianism, founded the American branch of the Sisters of Charity. Steps have been taken at Rome to beatify her.

Holy Child Jesus ; an order engaged in teaching in England and the United States numbering today 250

we may obtain from them the pardon which our sincere repentance and Mary Caroline Dannot Starr, in religion Mother Mary Veronica, a con-vert from Congregationalism, was confession may merit. Our divine Saviour wishes us to be nourished with Monsignor Preston the found-ress of the Sisterhood of the Divine and warns us of the danger of the Compassion, whose motherhouse is at White Plains, N. Y. Mrs. George Parsons Lathrop, Mrs. George Parsons Lathrop,

Mrs. George Parsons Lathrop, ments, prescribes the time when this daughter of Nathaniel Hawthorne, in important duty shall be complied the founder of the Servants of Relief for Incurable Cancer Patients, of the Third Order of St. Dominic; formerly Unitarian. Mother Laurana Mary Francis the mortification of our passions, the

And yet the golden key to heaven is within the reach of everybody, the sumerly head of this order when it order to help us fulfill this command-

book, illustrated in colors, which I send Free with every trial pair of Drafts. Ad-dress Frederick Dyer, Px24, Oliver Building, Jackson Michigan. Send no money, just the coupon. Please do it now. CHURCH ORGANS TUNING REPAIRING WATER MOTORS ELECTRIC MOTORS ORGAN BLOWING MACHINE

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PRAYERS

bis country. Mother Eliza Ann Bayley Seton,

Mrs. Pierce Connelly, wife of a Protestant Episcopal minister, was the founder of the Sisterhood of the

members