






## 

IHE CATHOLIC RECORD.
 cin


Nine Nations

and fat is the element lacl
in your system.
There is no fat food that
go easily digested and ass

Scott's Emulsion
of Cod Liver Oil

of Cod Liver Oil
It will nourish and strengthen

## 

Don't let the children
get the Calomel and " I
get the Calomel and "Li
ver pill" habit. Give
them the natural laxative
that is gentle and effective,
pleasant to take, never
gripes, and CURES cor
Abbey's
sait
fail to do it. Scott's Emulsion
is always the same; always
palatable and always beneficial
palatable and always beneficial
where the body is wasting from

## any cause,

## 

5imb
SCOTT \& BOWHE
Toronto, 101.

ASH
"The Ideal"

COCOA
IFTERS"The Ideal"
tit te
 The Purdom Gillespie $\overline{118}$ Dundas (St., London. Om. COWAN'S

CHOCOLATE

