

**"THE IDEAL TO ATTAIN."**

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"Monthly Communion is indeed praiseworthy but frequent Communion is very much more so. Frequent Communion is the ideal to attain; the ordinary means to live a truly Christian life. Then cease to consider this ideal reached in monthly Communion, look upon it more as a help to arrive more quickly and easily to the practice of daily Communion.

"There are certain pusillanimous souls who do not believe in the possibility of introducing, even in thoroughly Christian families, the practice of daily Communion, for little children as well as for their elders; who cannot sum up courage enough to start a work which according to their idea must inevitably result in disappointment and failure.

"But nothing is impossible to zeal seconded by God's grace. Moreover facts demonstrate the possibility of success, and strikingly so too in certain parishes even under none too favorable conditions.

"Besides since daily Communion is the ordinary means to lead us to a truly Christian life, true charity imposes the duty of procuring this incomparable benefit to as many souls as possible, to keep in the faith and in the practice of Christian duties the greater number possible of children and young people.

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"EVERY breath of our prayer, every aspiration of our love every sigh of our agony, stirs the mighty ocean of our love of Jesus in the Blessed Sacrament. O wondrous life of Jesus! However profoundly He may be hidden from our sight, yet, He is open to all that passes around Him, so that He catches the slightest wish of any one of us who visit Him, and His heart is tremblingly alive to the whispered accents of our love. Though His disguise is so perfect that the frail species are like a wall of adamant sheltering Him from all creation, it is so pervious to our prayers that the slightest whisper reaches Him behind the veil."

And He longs more for Communions than for vocal prayers.

FABER.