

THE STEADY SUBSCRIBER

How dear to my heart is the steady subscriber, who pays in advance without skipping a year; who takes out his dollars and offers them gladly and around the office a halo of cheer. Who never says "Stop, it, I can not afford it," or "Getting more papers each day than I read"; but always says, "Send it, the ranch outfit like it—in fact, we regard it as an absolute need." How welcome he is when he steps in the sanctum; how he makes our heart throb, how he makes our eyes dance; we outwardly thank him—we inwardly bless him—the steady subscriber who pays in advance.

RELIGION AND HEALTH

In the work of conserving the health the mind must not be left out of account. Much depends on air and food and exercise and sleep, and much also depends on what is going on in the mind. It is possible for the mind by its lawless and mischievous action to counteract all the efforts put forth to maintain the body in health. Dark and sombre moods are hostile to good digestion. Fear in all its forms is an enemy of normal circulation. Worry is a mischief maker of the first rank, and must be exercised, if the body is to be saved. In order to enjoy health we must have not only a sound body, but also a sound mind. It is impossible to have one without the other. Every disorder in the flesh reports itself in the intellectual and emotional life and every disturbance in the life of the soul makes itself felt in the life of the flesh. Many a man who is an invalid physically has found it impossible to escape from his physical infirmities because of the dark condition of his mind. All the dark passions are destructive of health. Remorse sucks the life blood like a vampire. A soul ill at ease deranges the physiological processes. The body is the creature of God, and it does its work successfully only when it is under the domination of a Christian spirit. Joy is a great physician. Peace is the best of medicines. A genial, loving disposition wards off disease. Jubilant moods are to the nerves what a summer sky is to flowers. Fretful tempers leave their mark on the corporeal; doleful moods retard the flowing of the blood. The more hopeful and sunny a person is, the better is his chance for victory over the ills of the flesh.

THE FARMER'S PARTNER.

By One of Them.

Some people call a farmer successful who has made and kept money while others think this only a part of success. A man may accumulate wealth and still not be successful, say the broad minded men and women who feel sure that success goes above and beyond mere money, though it usually includes that, too. To be successful a man must be a good neighbor, a good citizen and a power for righteousness and progress in the community in which he lives. And many of our farmers are living up to this latter definition every day in the year.

The world is quick to applaud success sometimes, but it is a well known fact that often the greatest workers in any field are overlooked. And this is particularly true of the wives of successful farmers. It is very, very rarely that the world thinks of the successful farmer's partner and gives her a word of credit. In town it is different where the wife of the successful merchant or banker or politician can further her husband's plans by a judicious social program, and even advance him by being active in lodge or church circles, but in the country the man gets most of the credit. And, strange to say, the good ladies who deserved half the credit for success in the country rarely claim any of it even in speaking with their husbands. They value their services too lightly because they are so delightfully modest.

The farmer whose wife is not nagging him to move to town ought to fall

upon his knees daily and return thanks for his treasure. Many farmers have succeeded in the face of this handicap, but no one knows what heights they might have reached if they had possessed partners who "pulled even" with the load. To have a home where contentment and peace reign is the greatest asset any man can claim and the greatest factor in success, particularly on the farm. A woman in love with farming and anxious for her husband to succeed can accomplish more in one week than a discontented woman can in a month.

And consider what the ladies have done for country communities. Many a successful man fondly imagines that his interest in school, in grange, in good roads, in church and in all things that uplift is due to his public spirit, when really it is due to his energetic partner. The farmer gets absorbed in money making and wants to grow indifferent to the higher things of life because he is so busy, but his wife will not allow such a thing. Gently and persuasively she gets him to remember the welfare of their children, his duty to society and the church, and presently he comes to see that the "life is more than the meat, and the body than the raiment." He keeps acquainted with his children and his neighbors largely through her efforts and his home be-

comes a center of hospitality and good cheer.

And like the silent forces of nature, the good wife accomplishes everything without bluster or argument. One good woman who was ill a long time awoke to the realization that during her invalid days her husband had become absorbed in money making and was rapidly beginning to think that success meant only the accumulation of property. It was a hard task to reorganize the household but she did it and did it well. To-day that man is serving the school, the church and in political affairs as well as making money, and he is rounding out a full and complete character. If she had been a weak woman she might have said it was useless to try.

So it is about time that the farmers should consider the greatest factor in their success. Why, the country churches would have been closed long ago but for the ladies, and all social activities would have ceased if the busy farmers' wives had given up their efforts in that direction. And if every country improvement were sifted to the bottom it is ten to one that some woman first thought of it. In the work for temperance to protect the country homes from contamination the ladies have always taken an active part in the work and have urged their hus-

bands to increased activity in this regard. And they have done it all handicapped by lack of domestic help and strenuous work in season and out of season. There never was a time when there were so many demands on the ladies' time as now, with the auto bringing company at most unexpected times and the dust of country roads making it harder than ever to keep things clean and tidy. All honor to the partners of successful farmers! They deserve every word of praise that comes their way and many more besides. To be a self-made man is the proudest boast of most successful farmers, but there are mighty few self-made, successful men anywhere. Almost always there is some energetic, capable ambitious, home-loving and devoted wife behind the successful man who is his partner and co-worker though the world takes no note of her and this is particularly true of the man who has made a success on the farm.

PARIS CHEERFUL THOUGH FULL OF WIDOWS

Paris in wartime is a very different place from the gay Paris of former days, says Ellen Adair in The Philadelphia Public Ledger. One sees the difference immediately on arrival. When our train reached the Gare du Nord and I motored

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