

How Collars Came.

The word "collar" is taken from the Latin for neck, and the thing is probably as old as almost any article of human dress. At all events we have direct evidence of the use of some sort of "collar" as far back as the times of the ancient Phoenicians, to say nothing of the Romans and Saxons.

In those days the "collar," often of gold, was a mark of wealth and rank, a sense which still applies to the official collars of the great orders of knighthood. Later, the collar in Great Britain became a "livery" the retainers of some great lord wearing their master's collar. Our own stiff linen collar originated in Tudor days, and its direct ancestor is to be seen in the huge ruffs of the Befeaters at the Tower.

The collar remained a part of the shirt, until, in 1825, a Mrs. Hannah Montague, a blacksmith's wife in Troy, near New York, discovered in the never-ending task of washing her husband's shirts the advantages of a collar that could be taken off and washed by itself. A local tradesman, Ebenezer Brown, took up her idea and made a fortune.

Advice to a Salesman.

Every time you fail to make a sale, remember that it needn't be all failure. The time is not lost. If you leave him with such a picture in his mind that he will say, after you have gone, "There goes a man. I have met a real genuine man to-day. He made an impression upon me for his manliness, his character. I shall remember him as a real man."

Leave him with a good picture in his mind so that he will say to himself, "I have met a real man to-day, a 100% gentleman. I like that fellow." You never know, my friend, where that will end. I have known of several instances of that kind where a salesman who lost an order was recommended by his prospect for a very much better position than he had. You never know where the bad impressions you make will land you.

If you can leave a man with a good taste in his mouth, make him feel that he has met a rare character, you need not feel that your time is wasted or that you have failed.

Life is What One Makes of It.

Life is what one makes of it. Every hour of every day. If one gives the best one may One shall reap the benefit.

When one gayly does one's bit Through adventure, work or play, Life is what one makes of it Every hour of every day.

Though one fear to lose one's grit When the skies bend dark and gray, Helping others on their way One shall find with happy wit Life is what one makes of it —Charlotte Becker.

The Truth That Makes Free.

"You shall know the truth and the truth shall make you free."

"Ignorance makes for slavery and enlightenment leads to emancipation." Good reading, a liberal education and travel, an open mind and wide mixing with the world set us free from a lot of superstitions and fears. Knowledge is constantly freeing us from our limitations. The more we know, the broader our knowledge and experience, the freer we are. Compare, for example, the degree of freedom of a narrow-minded ignorant man with that of a broad-minded, liberally educated man. One lives in a prison; the other in a limitless universe. Verily, the truth makes us free.

A Giant Spring.

Not far from the town of Twin Falls, in Idaho, is a spring that runs a big electrical plant. It is called the Thousand Spring, and there is nothing like it to be found anywhere else in the world. What a tremendous spring it is may be judged from the fact that it delivers almost 1,000 cubic feet of water a second—enough water to supply all the needs of the City of New York. It flows out of a lava cliff at a considerable height, like the water-fall of a stream, and furnishes power which, converted into electricity, is distributed for lighting and for other purposes over an extensive area.

This World First.

There is an English church where a box hangs in the porch. It is used for communications for the pastor. Cranks put their notes in it, but occasionally it does fulfill its purpose. Recently the minister preached, by request, a sermon on "Recognition of Friends in Heaven," and during the week the following note was found in the box: "Dear Sir—I should be much obliged if you could make it convenient to preach to your congregation on 'The Recognition of Friends on Earth,' as I have been coming to your church for nearly six months, and nobody has taken any notice of me yet."

Straight Hair Land.

From the women's point of view, the Province of Bergen, in Southwest Norway, is in one respect the least desirable place of residence in the world. It rains there 300 days in the year and, owing to the moistness of the climate, hair will not stand to curl. It is to despair! For this very reason, however, hair-curlers are in extraordinary demand there, and to manufacturers of marcel wavers and other such contrivances Bergen offers a most promising opportunity for the sale of their beautifying instruments.

ACID STOMACH IS SOON OVERCOME

WALTER BRODEUR SAYS HE CAN NOW EAT ANYTHING ON THE TABLE.

Suffered So From Stomach Trouble He Dreaded For Meal-Time to Come.

"For the first time in two years I can eat a hearty meal without fear of distress afterwards and I certainly am strong for Tanlac," said Walter Brodeur, 1472 City Hall Ave., Montreal, Que.

"I had acid stomach of the worst sort and nothing agreed with me. Often for as long as an hour after eating I felt that I was about to choke and would just have to fight to get my breath and I was so worried and nervous that I dreaded for night to come, as it meant hours of rolling and tossing."

"Everything is changed now, however, and I am like a new man, eat what I want, sleep all night long without a break and get up in the morning feeling as fresh and active as a boy."

Tanlac is sold by all good druggists. —Advt.

The most uncommon sense is common sense.

British shipping was first registered in 1660.

MONEY ORDERS. When ordering goods by mail send a Dominion Express Money Order.

The only civilized state in the world to be ruled absolutely by a woman is Bhopal, the second most important Mohammedan state in India.

Minard's Liniment for Coughs and Colds. INVESTMENT. Good Company. \$100,000.00. Preferred \$100,000.00. With Bonus of one Common share. Price \$100.00. Particulars from Campbell, 40 Adelaide West, Toronto.

Surnames and Their Origin

FROBISHER. Variation—Frobisher. Racial Origin—English. Source—An occupation.

With the "tip" that the family name of Frobisher or Frobisher is based upon an occupation, can you guess its origin?

Probably not. And the reason is because the word is all but obsolete, and the exact occupation is obsolete also, though there are a great many more or less akin to it in the various industries of modern times.

Occasionally, however, you will run across the word "furbish." Probably a majority of people cannot tell you exactly what it means even though they have heard or more likely, read it. It means to polish. The "furbisher" or "forbisher" of medieval England was a "polisher." And again you have to conjure up a picture of life in the Middle Ages to realize what kept him so busy, what it was that needed so much polishing as to give rise to a regular occupation. To-day he would probably polish automobiles, or put the fine gloss on combs. In the Middle Ages he was kept busy polishing armor. He did for the iron and steel clothing of the knight, squire and man-at-arms what the little tailor around the corner does for the worsted and serge clothing of the sales manager, bookkeeper and clerk of to-day—for rust was just as active in the Middle Ages as dust is now.

Don't Say It!

The harshest words that one can throw are often these, "I told you so." Nor are you pleased, you must admit, when you're the one they chance to hit.

Some people seem to take delight in anything that smacks of spite—they smile within at other's woes and pelt them with "I told you so's."

Perhaps you try a venture now and somehow fail to see it through; there's always someone standing by, to give the old "I told you" cry.

With heart and soul we all despise the man who ever waxes wise and very spitefully bestows his cynical "I told you so's."

Age Mellow Bells. The quality of tone in many old European bells could be accounted for only by their age. After careful investigation, an ingenious bell maker determined that with a century of use the bell clapper and the inner surface of the bell became so worn that they fitted exactly and a considerable surface of each came in contact. Accordingly he cast a clapper in a form that gave them, a considerable contact surface to begin with. The result was all that he had hoped. A month of lively ringing is still needed to give any given bell a tone of the desired quality, but the economy in time is obvious.

KEEP BABY WELL IN THE SPRING

Mothers who have little ones in the home find the Spring a time of great anxiety. At this season conditions make it necessary to keep the baby indoors. He is often confined to overheated and badly ventilated rooms and catches colds which rack his whole system. To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly. This will prevent colds, constipation or colic, and keep baby well. The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

SEVENTEEN DYNASTIES INSTEAD OF FORTY-ONE. Seventeen sovereign ruling dynasties exist in the world, as against forty-one in 1914. Twenty-four dynasties, of which the most were German, lost their thrones through the war; and the most tragic fate was that of the Romanoff family, of which sixteen members were assassinated during and after the Russian revolution.

Those and other figures, characteristic of change in the world's affairs since the outbreak of the war, appear in this year's Almanac de Gotha, that classic encyclopedia of world royalty. According to this authority the ruling German princes abdicated in 1918 as individuals only. Not one of the Hohenzollerns or other dynasties who ruled over the several parts of Germany abdicated in the name of the entire family.

The only central European State with a sovereign—Liechtenstein—is situated between Austria and Switzerland. It can be traversed in a motor car in twenty minutes.

She Turned Out the King of Sweden. One day a scholarly looking man, plainly dressed, went into a church in Iceland and took a seat near the pulpit. In a few minutes a lady approached the pew, and, seeing a stranger in it, curiously asked him to go out. He took one of the seats reserved for the poor and joined devoutly in the service. When services were over one of the woman's friends asked her if she knew who it was whom she had ordered out of her seat. "No," she replied, "but it was only some pushing stranger. I suppose." "It was King Oscar of Sweden," replied her informant; "he is here visiting the queen." The only point was this: that the woman forgot to carry her "company manners" to church.

Six New Instruments Added to the Violin Family.

It has been said by musicians that the violin family is composed of two pygmies—the violin and the viola—and two giants—the violoncello and the double bass. It is reasonable to suppose that the great gap between these two extremes could be advantageously diminished. It is not surprising then that two well-known French musicians, father and son, have, after years of study and experimentation, created a number of intermediary instruments which have entirely changed the nature of the violin family.

In a mile of railway track there are over 2,000 sleepers.

Hemp Hurds for Paper Making.

An interesting investigation recently carried out at the Forest Products Laboratories of the Department of the Interior, Canada, relates to the value of hemp hurds as a paper-making material. Hemp hurds are the waste stalks of hemp from which the fibre has been removed. Considerable quantities of the hurds, at present a mere waste product, are available in Canada. Some attention has been given to this subject in the United States, where experiments have been made in which the soda process was used. The work at the Laboratories, however, has been directed towards the application of the sulphite process, widely used in Canadian pulp mills for the manufacture of chemical wood-pulp. The results obtained indicate that while the material lends itself to sulphite cooking the resulting pulp has an extremely short fibre and is somewhat hard to bleach. The yield, however, is large, and the pulp might advantageously be used as a filler with pulps of longer fibre.

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SHE FOUND RELIEF AFTER FIVE YEARS

An Ex-Service Man Tells How His Wife Found New Health.

"I wish to testify," says Mr. R. A. F. Hughes, of Hamilton, Ont., "as to the efficiency of your Dr. Williams' Pink Pills for the following reasons: "When I returned home in May, 1918, after nearly five years absence on army service, my wife had changed from a healthy, robust woman, to one whose life was a burden and ordinary duties almost impossible. Through war worries, loneliness and other factors contributed through my unavoidable absence, her health had been steadily undergoing what I might describe as an undermining process, for years."

"I was fully aware from her letters that I would not find her the same woman, but, when I reached home, I was terribly shocked to find her in the condition she was in. Her healthy color had changed. She seemed bloodless and her skin was sallow. She was weak and listless, and with difficulty moved about the house. She hardly ever moved out of the house as she became so short of breath and feared she would fall during one of her dizzy spells, which she said were becoming more frequent."

"The day I arrived home I visited our doctor, who is an old friend, and, later through his advice, consulted with another physician of this city. Everything was done that could be done and many medicines were prescribed and faithfully taken. As these were of no avail I trusted that time alone would suffice to build up what had gradually been undone in the course of five years. After twelve months conditions had become worse. Then I decided on change of air, gave up my position in the city and moved to the country. Even this did not do any good. I think it added to her depression."

"One day a friend visited us and as a result of their conversation my wife made up her mind to try Dr. Williams' Pink Pills."

"I had not much faith in what I did, but procured three boxes. This happened nine months ago. I was surprised to hear my wife say, after about the tenth day, 'I believe these pills are doing me good.' A week or so after that I certainly believed they were, for I saw color returning to her cheeks and the sallow, unhealthy color disappearing. The pills were certainly doing what you claim they will do, and of her own free will she continued them for about three months. At the end of this time she seemed quite a different woman. Life was worth living. The listlessness had gone and she could walk up the steep hill, which is half a mile long, leading to our house, without the slightest inconvenience. At this stage she discontinued the pills and she is just as well now as ever she was."

"Now, sir, I want to say I have every faith in Dr. Williams' Pink Pills, as I have had proof, and I believe that what this medicine did for my wife, it can do for others."

You can get Dr. Williams' Pink Pills from any medicine dealer or by mail at 50 cents a box, or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

The Fire-Bug and the East Wind.

"It's time to hit the trail again." The careless camper said, And left his little fire ablaze Within its leafy bed.

"I'll light another cigarette." The idle loafer said, And clucked his old 'snipe' in the brush.

One end still glowing red, "Good time to fire my slingshot now," The thoughtless rancher said, And touched it off without a thought Of how far it might spread.

"Millions in lives and timber lost." The newspapers next said, What makes those fires all start at once We wondered as we read.

"It wasn't us, it was that wind." The fools in chorus said, So they're alive and loose this year. —We hope the wind is dead. —E. T. Allen.

New Forests for Great Britain.

A shipment of seven hundred pounds of Douglas fir seed was recently forwarded from the Dominion Forestry Branch seed-extracting plant at New Westminster, B.C., to Great Britain. This is the final shipment of seed collected in 1921. The total quantity of each kind of seed shipped for the season was: Douglas fir, 4,000 pounds; Sitka spruce, 3,000 pounds; and western hemlock, 100 pounds. As tree seed is very small and light, ranging from an average of forty-three thousand to the pound of Douglas fir to four hundred thousand seeds to the pound of Sitka spruce, it will be seen that many millions of seedlings will be germinated from these shipments for planting in the extensive reforestation scheme which the British Forestry Commission has in hand.

Country life, is more conducive to long life than town life, according to statistics collected by a well-known doctor.

ISSUE No. 15-22.

Flowers Think.

Luther Burbank says that flowers think; that they have intelligence, and respond to our thought; that they know whether we love them or are indifferent to them.

Some people can raise flowers almost anywhere, even with very little sunshine, while others can do nothing with them under the most favorable conditions. That is because, as Mr. Burbank says, the little mind cells of flowers and plants know who like them and who do not, and respond accordingly. A very intelligent woman I know says that she never could grow flowers, and that they wilt the moment she puts them on her person.

All plant life is sensitive to our thought, to our mental attitude. The farmer who hates farming never has the success with his crops that his neighbors who have growing things have. His mental attitude is not right, and his crops respond to his thought in kind.

Minard's Liniment prevents Spanish Flu.

A Youth Preserver.

A noble life aim is more than an ambition preserver; it is also a powerful health and youth preserver. It is a tonic that prevents premature aging. When the faculties are employed in working out a splendid destiny we are happy, contented; the mind is so fully occupied that it cannot rust out or lose its buoyancy. And it is the mind that keeps the body young.

MOTHER STEIGEL'S SYRUP

is excellent for indigestion because it assists stomach and liver to do their work naturally and efficiently. With the organs in perfect working order—indigestion is impossible. Try it today.

FOR INDIGESTION Mother Steigel's Syrup is sold in 50c and \$1.00 bottles.

USE SLOAN'S TO EASE LAME BACKS

YOU can't do your best when your back and every muscle aches with fatigue.

Apply Sloan's Liniment freely, without rubbing, and enjoy a penetrating glow of warmth and comfort. Good for rheumatism, neuralgia, sprains and strains, aches and pains, sciatica, sore muscles, stiff joints and the after-effects of weather exposure.

For forty years your enemy. Ask your neighbor. Keep Sloan's handy.

At all druggists—35c, 70c, \$1.40. Made in Canada.

Sloan's Liniment

(Pain's enemy)



Permanent Hair Health Promoted by Cuticura

Frequent shampoos with Cuticura Soap, assisted when necessary by gentle anointings with Cuticura Ointment, afford the purest, sweetest, and most economical method of freeing the scalp of itches and scalings and of establishing a hair-growing condition.

Soap 25c. Ointment 25c and 50c. Taken 25c. Sold throughout the Dominion, Canadian Depot: Leves, Limited, 24 S. Peel St., W. Montreal. Cuticura Soap shaves without mug.

"It wasn't us, it was that wind." The fools in chorus said, So they're alive and loose this year. —We hope the wind is dead. —E. T. Allen.

BAYER ASPIRIN

WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Headache Rheumatism
Toothache Neuralgia Neuritis
Earache Lumbago Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade name of Bayer Manufacture of Germany, a subsidiary of Bayer Chemicals and Pharmaceuticals, Ltd., London. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Classified Advertisements

CANADIAN MATRIMONIAL PAPER. 25c. per copy. Other fees. A. McCrery, Hamilton, Ont.

WOOL MADE INTO BLANKETS AT reasonable prices. Yarns. Pure wool, chiefly grey seconds, fifty cents per pound. Postage extra. Sweater Yarns, six beautiful colors, seventy-five cents. Samples free. Georgetown Woolen Mills, Georgetown, Ontario.

EARN \$10.00 TO \$50.00 PER DAY vulcanizing. Be independent. We teach you. Write for particulars. Chief Instructor, Canada Vulcanizer, London, Ont.

A TORONTO STOP-LITE saves accident. Never fails. Price \$6.00. Write Pearson Co., 40 Adelaide W. Toronto. (Agents wanted.)

ARTICLES FOR SALE

BROTHERS' SUPPLIES—LAND, STROTTH and Jumbo knives and razors, honey extractors, pumps, engines and storage tanks; a complete stock of bookkeeping requirements. Send for our catalogue. Ham Brothers Company, Ltd., Manufacturers, Brantford, Ont.

BELTING FOR SALE

ALL KINDS OF NEW AND USED rubber pulleys, saws, cables, hose packing, etc., shipped subject to approval. Lowest prices in Canada. YORK BELTING CO., 115 YORK STREET, TORONTO.

Besides devouring 116 species of insects, most of them harmful, quail eat sixty species of weed seeds.

King George can trace his descent in a direct line from William the Conqueror.

America's Pioneer Dog Remedies

DOG DISEASES. Book on. How to Feed. Mailed Free to any Address by the Author. H. Clay Glover, Co., 125 West 24th Street, New York, U.S.A.

COARSE SALT LAND SALT

Bulk Carlots. TORONTO SALT WORKS. C. J. CLIFF. TORONTO

For Spanish Influenza

The Liniment That Relieves All Ailments.

MINARD'S "KING OF PAIN" LINIMENT

FARMER'S WIFE REGAINS HEALTH

Gives Credit to Lydia E. Pinkham's Vegetable Compound

Fork River, Manitoba.—"I saw in the newspapers where Lydia E. Pinkham's Vegetable Compound was doing so much good to women, and as I needed something I began to take it. I used to be very sick but I am not now. I live on a farm in the home-stead district and we have to do all our own work. I tell all the women I see what Lydia E. Pinkham's Vegetable Compound does for me. I think it saves me from going to a doctor and is the best medicine women can take."

—JES. W. COLEMAN, Fork River, Manitoba.

Lydia E. Pinkham's Vegetable Compound is a medicine for the ailments peculiar to women. It is prepared from medicinal plants, with care and accuracy. It can be taken by women of any age.

Women make a serious mistake in allowing themselves to become so weak and nervous that it is well-nigh impossible for them to attend to their necessary household duties.

Such symptoms as pains and irregularities, all-gone feelings, backache, headache, hot flashes, nervousness, with a general run-down condition, indicate some form of female trouble.

The Vegetable Compound has brought relief to thousands of women suffering from such ailments. Let it help you.

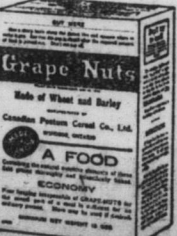
When Will There Be A Disarmament of Dining Tables?

Suppose everybody would recognize the fact that there's no gain but much loss in keeping up hostilities with the stomach!

Suppose the ancient aggravation of improper food on indignant digestive organs should be settled with guarantees of sensible diet and tranquil digestion!

The saving would be beyond all possibility of counting.

Yet millions go on declaring war on the stomach and accepting war in return—loading up on starchy, heavy, unbalanced and highly-seasoned food at breakfast or lunch—and wondering why comfort, happiness and efficiency are out of reach.



Grape-Nuts makes a friend of the taste and an ally of the stomach.

There's a charm and satisfaction to this delicious food which prompts appetite to say, "There's a meal!" and digestion to answer, "Thank goodness, here's peace at last!"

Grape-Nuts is the perfected nutriment of wheat and malted barley—sweet, crisp, and wonderfully nourishing. It digests quickly, and provides the necessary elements, including the vital mineral salts, for body, nerve and brain.

Order Grape-Nuts from your grocer today, and let a delighted taste pass a treaty of peace along to an enthusiastic digestion and assimilation.

Grape-Nuts—the Body Builder

"There's a Reason"

Made by Canadian Postum Cereal Co., Ltd., Windsor, Ont.