# FOR WOMEN

## Reflections of a Bachelor Girl By HELEN ROWLAND

The Only Thing That Makes a Man Madder Than Your Refusal to Taste His Home-brew, is to Have You Taste It and Then-Admit That It Hasn't Made You Dizzy



WHEN a man talks to women, it is always of his conquests; his detents seem to strike him speechless. We suffer, at twenty, because we take ourselves and the whole world seriously; at thirty, because we still take ourselves, but nobody else, seriously; and at forty because we can take nobody, not even ourselves seriously.

The only thing that makes a man madder than to have you refuse to taste his home-brew, is to have you taste it and admit that it hasn't made you dizzy.

Alas! In choosing a husband, it seems that you've always got to decide between something tame and un-interesting, like a gold-fish, and something wild and fas-cinating, like a mountain goat.

The millenium will come on that day when the beauty preparations will do all the things that the advertisements claim, and husbands and wives will do all the things that lovers promise.

Once, when a man went on a business trip, he used to worry about leaving his poor little wife all alone in the house; but, now, the only thing that keeps him awake nights is the thought of his poor, helpless, unprotected little cellar.

Perhaps, the first time a young man actually realizes that he is married, is when he catches himself looking at other women with a strange, new, wistful sort of interest,

A man will swallow flattery whole; but criticism has to be fed him through a tube, and even then, he insists on having all the bitterness extracted.

When a wife greets her husband with a brainstorm, after three dead hours of waiting, it may not be so much because he needs the lecture a secause she needs the excitement.

The only way to charm a man with a sentimental letter is to refrait rom writing it.

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The Chemise

# Health Talk

cure of highly acidity of the urine? is customory to find whether they are acid, atkaine, or neutral like water. In the latest play the famous Callot.
This tost is called taking the "reac-

acid, alkaline, or neutral like water. This took is called taking the "reaction." The urine of a person who lives on the usual mixed diet of the human samily has an acid reaction. In testing the urine we expect to find it acid, and an immediately make a lot of inquiries if it isn't.

Meat "Makes" Acid.

The nature and quality of the food determines its reaction. Meat has a gronounced effect. The more meat consumed, the more acid in the urine. Fats, starches, like bread, rice, and other cereals, sugar and alcoholic beverages increase the acidity. Most fruits, even the acid fruits—lemons, oranges and peaches, for instance produce alkaline urine, but a few—such as prunes and cranberries. We here they of the effect of exercise on the reaction of the urine. It is conceded that persons in perfect health often pass neutral or alkaline urine in the morning, after the quiet of the night. Because of this and for other reasons, most of the authorities believe muscular activity increases the acidity.

The acid reaction of the wrine is not due to uric acid alone. It is caused by the presence of half a dozen concreted with crystals.

In continued to the business of this gas the acidity of the urine. Among such course is the action of the bottle were regulation, smoothly-fitting sould be acidity of the urine and continued to the acidity of the concernment of the presence of half a dozen concerned by the pres



# Daily Fashion Hint



THE NEW SPORTS TAILLEUR Long, slim lines tell the story of the new sports tailleur, which is developed in lovely soft woolen materials. Blue broadcloth is used for this model, medium size requiring 3½ yards 54-inch material. The coat is sleeveless, the sleeves being attached to the dress, which is in straight-line effect. Rows of stitching in self-color silk trim the coat, the waist being confined with a narrow belt of the broadcloth.

# Hampstead School Closing Programme

The following interesting closing programme was given in the Hampsteau school recently under the supervision of Miss Ethyl I. Gilchrist, the popula teacher. Every number proved mos 6 cloves.

½ cup brown sugar.

Put the cider, spice and sugar over fire in a saucepan and boil 20 minutes. Strain, cool and put into freezer. Pack with ice hand salt, 2 parts ice, 1 part salt. Churn 10 or 15 minutes. Remove the dasher; add more ice and salt and set aside until ready to use. Serve in sherbet glasses. This is very nice to serve with young roast pork.

Colesiaw. Model Sticks

cacner. Every number proved most mjoyable:—
Chorus—Glad Christmas Bells, Exercise—Merry Christmas.
Recitation—Signs of Christmas.
Dialogue—Taking the Census.
Recitation—The Inventor's Wife.
Duet (Instrumental)—Jingle Bells.
Recitation—In the Land of Gold.
Pantomine—Star of the East.
Recitation—Too Much Mince Pie.
Exercise—Letters to Santa.
Chorus—Silent Night.
Recitation—To Kriss.
Solo—Twinkle, Twinkle Little Star.
Recitation—Puzzlers.

Colesiaw.

4 cups finely cut cabbage.

1 cup dressing of choice.

Clean and slice the cabbage very fine; put in pan of cold water for 1 hour; drain well; then cover with dressing and sprinkle with finely chopped parsiey or green pepper and paparits.

# ped parsiey or green pepper and paprika. Boiled Salad Dressing for Coleslaw. 1 teaspoon mustard. ½ teaspoon salt. 1 teaspoon sugar. Dash white pepper. 2 tablespoons butter or oil. 1 or 2 eggs. Separate the eggs; beat the yolk and add the mustard, salt, sugar, vinegar and ½ teaspoon onion juice; mix; add the butter; put into top of double boiler; cook until butter melts, then add the stiffly beaten white of eggs; remove from fire and mix thoroughly.

couses is the action of the body it self—in the course of its growth and repair, acids are continually produced.

Only Sympton.

Failure of the body to deal normally with the food taken will increase the acid content of the urine. Certain diseases have this effect. Where there is combined heart and kidney trouble, Excessive acidity of the urine isn't a disease. It is one of the symptoms of faulty eating, or of imperfect bodily action. Therefore, we do not expect to find a lot of symptoms which may be ascribed to the acidity. As a matter of fact, however, there may be discomfort in the bladder, frequent urging to urinate and burning and smarting afterward.

The treatment has been suggested by our recital of the causes. The underlying disease must be overcome. The heart, kidneys and other organs must be made to perform their respective functions. This is not easy if there is organic disturbance. Many functional disorders are more readily removed. Among the latter constitution of the strangest interest and selected and controlled the control of the unine size is uninced and burning state where the selected of the control of the strangest in the placement of the body to deal normally low waisting of the season.

Answers To

Correspondents:

Excessive acidity of the urine isn't a disease, disbette of fever of any sort, increased acidity is the rule.

Excessive acidity of the urine isn't a disease, disbette of the control of the urine isn't isn't in Repland, and the place of the control of the urine isn't isn't in Repland, and the place of the control of the co

# Christmas Recipes

40 small oysters.
Bottle catsup or chili sauce.
4 stalks celery.
Bottle olives.
3 pounds sliced ham.

Flour, shortening, seasoning and fla-ring are taken from the regular sup-ies. Following are the recipes for the

1 tablespoon lemon juice.
1 tablespoon Worcestershire sauce.
4 tablespoons tomato catsup.
2 tablespoons grated horseradish.
2 teaspoon paprika, dash cayenn

Mix all ingredients thoroughly.

Half of a small smoked ham or a clearly like cut 3 or 3½ inches thick from the center of the ham. Whee, put on with cold water to cover; boil slowly until tender. Boil the day before and let it cool in the stock. Trim off the skin; place in shallow pan; cover with a cup of brown sugar. I tablespoon flour and ¼ teaspoon pepper; add 2 cups of cold water and bake until brown. Baste two or three times.

Remove the ham, and to the gravy add 2 tablespoons bour mixed with a little cold water and boil 3 minutes.

Cider Frappe.

1 quart cider. 2-inch piece stick cinnamon. 6 alspice. 6 cloves.

Coleslaw.

SMOTHERED CHICKEN FOR SIX. Grapefruit. Smothered Chicken.

Smothered Chicken.
Celery, Cranberry Sause,
Mashed Potatoes,
Cauliflower, Lemon Sauce,
Peas or Corn.
Lime and Banana Salad,
Mince or Pumpkin Pie,
Coffee.

Settlement of The

to Halt Tuesday.

Shantung Dispute

### **England Disturbed** By French Action Rests With Tokio Over Navy Demand

Negotiations Between Japan and Chinese Delegates Came Opinion Toward French Pro posals Were Far from Sym nathetic - Saw Germany

washington. Dec. 20.—Settlement of the Shantung controversy now rests with Tokico.

The conversations between the Japanese and Chinese delegates, which have been proceeding during the past three weeks, outside of the Weishington conference, under the "good offices" of Arthur J. Balfour, of Great Britain, and Mr. Hughes, late today came to a sudden halt with both desegations far apart on the question of payment for and administration of the Tsing Tao-Tsinan Futor allway, the heart of the dispute.

After a session, lasting more than three hours and a half, which confersates announced they could go no further in the conversations without instructions from Tokia. The meeting then adjourned sine die without agreeing on the major issues.

The principal stumbling block, which was regarded tonight as threatening the entire Shantung need that Japanese experts be appointed by the Chinese in the service of the railway.

The last of the British Expeditionary Force, seven officers and 36 private and the seven of the seven officers and 36 private and the seven officers and 36 private the search of the British Expedition and france might still travel the same read a solution must be failway.

## **Endorsed By Hoover** Jewish Relief Fund

High Efficiency of Work in

ervices.
"It has always maintained a broad-Europe Highly Commended by American Economist.

Washington, Dec. 21.—Herbert Hoorer, chairman of the American Relief





NATIONAL HOCK GAMES P Three Thousand Fans at M Win First Home Game —Lord and Lady Byng

hockey season here tonight by 3 to
Hemilton Tigers were on the short er
of the score, and slightly on the sho
end of the play.

Both teams used a good many subst
tutes and kept the pace fairly we
from the first whistle to the final be.
The game was clean and Referee Le
Marsh handed out (ew penalties.
Corbean and Cleghorn, Canadien
defonse, scintillated in the first fe
minutes of the game, and after the
tired, the veteran Lalonde had h
chance. Bell was the particul
bright and shining light for all the
substitutes, sharing with Couture, a
other Canadien spare, the honor
passing Lockhart. Lockhart playe
pretty staff in the Hamilton goal, bt
hot more so than Vezine for Canad
ems.

Ottawa, Dec. 31—St. Patricks of Toronto upset the dope here tonigh They defeated the Ottawa Senators it heir own back yard at the Arena rin after one of the fastest, most thrillin hockey games ever witnessed on focaice. The game, although close, also established a unique record for a loca National Hockey League fixture it that not a penalty was issued in the antire sixty minutes' play. Whethe it was on account of the new league ruling that a penalty must serve discentence on the bench or whether is was that the two teams deermined to play the puck, rather than the man

# UNREST IN INDIA NOW SHOWING **SOME DECREASE**

Indications Not Lacking Tha the Situation Is Daily Im

London, Dec. 21.—There is notice able in official and unofficial india circles here a distinctly more hopet feeling that the crisis in india has bee reached and safely passed. Although there has been relatively little altertion in the attitude of the extremist indications are not lacking that the unrest which has been steadily increasing for some time past is now on the decrease. There is little doubt expressed that India is passing through an of the severest trials in her history.

It is no exaggeration to say that Indian officials were only a short time past extremely anxious as to her immediate future. The tolerant yet firm attitude of the Government of India haborne fruit, and the voice of moderat opinion is beginning to be heard in the damand that law and order shall be an increase the confidence of thinkin geople. The failure of Mahatma Gand his programme for the establishmen of Swaraj, accompanied by his with drawal of the order for civil disobed ence, has in like manner had a grea ecect on the mob element; whilst the firmer attitude of the Government of India—partly in response to the cal of the educated classes—has also hat the desired result.

Protection Promised.