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THE history and legends of the Indians of the Pacific Northwest is especially interesting from the fact that they have not been so long or so closely in touch with the white races as the other aboriginal inhabitants of North America. This little volume deals with the Cowichan tribe of Vancouver Island, who, from being a numerous and powerful people, are now reduced to a mere handful. Civilization is destroying their native dignity and wholesome life, substituting much evil for the real good found in their former customs and character. Their legends are fast being forgotten, and as a contribution towards their preservation, I have translated them as a memento of British Columbia.

M. D. H.

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