# MC 2035 POOR DOCUMENT

YOUNG OFFICERS OF CHINN'S ARMY WHOSE EFFORTS WON CONSTITUTIONAL RIGHTS FOR EMPIRE

YOUNG CHINA - OFFICERS OF THE ARMY.

SUNDAY TEMPERANCE TALKS

Rev. M. F. McCutcheon at the Every

### THE EVENING TIMES AND STAR, ST. JOHN, N. E., MONDAY, NOVEMBER 13, 1911

## DO YOU ENJOY YOUR MEALS?

#### One of the Most important Questions to Consider in the Search for Happiness and Health.

The burning question to you is, "Are you getting out of life all the pleasure and the health you are entitled to?" If

The burning question to you he, "Are your setting out of life all the pleasure and the health you are envited to?" If not, why not?
The watter whether every organ and member of your body is in a sound state of health and strength, if your stomach is in any way disordered, you are not going to be "yourself." You are going to be a worried, out-of-sorts, nervous or sullen individual, whose actions will reflect your condition inside, and people will naturally avoid you.
The world wants to smile and be cheerful, and unless you are cheerful and smile, "t least, occasionally, you will have few ...iends, fewer opportunities, no success, and you will go down in defeat—defeated by dyspepsia and a had stomach.
A good and thorough digestion has a quick, wonderful reaction upon the brain. You must have noticed it many times, for the brain and stomach are as intimately connected as a needle and its thread, one can hardly be used to advantage without the other.' If your stomach is slow and lazy in digesting your food, it will produce at once a slow, lazy and clondy in fivence upon your brain. Mark it' If your stomach has absolutely quit work, and fermentation is poisoning your vitals as a recalt, surely your brain is going to be slorgish and correspondingly depressed No one need tell you that.
But why continue to suffer all the misteries and torments that a disordered stomach brings yon?
If your stomach can not digest your food, what will? Where's the relief?

CHILDREN IS DYING

FATHER OF THIRTY-TWO

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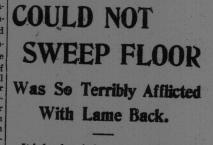
Day Club — Rev. Dr. Flanders in ried — Twenty-three Children CARLETON METHODIST

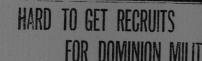
**Absolutely Pure** Absolutely has no substitute

Many mixtures are offered as substitutes for Royal. No other baking powder is the same in composition or effective as or so wholesome and economical

Royal is the only Baking fowder made from Royal Grape Cream of Tartar

nor will make such fine f





say that the men are not in the country, and also that the high rates of wages paid in civilian callings is a reason for the de-pleted regiments. Even the better posi-tions in the gift of the department have gone begging of late. The big posters with which the government has decorated the city front are bringing few recruits to His adapesty's service."

C. M. B.A. LECTURE

will keep a structure directly or indirectly to the abuse suggested as the slogan for the party millions of of alcohol. The physician superintendent is to the royal hospitals of Bridewell and ler St. John. Would "Not muc. Bi liver and Bethlem, near Loudon believes from his but very much Blacker" be a just now a mis- experience in these institutions that alco

experience in these institutions that alco-hol is either a direct or an indirect factor in the cassation of at least 50 per cent. of the sales of insanity. Another phase of this subject is feeblemindedness among the children of alcoholic parents. Many family histories have been cellected which family histories have been collected which support the view that alcoholism among the rive and you will have a m rents cannot be exaggerated as a cause

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