

true, for the house is filled with the pleasant aroma of something good to eat. You don't believe any one could prepare breakfast in so short a time. Of course it's a

the kind that's so easily and quickly prepared and so appetizing and nourishing. Shredded Wheat is ready-cooked, ready-to-serve. For breakfast heat the biscuit in oven to restore its crispness, then pour hot milk over it, adding a little cream.
Salt or sweeten to suit the taste. Nothing so warming and satisfying and nothing so easy to prepare.

BREAKFAST

Made of Choicest Selected Canadian Wheat A Canadian Food for Canadians

The Canadian Shredded Wheat Company, Limited Niagara Falls, Ontario

but it is becoming understood that, y compete with steam or water power.

A German engineer is reported to be siderable quantities of sludge expected to collect in the reservoirs.

tides of the North Sea. Between the port of Husum and the island of Nordower has a future undoubted. of 1,500 acres and a low reservoir of nearly 2,500 acres. The flow which will be always available will be used for



worn to show you the sunshine of new energy; it takes the kink out of your back in one night; it makes a man of you after you have given up in despair, simply because it supplies you with VITAL POWER—which means manhood. Just stop to think. You have the same organs, nerves and fibre, the same make-up exactly that healthy, vigorous men possess, the only difference being you this I give you. There is no reason why you should not be as strong, healthy and vigorous as the best, fullest blooded man of your acquaintance. The BELT as yet; first get in communication with me; read over my booklet, and, if you want to do so, tell me your physical ailments that I may advise you, then a little later we can arrange in some way for you to try my at my office. My HEALTH BELT also cures Rheumatism, Kidney, Liver and Stomach disorders.

Let Me Send You THIS BOOK Free

at once my free bookist, in plair sealed envelope; it is atrofusely illustrated with half-tone photos: keer it in your pocket for easy reference the chapter on Utaility read the chapter on Debility read the chapter on those subjects which in

DR. A. B. SANDEN COMPANY, 140 Yonge St., Toronto, Ont.:
Dear Sirs: Please forward me your Book, as advertised, FREE.



DEADLOCK OVER WATER LOTS BETWEEN HAMILTON AND G.T.R.

Mayor Lees and Other Civic to bring about an amicable arrangement. This was satisfactory to all con-Officials Interviewed the Hon. W.H. Hearst in Order to Lay Their Grievances Before the Government, and Were Assured That an Amicable Arrangement May Be Made.

May Be Made.

A deadlock now exists between the City of Hamilton and the Grand Trunk Railway with regard to the disposition of a number of vater lots on Burlington Bay. After waiting on the provincial government about a week ago with regard to their respective claims, another deputation from the City of Hamilton called on the Hon. W. H. Hearst yesterday to try and bring about an amicable arrangement of the dispute. The minister of lands, forests and mines has control of the water lots, and any settlement made must in the end be made by him. Realizing the deadlock between the contending parties at the present time, Mr. Hearst gave assurance to the mentibers of the deputation that he will try

Among those in the deputation were Mayor Lees, Controllers Allen, Bailey, Jutten and Gardiner. City Solicitor Waddell and City Engineer McCallum of Hamilton were also present. The Grand Trunk Railway was represented by Messrs. Logan and Donald, while the Otis-Fenson Elevator Company was represented by the resident engineer, Eugh Rose.

Dr. Sunder Singh Explains His Position

following statement in reply to H. H.

When I came to Canada in the year 1909, I came as many another man in quest of riches. Was that a crime? It is true that I did not come by the direct route that some say is required by ons of the interior department, and two years after my arrival in Canada, when I was taken seriously III, my status in the country was ques The struggle of acquiring a professional education in a foreign language underfined my health, and when I qualified

as a surgeon after study in Glasgow and London, physically and mentally, I-was almost exhausted.

After having served as medical of-ficer on a steamer for over a year, I came to Canada, and naturally went to British Columbia, where so ment of British Columbia, where so many of my beople had settled. It is charged that have evaded an order for deportation. The people of Victoria and Vancouver ily for three years; I have even wait-upon the minister of the interior,

my cause to make an explanation of my personal affairs.

When I came to this country I brought about £200, earned by hard work and saved by privation. Some of this money was invested in Vancouver real estate and in spite of my Oriental training, I soon imbibed the germs of the get-rich-fast fever, so prevalent in Western Canada. I invested for the Hindus, and I challenge any man to say that I did not invest their moneys with wisdom, and administer them with honesty.

Better Than Riches.

Subsequently I came back to the teachings of my fathers, that there is something higher and better than the acquirment of riches. To speak plainly, I could not go about my daily routine, I could not keep my mind settled upon the accumulation of money, and see the people of my race despised by men and deprived of their civil rights and home influence by governments. I felt the call of a mission for my people. I believe it to be the call of God to the cause of humanity. In the sense in which the cause of humanity. In the sense in which the word is commonly used, I am not a Christian, but I have studied your Bible; I owe a large part of my education to one of your mission schools; I admire and wonder at the teachings of Learning. teachings of Jesus; I love the Christ

This is called a Christian country, This is called a Christian country, but I say with all plainess and without a desire to antagenize, my people have not been received in a Christian spirit. There is but one God. He is the God of India as well as the God of Canada. He is the God of love, love for the brown man as well as for the white man. In His infinite love, as revealed in your Bible, which says: "God has in your Bible, which says: "God has made of one blood all nations of men for to dwell on the face of the earth."

Cruel Politics.

The problem of our people in this country is apparently rot to be dealt with according to the teachings of Christ, but according to the practice of politics. You send your missionaries preely to the farthermost parts of India to give the Hindus the Sermen on the Mount, but types the Hindus come the Mount; but when the Hindus come to Canada, you give them politics—and Que., says: "I was seized with a severe country? What harm car we do? It India my people, the Sikhs, are farmers. You have vast acres that require to be filled; we know how and are willing to till them, that the people of your cities may have whereof to eat. 2 You have hard labor in your reliways, and in the construction of your reliways, and in the public works of this ever-expanding country. We are inured to hard labor. Give us. I plead, but a chance to work.

A Weak Case.

Dodd's Kidney Pills Work Won-to fix the first stages of the trouble, I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my usual health. I' suffered from headaches, loss of appetite and extreme weakness. I did not regain my u

English language. We speak in the couris thru interpreters, some of them poorly versed in our language and others I regret to charge ill-disposed to our reputations. Of course, our people are not perfect. Some of them drink, sincke, ile, and commit other sins, but I say without fear of successful contradiction that the four thousand Hindus in British Columbia, away from the influence of mothers, wives and sisters, surrounded by the temptations of a new civilization, are as truthful, as sober, as industrious, as virtuous, as any similar body of men in Canada. For the sake of those who have trusted me I must clear my skirts of a charge that is made by Mr. Stevens, It is said that I have no visible means of support, in fact, that I am an adventurer and a vagrant. Have I asked any man for help since I have been in your midgi? Some friends know that money has actually been refused. Is that the act of an adventurer seeking to make gain from his cause? A number of Sikhs subscribed money to send four men east in their interest. One-third of the amount subscribed was spent before they left Vancouver One-third of the amount subscribed was spent before they left Vancouver for transportation, and I assure Mr. Stevens that when the final accounting is made it will be found that not one penny has been spent for personal gratification.

Your Manhood can be Restored

Strong, vital manly manhood fascinates all who come within its influenc. As true as you are all long to react its influence. As true as you are as to what I can thus do, BUT there is not a shadow of a doubt as to what I can thus do. BUT there is a single as to what I can thus do. BUT there is a single as to what I can thus do. BUT there is a single as to what I can thus do. BUT there is not a shadow of a doubt as to what I can thus do. BUT there is not a shadow of a doubt as to what I can thus do. BUT there is not a shadow of a doubt as to what I can thus do. BUT there is not a shadow of a doubt something in a supersonal affairs.

Who come within its influence is not a shadow of a doubt stored in the interest of my cause to make an explanation of my personal affairs.

Who come within its influence is not a shadow of a doubt stored in the interest of my cause to make an explanation of my personal affairs.

Talking of myself is not pleasant. I am shortly leaving for British Co-lumbia, and I believe after Mr. Stevens stated the people of Toronto will bear witness that I have talked only of my people and their sufferings. Inasmuch as Mr. Stevens has seen fit to attack me personally. I feel it to be in the interest of my cause to make an explanation of my personal affairs.

IMPRISONED SPY ALMOST ES-

ESSEN, Germany, Feb. 23.—Lieut. Vivian H. Brandon of the British Royal Navy, who was sentenced in December, 1910, to four years' detention in the fortress at Wesel, on a charge of espionage, last night almost succeeded in escaping. He filed thru the bars outside the window of his room, climbed down a rope to the ground, reached the outer wall of the fortress, but was there seen and rearrested by a sentinel. His comrade, Captain Frederick Trench, of the British Royal Marines, who was sentenced to a similar term in a fortress at Glatz, was reported to have attempted suicide by hanging in January last.

LA GRIPPE'S VICTIMS

Disease in Many Forms.

One of the most treacherous diseases afflicting the people of Canada during the winter months is la grippe, or influenza. It almost invariably ends with a complication of troubles. It tortures its victims with alternate fevers and chills, headaches and backaches. leaves him an easy prey to pneumonia, bronchitis, and even consumption. Indeed the deadly after-effects of la grippe may leave the victim a chronic invalid. You can avoid la grippe entirely by keeping the blood rich and red by an occasional use of Dr. Williams' Pink I'ills. If you have not demethis and the disease attacks you, you leaves him an easy prey to pneumonia, this and the disease attacks you, you can banish its deadly after-effects through the use of this same great blood-building, nerve-restoring medicine. Here is proof of the wonderful power of Dr. Williams' Pink Pilis over this trouble.

politics are cruel, bitter, soulless.

What harm have we done in this stop work and remain in my bed for country? What harm car we do? In several weeks, and where I appeared to get over the first stories of the trepthe

Or do you carry the breath purifying, teeth preserving, appetite sharpening, digestion aiding gum?

tobacco on yours?

tonight?

Don't forget. Make your kisses pleasant to give and to receive with this fragrant confection.

How many will you kiss

Will the sweet baby lips of

your little ones taste stale

Are you prepared?



AGREEMENT ON FISHERIES

Arrangement at Washington Respecting Regulations.

OTTAWA, Feb. 23.—(Special.)—An agreement satisfactory both to Canada and the United States in regard to the future regulations of the fisheries is understood to have been made, as the result of the recent conference at Washington Hone I. D. Hazen min-Washington. Hon: J. D. Hazen, minister of marine and fisheries, who with E. L. Newcombe, deputy minister of justice, and Sir Joseph Pope, deputy minister of external affairs, represented the Dominion Couragnment at sented the Dominion Government at the conference, returned to Ottawa to-

day.

Mr. Hazen said to-day that the conference was very satisfactory, but he was not in a position to make a state-

ALONG THE LINE OF C.N.O. RAILWAY

Why the Grand Trunk Continues to Be the Popular Route to Montreal.

This line offers every feature pertaining to comfortable travel; moreover, it is the only double-track route, also the only line operating Pullman sleepers between Toronto and Montreal. An additional advantage of traveling via this route is that tickets purchased in Toronto are valid returning from Montreal on the "International Limited," Canada's finest and fastest train (only 74) on the International Limited, Canada's finest and fastest train (only 7½ hours Montreal to Toronto.)

Four trains leave Toronto daily, 7.15 and 9 a.m., 8.30 and 10.30 p.m. The 9

a.m. train carries parlor-library car and dining car to Montreal, also Pull-man sleeper to Boston. The 10.39 p.m. train carries five or more modern Pull-man sleepers to Montreal daily, also through Ottawa sleeper. Remember, the Grand Trunk is the only double-track route. Electric lighted Pullman

sleepers.
Secure tickets, berth reservations and full information at City Ticket Office, northwest corner King and Yonge-sts.
Phone Main 4209. A COMMISSION OR CABINET,

WHICH ? Editor World: You have devoted a

great deal of time and study with respect to the idea of municipal government by a commission similar to the kind that is applied to some cities in the United States, and you advocate something along the same lines for the City of Toronto. I have read a letter about the working of the Swiss system of government and the control system of government and the control exercised by the people over legislation, under the referendum and recall method. The political manchinery of the Swiss system to a mind accurate the control of the swiss system to a mind accurate the control of the swiss system. customed to the constitutional politicustomed to the constitutional political institutions of Britain, seems a little crude. Man is a being endowed with powers capable of apprehending fundamental principles or laws underlying all natural and mental phenomena. To the credit of the Anglomena. To the credit of the Anglomena and expecially that part A Weak Case.

A Weak Case.

The case against the Hindus must indeed he weak when its advecates desided improvement, and actually before I had a man drinks strong liquor we cast him and of the charge and headsches. I have proved that man are living on the proper man and the provement in the prov

responsible for the administration a department, with the legislative thority in the city council, compothority in the city council, compose of the mayor, seven controllers an fourteen aldermen. The readers of the World would like you to make comparison of the systems, "the commission" and "the cabinet" idea, a applied to a large city, so as to provide the maximum of efficiency with the minimum of friction, combine with an elastic method of public check and comtrol of the policy and rower. with an elastic method of public and control of the policy and powers of our civic administrators. This question of an improved civic control of public business is a pressing and important one. Can some plan be adopted to improve the present conditions.

W. H. Scott. Toronte, Feb. 23, 1912.

A Boon to Stock-Raisers

To Know How to Cure Colic, Distemper, Colds, Swellings, Etc., Saves Thousands Each Year.

OF PRACTICAL INTEREST TO HORSEMEN. It is a matter of vital importance to every farmer, horse-owner, and stock-raiser to know exactly what to do when one of his animals is taken suddenly

The letter of Mr. Frank G. Fullerton, which we print below, gives information of inestimable value, and tells of his experience in curing alling sto

1,000 BY

during alling stock during the past thirty-eight years.

"Several years ago when my horses took coile I used to give them Cayenne Pepper in hot milk, but in a few cases only did I

MO

lems, big smart a tons, a onto. horse l Call Ma

The N

HEAD OFFICE fe Bldg. GARAGE:

WEBSTER'S DICTIONARY

at The

University

A most enjoyable opent Thursday night in by a considerable audic of the University Gle ductorship of Dr. The Toronto String The Glee Olub has time in Dr. Anderson is fairest to judge the which was probably it Sullivan's "The Long poetry of this select; alized, and the great achieved with much pathetic expression a musical treat. The manded and repeated

SAFE MEDICIN

Baby's Own Table medicine for little of may feel one of the under an absolute guarament analyst not cotics or other harm cannot possibly do ha Thousands of mother them can vouch for mother has used them she always keeps the mother has used them she always keeps the Tablets quickly all the minor ills ochildhood. They sweeregulate the bowels, exup colds and make hall and fat. They are sealers or by mail a from The Dr. William Brockville, Ont.