

ty morsels ; experimentally knowing, that
 “ to the hungry every bitter thing is sweet.”

Of this diet, mean as it was, we had but a scanty allowance. And what still further increased my affliction, was the complaints and moans of my poor children. Sometimes indeed the Indians caught a squirrel, or a beaver ; at others, we met with nuts, berries, and roots : and sometimes we ate the bark of trees ; but had no corn for a long while, till a party of the younger Indians went back, and brought some from the English inhabitants, of which they gave us a very short allowance. But when they killed a beaver, we lived high while it lasted, as their custom was to allow me the guts and garbage for myself and children ; but they would by no means suffer us to wash and cleanse them, which occasioned this kind of diet to be very loathsome ; and indeed nothing but pining hunger would have made it in the least degree tolerable.

My distresses did not all center here. I had yet another affliction no less severe than the former ; and this was it. By daily travel and hard living, my milk was almost dried up ; and how to preserve my poor babe's life, was a matter of no little concern to me, having many times no other sustenance for it than cold water, which I took into my mouth, and dropped on my breast for it to suck in when I gave it the teat, with what little milk it could draw from thence. At other times,