

furthermore, each one according to his means, give an alms to the needy or, if preferred, assign it for some pious purpose. To those, however, who cannot visit the City, We grant the same Plenary Indulgence provided, during the same interval, they visit six times in all a church or churches in their own locality, to be designated by the Ordinary, and perform in their integrity the other works of piety which We have above specified. Further, We permit that this Plenary Indulgence may and can be applied by way of suffrage to the souls who have passed from this life united to God by charity.

To sailors and those engaged in travel We grant that when they visit their homes or otherwise when they arrive at any station, they can lawfully gain the same Indulgence when they shall have performed the works above prescribed and shall have visited six times the Cathedral or the principal or the parochial church of their home, or of the station.

As to the religious of both sexes, including those bound to perpetual enclosure, as well as all others whomsoever, whether the laity, or ecclesiastics, secular or regular, who are detained in prison or captivity, or who labour under bodily infirmity or under any other impediment whatsoever, and who cannot perform the works mentioned or any one of them, We likewise grant and permit that the confessor can commute those works into other works of piety, or postpone them to another no distant time, and that he can enjoin such works as his penitents can conform; for children who have not yet been admitted to first Communion, We also grant him authority to dispense from Holy Communion.

Further to all and sundry of the faithful, both the laity, and ecclesiastics secular or regular, of whatsoever Order and Institute, even those that should be specially named, We grant authority to select for this purpose any priest whatever, secular or regular, who is an approved confessor; and it is permitted also that nuns, novices and other women living in enclosure avail of this authorisation, provided the confessor they select be approved for hearing the confessions of nuns. All who go to confession within the aforesaid appointed time, intending to gain the Jubilee and to perform the works necessary for gaining it, any such confessor can absolve and is empowered to absolve, for this occasion and in the tribunal of conscience only, from all sentences