## RAPIDS BY CANOE.

In this instance, I advise that you take out a very large insurance policy, as your widow may marry a poor man and need the money to support him. I do not wish to discourage you from this trip. It is

## NOT ALWAYS FATAL,

but is very exciting at times when you go at railroad speed among the rocks ! The Indian guides have become very expert rock dodgers. The other way is much more prosaic, but far safer ; you simply get into a car on the Chicoutimi branch of the Quebec and Lake St. John railroad, and ride down quietly the 64 miles to the boat landing. You will possibly reach

## CHICOUTIMI

at night, but don't let that worry you,