

Shortened Format

- Allows non-core required nutrients to be omitted from horizontal list and placed in sentence at bottom of label
"Not a significant source of saturated fat, cholesterol, and calcium"
- Footnotes are required

Nutrition Labeling - Elements

Calories

5-calorie increments up to 50 calories

10-calorie increments above 50 calories

Kilojoules permitted as a voluntary option

"Energy" allowed as synonym of "Calories"

Fat

0.5 gram increments below 3 grams

1 gram increments above 3 grams

Methods for Calculating Caloric Content

1. Specific Atwater factors (USDA Handbook #74)
2. General factors of 4, 4, & 9 for protein, carbohydrate and fat, respectively
3. General factors of 4, 4, & 9 for protein, carbohydrate (minus insoluble fiber), and fat, respectively
4. Specific food factors approved & provided by FDA
5. Bomb calorimetry