

A CRY TO THE SACRED HEART.

Thou my friend, O Sacred Heart! I need thee more than ever before; For those who love me let the years depart...

HOUSE AND HOUSEHOLD.

MEASURD PLASTER. An English lady declares that a plaster on the elbow will cure neuralgia in the face, and that one on the back of the neck will cure neuralgia in the head.

TO CURE DANDRUFF. A physician tells in the Lancet that he has had good results in persistent dandruff from the following treatment: The scalp should first be thoroughly washed with soap and hot water.

AT AWKWARD SEX. An amusing story is told of a well-known Russian woman who went to bathe in the sulphur baths at Tiflis. On a particular morning the countess came to bathe, one of the bath-attendants, who was so greatly charmed by the countess, cried for help.

USE OF HOT WATER. Hot water is one of the best among simple remedies. Says The Ladies' Home Journal: For instance, headache almost invariably results from an accumulation of hot water in the feet and back of the neck.

TO TEST THE HEAT OF HERD IN DEEP FRYING. Put a piece of bread, and if it browns while you count sixty, your fat is hot enough for any material.

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the fire. Always wash your dish cloths out, when washing your towels, and rinse in cold water.

A good plan for keeping butter cool and sweet in summer, is to fill a box with sand to within an inch or two of the top; sink the butter jars in the sand, then thoroughly wet the sand with cold water.

The pungent odor of pennyroyal is very disagreeable to ants and other creeping things. If the herbs cannot be obtained, get the oil of pennyroyal and saturate something with it, and lay around the places infested by these pests.

A good furniture polish consists of one ounce of linseed oil and two of turpentine, or fifteen ounces of white wax, one ounce of powdered yellow resin and a quart of spirits of turpentine; stir until dissolved, lay it on with a cloth and polish with flannel.

Old oak is polished with a little dry beeswax rubbed in with a piece of cork.

Polish a mahogany dining table with a piece of flannel upon which melted wax has been poured.

Many old housekeepers prefer beeswax and turpentine for polishing furniture, to linseed oil and turpentine.

To stain furniture to imitate old oak, paint it with a dark oak stain (all stains now come put up in pint cans), put on three coats every other day, letting each application dry thoroughly, then polish with a cloth dipped in linseed oil.

Health in Herbs. Health-giving herbs, barks, roots, and berries are carefully combined in Burdock Blood Bitters, which regulates the secretions, purifies the blood, and renews and strengthens the entire system.

YOUTH'S DEPARTMENT.

GREAT MARCHES. A well-known journalist of Montreal, Mr. W. J. Jarvis, writes an account of the great march conducted by the famous Irish soldier, Sir F. Roberts, from Cabul to Candahar, as a supplement to the list published in this column last week.

The famous march of General Sir F. S. Roberts, V.C., from Cabul to Candahar in the year 1880, had its origin chiefly in the disastrous defeat which happened to General Burrow's small force on the Helmand river by Ayoub Khan, when the 66th, or Berkshire regiment, were almost annihilated, the native troops giving way before the onslaught of the Afghan troops from Herat numbering nearly 40,000.

THE SECOND VOLUME OF TALLEYRAND'S MEMOIRS, edited by the Duc de Broglie, a translation of which, by Mr. Raphael Ledos de Beaufort, fellow of the Royal Historical Society, has come from the press of Griffith, Farran & Co., London.

THE OLD RELIABLE HOUSE. Established 1833. W. S. WALKER. Is still in the old stand, opposite the Seminary Clock, 1711 Notre Dame Street.

Perry Davis' PAIN-KILLER. DIRECTLY TO THE SPOT. INSTANTANEOUS IN ITS ACTION. For CRAMPS, CHILLS, COLIC, DIARRHOEA, DYSENTERY, CHOLERA MORBUS, and all BOWEL COMPLAINTS.

ance on the march. The Afghans lost over 1,000 killed and 3,000 to 4,000 wounded. The British and Native loss was 210, more than half being British, as on them fell the brunt of the fighting.

UNDER THE MICROSCOPE. Let me tell you of some of the wonderful things I have seen. Once I put a little hay in a tumbler, covered it with water, and set the glass in a warm place for a day or two.

By a thorough knowledge of the natural law which governs the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Epps has provided our Breakfast Table with a delicately flavored beverage which may save us many heavy doctors' bills.

WE ARE LOOKING AT A BIT OF THE SKIN OF THE SEA CUCUMBER (SYNAPTUS GIGANTIUM). In shape this animal is more like a worm than like anything else, and it moves from place to place by means of suckers.

BUCKEYE BELL FOUNDRY. Bells for Churches, Chimes, Schools, Church Bells, Fire Bells, House Bells, Hand Bells.

CHURCH BELLS. This company now casting a chime of 15 Bells & Webb's Bells, for St. Patrick's Church, New York City.

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DR. J. M. FERRIS. Surgeon-Dentist, 85 Bligny Street. Makes the preservation of the Natural Teeth a specialty.

THE GREAT WORM REMEDY. DAWSON'S CHOCOLATE CREAMS. Sold by all Druggists, 25c. a box.

ST. JACOBS OIL. THE GREAT REMEDY FOR PAIN. RHEUMATISM, Neuralgia, Sciatica, Lumbago, Backache, Headache, Toothache, Sore Throat, Frost Bites, Sprains, Bruises, Burns, Etc.

GRATEFUL—COMFORTING. EPPS'S COCOA. BREAKFAST. By a thorough knowledge of the natural law which governs the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Epps has provided our Breakfast Table with a delicately flavored beverage which may save us many heavy doctors' bills.

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WINTER IN THE HOLY LAND.

The Period of the Year that is most Dangerous to Health. October, November, and nearly the whole of December are very mild and agreeable in Palestine, and any rain falling in these months revives the soil, after the scorching of the summer heat, and refreshes man and beast, creating, in fact, a temporary spring.

Two Years Ago. Two years ago I was troubled with an ulcer on my ankle, having used B. B. B. for bad blood I procured a bottle and a box of Burdock Healing Ointment.

We are in the world like men playing at tables; the chance is not in our power, but to play it is; and when it is fallen we must manage it as we can, and let nothing trouble us except when we do a base action, or speak like a fool or think wickedly.

Regular action of the bowels in the keystone of health. The B.B.B. insures it and cures constipation, dyspepsia, etc.

IF A MAN'S OWN SIN IS HELD UP BEFORE him, a little disguised, he says, "How ugly it is!" and it is only for a moment he can be persuaded that it is not his own conduct but somebody else's that he is judging, the instinctive condemnation comes.

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MAMMOTH DRAWING. At the Academy of Music, New Orleans. TUESDAY, June 16, 1891. CAPITAL PRIZE, \$600,000.

1 PRIZE OF \$200,000..... \$200,000. 1 PRIZE OF \$100,000..... 100,000. 2 PRIZES OF \$50,000..... 100,000. 5 PRIZES OF \$20,000..... 100,000. 10 PRIZES OF \$10,000..... 100,000. 20 PRIZES OF \$5,000..... 100,000. 50 PRIZES OF \$2,000..... 100,000. 100 PRIZES OF \$1,000..... 100,000. 500 PRIZES OF \$500..... 250,000.

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DR. J. M. FERRIS' WORM SYRUP. DESTROYS AND REMOVES WORMS OF ALL KINDS IN CHILDREN OR ADULTS.

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