

*First treatment*, Dec. 1st, 1900. Patient's skin did not act very freely although the thermometer showed 330°F. Said ankle was not so painful after treatment.

*Second treatment*, Dec. 5th, 1900. Patient felt much better and was able to walk better for two days after last treatment. Feet and ankles a little more painful.

*Third treatment*. Since last treatment patient has been sleeping better and until to-day has been able to walk with less pain. There was no pain in the feet after this treatment.

Patient took eight treatments. He continued to improve: ankles became less tense and swollen and says his health has not been so good for years. The eczema shows decided improvement. An ointment of ichthyol 10 per cent. also used.

In a letter I recently received from this patient he writes: "I must say the treatment has exceeded my expectations; I am much better in every way than I have been for the past four or five years. When not moving about I am almost free from pain. It is only when walking that I feel an occasional twinge. Should I, however, have a relapse you may be sure I will be after you and the hot air treatment again."

CASE 6. The patient, a professional singer, aged 27, suffering from periodical attacks of acute laryngitis and catarrhal inflammation of upper respiratory tract for which he has taken the dry hot air treatment several times in the United States with beneficial results. Present attack, two days duration, patient quite hoarse, almost constant dry, hard cough; post pharynx and larynx shows acute catarrhal inflammation, temperature 99°F.

*First treatment*, Dec. 10th, 1900. Patient preferred to take the treatment without covering of any kind. Maximum temperature in treatment chamber 310°F. Patient perspired freely; did not complain of feeling the heat uncomfortable. Voice clearer after treatment, felt exhilarated. Continued treatment next day stating that he was feeling much improved. Had slept much better. Patient left my house each day after treatment, walking a distance of two miles with the thermometer at zero. Met patient on the street about a week later, when he said he had left the cold in my hot air bed.

CASE 7. On the 19th of May, 1900, patient, a man aged 25 was working on the railroad between two freight cars, when the car behind him ran on his right heel and held his foot fast. Patient had on a very thick boot or the foot would have been completely crushed. The doctor who attended to him at the time said there were no bones broken.

Patient was in bed 5 weeks at the time of accident and then was only able to walk with crutches; did not work for 5 months. Has had some rheumatism in the right shoulder.

Present condition shows some discoloration, swelling, immobility and tenderness of foot and ankle. The pain in the foot extends from the instep to the big toe and there is considerable swelling on the outside of foot. When patient walks he does so chiefly on heel of right foot as he does not seem to be able to spring on the fore part of the foot.

*First treatment*, Feb'y 18th, 1901. Was followed by massage, both legs up to hips in cylinder. Patient perspired freely.