

thus to hamper the nutrition of the cardiac muscle, we must endeavor to diminish the work of the heart, attending especially to the peripheral vessels. Treatment to this end by means of the iodides is all important. The iodide of potassium is given in doses of fifteen grains three times daily. As loss of appetite, epigastric pain, and diarrhoea may arise, it is well to give the drug for twenty to twenty-five days only in each month, nitro-glycerine in small doses being prescribed in the intervals.

2. *Curative Treatment of the Attacks.*—Under this heading we may prescribe amyl nitrite by inhalation, or nitroglycerine in one-tenth grain doses, three or four times daily, for a period of seven or fourteen days. On account of the tendency of nitrite of sodium to change hemoglobin into methemoglobin it is not looked upon with favor. Morphine produces increased cardiac action and passive dilatation of peripheral arteries, with consequent lowering of pulse tension, besides exerting a sedative and analgesic effect. By combining the nitrites with morphine, good results are often obtained; and if the nitrites fail, one-third of a grain of morphine hypodermically is of great value.

3. With respect to the treatment of *complications*, renal insufficiency and cardio-sclerosis appear during the periods of freedom from anginal attacks. Cardiac dilatation of paresis and syncope are due to the influence of the attacks. Heart tonics, especially digitalis, are indicated in cardio-sclerosis and cardio-paresis. For renal insufficiency we must favor depuration of the blood, and suppress all kinds of food liable to the formation of ptomaines. Caffeine, ether, or nitroglycerine, injected subcutaneously, is advised in syncope.

4. M. Huchard refers, lastly, to useless or dangerous methods. Such are electricity and cocaine, bleeding, bromides, hypnotics, inhalations of oxygen, belladonna, and aconite. Briefly, therefore, we must combat pain, direct treatment alike against arterio-sclerosis, the development of which leads to degeneration of the cardiac tissue, and against lesions of the coronary arteries, and, above all, against cardiac ischemia, which is the "chief and only danger" in this affection, and thus we should at a very early date, when signs of arterio-sclerosis appear, even in the absence of anginal symptoms, commence the iodide treatment.

TREATMENT OF DYSMENORRHEA.—Dr. Thomas E. Craig, of Lawrenceburg, Ind., give the following formula to *The Prescription*, containing $\frac{1}{240}$ grain of corrosive sublimate to the dose.

R.—Resinæ guaiaci,
Terebinth. canadensis, āā 3̄. i.
Ol. sassafras, 3̄. ii.
Alcohol, 3̄. viii.
Hydrarg. corros. chlor, gr. ii.

Dissolve the guaiacum and canadensis balsam in one-half of the alcohol, and the corrosive sublimate in the other half. Mix and filter, and then add the oil of sassafras.

Dose, ten to fifteen drops three times a day, to be given in a capsule or dropped on dry sugar.

The doctor called it a "specific in dysmenorrhea, also in chronic endometritis."

He further states as follows: "I have used it for twenty years or more, and have given the formula to several physicians, and have never heard of a failure, when properly prescribed and taken. I have prescribed it in cases of dysmenorrhea when the suffering was almost unendurable, but success was the result, after being taken four or six weeks."

THE JUSTIFIABLE PREVENTION OF CONCEPTION.—The physician not infrequently has to warn against conception in cases where a pregnancy would endanger the life or the health of the patient. (*Med. Age.*) Pelvic contraction, abdominal and uterine tumors, etc., form such an indication. The advice to abstain from coitus is but seldom followed, and the means usually employed to prevent gestation (mechanical) are objectionable from a hygienic and ethical point of view. Kleinwachter has endeavored to find a remedy which would have none of the aforementioned drawbacks. He prescribes a cacao-butter suppository containing 10 per cent. of boracic acid to be introduced high up into the vagina. These suppositories dissolve in about one hour, and the liberated acid destroys the spermatozoa. Bichloride of mercury in 0.001-gramme doses can also be used, but in that case a vaginal douche has to follow the sexual act. The solvency of the suppository is heightened by adding one grain of oleum olivæ. The author considers this a safe and sure remedy to prevent conception. Therapeutic effects may be combined by the add-