

RICE BALLS.—Into three pints of boiling milk put half a pint of rice (well washed), and boiled with a little cinnamon till tender. Add water if necessary and sweeten to taste; when done and nearly cold make into balls and dip in egg and bread crumbs, fry in hot lard, or brown in the oven; sprinkle with sugar and serve.

BREAKFAST GEMS.—One cup of cornmeal, one cup of graham meal, one cup of fine flour, one tablespoonful of sugar and two of shortening, salt to taste, just sour milk enough to make a stiff batter, and just soda enough to neutralize the acid of the milk, three eggs, whites and yolks beaten separately and then together. Mix all together, and put in hot gem-pans well oiled in a quick oven. Bake till the gems shrink from the sides of the pan.

BAKED APPLES.—With whipped cream.—Pare and take out cores from a dozen apples, and put them in a pudding-dish, fill centres with sugar, stick a clove in each, and sprinkle a tablespoonful of sugar over each apple. Cover the dish until half done, remove the cover and continue cooking until perfectly tender. Arrange on a glass dish and serve with whipped cream.

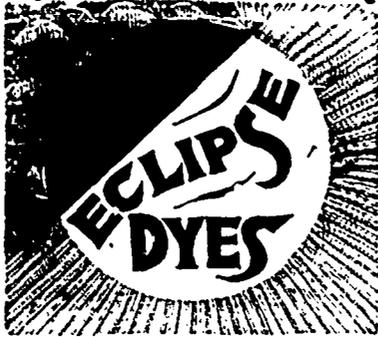
BY FIGURES OF THE CANADIAN CENSUS.

The average size of English-speaking Canadian families is five members to a house. Of course some are larger and some smaller, but taking one with another they average five members in Ontario, New Brunswick, Nova Scotia and the English parts of Quebec. It was remarked the other day by a statistician that this average would give to the FAMILY HERALD AND WEEKLY STAR of Montreal about five hundred thousand readers. This is enormous, and Canadians are certainly proud of it.

FISH BALLS.—Pick up the cod-fish carefully so there may be no chance of a vestige of a bone remaining in it; cook until done; then chop fine and mix with cold cooked potatoes. Add an egg thoroughly beaten, a little pepper, butter and salt, if needed; make into flat balls and fry in butter or sweet lard in a hot pan. A little mustard added to the other ingredients improves them.

IMPERMEABLE GLUE.—To make an impermeable glue, soak ordinary glue in water until it softens, and remove it before it has lost its primitive form. After this dissolve it in linseed oil over a slow fire until it is brought to the consistence of a jelly. This glue may be used for joining any kinds of material. In addition to strength and hardness, it has the advantage of resisting the action of water.

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