

said that the four patients who submitted to the treatment last winter have gone home to their families rejoicing, every consumptive symptom having disappeared.

MUSHROOMS will doubtless continue to used as human food for a long time to come, although not infrequently alarming symptoms and even death follow the use of such fungi. The *Lancet* (May 30, '91) says that a high colour, a scaly or spotted surface and tough or watery flesh, or those which have a bitter or astringent taste and grow clustered on wet or shaded ground are usually associated with poisonous properties; while the edible ones are usually white or brownish, brittle on fracture and grow in dry pastures.

HEADACHE from what is called eye-strain or asthenopia, is not uncommon, caused, according to Dr. Andrews (*Surg. to Charity Hospt. N. Y.*), in the *N. Y. Medical Journal*, by attempting to use the eyes at near work, as at lessons in school, or in sewing. The headache may be frontal, in the temples, or in both situations, and extend backwards and with a sense of pressure in and about the eyes.

OVER \$10,000,000 are invested as capital in making patent medicines in the United States. The most important feature is the advertising. As Dr. J. S. Billings says, the problem is to induce people to pay 25 cts. for the liver-en-couraging, silent-perambulating family pills, which cost 3 cts.

MRS. LE FAVRE, President of the New York Vegetarian Society and author of "Mothers Help and Child's Friend," is doing most commendable work by lecturing to the working classes upon "What to eat that is cheap and Nutritious." She is going into the slums, too, to tell the people how intemperance may be largely prevented by abstaining from the use of flesh meat.

A NEW Department wanted, is the head line of a full column of editorial in the *Eastern Chronicle*, of New Glasgow, N.S., an eight page weekly, now in its fortieth volume. It refers to a "Federal Sanitary Bureau"—a Department or Sub-department of health at Ottawa, in connection with the Government; for investigating the causes of disease, the collection of health statistics and the education of the people in the ways of preventing disease. We can only earnestly hope to find many more of the leading popular papers advocating such sanitary progress.

THE fatality of the influenza in London, Eng., still continues. During the week ending June 6th there were 303 deaths from this disease.

DR. PRAUSSNITZ has found tubercle bacilli in the dust of a number of compartments of railway carriages in Germany which had been occupied by consumptive patients.

A MOVEMENT is on foot for the establishment of a Society of Hygiene in Havana, Cuba.

CHICAGO is succeeding well in abating the "smoke nuisance"

ESTEEMED family physician to young patient convalescent from the influenza: "Well my dear what did you dislike most about the influenza?" Ethel, aged seven: "The Medicine".

A CITIZEN will bring suit against the city of Salem to recover damages for a case of typhoid fever alleged to have been caused by the offensive contents of a barn cellar. The attention of the Board of Health had been repeatedly called to the cellar, but the nuisance was not permanently abated.

THE report of the German Government upon the results of the use of "Tuberculin" are most discouraging, says the *N. Y. Medical Times*. Among the seventeen hundred cases, one-half were not improved at all. It is not stated apparently how many deaths were caused by the treatment.

LEEDS has found in a number of specimens of women's milk that the nitrogenous constituents varied from 4.86 to 0.85 per cent. "So that one specimen of mother's milk may have six times the amount of albuminous material contained in another.

THE *Medical Times* and *Register* says:— Patent medicines containing arsenic and phosphorus are responsible for many cases of fatty degeneration of the heart, and nearly every soda-water purveyor in the country dispenses beverages containing phosphorus compounds.

BACON said, To be free-minded and cheerfully disposed at hours of meate and of sleepe and of exercise, is the best precept of long lasting.

IT HAS been asserted in the *Paris Academy of Medicine* that tobacco smoking is the real cause of the depopulation of France.

LEISURE for men of business, and business for men of leisure, would cure many complaints,

THE spice poultice is pleasant to use and easily made. Mix dry one heaping teaspoonful each of ground ginger, cinnamon, cloves, and flour; moisten with hot water until of proper consistency and spread it on old cotton doubled. When cold, moisten with brandy or whiskey, and re-heat.

THE system of garbage cremation is as old as Jewish Jerusalem. The crematory outside that city was called Gehenna, and furnished the symbol of final destiny of the wicked.