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 Office Hours, 9 to 10 a. m., 1 to 2 p. m., and 7 to 8:30 p. m., and by appointment. Telephone consultation. Eyes tested for glasses; Glasses supplied.
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JAMES NEWELL, PH. B., M. D.,
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 OFFICE—Main St., next door to Merchants Bank. Residence—Front street, one block east from Main street.

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 OFFICE—MAIN STREET, formerly occupied by Dr. McLeay. Calls night or day at office.

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 GRADUATE CHICAGO COLLEGE OF DENTAL SURGERY and Royal College of Dental Surgeons, Toronto. Only the Latest and Most Approved Appliances and Methods used. Special Attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN STREET, WATFORD.

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J. F. ELLIOT.
 Licensed Auctioneer,
 For the County of Lambton.

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 Licensed Auctioneer,
 For the County of Lambton.

SOCIETIES.
WATFORD CAMP NO. 23
C. W. W.
 Meets the Third Tuesday in every month at 8 p. m. in C. O. F. hall. Visitors always Welcome.

GEO. DODDS, C. C. S. W. LOCKS, Clerk.
COURT LORNE No. 71
 Regular meetings the Second and Fourth Monday in each month at 8:00 o'clock p. m. Court Room, over D. G. Parker's Store, Main Street, Watford. D. Dodds, C. R.; J. H. Hume, S. S.; J. E. Collier, F. S.

BLOOD IMPURITIES
 are readily driven out of the system if the bowels are kept open and regular. Constipation and the retention of food wastes in the bowels pollute and taint the blood. Use LAX-ETS, ONLY 5 CENTS. In this simple way you can put an end to all blood impurities—an end to constipation—an end to all bowel troubles. Please use to take—pleasant in effect. Formula of every box. In handsome metal pocket size boxes. For sale and recommended by
T. B. TAYLOR.

GRAND TRUNK RAILWAY SYSTEM
TIME TABLE.
 Trains leave Watford Station as follows:
 WEST: Accommodat'n., 8:44 a. m.; Buffalo Exp., 10:27 a. m.; Accommodat'n., 2:00 p. m.; Accommodat'n. 12:18 p. m.; Chicago Express, 9:02 p. m.; New York Exp., 3:00 p. m.; Accommodat'n., 5:53 p. m.
THROUGH TICKETS
 To all the Principal points in Canada and United States on sale. Baggage checked through to destination. Choice of routes.
 Parties contemplating taking a trip to the Northwest or British Columbia would consult their own interests by calling at the S. T. R. station and getting rates.
D. O'NEIL, Agent.
 WATFORD.



DILLON HINGE-STAY FENCE
 The Dillon Hinge-Stay Fence is built on the common-sense plan. Each No. 8 strand has a tensile strength of twenty three thousand pounds. It is made of all-iron, cold-rolled wire. This metal Catalogue—live agents wanted.
WATFORD BRASS CO. LTD.
AGENT—JOHN W. LUCAS

REXALL HOUSE-DYES
 These Dyes will dye Wool, Cotton, Silk, Jute or Mixed Goods in one bath—they are the latest and most improved dye in the world. Try a package. All colors at
J. W. McLAREN, WATFORD.
T. B. TAYLOR, WATFORD.
C. R. READY, ARKONA.

HE Got a Wife.
 The hired man whittled the kindling
 With a great big pruning knife,
 And he said to the good old farmer:
 "I reckon I'll get me a wife."
 The farmer felt for his blackstrap plug,
 And took a hearty chew,
 And said, as he winked at his comely
 wife:
 "It's the best thing you could dew."
 The farmer's wife looked up and said:
 "No dancin' could Bill refuse."
 Then the farmer he straggled away to
 bed,
 And soon was involved in snooze.
 At four a. m., he went downstairs
 To light the cook stove fire,
 Then yelled aloft at the top of his voice,
 "It's time to get up, Mariah!"
 He thumped upon the hired man's door,
 And cheerfully roared "Hullo!
 Git up an' milk the critters, Bill,
 Why art thou slumbering so?"
 Mariah came not down the stair,
 The hired man answered not,
 The farmer smelt a rat, and then
 He humped himself and got.
 He searched the ho's: from end to end:
 The air with gloom was rife.
 "B'jingoos, Bill wuz right!" quoth he,
 "He's gone and got a wife."
 "He's also got my Sunday suit,
 My watch—he'll cut a shine.
 He's got a wife, but, Lor' a' massy,
 The wife he's got wuz mine!"
 The Khan.

He is Correct.
Dr. Hamilton Proves That Piles Are Caused by Constipation And Strong Cathartics.

Knowing the frequency with which people suffer from this ailment, Dr. Hamilton made an exhaustive study into the cause of piles.
 He found that the lower part of the bowels is like a network of blood-vessels, and if subjected to persistent pressure, a section will bulge out and form what is commonly known as piles.
 The only effective mode of curing this trouble is the regular use of Dr. Hamilton's Pills, which can be taken before retiring. Next day will bring wonderful relief.
 "I suffered up to about the limit of human endurance with piles," writes Miss Lueders, from Cornwall, Ont., "I was employed in a factory here, but for a time had to give up work till I got better of this trouble. I read in the Montreal Herald about Dr. Hamilton's Pills, and after using them for two weeks was cured. I can recommend these pills very highly; there are none better. They at once relieve and prevent a constipated condition of the bowels and from my experience can well be depended upon as a perfect safe guard against piles. Dr. Hamilton's Pills of Mandrake and Butter-nut, I am sure, would be a benefit to every girl or woman."
 Take Dr. Hamilton's Pills and your system can be regenerated, revitalized, and made proof against disease.
 Good for men, excellent for women, and most effective for children. All ages and sexes find Dr. Hamilton's Pills a marvelous medicine. Although active, they do not gripe or cause inconvenience, still they cleanse and purify the system, thereby maintaining a high standard of health. Sold by all medicine dealers, 25c per box, or five boxes for \$1.00, or by mail, from N. C. Polson & Co., Hartford, Conn., U. S. A., and Kingston, Ont.

Farming That Pays.
 Fourteen thousand dollars net profit on the planting of 35 acres of land is an achievement not to be despised. The crop was potatoes. The average production per acre was a few barrels more than an hundred. They sold for \$5 per barrel, or a total of \$17,500. They cost a dollar a barrel to put on the market, or \$3,500, leaving a net profit of \$14,000. That is the record made by a Charleson, in Colleton county, who is planting truck on lands formerly devoted to the culture.—Charleson (S. C.) Post.

Hump Back
 SCOTT'S EMULSION won't make a hump back straight, neither will it make a short leg long, but it feeds soft bones and heals distorted bones and is among the few genuine means of recovery in rickets and bone consumption.
 Send for free sample.
SCOTT & BOWNE, Chemists,
 Toronto, Ont.
 See and \$1.00; all druggists.

Information For The Cook.
 Most cooks young in experience will welcome this information as to the length of time the different vegetables should be cooked:
 Bake potatoes from thirty to forty minutes.
 Steam potatoes twenty to forty minutes.
 Boil potatoes (in their skins), twenty to thirty minutes.
 Boil potatoes (pared), twenty-five to forty-five minutes.
 Asparagus (young), fifteen to thirty minutes.
 Beets (young), twelve to twenty minutes.
 Carrots, one to two hours.
 Lima or shell beans, forty-five minutes to one and one-quarter hours.
 Onions, thirty to sixty minutes.
 Oyster plant, forty-five to sixty minutes.
 Peas, twenty to thirty minutes.
 Parsnips (young), thirty to forty-five minutes.
 Spinach, twenty to thirty minutes.
 String beans, thirty to sixty minutes.
 Summer squash, twenty to thirty minutes.
 Turnips (young), forty-five to sixty minutes.
 Tomatoes, forty five to sixty minutes.

Beware of Ointments for Catarrh that Contain Mercury.
 as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.
 Sold by Druggists. Price, 75c, per bottle.
 Take Hall's Family Pills for constipation.

Plain Summer Foods.
 Make your food simple in the summer. Try to establish for your table a different standard than that of heavy plenty. Much meat and fats are not essential to the system during the heated term, and we need less food when the mercury is in the nineties than when it is hovering about the freezing mark.
 Serve all kinds of vegetables, fruits, cereals and salads, with meat as only an occasional treat. Cook your vegetables carefully and don't serve them watery and overdone.

An American Disease.
 Some doctors go so far as to say that indigestion is the national disease of America. There is but one national remedy for indigestion and that remedy is Dr. Hamilton's Pills which accelerate the action of the gastric glands and give tone to the digestive organs. They strengthen the kidneys and liver, cleanse and purify the blood and thus add general tone to every organ of the body. Flesh and strength are fast restored and the patient can eat and digest any food he pleases. Test Dr. Hamilton's Pills yourself, —25c per box or five boxes for one dollar at all dealers.

A National Necessity.
 The growing interdependence of the Provinces of this Dominion must be apparent to all. The product of one is a necessity for another. Not alone are the eyes of the Eastern Provinces, but those of every country in the world, directed to the almost phenomenal wheat producing qualities of Manitoba, Saskatchewan and Alberta. Every hamlet, concession and sideline in Ontario has contributed to the settlement of these fertile western Provinces. The crops, according to the Government reports for this season, if safely harvested and garnered, will far surpass previous years in quality and quantity.
 It is estimated 20,000 farm laborers will be required from the older provinces in assisting in the harvest of their wealth. The men of the West are now urgently appealing to the parental and patriotic instincts of the farmers of the East to send every strong, able-bodied man they can to aid them in this work of national importance.
 The Canadian Pacific Railway has made the wonderful growth of the West possible. In the saving of the wheat and other crops, the interest of Canada and the Canadian Pacific are identical. The latter is Canada's National Highway. It has announced that on Aug. 14th, 17th, and 22nd, it will transport from different territories in the East farm laborers to the Canadian North-West at the normally low rate of twelve dollars; in fact, this National Highway is offering an inducement to European farm laborers by making an exceptionally low rate over its Atlantic steamship service in connection with its railway lines. It now remains for the Ontario farmer to show his pride in the growth of his nation by co-operating with the Canadian Pacific in sending every available able-bodied man he can to the West.

Big Head.
 The "big head" is a popular way of expressing a common and very frequent ailment. It arises from various sources, but the real foundation is a lack of sense. A little money develops it in some people, a few good clothes give it to others; a little office, where a chance is given to exercise a little authority, is often the cause of it, while others get it having a little better job than their associates. The truth is no sensible person gets the "big head." The one who becomes stuck up and stiff-necked from sources of any kind, are weak in the intellectual caliber.
 Sunlight Soap is better than other soaps, but is best when used in the Sunlight way. Buy Sunlight Soap and follow directions.

Make Your Hair Grow
 Satisfied with your short, stubby, scraggly hair? Or would you like it longer, richer, thicker? Then feed it with Hall's Vegetable Sicilian Hair Renewer. There's solid comfort in handsome hair. Get it! Be happy!
 For the whiskers and mustache we make BUCKINGHAM'S DYE. It colors a rich brown or a soft black. R. F. HALL & CO., Montreal, N. B.

LITTLE BELL BIOGRAPHIES
MacDowell
 EDWARD ALEXANDER MACDOWELL, born 1861, sometimes called "the American Grieg," is the first great composer that Western civilization has produced. Had he not given so much time to teaching, and were he not now afflicted with an incurable brain disease, he would have left a name in the departments of song and pianoforte composition not surpassed by Schubert and Chopin. As it is, he has written sonatas which are the equal of those by Schumann, Chopin and Grieg. But however full of freedom, individuality and charm these may be, MacDowell's songs and pianoforte pieces belong to the musical treasures of the world. His songs are full of simplicity and of fresh spontaneous melody. Of them the best known and most popular are "Thy Beaming Eyes," "Sweet Blue-eyed Maid," and his "Slumber Song," but all of them are equally beautiful and winsome and tender in expression.
 Aside from his sonatas, his pianoforte pieces are altogether different from any other composer's in imagination and style. Nothing in the realm of music could be more naive and tender or more pure and poetic than "To a Wild Rose" (in Woodland Sketches) and "From a Wandering Iceberg" (in Sea Pictures). They cannot be rendered save by an artist and a perfect instrument like
The Bell Piano
 which, with its full, rich Singing Tone and Illimitable Repeating Action, expresses every shade of musical feeling, beautifully, poetically. The Bell Art Piano is emphatically the Musician's Perfect Piano.
 The full series of "Little Bell Biographies" in booklet form, illustrated, will be mailed free on request by
The Bell Piano & Organ Co., Limited, Guelph, Ont.

H. SCHLEMMER, Agent for Watford
 Everything in the Line of
MUSICAL SUPPLIES
 FROM
A PIANO
 TO
A MOUTH ORGAN.
 Cheapest place in the WEST for all the popular SHEET MUSIC.
Singer and White Sewing Machines
 VERY CHEAP.
 A number of Second Hand Organs at a very low price.
L. D. CALDWELL

LUMBER and COAL.
Builders' Supplies
 Estimates furnished for all classes of work.
PLANING MILL IN CONNECTION.
M. A. LAWRENCE.
 1870, Established 1870,

A. D. HONE, PAINTER, DECORATOR
 AND PAPER HANGER
Frescoing in New Designs for Halls and Ceilings. See sketches at my residence, St. Clair St.
Graining in Natural Woods and Interior Decorating in the LATEST STYLE.
St. Clair Street - - Watford.