

"After my baby was born, I was terribly weak and run of Dr. Chase's Nerve Food that also used Dr. Chase's Ointment for a rash which broke out on the baby, and the rash disappeared completely in a

DR. CHASE'S NERVE FOOD

At all Dealers. GERALD S. DCYLE, DISTRIBUTOR.

SIDE TALKS.

By Ruth Cameron.

TOO ANXIOUS TO BE GOOD.



Is it possible to shallying, and all the other common try too hard to be good? Once upon time I should provoking warning:

Someone (I think it was either a person who had been trying to step on his own New England conscience, or a person who was married to a New England conscience) has perthe effects of possessing one of these

Keeps You From Enjoying.

"A New England conscience doesn't keep you from doing what you think is wrong; it simply keeps you from enjoying it while you are doing it." And Agnes Repplier gives another sidelight on this state of mind (of course a New England conscience can exist anywhere in the world, I suppose "New England" is used to describe them because they are supshe tells about the man who said he moral or too expensive.

on the New England conscience I sidering, I should say.

Just Folks.

conscience nerves by Austen Fog Riggs. After sorts, there has been nothing doing. higher share of the receipts in order warning against hurry, worry, shilly No freights have been earned. The that the average compensation for selves into Livehards and Diehards, causes and symptoms of nervous troubles, he comes out with the fol- but there is no class which can be lowing less common but very thought described as Workhards.

have answered Take Your Own Decency for Granted. "Shun the New England conscience. the unhesitantly It is a form of egotism which makes a talking men, on their pins again. moral issue out of every trivial I am not so sure now. That is one thought or feeling, Its motive is selfof the sad things that happen to us as defense, defense of self from the poswe grow older.—that we cease to be sibility of guilt or consciousness of

so sure about a great many things Or moral error. It takes the adventure is it so sad? You see, I am not even out of life and fills it with endless. petty, safety first devices, clogging its machinery and warping it out of true. To live fully and with reasonable ease one must take one's own fundamental decency more or less for granted and racy. be willing to take at least ordinary petuated this excellent description of chances of being wrong. Soul harof nothing better than worry about passed miles and miles of factories, visitors, while English and Irish visit-

> Worry About Moral Health Have you a New England conscience or any tendency that way? If you have, I suggest you clip out that paragraph and keep it to read

over once in awhile. We all know how people who worry

about their health make themselves posed to be commonest there) when unhappy and taint the lives of those about them. It is a less familiar thought that worry about moral health may have

the same effect. But the best thing I have eyer seen But one emphatically worth con

By EDGAR A. GUEST. Canadian bogs and sold in competi- fore the horse. The horse neast be rescue. WHAT A BOOK CAN DO. tion to anthracite coal, it is announced fed before he can draw the cart. If The skipper, Captain Cazneau, was This is what a book can do: Take you where the laughter's ring-

And the eyes with love aglow, The committee estimates the cost Take you out of care and trouble
And the grief which seem to double, Take you far from wintry weather And the fields of drifted snow. This is what a book can lo: Dreams you thought were lost, renew; can set you bravely sailing All the salty seven seas. Back to long forgotten ages,

And to silver-buckled knees. the neighborhood of \$10 a ton. his is what a book can do: There are some 21 large bogs scat-Make a boy again of you; "o the prairies of adventure tered throughout Ontario and/Quebec, As an optimist, I am always lookcan take you in an hour; can chill your blood with danger fuel, with an average calorific value of the in the industrial world lately to off the leg of one dead man To which long you've been a stranger

Py the magic of its power. This is what a book can do: Build and stregthen you answ, Give you fortitude and courage Then above a storm appears; can fashion and re-make you So that Fate can never break you, It can comfort and console you When your eyes are wet with tears.

Forgot The Last One.

call, and the mother gave little Amy bows.

ay you are eight years old, if he asks coloring. who made you, say God made you." | To be exceedingly smart one might three questions in that order and the of one turning back at the wrist child answered the first two correctly. from a tight sleeve. But when the minister asked the One of the most novel and charmthird question, she hesitated, and ing features of the new evening

clearing out balance of these fav. One unique girdle has a long drappurite apples at bargain prices. ery which is caught to the right cuff
Don't delay if you want a few while another steel beaded affair has
parrels, they won't last long. EDa little purse hanging at the left
WIN MURRAY,—jan15,3i,eod
wAGNER APPLES.—Sweet
and Juicy, selling at the low
price of \$4.50, \$5.00 and \$6.00
a real bargain. Come quickly.
EDWIN MURRAY.—jan15,3i,eod
with a left with the left with the left with murray and side.

Peat Can Compete

Alfred. Ont.

of production at \$4.40 per ton with a tons per day. With the same plant working on a 20-hour basis the cost would be reduced to \$3.50 per ton this German people understand better than the straight from the deck-beams joined the pot and the kettle. Then he knocked off the stock of a pistol and had the long latter system being recommended to cut overhead expenses. According to the committee t the committee, the price of peat, delivered to the consumer, should be in and men—They who work not neither atus for distilling sea-water when

between 8,000 and 9,700 B. t.u.'s per encourage optimism. But still, as catch a shark with this "bait." Shakespeare says:

This year 5,000 tons were produced "There is a tide in the affairs of and were sold as far west as Peter-men, which taken at the flood leads borough and Toronto, as far north as on to fortune." New Liskeard and east to Montreal. | for the rising of the tide. I have a

Fads and Fashions.

a short-sleeved bodice with long fitted politics are a drug on the market. As a fork before baking. effects resembling gloves that fasten The new clergyman was coming to to the wrists and reach to the el-

A straightline, severe model with "If he asks your name, say Abry a slight drapery at the side is worn Doris; if he asks how old you are, with a shawl of Persian design and

The elergyman did ask just those have three little flaring cuffs instead

gowns is the jewel work used in com-"Mummy did tell me the man's bination with beads as decoration. hazy, preceded by snow. Nothing Add one-fourth teaspoontul of name, but I've gone and forgotten: A new topless corset has no boning signted to-day. Bar. 29.72; Ther. 38. ground clove to one pint of cream over the hips, but has the new cord-

Passion Play Witnessed The Ship of State. by 318,000 People. IN TROUBLED WATERS.

ed, an inspiring picture of a full this year's Passion Play received at rigged barque with all sails set. average of 18,000 marks for their ser Each of its threemasts-square rig- vices, according to the final statemen opisil, upper topsail, top gallaut. The sum represents about \$2.25 at the oyal, and saysai- all set and all rlling. Her bow is sending up a 528 hours were spent in actual per pray of water as she ploughs her way formances. Sixty-six presentation thing of life. It is a noble sight. hours in the morning and four in the When I open my eyes in the morn- afternoon. In addition there wer ing and draw up the blind that pic- seven months of rehearsals. As ture faces me. It is an ideal repre- commonly known, men who are car sentation of steady progress. No didates for the chief roles begin pre other form of locomotion-the rail- parations years in advance by raising way train, the ocean steamer, the au- beards, since wigs and make-up are kle it with dried heated sawdust. pobile or the aeroplane, convey the not allowed. Villagers also same feeling of confidence, strength bear in mind always indeed and beauty as does the full-rigged childhood, that good character is an hot, parboiled cabbage leaves, placed with a fair wind. I am afraid essential to being chosen for the in a greased pan and browned. State as she appears to-day. She is approximately 1,000 persons, all of cr. in troubled waters, and is being bad- whom, as usual, were Oberramergauly handled. Since the war, the ship ers. Of this number 124 were solohas been taken over by the colitic- ists or had speaking parts. A large on lettuce with mayonneise. ians - a class of men who have beither number of women and children wer seamanship nor statesmanship. They used, especially in the "mob" scenes have made a sad mess of the good old Anton Lang, who portrayed the part ship. Save for some trips in her to of Christ for the third time, is report-Cannes, Genoa and other pleasure re- ed to have waived his right to officers and crew have divided them- the participants might be increased. FINANCIAL RETURNS.

Tickets of admission produced an aggregate of 21,640,470 marks, the The enemy which our fighting men mittee's statement shows, while knocked down and would have knock-5.806.393 marks were realized on the sales of librettos and photograph The expenditures amounted to only PROSPEROUS GERWANY.

While our rulers are talking the

German nation is working. The late

war was essentially an attempt by

Germany to establish world power

based on her productive capacity.

clamouring for liberty and democ

NO POVERTY-NO DOLES.

A business man who recently vis

whole road from Cologne to Dussel-

making anything from dyes and chem-

icals to machinery and motor cars.

"I have seen nothing poor in Dus

seldorf, nothing which bears com-

parison with things I have seen in

ORGANIZED PRODUCTION.

DOLES BREED INDOLENCE.

THE OUTLOOK AHEAD.

Special to Evening Telegram.

CAPE RACE, To-day.

WAGNER APPLES.—Sweet

shall they eat.

No one was idle.

our industrial towns."

all in full blast. Practically the ors numbered 12,263.

7,753,948 marks, having been kept comparatively low because little new construction was required, many cos tumes were in good condition from the 1910 season, and all necessary dveing of old material was done gratis by a Munich firm whose manager is a She stood for authority and thoroughresident here. More than 30 coun ness while the rest of the world were tries were represented by the 318,040 visitors who saw the play this year. Eliminating 248,775 Germans, the quotas by nationalities were heade by tourists from the United State rowing analysis to prove one's moral ited Germany described a day spent who numbered 22,231. Other parts of impeccability are merely expressions in Dusseldorf. "As we drove in, we the two Americas contributed 2,843

dorf runs past factories of all kinds, "Lost Ships and Lonely Seas.'

Mr. Ralph D. Payne, the author of "Lost Ships and Lonely Seas" (Allanand Unwin), when he turned to old Birmingham, Leeds, Bradford, Man- sea journals and chronicles, found a chester, and half a dozen ciher of wonderful mine of true tales of wrecks and great adventures of the much as to "Grown ups." This model seas. He has made the most of his is ever so serviceable and pleasing. The mad Kaiser with all his faults material. Here are tales which for It may be worn with or without romance and thrill easily beat some of skirt. Serge, fiannel, jersey cloth taught Germany that production was the Foundation Stone of the State, the fantastic imaginings of our fiction and other knitted materials, as well He was a manufacturer himself-on writers. The wonderful adventures of as linen, khaki and gingham are good quite a large scale. Our manufactur- the brig Polly, which drifted for for its development. ers to-day are so handicapped by the months in the fabled area of the Atpoliticans that they are being left be- lantic known as the Sargasso Sea, 7 Sizes: 4, 6, 8, 10, 12, 14 and 16

ind. National prosperity has dis- makes an absorbing chapter. She was years. To make the costume for appeared and, indeed, the only pros- dismasted and water-logged, but could 14 year size will require 5 yards of With Anthracite. perous classes of the community are not sink, and drifted as a mere bundle 32 inch material. Government and Corporation officials, of boards with the ocean winds and TWO separate patterns mailed to Peat can now be manufactured from leaders. This is putting the cart be- ly fought off death and prayed for EACH pattern in silver or stamps.

by the Ontario and Dominion Peat there's not enough food to go round, a sailor of extraordinary resource Committee, after seven years' experi- the above non-producers—who are and resolution. When the water gave menting. These were carried out near only tax eaters-must wait their out he took an iron pot from the galley, turned the tea kettle upside down on it, and whittled a wooden collar Honest working-people don't want with a seaman's sheath-knife, and a 100-day season and producing 100 to be fed on doles. There are no doles with strips of cloth and pitch scraped galley.

There were two survivors in addition to the captain. No cannibalism containing 91,680,000 tons of available ing ahead. There has been very lit- on board, although the sailors did cut

Household Notes.

for the rising of the tide. I have a strong belief that next autumn trade cream on coffee gelatine, make a soft will be in good form. Labor is fast chocolate custard to pour over it. settling down to normal. Money is Your pie crust will not blister if cheap, harvest prospects are good, and you prick the entire surface well with

the making of jerkins worn in pre- of soda added to the melted chocolate historic times, so it is fit and proper will darken the cake mixture.

for cleaning the cloth parts of shoes. Rinse with a sponge. To destroy a "scorched" taste i any vegetable or meat you are cook Wind west, fresh, weather duli, ing, drop in a small piece of charcoa

auce for creamed carrots. prinkled with a little camphor-gu Into ramekins put a little cook with sait, pepper and cheese, and sti Eleard's Lindmont used by Physicians If your lineleum is stained, sprin

Last Showing To-Day--JACKIE COOGAN--at the NICKE

"Clinton & McNamara"

"JACKIE COOGAN" everybody's darling in "MY BOY"

'Fun at the Drug Store'

THURSDAY, FRIDAY and SATURDAY

Opening chapter of our new serial The Hope Diamond Mystery Starring GRACE DARMOND.

That Versatile Vaudeville Duo in all new

Clinton and McNamara

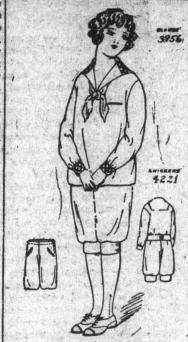
A powerful social melo-drama by IRVING BACHELLER with an all star cast featuring ENID BENNETT.

must | Sweep off in a half hour. Meat balls are delicious rolled in Add a little lemon juice to the tur-

uncooked grated carrots and served

Fashion Plates

The Home Dressmaker should keep Catalogue Scrap Book of our Pattern Cuts. These will be found very



3956-4221. Knicker and bloomer suits appeal to the active girl as

School Board teachers and Labour currents, while seven men tenacious- any address on receipt of 10c. FOR



A STYLISH COAT STYLE.

4209. Black velvet and squirrel the leather trade is associated with In making chocolate cakes, a pinch fur are here portrayed. This is a good model for broad cloth, velours, and other cloakings. The collar is conthat it should take a leading part in the revival of British industries. This is no time for pessimism. If we would secure success, we must deserve it.—The O. & G. BULLETIN makes your icing fluffy and keeps it from setting too hard.

Do not stir cake batter, as stirring vertible. It may be turned up nign, or rolled low with the fronts open.

The Pattern is cut in 5 Sizes: 6, 8, 10, 12 and 12 years. A 10 year size requires 214 yards of 54 inch material.

Pattern mailed to any address on receipt of 10c. in Stiver or stamps.

January Offerings DRESS GOODS

Special Low Prices

BLACK and NAVY ENGLISH DRESS SERGES @ 95c. 1.00 and 1.25 yard. FINE QUALITY DRESS MELTONS, CLOTHS and TWEEDS, 42 inches wide. Only

95 cents yard.

SUPERIOR QUALITY DRESS TWEEDS, in 3 and 5 yard ends @ 1.25 yard.

WOOL BLANKETS **English Make--Wonderful Values**

You can afford to buy Blankets again now, if you buy them here, as values are sur prisingly good. We have these English Wool Blankets from only \$4.50 pair, and some of very superior quality, at the extremely moderate prices of \$6.90 to \$9.00. WHITE WOOL NAP BLANKETS, large size @ \$4.90 pair.

WHITE HEAVY FLEECE COTTON BLANKETS, large size @ \$3.75 pair. SMALLER COTTON BLANKETS, at small prices.

Men's and Boys' Overcoat Bargains

MEN'S LONG HEAVY OVERCOATS from only \$6.90 each. BOYS' LONG OVERCOATS, for Boys 9 to 17 years old; all sizes. Only \$4.90 each. We have many other good values in Men's and Boys' Overcoats, which cannot

Ladies' and Children's Winter Coats

AT VERY LOW PRICES TO CLEAR. These are in good English makes that will wear well and will not fade.

Ladies' Winter Hats

At our usual January Clean-up Prices. See offerings of LADIES' BLACK and COLOURED VELVET HATS at only 50c. each LADIES' FELT HATS, at only 20c. each CHILDREN'S WOOL CAPS and HATS, at only 20c. each.

Ladies Grey Bloomers

n Heavy Fleeced make, only \$1.00 pair.

Garter Elastic at Very Lowest Prices White only, 8c. yard. Black, 9c. yard. CORTICELLA AND MENDING WOOLS

in all the leading shades. In Mending Wools we show thirty different shades of fine Quality Wool, at 4c. card. COTTON REMNANTS.

> of all kinds at very low prices. COLOURED SATEEN REMNANTS Good quality, 36 inches wide. Only 45c. yard

CUSHION PADS in round and square shapes; new goods at new Low Prices.

WHITE SHIRTINGS and CAMBRICS Splendid assortment just opened in Quality Goods, worth making up Prices from 29c. to 48c. yard—All 36 inches wide.

Household Notes.

Stainless steel knives for cu uits should be in every housew ut fit of cutlery.

Bananas are good cooked en role with current jelly sauce. S

h whipped cream and iced with or- the oven. parhetti can be reheated in the licious chop-sucy flavor, or am gravy of fried chicken and it a cup of shredded cahbas ved on the platter with chicken. | chopped green pepper.

mall, it can reach many places which in ordinarry brush cannot.

Equal quantities of sweet oil and time water mixed is a splendid mixure for burns.

Eclairs are delicious when filled over them as they are task that the same th

To give a can of tomato so

DOLL'S

Majestic To-mo

reliable of informa Columbia. on of licens suggested. fees: drag a n for salmon of B.C. be l ted that this urday to 6 ion against ll be taken sh: that a l ished and th lished a bo ific investigat rs recommen season for raser River i cate by closi mmissioner at is wrong fisheries

Columbia? iety among ne steady decr a dispute an agitatio of the Japane anning of g problems to cause of pting to find grievances of . This comn ninary report e and Fisher t is expected oubtedly then ges made as ations carrie changes that salmon-eati , when Mr. I burg, Nova canneries at work c cans—handi ped on their ren clinging ng nearby of the salm that this p result was rder some paralyzed f

men were en. Not bei to the can choice that Japanese Fi lowever, by appoin r women after all t were at we e, there ies where sy moth

main of the Ja eplaced