The Christian man says to himself, if I hurt my nerves, if I hurt my orain, if hurt any of my physical aculties, I hault God and call for directribution." Why did God tell the evites not to offer to him in sacrilege nimals imperfect and diseased? He acant to tell us in all the ages that we are to offer to God our very best hysical condition, and a man who, hrough ifregular or glutto; ous eating uins his health, is not offering to God uch a sacrifice. Why did Paul write or his cloak at Troas? Why should the a great man as Paul be anxious bout a thing so insignificant as an interest it is sent to the control of the

produce the right result. You go downstains and examine the carpets we are turning out in this establishment, and you will see." I go down on the other floor, and I see the carpets, and I am obliged to confess that, though the wheels in that factory go in opposite directions, they turn out a beautiful result, and while I am standing there looking at the exquisite fabric an old Scripture passage comes into my mind. "All things work together for good to them who love God." Is there not rest in that? Is there not longevity in that? Suppose a man is all the time worried about his seputation? One man

infinusin arregular or situtionous causes when a societies. Why should such a scriftice. Why did had been such a societies why did had been such a scriftice. Why did had been such a speak man as Paul be and to such a string so insignificant as and with pneumonia and rheumatism he would not be worth half as much to icid and the church as with repeated one and the church as with repeated one at high tand pray and ask God's protection while at the same time he went at high tand pray and ask God's protection while at the same time he went at high tand pray and ask God's protection while at the same time he went at high tand pray and ask God's protection while at the same time he went at high tand pray and ask God's protection while at the same time he went at high tand the subject of physical health to his whole of the butcher, or to the clothler or to the aping off and then praying to God to keep him from getting hurt, and the subject of physical health to he will be subjected of protection will be subjected of the subject of physical health to he will be subjected of the butcher, or to the clothler or to the butcher, or to the clothler or to the apith to the whole and the pray of the human soul. What is the eve? It is the observance of the subject of them. His omnissence—it is God's highers had been and they for the admight heavens—it is the work of God's fingers. He work of God's fingers he had lost the subject of them. His omnissence—it is God's highers had been and they for the admight heavens—it is the work of God's fingers. He work of God's fingers he had been and they for the admight heavens—it is the work of God's fingers. He work of God's fingers had been and they for the payment of the heart shall be upon his shined. A subject to the payment of the heart shall be upon his shined for the heart shall be upon his shined for the payment of the heart shall be upon his shined for the heart shall

RELIGION AND LONG LIFE

Sensible Talk From Rev. Dr. Talmage Addressed to People
Who Regard Christianity as a Quick
Route to the Tomb.

Washington report: This seymon
of Dr. Talmage presents a isospic for
the training of the Christianity and the Christianity as a Quick
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when Mr. Chamberlain and President Kruger were still addressing more or less polite futilities to one another beneath the ocean. The suggestion of a Canadian contingent had been made. "Let us send you 5,000—10,000, if you will," said the enthusiastic Canadian loyalist. The War Office smiled. "How fresh and green and young thou art in this old world?" the Great Military Experts of rall Mall seemed to say. "My dear fellow, your Canadian friends mean well; very kind, of course, and all that. But the British Army." Then, in the most condescending way, as to a mere Colonial, it was explained upon what high and mighty principles the Great British Army was built; how supremely ridiculous it was to suppose that a for the bottom of the principles of the firends of the friends of the said faith. Beal faith acts. Ther holy boldness pleased Him. "Faith is the channel through which the grace of God flows into the soul in converting, healing power." Christ always notices and commends faith. Thy sins are forgiven (R. V.)—Our first great need is the, forgiveness of sin. Jesus rightly puts this ahead of the healing of the body. We cannot doubt hat this paralytic was a conscience tricken young man. The conditions eccessary to forgiveness are repentance, confession, forsaking sin, and recease mean well; very kind, of thy sind are lorgiven (R. V.)—Our first course, and all that But the British Army."
Then, in the most condescending way, as to a mere Colonial, it was explained upon what high and mighty principles the Great British Army was built; how supremely ridiculous it was to suppose that a few thousand raw [Colonial irregular volunteer conditions]. suppose that a few thousand raw Colonial irregular volunteers could be of any possible account; how simple an affair this Pears are considered.

of any possible account; how simple an affair this Boer campaign would prove for so mighty an engine as the Queen's Army—and all the rest of it. This was Officialdom in all its glory. Wiser counsels happily prevailed ere long, and even the Permanent Official in Pall Mall was made to cable the Ministry's somewhat condescending thanks for the Colonial contingents. "Of course, we don't really want them; but it's the spirit of the thing we value." And so the Canadian and other colonial offers were cut down and accepted.

And now we see how much all this official flummery was worth! If, instead of treating the colonial offers with cool condescension, the War Office had gratefully and at once taken stead of treating the colonial offers with cool condescension, the War Office had gratefully and at once taken the 10,000 men or so offered, and taken them in the form offered—including that is, mounted infantry and artillery—there might have been a different tale to tell at Stormberg, Modder River, and on the Tugela. We failed there from no want of splendid herosam, but from sheer want of scouts 2nd a proper knowledge of the enemy's whereabouts. Every one sees now what invaluable work of this nature the rejected mounted colonials could have done in co-operation with irregulars from Natal and Cape Colony, who know the country and character of the Boer. It is not too late to make amends, and we welcome the new spirit in which the offers of second colonial contingents have been received and the readiness with which the War Office is now availing itself of colonial experience and accepting the services of mounted men and artiflery.

What a British Army Corps Is. The British army corps, as nominally constituted, numbers 36,259 of ally constituted, numbers 36,259 of-ficers and men. A large number of these are "technical" troops, in charge of the pontoons, field tele-graph, railway appliances, balloons, field batteries and field hospitals. Eliminating all of these technical troops, the strength of a division in infantry, cavalry and artillery is 9,449 men, with 18 guns; of an army corps, 30,799 men, with 102 guns.

Tips for Advertisers. If you are an advertiser, read other advertisers ads. You will learn ures of others.

The more brains you can put into your "literature" or ads the surer

your "literature" or ads the surer you will succeed. Brains are a netic force that attracts. Ideas rule the world. All great enterprises are only executed ideas.

SUNDAY SCHOOL

INTERNATIONAL LESSON NO. X. MARCH 11, 1900.

Supt.—What is the Golden Text? School—The Son of Man hath power on earth to forgive sins. Mark ii. 10. What is the central truth? The forgiveness of sins must take place before the healing of the body.

What is the topic? The perfect cure. What is the topic? The perfect cure. What is the outline? "I. The sinner's condition illustrated. II. Faith illustrated. III. Hypoorisy confounded. IV. The results of true faith."

When was the time? May, A. D. 28. Where was the place? Capernaum. Who were the persons? Jesus. The paralytic. Many people.

What are the parallel accounts? Matt. It. 1-8; Luke v. 17-26.

Commentary—Connecting links. After the accounts.

paralytic. Many people.

What are the parallel accounts? Matt. in. 1-8; Luke v. 17-26.

Commentary—Connecting links. After the events recorded in our last lesson Jesus and His disciples made a tour of eastern Galilee, preaching the gospel as they went, and one leper was healed.

I. And again—At the close of the missionary tour in Galilee. Capital mann—Which was His home, or head-quarters. It was noised—The news spread very rapidly. In the house—Prapably Peter's house.

The audience included Plantises and doctors of the law who had come from the towns of Galilee, and Judea, and Jerusalem. They had come to inspect and criticize this new teacher. About the door—There was a great concourse of people so that the house and court were both filled. Preached the word—the doctrine of the Son of God—Clarke. They had come partly to criticize find partly out of curiosity, and now Jesus seizes the opportunity to preach the Gospel. We should be instant in season and out of ceason to point others to Jesus. Preaching and healing went together and made a powerful impression.

3. They come unto Him—Access to Jesus seemed impossible. There were many obstacles in the way. Should they have waited for a convenient season? No. They must force their way to Christ. Bringing one—There are many so weak and discouraged that they cannot go to Jesus without assistance; we should always be ready to help such. Sick of the palsy—"Palsy—a contraction of the word paralysis—is a disease that deprives the part affected of sensation, or the power of motion, or both." This patient was utterly helpless. The disease is considered incurable Borne of four—Each one holding a corner of the "mallet," or bed. "There was co-

tient was utterly helpiess. The disease is considered incurable. Borne of four—Each one holding a corner of the "pallet," or bed. "There was cooperation in this work. One could not have done it; it needed four. In the union of hearts and hands there is strength. United they had no difficulty."—Com. Com.

4. The press—It seemed quite impossible for the crowd to make an opening sufficiently large for them to pass through. Uncovered the roof—Luke says "through the tiling." In the eastern countries the houses were flutroofed and joined together so one could walk on them.

Canadian Offer of Help Smiled at When Made.

The Made of the Smiled walk on them from one end of the city to the other. Broken it up—They took up the tling. They determine that nothing should stand in their That nothing should stand in their way. Let down the bed-Imgene the arresting of the discourse of Jesus, and the breathless surprise of the crowd as this opening through the tiles appeared, and slowly a pallet was let down before them.

5. Saw their faith-Many of the gifts of healing and restaution were about the control of the side.

aith.
6. Certain of the scribes—The scribes
were the leaders of the nation, the were the leaders were the leaders of the nation, the theologians, legislators, politicians. They had come up from Jerusalem and other places for the nurpose of op-posing him. Luke v. 17. Reasoning in their hearts—They had not yet

posing him. Luke v. 17. Reasoning in their hearts—They had not yet spoken openly.—

7. Blasphemics—Taking to himself what belongs to God only. He is intruding on the divine rights. The blasphemer was to be put to death by stoning.—Gelkie. But God only—They rightly understood that all sins are sins against God, and therefore only God could forgive them. See Psc. Ii. 4.

8. When Jesus perceived—In telling them the thoughts of their hearts Jesus gave them the fullest proof of His divinity. He "searcheth all hearts and understandeth all the imaginations of the thoughts." No sin escapes His notice. Why reason ye—Matthew says, "Wherefore think ye evil?" Why are you putting a misconstruction on my words?

9. Whether is it easier—Both are equally easy and equally difficult. Everything is equally easy to that power which is unlimited. A universe can be as easily produced by a single act of the divine will as the smallest part of matter.—Clarke.

10. That ye may know—External miracles are the proof of internal ones. Christ was conscious of divine power. If fallure had been the result His humiliation would have been over-whelming and final.

Christ was conscious of divine power. If failure had been the result His humiliation would have been overwhelming and final.

11. Arise—Here is the test. Christ shows His ability to forgive sins by His ability to heal.

12. He arose—The man had a part to perform. Had he not acted at the word of command he could not have been healed. He exercised the power of his will and put forth the necessary effort to arise, believing that strength and healing would be given him. Before them all—this thing was "not done in a corner." Christ's miracles were performed in the most—public manner and were never questioned by those who witnessed them. Amazed — Luke adds, "They were filled with fear." Glorified God—They had a high degree of reverence for God and were filled with admiration for His powers and goodness—Benson. On this fashion—Christ's works are without er and goodness.—Benson. On this fashion—Christ's works are without precedent. He acts independently and advises with no one. They had seen three marks of His divinity. 1. seen three marks of His divinity. 1. Forgiving sins. 2. Perceiving thoughts. 3. Healing disease.
Teachings.—The true minister preaches the word — the truths of the gospel, and does not spend his snergies endeavoring to feed the intellect to the neglect of the spiri-

tual. We are to preach Christ the true Word of God. There are some who will never reach Christ unless they are carried to Him. The Church should be consecrated to the work of saving men at home and abroad.

PRACTICAL SURVEY.

PRACTICAL SURVEY.

The prophet said concerning Christ, "He shall not cry, nor lift up, nor cause His voice to be heard in the street." Isa. xlii. 2. His charge to those whom He healed frequently was, "See thou tell no man." See Matt. viii. 4; ix. 30; Mark v. 43. But the more He charged them, the more they published it. Mark vii. 36. "He could not be hid." Mark vii. 24. He might avoid sensationalism and, as this time, seek quiet, but it was "noised abroad that He was in the house, and many were gathered together." vs. 1, 2.

The sinner's condition illustrated. v. 3. "One sick of the palsy." A helpless paralytic. Complete paralysis destroys the power of locomotion. The will is notive, but the nerves and muscles refuse to respond. Sin paralyzes the moral man. The intelligence grasps truth, conscience responds, but a deadly paralysis of the moral man hinders action.

Faith illustrated. Vs. 3-5. Faith

ly paralysis of the moral man hinders action.
Faith illustrated. Vs. 3-5. Faith is too often confounded with credulity. It is looked upon as some mystical state of the mind, or exalted state of the sensibilities to which the individual must attain. This incident shows faith to be: (a) Intelligent. The paralytic and his friends had heard that Jesus had cleaned the lepers, healed divers diseases, raised the dead; therefore he could "cure one sick of the lapsy."
(b) Practical. The paralytic did not lie at home and talk of trusting Jesus to heal him, nor did his friends advise this. They, probably, at his request, brought him to Jesus. They did what they could. (c) Persistent.

arose." The instant faith brought him in touch with Christ, so that the word of power was spoken, life and health were imparted. The nerves began to tingle with vital force, the muscles responded, and he arose and walked "Immediately" is characteristic of Christ's work in answer to faith, whether it be for soul or body. "A man gives proof of his conversion from sin to God by imitating this paralytic. He who does not rise and stand upright, but either continues groveling on the earth, or falls back as soon as he is up, is not yet cured of his spiritual palsy."—Clarke, on Matt. ix 6, (2) Upon others. "They were amased and glorified God." A genuine work of God commends itself and compels acknowledgment. Dan. iii. 24-29: vi. 27. A practical religion, which delivers men from the paralysis of sin and makes them upright in character and life will cause men to glorify God. Matt. v. 16.

J. 8. McGeary.

BUILDING ASSIDUT DAM.

Eleven Thousand Men Work Night and Day.

BUILT ON BED OF THE NILE.

"The works at Asslout are under a talented engineer, Mr. G. H. Stephens who is a born ruler. He has had 11,000 men working night and day at his great dam and the huge wall and the navigation canal which accompanies it. This may seem, when compared with Assouan, a comparatively small affair, for it has only to 'hold up' ten or twelve feet of water to supply abundantly the great Ibrahimieh canal abundantly the great Ibrahimieh canal which in its course supplies the ancient Bahr Yusuf, and will thus vastly increase the cultivable land on the margin of the Libyan desert. But in many ways the Assiout weir is even more remarkable than a wall of granite founded on a rock. It is built on the bed of the Nile itself. Never once has rock been touched for the foundations, Mr. Willcocks has shown in his saving of the old Barrage that a permanent floor could be laid down on the river bed, which, properly constructed. bed, which, properly constructed, would carry any weight of masonry fit to resist the pressure of any tream above it. This system is practically the one used in the Assiont

Barrage.
"The Assiout dam is half a mile the Assout dam is half a mile long, and has a navigation lock at the west side. The river has been coffer dammed in sections, and a masoury and concrete floor (forty feet below level of high Nile) laid down feet below level of high Nile) laid down as a foundation, eighty-seven feet wide by ten feet thick. On this floor the superstructure is built. At both up and down stream sides of this floor cast-iron sheet piles are driven down to a further depth of thirteen feet, the joints of which are hermetically seniel by cement grout, so that no percolations can get below the foundations. The Barrage has three openings of about sixteen feet each, which will be supplied with ordinary shices. The navigation canal lock wil! be fifty feet wide. This last year (1899) one-fourth of the whole work was done, and the wages paid

year (1890) one-fourth of the whole work was done, and the wages paid (during June and July, for instance) were £1,500 per day.

"The outlay at the Assouan dam was even greater, so that immense sums are spent among the natives of the country which the works are intended to benefit permanently. All the work done at both reservoirs was left safely above the highest water level till next season, and at Assiout no more coffer dams will be needed. There were 11,500 men employed at Assiout (and 8,500 at Assouan), when the work had to be stopped for the work done at both reservoirs was left safely above the highest water level till next season, and at Assiout no more coffer dams will be needed. There were 11,500 men employed at Assiout (and 8,500 at Assouan), when the work had to be stopped for the rising of the Nile. The walls at both places are of stone were frequently so warm, owing to the flerce sunshine, that the men's hands were blistered in lifting them, and the heat of the place in June was 160 degrees in the shade. But all has gone on, with scarcely an accident. There were a dozen cases of sunstroke, but only a very few deaths. It was remarked that those who drank too much liquid of any kind were most liable to it."

If thou art a master, be sometimes blind; if a servant, sometimes the work and to British Commbla.

Market Reports The Week.

LEADING WHEAT MARKETS. Following are the closing prices at important wheat centres to day:

Cash. May.

Chicago \$\frac{Cash.}{\$\simeq\$ 0.65 5-8} \\
New York \$\simeq\$ 0.65 5-8 \\
O72 \\
Milwaukee 0.65 1-2 \\
St. Louis 0.68 5-8 \\
O68 3-4 \\
Toledo 0.71 1-2 \\
O71 1-2 \\
O71 71 7-8 \\
Detroit, red 0.72 1-4 \\
Dulutth, No. 1 Norther \\
erh 0.64 14 0.65 1-3 \\
erh 0.65 1-3 \\
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erh 0.65 1-3 \\
erh . ern 064 1-4 0 65 1-2
Duluth, No, 1 hard 0 65 3-4
Minneapolis, No. 1

Morthern 0623-4 0631-8 Minneapolis, No. 1 hard 0641-4 ---

TORONTO FARMERS' MARKET. Wheat easier; 200 bushels of fall sold as follows: White 70 1-2c, red 70c,

goose, none offered.

Barley—One load sold at 46c.
Oats steady; 200 bushels seiling at 31c to 31:2c.
Hay—Five loads sold at \$11 to \$12 per ton.
Dressed Hogs—Prices firm, at \$6.75 to \$7 per cwt.

TORONTO LIVE STOCK. Export cattle, choice, \$4.75 to \$5; export cattle, light, \$4.40 to \$4.65; export bulls, choice, \$4 to \$4.25; export bulls, light, \$3.40 to \$5.65; londs of good butchers' and exporters' nixed, \$4 to \$4.121-2; butchers' catquest, brought him to Jesus. They did what they could. (c) Persistent.

Canting hypocrisy confounded. Vs. 6, 11. Certain scribes, reasoning in their hearts, said: "This man blasphemeth." Matt. ix, 3. Jesus, knowing their thoughts, said, "Whether is it easier to say, Thy sins be forgiven thee; or, to say, arise and walk?" Matt. ix, 4, 5. His reading of their thoughts was a most convincing evidence of His divinity, hence of His power to forgive sins.

Result of true faith. V. 12. (1) Upon the individual. "Immediately he arose." The instant faith brought him in touch with Christ, so that the word of power was spoken, life and health were imparted. The neaves here tle, picked lots, \$4.25 to \$4.60;

BUTCHERS' HIDES. No. 1 steers, 60 lbs. and up, 10 1-2c; No. 2 steers, 9 1-2c; No. 1 cows, 10c; No. 2 cows, 9c; No. 1 calf, 11c; No. 2

VISIBLE SUPPLY. Wheat increased 225,000 bushels

last week, as against an increase of 802,000 bushels the corresponding week of last year. Corn increa week of last year. Corn increased 1,-517,000 bushels last week, and oats increased 12,000 bushels.

The visible supply of wheat in the United States and Canada, together with the amount afloat to Europe, is 81,844,000 bushels, an increase of 2,-785,000 bushels for the week. A year ago the total was 61,440,000 bushels, or 20,404,000 bushels less than at the present time.

Bradstreet's on Trade. Business conditions at Montreal leave nothing to be desired in the general trade situation. The move-

general trade situation. The move-ment in goods for the spring and summer, has, since the opening of the year, been very satisfactory. There have been few failures and light losses so far this year. Labor is well employed, retailers seem abundantly able to meet their ob-ligations, and the prospects for trade in the immediate future are very encouraging.

very encouraging.

Trade at London has been satisfactory the past week. Considerable purchases are being made for the spring. Values are irm and travellers report that the steadily advancing markets for staple manufactures are baying a good offect factures are laving a good effect in the way of stimulating the de-mand from retailers for the ap-proaching season. Payments are

proaching season. Payments are satisfactory. Tight money is reported at one or two trade centres in British Colum bia this week. Collections have been somewhat unsatisfactory and business slow. The weather has been rather disappointing and heavy winter goods have not moved out as rapidly as was hoped would be the case. The prospects for the early spring trade are very bright. Values are firm in most lines.

Business firms at Hamilton report a fairly active week in wholesale circles. And well known firms there have the past year or two been reaching out for more of the distributing trade of the Dominion and has succeeded in getting a fair

distributing trade of the Dominion and has succeeded in getting a fair proportionate share of that business, and indications promise a still further development of that trade. Values are firm for nell sorts of manufactured goods, collections are fairly good.

There has been a much larger

volume of business at Winnipeg since the middle of the month than dur-ing the first week of two of Februing the lifst week of two of February. The weather has been more favorable lately and retail trade has been good. There has been a good demand for lumber and some lines have been advanced. The sale of agricultural implements have been

very large.
Toronto wholesale merchants re-Toronto wholesale merchants report an active movement in goods
for the coming season. Large shipments of dry goods have been made.
The market for dressed hogs is very
firm on the small marketings, the
higher prices for live hogs and hog
products are very firm in sympathy
with the raw material. The dairy
products are very firm, cheese having advanced the past week. and
prices for creamery and dairy butter are firmer. Remittances are satisfactory.

NOTES.

Rusiness for the week