

The Country Homemakers

Conducted by Francis Marion Beynon

WAR CLOUDS

It is unbelievable that a great European war can happen in this, the twentieth century. It is so illogical, so barbarous.

Not so long since when individuals could not agree one of them was wont to say, "I have a good sword to prove that I am right," but in English speaking countries it is now forbidden by law to settle a dispute after this fashion, since it is obvious that no sword or pistol, however deftly handled, can influence the equity of a dispute. But in international disputes we are not so wise, and duels between nations continue, on the old barbarous supposition that might makes right. How unutterably stupid!

War proves nothing. What it does is to demoralize commerce so that years of terrible financial depression are sure to follow a great conflict. We are still suffering from the financial uneasiness generated by the late Balkan war.

War fills the coffers of the great firms engaged in the manufacture of guns and ammunition, and one can't help wondering whether this threatened war is springing from the indignation of the people of Austria or from the greed of these great firms. It has been proven beyond dispute that they have for years been striving to stir up war to revive a languishing business.

War destroys art treasures and libraries and many of the fruits of culture, which it has taken generations to produce and which can never be replaced.

Finally, war destroys the flower of a country's manhood, and leaves in its wake a trail, not only of dead bodies, but of wrecked homes and broken hearts.

And it is this infamous thing that men say we women must not be given the right to decide upon—that because it is men who fight, it must be men who legislate about wars. Do these people ever ask themselves who it is that suffers the long years of privation that follow the war, who it is that supplies the men for the battlefield, who it is that stays at home and agonizes for husband, or son or brother out at the front? Do not the women of the country pay as big a price for war as the men? You will find an eloquent answer in the wrecked homes of the Balkan States. Then, shouldn't the women be allowed to say whether or not they are willing to pay this price in order to acquire or retain so many miles of territory?

Indeed there is reason to hope that within the next decade the mothers of the world will rise up and put an end to war, that they will refuse to bear and rear sons to be shot down in order to settle a dispute between nations, or to gratify the greed of gun making corporations.

Women have never been cowards when it came to serving their country in their country's need, but when they become legislators they will find a saner method of settling differences of opinion than by sending their sons to rot on the battlefield.

FRANCIS MARION BEYNON.

ADVICE FOR "LAZY YANKEE"

Dear Miss Beynon:—I have been a reader of the Grain Growers' Guide for about three years, and think it the best paper, as it shows up what is going on independent of party or any of the large interests.

I read not only the two pages especially for women, but as much of the other pages as I can possibly find time to read.

I consider it a woman's duty to read and know what is going on, and questions that interest men, I think, should interest women as well.

Some go to the Bible for proof that women should not have the ballot. I can see nothing there to convince anyone that woman has no interests outside her house. The very fact that God placed Eve outside in this big world, not inside the four walls of a kitchen, ought to prove that she was intended to

be a companion for her husband, and to see and understand whatever interests him.

I am sure Sir Rodmond Roblin has had a bad scare. When I read his reply to the Political Equality League, which went before him last winter asking for Woman Suffrage, I hoped he would be defeated. However, the bold stand he took and the out-and-out refusal to ever extend the franchise to women was really more manly than our Premier Scott's childish, indefinite promises, which he never intends to fulfil.

But here, here! I sat down to write some help for "Lazy Yankee" with her chickens. Feed the chicks dry bread crumbs and dry wheat bran the first week, adding crushed oats the second week. Don't forget that the chicks need sand and fine grit from the first. Before they get food at all put sand before them, and water which is not strong

are hard to raise. It is a good investment to buy pure-bred male birds every year.

A SUFFRAGETTE AND POULTRY WOMAN

CONCERNING PROPERTY

Dear Miss Beynon:—Will you kindly answer, thru your columns, just how the Saskatchewan law stands in regard to a married man who dies without making a will, (a) having a wife only; (b) having a wife and children.

A WIFE.

If a man who has no children dies without a will, all the property goes to the wife, but when there are children she gets just one-third.—F.M.B.

CARE OF INFANTS

Dear Miss Beynon:—I am an interested reader of The Grain Growers' Guide, which just came to our knowl-

needed medical advice. Doctors always advise weighing baby often to ascertain how he is prospering.

If oatmeal gruel is given in cream or rich milk instead of diluting with water the constipation will be overcome, I think. The milk given a baby should be very clean. The cow's udder should be washed before milking, and the first milk in the teats, which is very apt to contain bacteria, should be milked on the ground. Of course the pail and hands of milker must be perfectly clean. The milk should be kept away from foods and in a cool place. Barley gruel is very strengthening for babies. Prune juice is often given for constipation.

Castoria contains a drug, and no medicine should be given babies or children that contains drugs. Castor oil is not good for a household remedy on account of the binding effect afterward. In extreme cases of diarrhoea it is not a laxative that may be given without punishment, for it depends upon an irritating, acrid substance for its purgative action. Olive oil is much better to give infants and is a food. Olive oil rubbed into the spine of an abnormal baby will give it strength daily.

A crust or bread stick of whole wheat bread, made one-third whole wheat, two-thirds white flour, or same of Graham flour, is a very splendid thing for a baby to hold in its tiny hands. A baby four months old will be able to do this and will derive much nourishment from it. They always have something in their tiny hands and mouths, and why not occasionally give them something that will build up the system.

I hope the time will come when there will be a war on the "soothers," or rubber nipple, which is being poked into hundreds of babies' mouths. Can the foolish mother not see what permanent injury the constant motion of the little muscles and glands of the throat will cause. Many children undergo an operation for enlarged tonsils and many suffer and die from throat troubles caused by the use of this useless rubber nipple. If baby cries, let him cry if he is comfortable. If he cries over fifteen minutes he needs his mother. Some say an hour won't hurt him. Take care of baby, but don't worry every time he cries, that is the only way he has to exercise his lungs.

A baby should never be given soothing syrups or cough syrups. Give him plenty of fresh air, day and night, free from draughts, a drink of sterilized water many times during the day, and don't kiss him on the mouth or on his face or hands when you have a cold. Give him a laxative of senna leaves or olive oil when he gets a cold, and take care he doesn't contract more.

I would suggest sun baths for Mrs. Reaville's baby. Begin with a few minutes at a bath, protect the head and let the sun shine on spine, then increase time until an hour for each bath. Put salt in the baby's bath water also.

Oatmeal Gruel

Two tablespoons rolled oats, one pint of water. Cook two hours.

Barley Jelly

Soak three tablespoonfuls of pearl barley over night, add one pint fresh water, one-quarter teaspoonful salt. Cook in double boiler four hours, add water as needed. When cooked should be one pint.

I fear my letter has grown too long for publication. Just blue pencil it as you wish, Miss Beynon.

I would certainly like to know how this little mother manages with her four little ones.

We have had a most delightful summer, and now the air is getting cooler evenings, but we hope Jack Frost will stay away for several weeks yet.

Best wishes for success to the little mother and Miss Beynon, also the readers. I would like to correspond with some young woman who would like to know about the West.

MOTHERKIN.



ONE OF THE WORLD'S ILLUSTRIOUS BACTERIOLOGISTS

Madame Victor Henri has attracted the attention of the whole civilized world by her work in ultra-violet rays. With the aid of her husband she has demonstrated the transformability of microbial entities.

alkali. I use soft water, if possible, the first two weeks. Fine charcoal and bran keeps them healthy. To have strong, active chicks, it is much better to have them on soft ground which has been deeply plowed or spaded. I prefer a yard as described for the first month to letting them range. It is well to have the yard partly grass or something growing.

By the time the chicks are a month or six weeks old they are just as well fed on whole grain, both oats and wheat, continuing the dry bran always before them in hoppers, charcoal and grit to keep them healthy.

I cannot understand their going blind. Dirty coops are blamed for giving sore eyes to chicks and ducklings, or the dry sulphur getting in their eyes would tend to make them go blind. Are your chicks not inbred? When no new blood is added to the flock every year the chicks

edge this spring. I am writing to reply to a request by Mrs. B. Reaville. We have two children, ages nearly four and one and a half years. I had a little difficulty in the feeding of our first, the little daughter, and I deeply sympathize with this mother, with her hands so full of little duties.

If she will write to Emma Gary Wallace, Department Care and Feeding of Children, care of "American Motherhood," Cooperstown, New York, U.S.A., and give the age of her baby, also state difficulty and enclose a stamp, she will receive a diet list, also important information. These diet cards are sent to anyone for the asking, and are for any age. Also a free copy of the magazine will be sent for the asking.

We are many miles from a good doctor, so I keep in touch with Dr. R. U. Pierce, of Buffalo, New York, and he helped me with our little son when it