Meditation on the word, and watchfulness unto prayer, are the only means of keeping the soul in that freshness of communion with the Lord, which fits for His service. "He that abideth in me, and I in him, the same bringeth forth much fruit." it is written, " If any man thirst, let him come unto me and drink." And then, when his own soul has been refreshed, from him shall flow forth "rivers of liv-

ing water," for the refreshment of others.

Every service we undertake ought to be the result of fresh personal communion with the living Head, the Fountain of all supply. Nothing short of this will meet the need. There must be enjoyed association with the Source of life and blessing, in order to become the channel of life and blessing to others. Ability, however great, gift, however distinct, are not enough without personal communion. Unless we drink ourselves from the fountain-head, our ministries will be dry and profitless.

## "I SHALL BE SATISFIED."

Psalm xvii. 15.

Oh! Thou art fair, Lord Jesus, Fairer than all beside; Fairer than earth's fair sunshine, Or ocean's glittering tide-Fair in Thy shadeless glory, Fair in Thy changeless love, Fair in redemption's story, Fair on the throne above.

But oh! to my soul Thou'rt fairest, As I muse on the bridal morn, When the home which Thou preparest Thy blood-bought shall adorn; Then, then shall she rise to greet Thee, Thine own, Thy chosen Bride, Then, then shall mine eyes behold Thee, And, I shall be satisfied.