Stories of Famous People.

CRIPPLING PAINS

OF RHEUMATISM

ments-Is Reached Through

the Blood.

Thousands of men and women

The difference between an English-man and a Scotsman has been des-cribed as follows: An Englishman loves telling a story about some other fellow, and a Scotsman loves telling a story about himself. It is not surpris-tor therefore to find Sit Auchland Cannot be Banished by Liniing, therefore, to find Sir Auckland Geddes relating an incident in which one of his own countrymen figures a the somewhat doubtful hero.

A Scotsman in the Strand saw a passer-by drop half-a-crown. He dived into the traffic after it, was run over, fer severely from rheumatism. Crippling pains in the muscles and joints make every movement a torture. Many people think rheumatism is due and killed. coroner returned a verdict of

"Death from natural causes

The Cow That Couldn't Read.

Some little time ago Lord Shaughcannot do more than give temporary relief. If you are a victim of rheuma-tism or lumbago the way to rid yournessy was making a trip across Cana-da, when his train had occasion to stop at a small town and a woman almost d her way into his special car. forced her way into his special car. After making a respectful greeting she explained that several months ear-lier a much valude jensey cow which belonged to her had got through some broken bars on to the railway tracks belonged to her had got through some broken bars on to the railway tracks and had been killed by a passing train. What she wantid was reparation. What she wantid was reparation.

After a stunned moment Shaughnes-sy rocked with mith—and wrote a cheque for the value of the illiterate COW

Scotland First of All.

Formerly President Wilson's con-fidant and right-hand man, Col. E. M. Window shades have been patented House, the American statesman, has that appear to be lace curtains from been telling a delighted audience of the inside of a room and ordinary his fellow countrymen the story of his shades from the outside. meeting in London with a Scotsman to Minard's Linimert for Distemper. whom his name when he was intro-

uced, evidently meant nothing. This was apparent because the very first question the Scotsman asked af-

ter the ceremony of introduction had been completed was, "From what land do ye coom?"

"The greatest in the world," replied Variations—Gilion, Gillinan, Gillion, Col. House with a smile. "Puir bairn!" was the Scotsman's Racial Origin—Irish.

pitying comment. "Puir bairn, ye've Source-A given name. lost yer accent!"

Typhoid Carrier for Twenty Years.

which, as has been pointed out in pre-vious articles, is the Irish and Scottish equivalent of the English termination

Ont.

Two Faced Shades.

GILLEN

The names in this group also are

often found with the prefix "Mac,"

In hidden rock-walled rooms, save on those days Of ceremonial high when, flashing rays wetwalled rooms save o Refulgent, these their brilliant splen dor pour Upon a moment's pageant. By the shore.

monarchs of the East their jewels

Lake Louise, Alberta.

stock

untain guardians stand, and, Thy while they praise Themselves in thy pure turguoise min ror, gaze In awe and con thy matchless beauties This rain, which wavers to and fro In soft and dull and silent flow,

o'er to cold or wet weather and they try to banish it by rubbing the painful parts with liniment. This is a great mistake; the rheumatic poison is in the blood and liniment and rubbing When joyfully thy mother glacier owns, While dancing shadows swiftly chase Prismatic that her snowy wonders fuse Constrains my heart, that else would

roar to make an eye-entrancing To keep the cozy airs of home In thee sight, Then softly o'er thine iridescent tones

The world this morn was over fair. mist falls veil-like from the My soul was lured to wander there. The glory of the autumn called -Jennie Stork Hill.

ger.

From my small cabin sombre-walled But now the woodlands, wet and cold Shiver in coats of tarnished gold; And the chill showers, kindly sent, Have made my soul with home con

tent. -Edward F. Garesche

The real Empire builders of Canada's colonial period were not the statesmen, the men of

not the statemen, the men of wealth, the great planters, but the unknown ploneers who fought single-handed and at once both the primeval wildencess and the lurking savage. The hand, crooked to the plough-handle, was shaped to the trig-

Raining.

Fringes the world with distant gray And steals the autumn't glow away.

This sombre, still and constant rai Weaving its fine web on the pane,

When all is over.

the ing by

cine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont The History of a Familiar

Song. The words of the song Laurie," which has touched the hearts of millions of people, were written by William Douglas and tell the story of his love for the beautiful daughter of Sir Robert Laurie, first baronet of Maxwelton. Its history dates back to the end of the sevententh century. Douglas so tradition says wrote and sung the song when he was a soldier in Flanders. He is touchingly pictured as resting on the breast of a fellow soldier when dying from a builet wound. He holds aloft a lock of Annie

Laurie's hair and repeats the words: "And for bonnie Annie Laurie I'd lay me doon and dee.'

any rate William Douglas's grand- candy.

hoped to see his own and Annie's It is also the best for bruises, sprains,



pectedly round a curve

Mike jumped from the track, but Pat dropped his shovel and took to his heels in front of the train. The engine-driver whistled, but Pat

Surnames and Their Origin LOMBARD Variations-Lombert, Lumbard. Racial Origin-English. Source-A given name, or a nationali There are two sources to which the

family names in this group may be traced. One of them, the more obvious, is

A mother in-law, who for more than twenty years unwittingly and inno-cently has infected with typhold germs is an and Polish terminations such as

ty.

self of its by making the blood rich and pure, for only in this way car the rheumatic poison be driven from the system. To enrich and purify the blood, Dr. Williams' Pink Pills should feath'ry height. Why Bread Has a Crust. Why does a loaf of bread have a

and had been killed by a passing train. What she wanted was reparation. "But, my heavens, sir, my cow After a stunned moment Shaughness. "But, my heavens, sir, my cow After a stunned moment Shaughness. "But, my heavens, sir, my cow After a stunned moment Shaughness. "But, my heavens, sir, my cow After a stunned moment Shaughness. "But, my heavens, sir, my cow After a stunned moment Shaughness. "But, my heavens, sir, my cow "But, my heavens, sir, my

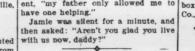
Dr. Williams' Medicine Co., Brockville,

MONEY ORDERS. Dominion Express Money Orders are on sale in five thousand offices throughout Canada.

sweeten the stomach, regulate Jamie was begging his father for bowels, break up colds and make baby thrive. The Tablets are sold by medi-"When I was a boy," said his par-ent, "my father only allowed me to

have one helping." Jamie was silent for a minute, and

then asked: "Aren't you glad you live with us now, daddy?"





refused to submit more specimens. A few weeks ago three specimens were taken and were found positive beyond all doubt to tests for the presence of the typhoid bacillus.

A blood examination proved positive

when the woman was suspected of be

ing a chronic spreader of typhoid fever

health authorities say, but the case is considered the more remarkable that not one of the woman's own children, seven daughters and three sons, have

contracted the disease

Faith.

Faith unlocks the door to power. It is the men and women with a stapendous faith, a colossal self-con-idence, who do the great deeds, ac-cruplish the "impossible.", No matter what your need is, put it into the hands of faith. Do not ask how, or why, or when. Just do your level best, and have faith, which is the great miracle worker of the ages. Faith opens the door and sees the way. It is a soul sense, a spiritual foresight which peers far beyond the vision of the physical eyes and sees the reality iong before it takes ma-terial form.

Faith increases confidence, carries conviction, multiplies ability. It doesn't think or guess. It is not discouraged or blinded by mountains of difficulties, because it sees through them—sees the great beyond.

There is a tremendous creative ower in the conviction that we can to a thing.

You may succeed when others de not believe in you, when everybody cise denounces you even, but never when you do not believe in yourself.



For health's sake

avoid the use of mealtime beverages which cause disturbance to nerves and digestion, often resulting in sleeplessness, headache and serious organic troubles.

When tea or coffee disagrees, try Instant Postum, the healthful, wholesome drink of tried and proven merit; no caffeine, no tannin, no harmful ingredient whatsoever.

Fragrant-delicious-satisfying.

At your Grocer's in sealed, air-tight tins.

Postum sent, post-fein stamps. Write

Instant Postum "There's a Reason"

Canadian Postum Cereal Co., Ltd., 45 Front St., E., Toronto. Factory: Windsor, Ontario.

kept running, and finally rails just as the train was about to run him down. "Why didn't ye git off the track, ye

fool?" demanded Mike. "Well, ye see," panted Pat, "it was better runnin' on the track."

A New Use for Poplar

A method has been discovered by the Forest Products Laboratories of Cana-da, whereby Canadian poplar can be used in the manufacture of cigar boxes instead of the cedrela from Cuba, which generally cover up imported havanas, and has been regarded as the sign manual of a good cigar. Several Canadian cigar manufacturers have al-ready started making boxes from poplar

Man sometimes learns more by failure than by success, and it is bet-ter to aim high and fail than to succeed in paltry scheming

The whitest teeth in the world are said to be found among the men work-ing on sugar plantations, who are al-ways chewing sugar-cane.

Wood is heavier than water. It is the air trapped in the many cells that makes it appear lighter. When wood has been in water for some time this air escapes, the wood is waterlogged, and well not float.

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CDIDIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Handy "Bayer" boxes of 12 tablets -- Also bottles of 24 and 100 -- Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mon-aceitaeldester of Salicyllored. While it is well known that Aspirin r-ana Bayer ananifacture, to switt the public against imitations, the Tablets of Bayer Company will be sumped with their general trade nort, the "Dayer Cross"