

The Interceptor striking the water at her launching.

set are all conveniently located in the wheel-house.

The *Interceptor* carries one standard type dory and a 15-foot moulded plycraft speed boat powered with a 25 h.p. Johnson outboard motor, equipped with remote controls and steering gear.

Forward accommodation consists of forecastle with four pipe berths and four large clothes lockers, wash-room with shower, and a combination galley-dinette with oil-burning range and electric refrigerator.

NCO quarters aft are fitted with two berths, combination writing desk and filing cabinet and also large clothes lockers. A separate wash-room adjoins the sleeping quarters.

The engine room is large and well laid out; entry is direct from the wheel-house with escape hatch to trunk deck. The main engine is a 350 h.p. Cummins diesel, fitted with 3-1 reduction gear turning a

40-inch propeller at 600 R.P.M. There is automatic wheel-house control. A 5 K.W. generator driven by 10 h.p. two cylinder Petter liquid cooled diesel engine provides ample electric power for all requirements. This is supplemented by a bank of 32-volt heavy duty storage batteries.

Engine room floor plates and ladders are constructed of light metal alloy. A Watts low pressure hot water automatic oil-fired furnace, and fresh water pressure system are installed in engine room.

The *Interceptor* was designed as replacement for the old type "Detachment" Class boats (formerly Naval Harbour Craft) on the Atlantic Coast and while strength and stability were stressed in design, comfortable living quarters were given equal consideration, resulting in a well laid out boat, comfortable and seaworthy in all respects.

This year, Canada's 12th National Health Week, sponsored by the Health League of Canada in co-operation with Departments of Health and Education from coast to coast, will take place from January 29 to February 4, 1956. Health Week has been held for the past 12 years, and this year it will focus the public eye upon two particular phases of health—that of accidents, which could be prevented, and of fluoridation of communal water supplies, which has been called one of the greatest discoveries in the field of public health in the past century.

Health Week brings to the attention of every Canadian the fact that health is of great national importance to everyone in the country—the message that prevention is better than cure, and pointing out once again, that The Greatest Wealth is Health.