Christmas shopping early.
the month.
the week.
the day.
e to your own advantage
reciated by every store
ry employe.
business days before
as.
l presents for man and
soldier are all ready.
and enjoy selecting under
conditions.
, Neckwraps, Suspender
rter Sets, Dress Suits,
ts, Dress and Tuxedo
ine Shirts, Puttees, Mili-
eches, Garments to Order.
our's, 68 King St.

t to discharged Soldiers,
10 per cent.
ts— Maritime—Fresh north-
ls, fair and cold.
zero.

HE WEATHER.

gton, Northern New England
Monday, except increasing
. Slightly warmer. New
e and Vermont, snow at
Tuesday. North to east
creasing by Monday.
, Dec. 1.—Since Saturday
n area of high pressure has
uickly from Northern Mani-
the Ottawa Valley, causing
eather in Ontario, Quebec
Maritime Provinces. In Sas-
n and Alberta it has been
mild. A shallow disturbance
l tonight west of the Great
d another appears to be de-
on the South Atlantic coast.

MEAT WHEN
NEYS BOTHER

glass of Salts if your
k hurts or Bladder
troubles you.

n or woman who eats meat
can make a mistake by
the kidneys occasionally,
eil known authority. Meat
c acid which excites the kid-
y become overworked from
n, get sluggish and fail to
waste and poisons from the
en we get sick. Nearly all
sm, headaches, liver trouble,
ess, dizziness, sleeplessness
ary disorders come from slug-
eys.
ment you feel a dull ache in
ys or your back hurts or if
is cloudy, offensive, full of
, irregular of passage or at-
a sensation of scalding, stop
eat and get about four ounces
lts from any pharmacy; take
poonful in a glass of water
reakfast and in a few days
neys will act fine. This fam-
is made from the acid of
d lemon juice, combined with
d has been used for gener-
flush and stimulate the kid-
o to neutralize the acids
it no longer causes irritation
ing bladder weakness.
lts is inexpensive and cannot
makes a delightful efferves-
ia-water drink which every-
ld take now and then to keep
ys clean and active and the
re, thereby avoiding serious
omplications.

MRS. BOYD
AVOIDED AN
OPERATION

, Ohio.—"I suffered from a
rouble which caused me much
suffering, and two
doctors decided
that I would have
to go through an
operation before I
could get well.
"My mother, who
had been helped by
Lydia E. Pinkham's
Vegetable Com-
pound, advised me
to try it before sub-
mitting to an opera-
tion. It relieved me
from my troubles
do my house work without any
. I advise any woman who is
with female troubles to give
. Pinkham's Vegetable Com-
trial and it will do as much for
—Mrs. MARIE BOYD, 1421 5th
E., Canton, Ohio.
times there are serious condi-
here a hospital operation is the
ernative, but on the other hand
women have been cured by this
root and herb remedy, Lydia E.
n's Vegetable Compound, after
have said that an operation was
ry—every woman who wants
d an operation should give it a
al before submitting to such a
ordeal.
plications exist, write to Lydia
ham Medicine Co., Lynn, Mass.,
ice. The result of many years
nce is at your service.

THE EXPERIENCES OF A ST. JOHN NURSE WHO WENT TO SHERBROOKE, QUEBEC, TO ASSIST IN THE FIGHT AGAINST INFLUENZA THERE

Miss Edna Swim of This City Becomes the Unwilling Subject of a Heated Newspaper Controversy in the Eastern Townships Capital—She Was Taken Sick While on Duty There and the Policy of the Town Council Toward Her is Not in Harmony With the Views of Mr. Webster, the Well Known Cigar Man, and Others.

During the influenza epidemic the town of Sherbrooke, Quebec, sent out a call for assistance. Among those who responded was Miss Edna Swim of St. John. Miss Swim's experience is told in the following series of letters from The Record, which a friend in Sherbrooke has sent to us. It is explained that Sherbrooke in this incident appears at a disadvantage as unfortunately as happens at one time or other to most cities,—we have a council acting directly contrary to the sentiment of the community, and we must stand the hostile criticism aroused through no fault of our people themselves.

Editor of The Record:

Sir,—We wish to thank you in advance, Mr. Editor, for your hearty co-operation in the way of giving us space in your valuable paper in order to bring a few facts before the people of Sherbrooke regarding some features in connection with the "flu" epidemic that struck the city about a month ago.

At the first meeting of the city council and the citizens' committee, Mr. H. L. Allen and myself were appointed a committee to secure nurses and girl helpers for the emergency hospital and the St. Vincent de Paul Hospital. It was agreed at the meeting that any expenses we might incur in connection with our duties would be paid by the city. We also had permission to use the mayor's name in sending out S. O. S. calls for nurses. Mr. Allen then wired the mayors of Moncton, Fredericton, Amherst, St. John, Sydney and a number of other cities. They all, with one exception, wired that it was impossible to help us out as the nurses had more than they could possibly attend to at home. The exception was St. John, N. B. Mayor Hayes wired at once that he would try and secure some nurses for us. He was good enough to advertise in the city papers there and finally secured four nurses, and wired that they would be leaving that night. They arrived here in due time and took up their duties at once.

One of the nurses, a Miss Swim, was unfortunate enough to contract the "flu" after having been at the eemrgency hospital only three days and a half. She was sent at once to the Sherbrooke Hospital for treatment and was there about ten days. Being very anxious to get home and not realizing how weak she was, she left the hospital against the doctor's orders, and came back to the Magog House on a Thursday, and fainted away shortly after reaching the hotel. Dr. MacKay was called in to attend her.

The following day she received a letter from the city, the following being a true copy:

Miss E. M. Swim,
Care Magog House,
Sherbrooke, Que.

Madam—At the request of Ald. J. K. Edwards I herewith enclose for you the city of Sherbrooke cheque for $45 in payment of your services as nurse at the emergency hospital for three days and a half, and return fare from St. John, N. B. With reference to the hotel bill incurred since you left the hospital, you will please settle for it yourself; the city will pay the hotel charges from the 11th to the 14th October inst.

Yours truly,
The Secretary-Treasurer of the City,
E. C. GATIEN.

As soon as I heard of this I called to see Miss Swim, who handed me the letter. I immediately 'phoned to Mr. Allen to meet me at the city office, and on my day down I met His Worship Mayor White on the Magog bridge and showed him the letter, and told him that the city must not do anything of the kind, as this young lady had left her work in St. John to answer our S. O. S. call, and she must not be treated in that manner. He said he would see what he could do. I met Mr. Allen at the city office and we went and located Ald. Edwards and showed him the letter, and asked him if he had authorized such a letter, and he said he had. We discussed the matter with him for a few minutes and finally he asked us to write him a letter in connection with the matter. We told him that we were not writing letters, but that we would meet his committee any time he named. He stated that it would not be necessary to do that as the committee would do whatever he said, and asked us what we wanted. We told him that we wanted the nurse paid from the time she left St. John until she got back home, and all of her expenses. He said he could not do that, but that he might be willing to compromise. We told him this was a case which could not be compromised, and also told him that if the city refused to pay Nurse Swim that we would pay her out of our own pocket, because if she had been allowed to return home under the conditions of the city's letter she would have been about $10 poorer than when she left St. John, after riding all night to get here, all night to get back and absent from her home three weeks. He said he would see what he could do and let us know. I am sure anyone who did not know Ald. Edwards would be surprised at his attitude in the matter. On the following Tuesday Dr. McKay told Nurse Swim that she would be well enough to return home the next day. I immediately 'phoned to Ald. Edwards to see what had been done and he told me that the city had not changed their attitude, and that he had told the committee if the city did not pay Miss Swim Mr. Allen and Mr. Webster would. He said the committee was quite willing that we should do so. I thanked him for having given us that permission. Then I 'phoned to Mayor White and asked him what he had done about the matter. He stated that the city had not changed its attitude, or words to that effect, and the 'phone rang off.

Mr. Allen and I called on Miss Swim at the Magog House Wednesday night, when Mr. Allen handed her $35 in cash and I gave her my cheque for $23. She seemed to be more than grateful for what we did.

On leaving St. John the mayor gave Miss Swim a letter to Mayor White. The letter, by the way, was not sealed. Miss Swim said that she would have delivered the letter herself, but she did not have an opportunity of meeting Mayor White, and asked if I would see that the letter was delivered. I wrote Mayor White at once, enclosing the letter, and following is a copy of my letter to Mayor White, as well as a copy of Mayor Hayes' letter of introduction:

Mayor C. D. White,
Sherbrooke, Que.:

Dear Sir,—I herewith enclose a letter that the mayor of St. John, N. B., gave to Nurse Ednda Swim just as she was leaving St. John for Sherbrooke.

She gave this letter to me last night and requested me to send it to you, and said that she would have delivered it herself had she had an opportunity of seeing you.

Mr. Allen and myself paid Nurse Swim $48 last night, the amount which we claim she was entitled to from the city, but which amount the city, as you know, refused point blank to pay.

She seemed pleased with what we did, and I presume that you and your colleagues in the council will also be satisfied. Had it not been for the $48, which we gave her, she would have returned home after being absent three weeks, no better off financially than she was when she left St. John.

Yours very truly,
(Signed) W. R. WEBSTER.

Copy of Mayor Hayes' letter of introduction:

St. John, N. B., Oct. 10, 1918.
Mayor's Office:

This will introduce Miss Edna Swim, a graduate nurse of this city, who in response to the appeal from Mayor White, is leaving tonight for Sherbrooke to render professional assistance.

I commend her to your favorable consideration.

Yours truly,
(Sgd.) ROBERT T. HAYES,
Mayor.

I told Miss Swim that she had better show Mayor Hayes, of St. John, the letter which she received from the city of Sherbrooke, and very likely he might have something to say in connection with the matter. She did this and he told her to write him a letter stating the facts, and following is a copy of Miss Swim's letter to Mayor Hayes, which speaks for itself:

To His Worship the Mayor, City Hall:

Dear Sir,—As you asked me to report on my return from Sherbrooke, I take this opportunity of doing so.

I regret very much that I have not a good report, and when I state the facts I think you will agree with me.

Three days after my arrival in Sherbrooke I was unfortunate enough to contract the "flu" while nursing in the emergency hospital, and was laid up for seventeen days, and for which time the city refused to pay me. On my return from the hospital to the hotel I received a letter from the city enclosing a cheque for $45, $14 of that sum being in payment of my services as nurse at the hospital for three and a half days, at the rate of $4 per day, and the remaining $31 for my transportation. In that letter I was asked to settle my own hotel bill incurred from the time I returned from the hospital until I returned home, the period being for one week, as the doctor would not let me travel under that time.

If it had not been for the kindness of Messrs. W. R. Webster and H. L. Allen, who gave me their personal cheque for $48, which, with the $14 I received from the city, paid me for the time I was in Sherbrooke with the exception of one week, I would have had to write home for money to settle my hotel bill.

As I understood when I volunteered my services that the city would pay me from the time I left St. John until I returned, I don't think I was treated just right, more especially as I gave up a good position here to go and nurse in Sherbrooke when this fearful epidemic broke out, and I still think that I have one week's pay due me, but if the "city fathers" can live with it with a clear conscience, I can live without it; and furthermore, should the present "city fathers" need nurses again, they had better call on some other place besides St. John.

Words cannot express my appreciation for the way I was treated at the hotel and hospital, and I am deeply indebted to Messrs. Webster and Allen for their kindness, and I certainly think it is a good thing for the city of Sherbrooke that there are few men who are not as narrow-minded as the members of the city council.

I remain,
Yours respectfully,
(Signed) E. M. SWIM.

I am positive that Mayor Hayes has written to Mayor White, giving him his views regarding the manner in which Miss Swim was treated by the city, at the same time enclosing Miss Swim's letter stating her complaints. I would respectfully ask Mayor White to publish this letter in order that the citizens may know exactly what Mayor Hayes has to say.

I find on going to the city office that there was a committee meeting held Tuesday, October 29. Those present were Mayor White, Ald. Edwards, Ald. Skinner and Ald. Tetrault. I believe that the question of paying Miss Swim a further amount was discussed, although there is no record of it in the minutes, for what reason I know not. I firmly believe, however, that if this matter had been submitted to the council as a whole, Miss Swim would have been treated in a different manner.

I have endeavored to place this matter plainly before the citizens, giving them the whole facts, and I now leave it in their hands to be the judges.

Yours truly,
W. R. WEBSTER.

Sherbrooke, Nov. 19, 1918.

Editor of the Record.

With reference to Mr. W. R. Webster's letter in your issue of yesterday under the heading of "An Echo of Sherbrooke's Flu Epidemic," permit me to submit the following facts in connection with the matter. Miss Swim, the nurse in question, reported at the Emergency Hospital on Friday morning, Oct. 11th, and worked on day duty until the following Monday noon at which time she complained of feeling unwell, and was sent back to her hotel. The same evening she went to the Sherbrooke Hospital. Having left the hotel, her bill, amounting to $15.50, was rendered to the Health Committee for payment. During her stay in the hospital I called upon her and saw that she was being well cared for, and upon leaving made the request that she advise me when she had recovered in order that the bill for her services might be settled.

If I remember rightly, she left the hospital on Thursday, Oct. 24th, about noon, and phoned me that she was leaving for St. John that evening. I called upon her directly after lunch and after expressing my pleasure at seeing her about again asked for her bill. She had no bill made out, but one was prepared entirely at her dictation. She stated that the City owed her for there and one-half days' services, $14.00, and she had paid $14.85 fare to Sherbrooke. She was allowed $31.00 for her return fare, making a total of $45.00. I asked her about her hospital bill, but was told that there was no charge for her to pay. I informed her that the City had arranged for her hotel bill up to the time that she had left for the hospital, and asked her about further bill, and she replied that since it was only a trifle she would attend to it. Her cheque, accompanied by a letter from the Secretary-Treasurer, confirming her own agreement, was promptly delivered by a messenger.

Unfortunately, owing to her having left the hospital against the doctor's orders, as Mr. Webster's letter states, she was unable to get away until Wednesday evening, Oct. 30th. This changed the whole aspect of affairs, and the committee when they learned of the new situation naturally consented to look after Miss Swim, and agreed to pay her further hotel bill and of course her hospital bill. I telephoned the Magog House, before Miss Swim left, to charge the whole hotel bill to the city, and shortly after Miss Swim left, an additional bill was presented by the hotel for $29.48, being in full from the time she came back from the hospital until she left for home. What I wish to make clear is that at no time did Miss Swim ask to be paid for more than for services actually rendered, and furthermore we do not believe she ever had any idea of receiving more until the idea was put into her head. In any event, her letter as published in the Record, if she is the unprompted author of it, is very misleading. As the matter now stands, the bills which the City has on hand to pay in connection with Miss Swim's engagement are as follows: Services, $14.00; railway fare, $31.00; first hotel bill, $15.50; second hotel bill, $29.48; hospital bill, $20.00, making a total of $109.98 for three and one-half days' services. No fault of Miss Swim's, as illness is liable to attack any of us.

I might further mention that before reaching any decision in regard to our plan of action, the committee took occasion to consult with competent authorities of the nursing profession, and we were guided by the usual customs that prevail.

J. K. EDWARDS,

Sherbrooke, Nov. 21, 1918.

Editor of the Record:

Sir,—I really feel that it is almost unfair on my part to ask you for further space in your valuable paper to enable me to say a few words to Ald. Edwards in answer to what he calls a reply to my letter of the previous day. This would have had my attention before, but I was obliged to be out of town for two days. Ald. Edwards says first that "as soon as Nurse Swim complained of feeling unwell she was sent at once to the hotel and then immediately afterwards to the hospital, and that he called on her at the hospital to see that she was receiving good care." These are Christian acts, but they do not amount to much in dollars and cents, neither would they buy a great deal of the staff of life at the present high prices. He further states that as she was unable to get away until Wednesday afternoon, October 30th, that that changed the whole aspect of affairs. Just to show you how quickly an aspect can change in Ald. Edwards' vision I might say that on Tuesday afternoon, the day before Miss Swim left for home, when I 'phoned to Ald. Edwards to ask him what he had done in connection with Nurse Swim's case, I asked him what about her hotel bill from the time she left the hospital up to the time she would be leaving for home, and his answer was, "This is something new, and I don't know anything about it." I wish to say, however, that the city did pay the hotel bill afterwards. Ald. Edwards is endeavoring to make it clear that at no time did Nurse Swim ask to be paid for more than three and a half days' work; I don't believe that Miss Swim of her own free will offered to accept of only three and a half days' pay unless Ald. Edwards had convinced her that the city had gone into bankruptcy, and that the $14 was the dividend on her claim. I might just add right here that one of our leading attorneys informed me that he considered Nurse Swim had a legitimate claim against the city of Sherbrooke for her services from the time she left St. John until she returned home, and he would rather like to have the account to collect.

If anyone has the slightest doubt as to Ald. Edwards' meaning in connection with the whole matter I would refer them to the letter that was sent to Miss Swim on the instructions of Ald. Edwards under date of October 25th, a copy of which letter appeared in the Record over my signature on Wednesday last.

As to Ald. Edwards' insinuations that Miss Swim was perfectly satisfied with three and a half days' pay, and also that someone had assisted her in drafting up her letter of complaint to Mayor Hayes, I might say that no one, to my knowledge, had the slightest thing to do with it except Nurse Swim herself, and I think that anyone who read her letter of complaint will be convinced that she was quite capable of running her own affairs and writing her own letters; and I have no hesitation whatever in saying that I think every word of her letter to Mayor Hayes will stand the light of day. As Mr. Allen and myself have paid Nurse Swim for her services from the time she went to the hospital until she got back to the hotel, and as there is another week due, I would like to ask whether the city intends to pay Nurse Swim for this week's services, or whether Mr. Allen and myself will have to pay her. As Mr. Allen and myself were the means of bringing Nurse Swim here I feel that the responsibility rests on our shoulders to see that she is paid for her time.

I am inclined to think that Ald. Edwards realizes, at least, that he and his committee have got in wrong on this deal. If he will come out man fashion and acknowledge the coin instead of side-stepping and beating around the bush and showing up how much Nurse Swim's services cost the city and quoting authorities on rules that govern nurses, I would be one of the first to overlook the incident. As the matter stands now it is my candid opinion that Ald. Edwards will have as much difficulty in convincing the citizens that Nurse Swim had anything but a rotten deal as it would be for a leopard to change his spots.

Yours truly,
W. R. WEBSTER.

Sherbrooke, Nov. 25, 1918.

FIGHTING 26TH MAN HONORED

Sgt. Maj. Holder is Further Honored—Men of N. B. Regiment Show up Well in School.

Friends of former Co. Sergt.-Major Gordon G. K. Holder, M.M., of the Fighting 26th Battalion, will be pleased to hear that he has been further honored by being awarded the Distinguished Conduct Medal for good work at the battle of Amiens in August. This gallant young soldier reverted to the rank of private in order to get to France, and during the fifteen months he was on the firing line he rose step by step until he finally won his commission on the field. He has successfully completed a rigid course of training at Bexhill-on-Sea, and is now on duty with the 13th Reserve Battalion at Witley Camp.

The people of New Brunswick should be proud to know that out of six hundred cadets at the Canadian Training School, three of the four who wear the ribbons of both the D.C.M. and M.M. belong to our own Fighting 26th.

THE POLICE COURT.

In the police court Saturday one drunk pleaded guilty and was remanded. A further hearing was conducted into the second charge against George Feltham. Feltham was sent up for trial on the first charge of stealing money from the safe of Brandram-Henderson. The second charge preferred against him is that of stealing dishes, pictures and other household goods that were stored in Brandram-Henderson's warehouse. As a result of the hearing Feltham was sent up for trial on the second count.

BUILDING PERMITS

One permit was issued during the month of November, by Building Inspector Castelton, James Day being given permission to erect an additional story to a wooden tenement, 253 Main street, at a cost of $2,500. In November, 1917, seven permits were issued, making a total of $17,100. The total value of permits for the eleven months of this year is $351,323, as compared with $529,750 for the corresponding period in 1917, a decrease of $178,427.

In the meantime why not try out one of my trusty rebuilt Typewriters? A. Milne Fraser, Jas. A. Little, Mgr., 37 Dock St., St. John, N.B.

In Public Favor Everywhere—

SALADA TEA

It is Tea Quality and Value of the highest order

A Trial Packet will dispel all doubts

"SALADA"

Black - Green or Mixed Sealed Packets Only. 8512

Gillette Safety Razor

THE USEFUL GIFT

Ten million men have adopted the Gillette Safety Razor in preference to any other razor in the world.

Men buy the Gillette because they can get a cleaner shave with it, because it gives them a more comfortable shave, and because it ensures a quicker shave.

Any one of these would make success certain for the Gillette, but that this famous razor can claim all three advantages explains why ten million of them have been sold.

The shaving edge is absolutely rigid and free from vibration—hence the velvet smoothness of the Gillette shave.

The thin blade of finest steel permits perfect hardening and sharpening—there is no finer cutting edge made.

The No Honing—No Stropping feature is achieved by simply changing a blade that has become slightly dulled for a new one.

With a Gillette, shaving becomes a joy instead of a job; a man prefers to shave every day and he looks the better for it.

Every man prefers a gift that is really useful to some pretty but purposeless novelty. Particularly in these days, you should confine yourself to Useful Gifts.

There can be no question, then, that the gift for a man is a Gillette Safety Razor, if he doesn't already own one, and a Carton of Gillette Blades, if he has the razor.

Sold by jewelers, druggists and hardware dealers everywhere, at five dollars.

GILLETTE SAFETY RAZOR CO. OF CANADA, LIMITED, MONTREAL.

401

Many a fine tested recipe you'll find in the booklet "The Story of Carnation Milk." A copy of this illustrated booklet will be sent FREE to anyone who writes. Mention this paper, please.

Gives vegetables a richer flavor

FOR these meatless days *cream* the vegetables you serve. Asparagus, carrots, cabbage, onions, cauliflower—all vegetables are made more delicious and appetizing by creaming them. And the milk supplies, in good measure, the lack of meat.

No milk is better for this purpose, or more economical, than Carnation Milk—"from Contented Cows." For Carnation Milk is rich "whole" milk evaporated to the consistency of cream. Nothing but water is taken from it. Nothing is added—no artificial sweetening, no preservatives. Because Carnation Milk *is* whole milk, it gives vegetables a richer flavor *without the need of adding butter*. Its *quality* adds much to your cooking.

To reduce the richness of Carnation Milk, simply add pure water. Use it in every way you use ordinary milk. Because it is *sterilized*, and sealed safe in air-tight cans, it will "keep" for months. Even when the can is opened Carnation Milk stays fresh for several days. The home that uses Carnation Milk is not often caught without milk.

Order three or four cans of this rich, safe, pure milk *with* your groceries—your grocer is the Carnation Milkman.

Carnation Milk Products Co., Limited
Aylmer, Ont., Seattle and Chicago

CONDENSERIES at Aylmer and Springfield, Ont.

Canada Food Board Licenses 14-96 and 14-97

Carnation Milk

"from Contented Cows"

MADE IN CANADA