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INDIGESTION CAN BE CURED.

An Open Letter from a Prominent Clergyman.

G. GATES, SON & CO., Middletown, N. B.

Dear Sirs, - Please pardon my delay in answering yours of weeks ago. Yes, I have no hesitation in recommending your

Invigorating Syrup.

During the fall and winter of '96 and '97 I was greatly distressed with indigestion. I tried several remedies, each of which gave me some relief. I was advised to try your Invigorating Syrup, which I readily did, and have felt grateful ever since to the one who gave such good advice. The very first dose helped me, and before half of the first bottle was used I was completely cured. Have not been troubled with the disease since. I have taken occasion to recommend your medicine publicly upon several occasions, and heartily do so now. You are at liberty to use this in any way you please.

Yours truly,

(REV.) F. M. YOUNG, Pastor Baptist Church, Bridgetown, N. B.

Sold Everywhere at 50 Cents per Bottle.

Use the genuine

MURRAY & LANMAN'S FLORIDA WATER

"The Universal Perfume." For the Handkerchief Toilet and Bath. Refuse all substitutes.

The Home

Paprika Chicken.

This is a favorite Hungarian preparation of chicken which is appetizing in the heat of summer, when the appetite needs a little stimulus. We reprint it by request. Cut a nice tender chicken into pieces as for a fricasee; flatten a little, such pieces as need it. Season each piece with salt and pepper, and dredge it lightly with flour, while you fry a minced onion in two tablespoonfuls of butter. Lay the chicken in the butter and onions, cooking for twenty minutes, so it will be evenly and thoroughly done. Take up the chicken and stir an even teaspoonful of paprika, or half a scant teaspoonful of good mild cayenne pepper of any kind. Add last of all a cup of rich cream. Make some dumplings of a pint of sifted flour, two teaspoonfuls of baking powder, a salt-spoonful of salt and butter the size of half an egg; moisten the dumplings with a cup of milk, and drop them over the sauce. Let them cook well, covered for fifty minutes, when they will be well puffed up and light. Pour the sauce around the chicken and make a circle of the dumplings. If the dumplings are steamed over the cream sauce so they do not sink into it they will be lighter.—Ex.

Hardwood Finishing.

Hardwood floors that have been improperly or carelessly finished are a vexation to the spirit. The best way to finish such a floor is with wax, if there are abundance of servants in the house who can go over the floor with waxing brushes and wax it until it has acquired something of the perfect polish of European floors. These floors which are seen abroad have often been polished for centuries, and in modest homes, especially in a land where there is a dearth of servants, it is impossible to have floors polished to perfection with wax. The next best method of finishing them is with a filler and three or four coats of superior shellac, each coat being properly rubbed down before another is applied. This takes time, and only a superior quality of shellac can be used, as cheap varnish cracks off and leaves the wood bare and without finish. It takes a considerable time to rub down the successive coats of shellac; a workman without conscience is apt to slight this part of the work, but it is fatal to the success of the work to do so. It costs a good deal to finish a floor in this way, and if it is covered on the greater part with heavy rugs it will last for a long time and look nearly as well as wax, while it is very little trouble to keep it fresh and clean by sweeping it with a bag of coarse flannel tied over the broom, which is really dusting. Kitchen floors of hardwood should be oiled. Different painters have favorite ways of their own of finishing. The painters rub carefully down to the wood, insisting that the finish should be in the pores of the wood, not on the outside. The secret of a successful floor finish depends more on the rubbing in than upon the material used, though poor materials will ruin any floor. No matter what materials are used if the floor is not laboriously and steadily rubbed down, it will be a disappointment. If there has been inferior shellac that has been worn off with use, the floor must first be thoroughly cleaned and then finished over.—(For L. S. S.)

A Lemon Cake.

A very cheap but excellent cake is made as follows: Cream two liberal tablespoonfuls of butter and half a cup of sugar; add the yolks of two eggs to the butter and sugar, and after mixing well add slowly a cup of milk, stirring it all the time. In another cake bowl sift two cups of flour and two teaspoonfuls of cream tartar and one of soda. Repeat sifting three times. Then gradually stir into the sifted flour, soda and cream tartar the other ingredients. When all is well mixed and a smooth batter is obtained, fold in the whites of two eggs which have

been whipped to a stiff froth. You may add the grated rind of a lemon if you wish before folding in the whites. After folding in the whipped whites turn the cake into a buttered loaf cake tin and bake in a moderate oven, slowly first, to give it time to rise, and more rapidly afterward. When done ice with a boiled icing, richly flavored with the juice and rind of a lemon. This cake, although quite cheap, requiring two eggs only and a half cup of sugar and two tablespoonfuls of butter, when tested seemed as light and tender as such a cake could be. Of course, it can be flavored in other ways, but is delicious flavored with lemon in this way.—Ex.

Colds.

Late fall and early winter find us more or less afflicted by colds and happy is the woman that gets through the year without a snuffle. The remedies are many and diverse, but the best way to cure a cold is not to have one, and this happy condition can be brought about by a little forethought and painstaking. It is not too much air that makes one sneeze and feel the head a fountain of living water, but not enough air. My neighbor stuffs cotton around the window frames and even pokes it into the keyhole, but she wakes some morning with a severe headache, nose stopped up and almost sneezes the top of her head off, and wonders after all her care she could catch a cold. Ah! my dear! more fresh air in the heated house night and day would make good blood and good blood is a proof against these unpleasant distempers. That piece of mince pie you ate last night, on top of a hearty supper, invited the little cold devil to enter, much to your discomfort. Standing at the open door for a few last words with a dear friend has paved the way to many a sickness as well as not having warm flannel next the skin, or cooling off suddenly, after frying those cakes for that husband of yours. One lady is sorely troubled by catarrh in fall and early winter. Her medicine chest is in the backyard. From April to November she makes it a rule to work one hour in the open air. She wards off many a cold in this way and is in good health at sixty-five years old. She keeps the air indoors as pure as possible. There is always a window partly open, where the fresh air can reach the sitting room and has a warm fire to make it comfortable. She also has window shelves filled with pot plants. These help to keep the rooms free from impure air, and the care of them occupies her mind; she has no time to catch cold.—Green's Fruit Grower.

House Plants.

Many people have poor success with house plants because their houses are too good. They are kept at a uniform heat, by hot-air furnaces, which furnish a dry heat, and the rooms are so carefully closed against cold in the winter that not a breath of fresh air gets in. Plants need pure air, and they need moisture for their leaves as well as for their roots. The woman who has a few plants in the kitchen, where they get the steam from the laundry work, and where the outer door is swinging open often, or windows are opened to let out the heat or odors, will have thrifty plants, though she devotes but little time to them, while they fail to grow well in a bay window of a modern comfortable sitting-room.—American Cultivator.

The department of finance is issuing a new four dollar note. The new note will contain the pictures of Lord and Lady Minto. The centre piece will be a scene on the Sault Ste. Marie canal, showing one of the large steamers passing through the locks. On the back of the note there will be a view of the parliament buildings from Nepean Point, taking in the library.

Lord Minto received to-day from President McKinley a gold watch, chain and charm for Albert Cheney and gold life-saving medals for Lloyd and Arthur Cheney, sons of Albert Cheney, of Three Islands, near Grand Manan, N. B., who succeeded in rescuing the crew of the American schooner Velin, wrecked at Murr Ledges on Oct 17th, 1900.

To MAKE HENS LAY

It is a money-maker for poultry-men. One pack, 25c.; 3-lb. can \$1.20; six, \$5.00. "How to Feed for Eggs," free.

R. S. JOHNSON & COMPANY, Boston, Mass.

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